



European Athletics
Youth Championships
Tbilisi2016

European Athletics Youth Championships Tbilisi 2016

Team Manual

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2 GENERAL INFORMATION

2.1 Population of Georgia

Based on data from 2013 census the population of Georgia is about 4,935,880. The most part of population is Georgians – 83.8 %. There are also different ethnic groups: 6.5 % Azerbaijanis, 5.7 % Armenians, 1.5 % Russians and 2.2 % other nationalities.

2.2 Tbilisi

The history of Tbilisi, the capital of Georgia, dates back to the 5th century AD. Tbilisi has been an important cultural, political and economic centre of the Caucasus region for most of its history located on a crossroad of major trade routes. Tbilisi entered 21st century with changes and with a new image keeping at the same time the details characteristic for Tbilisi only. The past and present are closely linked with each other here. Lots of modern buildings are being constructed that make 1500 years old city more distinguished and interesting. Tbilisi is the city with the population of about 1,400,000.

The city's name was not incidental. It originated from the word "tbili" - warm. In fact the plain between Mount Sololaki and Metekhi cliff, where the city is situated, is rich in warm sulphuric springs.

The combination of original architecture and natural beauty gives it inimitable charm and colour. Tbilisi stretches in a narrow strip on both banks of the river Mtkvari. Its narrow curved streets run up the slopes and round the mountains ridges. The houses matching the relief are located on the slopes of the mountains arranged in terraces one above another closely adjoining each other. If you look at the city from Mount "Mtatsminda" (Holy Mount) you will clearly see them climbing the slopes of the hills on the both banks and cluster near the rocky precipices.

But the soul of Tbilisi still dwells in the Old town. The quiet winding sunny streets, terraces of the houses wreathed with vines, ancient churches with tiled domes, the ruins of old monasteries, traditional Georgian yards with intricate carved porches are simply irresistible.

2.3 Language

Georgian (Kartuli) is a language spoken by Georgians, and it represents the official language of the nation. The Georgian alphabet is one of the 14 original alphabets of the world and it is fully phonetic. There are 33 letters and the same amount of sounds in the language. Therefore, the writing language fully coincides with its pronunciation.

The first known Georgian script, made by stone inlaying, was found in the Judean desert in Palestine and dates by 433 AD.

The first known monument of original literature is written in the 5th century. By this time the Bible was already translated into Georgian.

In the 12th century, known as the Golden Age of Georgian history, poet and philosopher of genius Shota Rustaveli wrote an unfading masterpiece *The Knight in the Panther's Skin*. This poem regarded as a precursor of the European renaissance was translated into many languages.

2.4 Currency

The currency in Georgia is the Lari (GEL – Georgian Lari). There are the following Lari banknotes and coins in circulation:

Banknotes – 5, 10, 20, 50, 100, 200;

Coins – 1, 2, 5, 10, 20, 50.

Official exchange rate: 1 EURO = 2.50 GEL as of June, 2016. The travellers have opportunity to use different credit cards approved by the International Payment Systems. There are numerous banks in Tbilisi, Georgia. Most of them provide 24/7 services. Visitors are able to have ATM (cash point machines) services throughout the city. 24 hours banking service is available at the Hotel next to the Athletes' Village.

2.5 Communications

The country code is +995 and the area code for Tbilisi is 32. There are many WI-FI zones that enable visitors to use the internet for free.

2.6 Electricity

Electrical current – 220 Volts, 50 Hz. EU standard plugs work throughout Georgia.

2.7 Religion

A large majority of Georgia's population practices Orthodox Christianity. The Georgian Orthodox Church is one of the world's most ancient Christian Churches. In the first half of the 4th century, Christianity was adopted as the state religion, following the missionary work of St. Nino of Cappadocia. Religious minorities of Georgia include Armenian Christians, Muslims and Roman Catholics.

2.8 Tourism

Tourism is an increasingly significant part of the Georgian economy. There are numerous resorts in different climatic zones in Georgia. Tourist attractions include more than 2000 mineral springs, over 12,000 historic and cultural monuments, four of which are recognized as UNESCO World Heritage Sites. <http://georgia.travel/>

2.9 Culture

Georgian culture has progressed over thousands of years continuing into the rise of the unified Georgian Kingdom under the single monarchy of the Bagrationi. Georgian culture enjoyed a golden age and renaissance of classical literature, arts, philosophy, architecture and science in the 11th century.

The Georgian language and the Classical Georgian literature of the poet Shota Rustaveli, were revived in the 19th century after a long period of turmoil, laying the foundations of the romantics and novelists of the modern era and many others. Georgian culture was influenced by Classical Greece, the Roman Empire, the Byzantine Empire, and later by the Russian Empire.

Georgia is well known for its rich folklore, unique traditional music, theatre, cinema, and art. Georgians are renowned for their love of music, dance, theatre and cinema.

2.10 Georgian Cuisine and Table Traditions

One of the best ways to experience and understand Georgian traditions of eating, drinking and enjoying life is Supra, the Georgian table. The Georgian cuisine is specific to the country, but also contains some influences from other European culinary traditions, as well as those from the surrounding Western Asia. Each historical province of Georgia has its own distinct culinary tradition, such as Megrelian, Kakhetian, and Imeretian cuisines. In addition to various meat dishes, Georgian cuisine also offers a variety of vegetarian meals. In a Georgian feast, the role of the "Tamada" (toastmaster) is an important and honoured position. It shouldn't always have a festive reason: every day can be festive in Georgia. Gathering with friends and family is very important here. It is a big pleasure for the hosts if their guests are trying all the dishes, join the toast-master, take wine with the others and say some warm words too.

Georgia is said to be a country of wine. Rich history of Georgian wine is proved by numerous ancient clay wine vessels or bronze, silver and golden cups, as well as, wine barrels dated to the 2nd or even 3rd millennium BC found in the ancient tombs of the Bronze Age.

Today, over 500 varieties of grapes grow in our small country, and Georgian wines are well known for their unique properties and characteristics. Our warm climate and moist air from the Black Sea provides perfect conditions to produce superb wine.

2.11 Climate

Climate of the country is extremely diverse, considering its small size. The Greater Caucasus Mountain Range influencing Georgia's climate, it protects the country from cold air masses from North.

The Lesser Caucasus Mountains partially protect the region from the influence of dry and hot air masses from South as well. An average temperature in summer ranges from 29 °C to 35 °C.

2.12 Business Hours: Shops, Banks

Shop opening hours:

Shopping Centre "Tbilisi Mall" 10:00 – 22:00 www.tbilisimall.com

"East Point" 10:00 – 22:00 www.eastpoint.ge

Banks: 10:00 - 17:30

Georgian National Tourism Administration: www.gnta.ge

3 ORGANISATIONAL STRUCTURE

3.1 European Athletics Council

President	Svein Arne Hansen (NOR)
First Vice President	Dobromir Karamarinov (BUL)
Vice Presidents	Jean Gracia (FRA) Frank Hensel (GER)
CEO	Christian Milz (SUI)
Council Members	Sylvia Barlag (NED) Gregor Bencina (SLO) José Luis de Carlos (ESP) Alfio Giomi (ITA) Márton Gyulai (HUN) Toralf Nilsson (SWE) Dimakos Panagiotis (GRE) Antti Pihlakoski (FIN) Jorge Salcedo (POR) Gabriela Szabo (ROU) Erich Teigamägi (EST) Libor Varhaník (CZE) Salih Munir Yaraş (TUR)
IAAF President (ex officio member)	Sebastian Coe (GBR)
European Athletics Honorary Life Presidents	Carl-Olaf Homén (FIN) Hansjörg Wirz (SUI)

3.2 European Athletics Delegates

Organisational Delegate	Karel Pilny (CZE)
Technical Delegates	Samuel Lopes (POR) Pierce O'Callaghan (IRL)
Doping Control Delegate	Elena Gorodilova-Shamsutdinova (FRA)
Event Presentation Consultant	Pavel Průša (CZE)
Chair of Jury of Appeal	Pär Holm (SWE)
International Starter	Wilfried Fittko (GER)
International Photo-Finish Judge	Federico Picchi (ITA)
International Race Walking Judges	Dolores Rojas Suarez (ESP) - Chief Inge-Marie Schöler (DEN) Ian Richards (GBR)

International Technical Officials

Mara Baleani (ITA)
Stefan Alexandru (ROU)
Luca Verrascina (ITA) – Chief
Andrej Udovc (SLO)
Amit Ne'eman (ISR)
Rui Louçã (POR)
Claes Jurstrand (SWE)
Jean-Marcel Martin (FRA)

3.3 European Athletics Office

European Athletics Office

Avenue Louis Ruchonnet 18;

1003 Lausanne, Switzerland

Tel: +41 21 313 43 50

Fax: +41 21 313 43 51

Email: competition@european-athletics.org

3.4 Executive Board of the Georgian Athletics Federation

President

Aleksi Akhvlediani

General Secretary

Alexander Japaridze

Vice President

Zurab Jikia

Vice President

Vasil Berishvili

General Director

Ambrosi Matiashvili

Board Members

Robert Shavlakadze

Nadejda Dvalishvili

Zizigmund Zilbershtein

Vladimer Khocholava

Giorgi Kharazishvili

Marina Meladze

Kakhaber Khomeriki

Vasil Makharadze

3.5 Local Organising Committee

Chairman

Zaza Khazalia

Executive Director

Vadim Akhmadiev

Protocol / IR

Tamuna Kapanadze

Press / Media

Anna Guenther

Finance

Giorgi Morchadze

Medical
Anti-Doping
Accreditation
Transport
Accommodation/Catering
Events and Communications
Marketing
Promotion
Medal Ceremonies
Security
Volunteers

Sofio Tavkhelidze
Temur Ukleba/Pavle Kasradze
Tamar Adamia
Nikoloz Taniashvili
Merab Merabishvili
Manana Doiashvili
Ketevan Kontridze
Mariam Kukhalashvili
Tamuna Lomtadze
George Dalakishvili
Ekaterine Tavkhelidze

3.6 Competition Organisation

Competition Director
Venue Manager
Meeting Manager
Technical Manager
Event Presentation Manager
Call Room Referee
Track Events Chief Judge
Start Coordinator
Chief Timekeeper
Photo Finish Assistant
Field Events Chief Judges

Technical Information Centre Manager
Jury of Appeal Secretary
Marshalls

Gvantsa Mikeladze
Davit Tsutskiridze
Mariam Inasvili
Vladimer Khocholava
Teymur Akhundov
Ruzana Alvazyian
Jeyhun Huseynov
Vugar Alasgarov
Irakli Gozalishvili
George Antelidze
Balgardash Madjidov
Dadash Dadashov
Neli Grigalashvili
Salome Bezhashvili
George Gvelesiani/ Davit Inashvili

4 ARRIVAL AND DEPARTURE

4.1 Arrival by Plane

The official port of entry is Tbilisi International Airport located within 25 km distance from the Competition Arena.

Upon arrival at the Tbilisi International Airport, the teams will be met by LOC staff members and volunteers. The Welcome Desk will be located near the baggage claim zone.

Operating dates: 10 July 2016 – 16 July 2016. In case early arrival, the delegations will be met according to the travel details provided in advance by the Member Federations.

After collecting luggage, team members will be escorted to the official buses by the welcome desk staff and taken to the team hotel, approximately 20 minutes from the airport.

4.2 Arrival by Train

Teams arriving by train will be met by LOC representatives and taken to the team hotels, according to the arrival information given in the final entries system. Please note that, there will be no Welcome Desk at the main railway station in Tbilisi.

4.3 Arrival by Road

In case of arrival by own vehicles teams are kindly requested to go directly to their hotels and LOC will provide them with detailed routing based on their request. Delegations will be met by the LOC representatives at the Information Desk located at the lobby of the respective hotel.

4.4 Departure

Teams will be asked to provide full travel details together with the final entries. Teams will also receive a departure form, which should be completed and returned to the LOC Information Desk in the hotel or TIC at the competition venue, at least 24 hours before departure, **only** if there are any changes to the provided details. Departure times of the shuttle buses from the hotel will be provided and displayed at the LOC Information Desk at the respective hotels.

All outstanding fees, charges and possible other expenses must be settled with the cashier at the hotel. On the day of departure, the LOC Hotel Manager will check the rooms together with the Team Leaders.

4.5 Transportation of Equipment

The poles will be delivered from the airport / railway station directly to the equipment- implement storage located at the Competition Arena. After the competition, equipment will be transported from Competition Arena to the Airport/ railway station directly, in order to be returned to the teams before departure. LOC representatives will assist team members during collection of Pole Vaults and oversized luggage from the special room located at the check in zone of the Airport/Platform of the railway station.

4.6 Visa Requirements

No Visa for European Nations.

Those travellers who hold passports of any European nation do not need visas to travel to Georgia.

Georgian border crossing procedures are very simple and time-efficient.

Special arrangements will be made for the delegations from the Former Yugoslav Republic of Macedonia and Kosovo. Organizing Committee will provide all detailed information to above mentioned member federations directly via e-mail.

Please feel free to contact International Relations manager Tamuna Kapanadze on the following e-mail: t.kapanadze@tbilisi2016.com in case of any additional information is required.

4.7 Luggage Tags

LOC will provide each member federation with special Luggage Tags in advance via post and teams are kindly requested to label their baggage with these tags. This will be very helpful in fast retrieval of the baggage.

5 TRANSPORT

5.1 Bus Service

Teams will be provided with shuttle bus service during the Championships. Official transportation system will cover all key locations involved in the event, including the team hotels, competition venue and training venue. Special transportation will be provided during the technical meeting and official Ceremonies. Travel time between the hotels and the competition venue is about 20-30 minutes, depending on the traffic conditions.

Transportation schedule will be available at the Info Desks in each hotel and TIC at the competition venue.

Main Transportation Mall will be located at the Athletes' Village clearly indicating shuttle bus drop off and load zones.

5.2 Transportation of Equipment

In case pole vaulters would like to train at the Athletics Indoor Palace, a special request form should be submitted at the info desk of the team hotel or at the TIC latest by 20:00, the day before the training.

5.3 Distance Chart

Hotel Name	From Airport to the Hotel		From the Hotel to the Competition Venue		From the Hotel to the Training Venue	
	Distance	Time	Distance	Time	Distance	Time
AVL	12 km	15 min	19 km	30 min	19.5 km	35 min
Hotel Fundi	12 km	15 min	19 km	30 min	19.5 km	35 min
Hotel next to the Competition Arena	30 km	37 min	0 km	0 min	7 km	15 min
Hotel Athletics	23 km	29 min	7 km	15 min	0 km	0 min
Hotel Shine Palace	25.1 km	30 min	5 km	10 min	6.1 km	12 min
Hotel Mercure	15.5 km	18 min	15.1 km	21 min	7.4 km	15 min
Hotel Radisson	19 km	20 min	11.5 km	18 min	6.7 km	14 min
Hotel Preference	12 km	15 min	19 km	30 min	19.5 km	35 min
Holiday Inn Hotel	22 km	23 min	11.4 km	17 min	3.2 km	12 min

5.4 Public Transport

Accredited guests will have free access to public transport within Tbilisi between 11th till 17th of July. Public transport service includes metro Tbilisi, regular bus and cable car service. Clients are required to show their accreditation cards.

Detailed information about public transport can be obtained via Tbilisi Transport Company official web-page: <http://ttc.com.ge/>



Mobile application – Tbilisi Transport Company - can also be downloaded on your Android or IOS smartphones which gives an opportunity to a customer to use all services by the company.

5.5 Taxi

The organizing committee recommends using the following company:

Toyota Taxi: +995 322 511; +995 322 511-111

5.6 Car Rental Service

Car rental service will be available during the championships. LOC transportation team will help our guests to accommodate their car rental request. Service will be available at your own expense.

In case of interest contact: hertz car rental service:

Tel : +995 0322 30 78 90 e-mail : info@hertz.com.ge

Web Page: www.hertz.com.ge

6 ACCOMMODATION

6.1 General Information

Several hotels providing full board accommodation are reserved for the teams throughout Tbilisi, with easy accessibility to both the centre of Tbilisi and the competition and training venues.

6.2 Information Desks

Information Desks will be located in the lobby of each hotel offering relevant information about all aspects of the European Athletics Youth Championships and linked with the TIC at the stadium. The Information Desks' opening hours will be as follows:

10-17 July 08:00 - 22:00

18 July 10:00 – 18:00

6.3 Official Hotels

6.3.1 Teams Hotels

Athletes' Village	Vazisubani Street 3, 0160; Tbilisi, Georgia +995 591 88 88 90 http://hualing.ge/language/en/
Hotel Fundi	Vazisubani Street 3 (near AVL), 0160; Tbilisi, Georgia +995 591 88 88 90
Hotel next to the Competition Arena	New Tbilisi Territory, Tbilisi; Georgia +995 599 18 90 99 https://www.facebook.com/HotelAthletics/?fref=ts
Hotel Athletics	Tsreteli ave 95a, Tbilisi, Georgia +995 599 18 90 99 https://www.facebook.com/HotelAthletics/?fref=ts
Hotel Shine Palace	David Guramishvili ave. 59, Tbilisi, Georgia +995 322 931699 http://www.hotelshine.com/
Hotel Mercure	9 Vakhtang Gorgasali St, Tbilisi, Georgia +995 322 00 60 60 http://www.mercure.com/gb/hotel-9417-mercure-tbilisi-old-town/index.shtml

6.3.2 European Athletics Family and VIP Hotel

Hotel Radisson Blue Iveria	Rose Revolution Square 1, Tbilisi Georgia +995 (322) 40 22 00; https://www.radissonblu.com/en/hotel-tbilisi
Hotel Preference	Vazisubani Street 3, Tbilisi, Georgia +995 591 88 88 90 http://hotelpreference.ge/en/index.html

6.3.3 Media Hotel

Holiday Inn	1 Twentysix May Square, Tbilisi, Georgia, +995 322 30 00 99 http://www.hi-tbilisi.com/
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6.4 Costs and European Athletics Quota

For all athletes within the European Athletics Quota, European Athletics will pay for full board accommodation, as stipulated in the European Athletics Competition Regulations (1608.1.4 and 1610.4), for a maximum of six nights.

No contribution shall be made in respect of athletes representing Georgia, as the host Member Federation. European Athletics has previously informed all Member Federations about the allotted free places (quotas).

Those Member Federations having been awarded a minimum of 2 (two) free places shall have at least one male and one female athlete competing. European Athletics will not cover the officials' accommodation costs.

6.4.1 Free Places Quota (270 in total)

The allocation of the free places is based on the European Season Best-List 2016.

ALB	2	ISR	2
AND	2	ITA	14
ARM	2	KOS	2
AUT	5	LAT	3
AZE	2	LIE	2
BEL	7	LTU	4
BIH	2	LUX	2
BLR	6	MDA	2
BUL	2	MKD	2
CRO	3	MLT	2
CYP	2	MNE	2
CZE	7	MON	2
DEN	4	NED	6

ESP	9	NOR	7
EST	5	POL	11
FIN	10	POR	3
FRA	15	ROU	5
GBR	18	RUS	10
GEO	Host	SLO	4
GER	20	SMR	2
GIB	2	SRB	3
GRE	6	SUI	5
HUN	6	SVK	2
IRL	6	SWE	10
ISL	2	TUR	9
		UKR	9

6.4.2 Ratio of Athletes and Officials

Number of Athletes From - to	Number of Team Officials Up to ⁽¹⁾ :	Maximum number of additional officials (out of- ratio) ⁽²⁾ :
1 - 3	1	1
4 - 6	2	1
7 - 10	3	2
11 - 15	5	3
16 - 20	7	3
21 - 25	9	4
26 - 30	11	4
31 - 35	13	5
36 - 40	15	5
41 - 45	17	6
46 - 50	18	7
51 - 55	19	9
56 - 60	20	10
61 - 70	21	14
71 - 80	22	18
Plus 10	+1	+4

Team Officials include: Head of Delegation, Team Leader(s), Coaches, Medical Staff (medical doctors and physiotherapists), Team Press Liaison and others.

(1) The number of above mentioned team officials is eligible for fixed price accommodation and other benefits. European Athletics will not cover these officials' accommodation costs.

(2) For Personal coaches beyond the maximum number of out-of-ratio officials, packages can be offered without accommodation including accreditation with access to the warm-up, training facilities and team seats.

The following rates apply for team members. This includes full board accommodation and applies to any additional days for Athletes and Officials within the ratio and outside the ratio:

Group	Single room	Double/Twin room
Athletes outside the quota and in ratio-officials	75 EUR	75 EUR
Officials outside the ratio	110 EUR	110 EUR
Additional nights (outside of the 6 nights 12-17 July) for athletes and officials	110 EUR	110 EUR

All prices include VAT.

Each participating team shall be allocated a minimum number of single rooms equal to 10 % of the total number of athletes and in ratio team officials entered in the final entries. Additional single rooms can be requested and will be given according to availability. The price for the additional single room is 110 EUR for the full board accommodation for all days.

Cancellation policy

The final account for accommodation attributable to each Member Federation shall be based on the numbers declared in the Final Entries and this shall be paid in full, no allowance being made for any subsequent reduction in the actual numbers of athletes and/or officials.

Extra Charges

The Team Leader must settle phone bills and all other extra services at the hotel reception, before departure. The Team Leader will be requested a credit card by the hotel reception desk for extras.

All payments must be made in local currency.

6.5 Payment Procedures

A proforma invoice will be sent to each Federation detailing the amount they owe based on their preliminary entries. Federations are kindly encouraged to make an advance payment of at least 50% by 30 June 2016. Advance payments should be made in Euros by bank transfer to the following account:

Beneficiary Bank: JSC TBC BANK
TBILISI, GEORGIA
SWIFT: TBCBGE22

IBAN: GE43TB7306836180100001

NAME OF BENEFICIARY: GEORGIAN TRACK ATHLETICS NATIONAL FEDERATION

Note: A copy of the bank transfer will be required upon arrival.

The balance of the payment must be paid on-site by the Team Leader on arrival at the Accreditation Centre. Payment can be made by credit card or by cash in Euros (EUR).

6.6 Rooming list

In order to make the arrival and check-in procedure as easy and fast as possible, LOC kindly asks all federations to enter the rooming list of their teams into Arena System by 4th of July.

6.7 Meeting Room for Teams

Arrangements can be made for a team meeting room through the Information Desks at the Team Hotels. Please note that the meeting room will be provided at the first come first served basis and the requests shall be made 12 hours prior.

6.8 Meals

All meals will be taken in the team hotels' restaurant. The restaurant opening times are:

10 – 18 July

Breakfast	6:00 -10:00
Lunch	12:00 -16:00
Dinner	19:00 - 23:00

Accreditation cards will allow access to meals in the hotel restaurant.

LUNCH BOXES WILL BE PROVIDED ACCORDING TO THE TEAM REQUESTS.

Team leader must submit the Lunch Box Order Form 24 hour in advance. Lunch Boxes will be delivered according to the information provided in the Order Form.

Team leaders are requested to submit the Lunch Box Order Form for athletes and accompanying persons taken to the late Doping Control tests at the TIC.

7 ACCREDITATION

7.1 General

Each team member will receive an accreditation card, which must be worn at all times and should be clearly visible. Security personnel will control all areas. The accreditation is not transferable and does not allow the holder to take another person beyond checkpoints. Photos are not required for the accreditation card system.

MAC (Main Accreditation Centre)

Operating hours: 11 July 2016 – July 17, 2016 - 08:00 - 22:00

Address: Vazisubani 3rd m/d 2nd quarter, Tbilisi

Accreditation sub-centre will be located at Hotel next to the Competition Arena.

Operating hours: 11 July 2016 – July 17, 2016 - 08:00 - 21:00;

NOTE: In case arrival before 11th July Accreditation Cards will also be provided.

7.2 Accreditation Procedure

Accreditation cards will be prepared in advance, based on the information provided by the Member Federation through the online entry system. No changes will be accepted after the final entry deadline.

Accreditation cards will be distributed at the Main Accreditation Centre (MAC) at the hotel Preference next to the AVL. The Team Leader will be responsible for collecting the team's accreditation cards. In case late arrival team leader will be able to collect the accreditation cards next morning for the whole team.

The Team Leader will be asked to complete the following formalities before collecting the accreditation cards for the whole team:

- Finalization of the accommodation payment issue, presenting the Bank Transfer proof of advanced payment and covering the remaining part. (Financial Desk will be located next to the Accreditation Desk)
- Check of athletes' passports prepared in alphabetical order in advance (to allow verification of the participants' age)
- Team Vest, National Anthem and Flag Approval
- Final confirmation of entries (for more information see [paragraph 9.1.2](#) Final Confirmation procedures)
- Collection of competition related forms and information
- Confirmation of departure details

7.3 Loss of an Accreditation Card

In case of lost or damaged accreditations, new accreditation card can be obtained by the Team Leader at the accreditation point. Accreditation card will be reproduced and transferred only after identification of the participant by the accreditation manager.

Unauthorised use of an Accreditation card will result in the card being confiscated.

7.4 Access Areas for Teams

All team accreditation cards will allow access to the team seating area, warm-up area, changing facilities and physiotherapy rooms. Only athletes who are about to compete will have access to the call room and infield.

The Head of Delegation from each team is invited to the VIP Hospitality area and will be given the necessary access number on the accreditation card.

Separate cards will be issued to Team Leaders, for access to the Mixed Zone, Combined Events Resting Room, Doping Control Station (DCS), and the information available in the teams' pigeon boxes at the Technical Information Centre (TIC).

Separate cards will also be distributed to the coaches (1 per competing athlete) for the coaching areas for pole vault and hammer/discuss.

Access to the Doping Control: 1 pass will be given to the athlete upon notification and an additional pass for an accompanying person by the chaperon. For requested doping control for record purposes, the athletes are asked to make the request at the TIC.

8 TECHNICAL INFORMATION

8.1 Key Dates and General Programme

Date	Time	Event	Place
Monday 11		Teams' arrival	
Tuesday 12		Teams' arrival	
Wednesday 13	09:00	Final confirmations for the 1 st and 2 nd days of competition	TIC at the Stadium
	12:00	Deadline for submitting Written Questions for the Technical Meeting	TIC at the Stadium
	15:30-16:30	Training with Official Starter	Athletics Stadium
	16:00-17:00	Team Leaders sight visit (Inspection of Competition Venue)	Athletics Stadium (TIC-Meeting point)
	17:00-18:00	Technical Meeting	Hotel next to the Competition Arena
	20:16	Opening Ceremony	Athletes Village
Thursday 14	09:00	1 st competition day (morning and afternoon sessions)	Athletics Stadium
Friday 15	09:00	Deadline for final confirmations for the 3 rd and 4 th competition days	TIC at the Stadium
	09:00	2 nd competition day (morning and afternoon sessions)	Athletics Stadium
Saturday 16	09:00	3 rd competition day (morning and afternoon sessions)	Athletics Stadium
Sunday 17	09:00	4 th Competition day (morning and afternoon sessions)	Athletics Stadium
	22:00	Ceremony and Closing Banquet	Athletes Village
Monday 18		Departures	

8.2 Technical Information Centre (TIC)

The main function of the Technical Information Centre is to ensure smooth communication between Team Delegations, the LOC, the European Athletics Technical Delegates and the Competition Management, regarding technical matters.

TIC will be available during 11-17 July at the competition venue and the operating hours are the following:

Date	Working Hours
11-13 July	10:00 - 20:00
14 – 17 July (competition days)	07:45 - 22:00

The TIC, which will be linked to all Information Desks at each team hotel, will offer the following services:

- Acceptance of written questions to be answered during the Technical Meeting
- Settlement of technical enquiries from delegations
- Final confirmation of athletes (including medley relay composition and leg order)
- Special passes (coaching zones, doping control passes, combined events resting area)
- Competition information (start lists, results, etc.)
- Liaison points concerning technical matters between Team Delegations, Technical Delegates, European Athletics and LOC
- Recovery of items confiscated at the Call Room
- Registration and collection of personal implements. (i.e. shot put, etc.)
- Request of documentation for national records or other purposes (additional doping control and photo finish prints)
- Withdrawal of athletes
- Receipt of final declaration forms for medley relays
- Publication of results
- Acceptance of protests and appeals from the teams
- Request for additional doping control

All technical information regarding the competition will be distributed to each delegation in a pigeon box given to each team. Such information will also be displayed on information boards. Important notices of general interest (e.g. changes to the timetable) will also be displayed on the information board. Access to the information to be distributed at the TIC will be controlled by a separate card, not only by the accreditation card. TIC cards will be given to each Team Leader (in principle one per team, but not more than two by request).

Teams that are not able to attend the Technical Meeting, under extreme circumstances, can collect their information material from the TIC after the technical meeting.

8.3 Technical Meeting

The Technical Meeting will take place on **Wednesday 13 July at 17:00**, at the Hotel next to the Competition Arena.

A shuttle service from the team hotels will be provided for this meeting. Please refer to the Information Desk in the Team Hotel for detailed information.

Each team may be represented by a maximum of two team delegates and, if necessary, an interpreter. It is very important that all teams are represented at the Technical Meeting.

Any enquiries concerning the technical conduct of the event must be made in writing in English, at the TIC no later than **Wednesday 13 July at 12:00** in the appropriate form (to be distributed upon arrival at the Accreditation Centre). These questions will be answered at the Technical Meeting. No questions will be accepted during the Technical Meeting.

The Technical Meeting will be held in English and will be attended, in addition to the team delegates, by:

- European Athletics President (or his representative)
- Local Organising Committee President
- European Athletics Officials
- Competition Director
- Key Competition Officials
- TIC Manager
- European Athletics Staff

8.3.1 Agenda

The preliminary agenda of the Technical Meeting includes:

- Welcome by the Chairman of the Local Organising Committee
- Welcome by the European Athletics President or his representative
- Presentation of the European Athletics International Officials
- Presentation of the key National Technical Officials
- Presentation of the competition and warm up sites
- Information from the Technical Delegates on the following points:
 - Timetable amendments (if any)
 - Qualification system for running and field events
 - Starting heights and raising of the bars for vertical jumps
 - Medley Relay – legs order and procedures
 - Race Walking events – Pit Lane Rule and procedures
 - Other relevant issues not mentioned in the Team Manual
- Information briefing by the Doping Control Delegate
- Opening/Closing Ceremony and Closing Party
- Answers to written questions submitted previously by delegations

Start lists for the Championships will be ready for collection together with the bibs and safety pins after the Technical Meeting.

8.4 Implements and Vaulting Poles

The implements provided by the LOC (see implements list in [Appendix 1](#)) are selected from those appearing on the current IAAF approved implements list.

Personal Implements shall also be allowed, providing that:

- They are readily identified and are IAAF certified
- They are not already on the official list
- They have been checked for compliance with IAAF Rules
- They are made available to all the other competitors until the end of the Final or until the end of all groups in case of combined events
- They are submitted to the TIC (located at Competition Arena) the day before the event and no later than 16:00.

The checking procedure will be as follows:

Checking	Location & Time	Return
Personal Throwing Implements are to be checked prior to the event, after which a receipt will be given for the implements	TIC (located at the Competition Arena) no later than 16:00 the day before the qualifying round of the event. For the Combined Events, not later than 16:00 the day before the first event.	Implements to be returned in exchange for the receipt after the event's Final <u>at the TIC only.</u>

If a personal implement cannot be accepted into the pool, due to not meeting the specifications or being unidentifiable, the relevant team will be notified through the TIC, with an explanation, and the implement will be returned.

Some implements from the official list will be also available for warm-up and training purposes, just as other basic implements.

The vaulting poles will be kept in a locked store and will be brought by the LOC to the competition site in due time.

In case pole vaulters would like to train at the Athletics Indoor Palace with their poles, a special request form should be submitted from the Team representative at the info desk of the team hotel or at the TIC latest at 20:00 of the day before to the training in order to the LOC to provide the transportation of the pole(s) to the training area.

8.5 Inspection of Competition Venue

Heads of Delegation/Team Leaders may visit the Competition Arena, inspecting access routes and other relevant facilities on **Wednesday 13 July at 16:00**. Heads of

Delegation/Team Leaders will be met by LOC members at the TIC and escorted for the venue inspection.

8.6 Competition Area

Please refer to the [Appendix 4](#) for layout of the Competition Arena and its surroundings. There are 3 000 seats at the stadium. Competition Arena – New Athletics Stadium is located at the New Tbilisi District.

The stadium has the following competition sites:

- 8 lanes
- 2 High Jump sites
- 2 Pole Vault sites
- 4 sites for Long/Triple Jump
- 3 Shot Put Circles
- 1 Combined Discus/Hammer Circle
- 2 Javelin Throw sites

The Warm up area has the following sites:

- 8 lanes (110 m)
- 1 Shot Put Circle
- 1 Combined Discus/Hammer Circle
- 1 High Jump Site
- 1 Javelin Throw Site

8.7 Training Areas

Athletes will have the possibility to train at the main stadium and at the warm up area of competition venue. Training is also available at the Athletics Indoor Palace fully equipped with 4 lanes (200 meters), 1 Pole Vault site, 1 Shot Put circle, 1 High Jump site, 1 Triple Jump, 1 Long Jump site, and 3 weightlifting areas.

For detailed information regarding distance between team hotels and training venue please refer to the [paragraph 5.3](#)

For Long Distance throwers (Hammer, Javelin, and Discus), the warm-up area is the dedicated training venue.

Training Timetable:

Date	Except long throws			Long throws (at warm-up area only)			
	Main Stadium	Warm-up area	Athletes Indoor Palace	Hammer throw	Discus throw	Javelin Throw	
11 July	15:00-20:00	15:00-20:00	n.a.				
12 July	09:00-13:00 15:00-20:00	09:00-13:00 15:00-20:00	09:00-13:00 15:00-20:00	09:00-10:30 15:30-17:00	10:30-12:00 17:00-18:30	12:00-13:30 18:30-20:00	
13 July	09:00-13:00						
14 July	13:00-15:00						
15 July	(only medley Relay)			09:00-13:00 15:00-20:00	10:30-11:30	11:30-12:30	12:30-13:30
16 July	n.a.						
17 July	n.a.						

Equipment and implements necessary for training will be available at the training venue(s). Officials will be present to help in case of problems or special requirements. Drinks will be available at the training venue(s). Accreditation must be handed in, when borrowing equipment, and will be returned to the athlete when the equipment is handed back in.

The Weight lifting rooms are located at the training venue in Athletics Indoor Palace.

Opening hours are as the following:

12-13 July 09:00 -13:00
 15:00 - 20:00
14-17 July 09:00 - 13:00
 15:00 - 20:00

The transportation schedule will be displayed at the Information Desks at each Team Hotel.

8.7.1 Training with Official Starters

Training with official starters will take place at Athletics Arena on Wednesday 13 July from 15:30-16:30.

9 COMPETITION REGULATIONS

9.1 Competition Entry Procedures

9.1.1 Participation

There will be 20 men's events and 20 women's events.

In accordance with European Athletics regulations only athletes aged at least 16 and not more than 17 years on 31 December of the year of the competition may participate in the European Athletics Youth Championships.

An official ID card (with picture) stating the birth date of an athlete will be requested during the accreditation procedure to verify the participants' age. Please refer to the [Paragraph 7.2](#) for more detailed information.

Individual competition: Each European Athletics Member Federation may enter up to 3 (three) athletes in each individual event of whom up to 2 (two) may participate provided all have achieved the entry standard for that event.

Alternatively, each European Athletics Member Federation may enter athletes which have not achieved the entry standard (see 1608.1.3 of the European Athletics Competition Regulations). In total, each Member Federation may enter up to 26 athletes, in the Men and Women program overall, who have not achieved the entry standard.

Medley Relay teams: Every European Athletics Member Federation may enter 1 (one) team in each medley relay event. Up to 6 (six) athletes may be entered for each medley relay. From these 6 (six) and from any other athletes entered for any event in the European Athletics Youth Championships, the 4 (four) athletes to participate must be nominated at the time specified for the final declaration. Final Entries

Final entries shall be made through the European Athletics Event Management System which will be accessible at the following link: <https://arena.european-athletics.org/>. Member Federations' entries manager shall use their already known individual and personalized access.

Final entries indicating the names and individual logistical information (**detailed travel arrangements, accommodation request and rooming list**) of the competitors and of the officials must be received not later than 10 (ten) days before the first competition day. According to the regulations the deadlines for the final entries are:

- Opening of the final entries: **15 June 2016**
- Deadline for the final entries: **4 July 2016, 14:00 (CET)**

All Member Federations will be able to consult and print out their entries at any time during the opening period and will receive a pdf report with a status of their entries 24 hours before the deadline, as well as one pdf confirmation after the closing of the system.

Detailed travel and rooming list information will have to be registered for each athlete and official during the final entries process. Amendments and updates will then be possible through the accommodation and transportation modules of Arena after the closing of the final entries.

9.1.2 Final Confirmation

Teams will receive the forms for final declaration and confirmation upon arrival during accreditation and must confirm the names of those athletes already entered who will actually take part in the competition.

The final confirmation for 1st and 2nd competition days should be done during the accreditation procedure or no later than 09:00 on Wednesday 13 July. For the 3rd and 4th competition days, the team leaders shall submit final confirmation forms to the TIC no later than 09:00 on the 15th July.

Confirmation of athletes will not be accepted after the deadlines above.

Any team foreseeing to arrive to the venue of the Championships later than the deadline set above shall confirm the respective athletes' participation via email to competition@european-athletics.org.

The composition of each medley relay team as well as the order of running shall be officially submitted to the TIC at the Stadium, no later than one hour before the published first call time for the first heat of each round of the competition. Forms for the final confirmation of the medley relays will be distributed to each delegation during the technical meeting.

9.1.3 Withdrawal

Withdrawal of any confirmation must be submitted by Team Leaders or their representatives to the TIC at the Stadium in writing on the official withdrawal form. If the athlete is entered in another event of the Championships, the reason for the withdrawal has to be specified in detail, being its acceptance the responsibility of the Technical Delegates based on the IAAF Rules.

9.2 Competition Bibs

The LOC will provide the teams with competition bibs after the Technical Meeting.

For individual events, each competitor will receive 4 personal bibs with numbers. The bibs must be pinned to the front and back of the competition clothing, to the back of the tracksuit, and to the bag.

Exceptions are made for High Jumpers and Pole Vaulters: these competitors are permitted to attach the bib only to the front or to the back of their competition clothing (plus their tracksuit and bag).

Each runner in a medley relay team must wear:

- The bib with the official three-letter country code of his/her national federation on his/her front.
- The bib with his/her number on his/her back.

Bibs must not be cut, folded or covered in any way.

Hip numbers

The athletes competing in Track Events will also be given two adhesive hip numbers at the Call Room before entering the Field of Play. The hip numbers must be secured to both sides of the athlete's shorts/legs.

9.3 Competition Clothing

Competitors must wear the Federation's official team clothing. IAAF Rule 143 will be strictly applied. Please make sure to follow the IAAF Advertising Regulations in force. Clothing and items not conforming to this rule and the current IAAF Advertising Regulations will be removed/taped at the Call Room.

European Athletics has a record of the Team vests of all Member Federations on Arena System. If the team vest displayed on the system differs from your current official team vest, a full set of photographs must be provided to the European Athletics Office (preferably in an electronic version) by **4 July 2016** at the latest:

- JPEG file, maximum resolution and size 300 dpi / 500KB
- Compressed ZIP file, if possible
- Mail to: competition@european-athletics.org
- Otherwise, the existing records will be used as reference

Team clothing must be uniform. A competitor wearing any other clothing will have no access to the competition area and will not be allowed to compete. This rule applies both to competition clothing (vest, shorts and tights) as well as to tracksuits.



1st European Athletics Youth
Championships
Tbilisi, Georgia



The rule stipulating the compulsory wearing of the official competition clothing will be applied during the competition but also during any victory lap, interviews at the Stadium and Victory Ceremonies.

10 COMPETITION PROCEDURE

10.1 Timetable

Please refer to the [Appendix 2](#) for the competition timetable.

10.2 Call Room Procedures

The First Call Room will be located at the Warm up Area. From the First Call Room athletes will be escorted (approximately 2 min walk) to the main Call Room which is located at the competition venue.

It is the responsibility of the team officials to ensure that their athletes are aware of the check-in times for entry to the Call Room. Athletes who fail to report on time to the Call Room without a valid reason may be excluded from participating in this and all further events in the Championships. Athletes must report to the Call Room before each event (including the first event of the day for combined events) as follows:

Event	First call	Last call	Arrival on Field of Play
Track events (individual)	35 min	25 min	5 min (*)
Medley Relays	40 min	30 min	10 min (*)
High Jump	60 min	50 min	30 min
Pole Vault	75 min	65 min	45 min
Other field events	60 min	50 min	30 min

(*) Athletes, before leaving the main call room, must be ready to compete, with their competition uniform dressed and shoes. This means that athletes must leave their bags, warm-up tracksuits and other personal belongings in baskets at the main call room. The baskets will be taken directly to the mixed zone for collection after each race.

The above times may be changed for qualifying rounds due to the number of entries.

A detailed list of Call Room times will be handed out at the TIC day by day for the following day. Team Leaders must inform all their athletes about the times at which they must report in Call Room and on the procedures to be followed in Call Room.

In the Call Room the judges will check the following in accordance with IAAF Rules:

- Identification of athletes by means of their Accreditation Card and bibs. Accreditation cards for competing athletes will be collected at the main Call Room and returned upon the completion of their respective events at the mixed zone.
- Checking on athletes' Uniforms (see [paragraph 9.3](#))
- Inspection of bags and personal belongings:

- Video cameras, tape recorders, radios, CD players, radio transmitters, MP3/MP4, cell phones or similar devices will not be permitted in the infield as per IAAF Rule 144.2. Competition officials in Call Room will confiscate all not authorised items. Athletes will receive a receipt for any such items. Upon presentation of this receipt, the athletes will be able to collect such items from the TIC once their event has finished.
- Checking for compliance with IAAF Advertising Regulations
- Shoes and Spikes (number, shape and size) for compliance with IAAF Rule 143.3 and 143.4. The maximum sizes allowed are:
 - All events: not more than 9 mm
 - High Jump and Javelin Throw: not more than 12 mmIf they do not comply with IAAF Rules, the athletes will be asked to change them to the correct size.
- Transponders: athletes competing in the race walking events and 3000 m will be provided in the main call room with a shoe transponder. After the competition, the athletes should return the transponder at the entrance of the mixed zone where they will be collected by volunteers.

Refreshments (still water) and toilets will be available in the call room.

No other team member than the competing athlete has access to the main Call Room. Therefore, it will not be possible to hand music players and headphone to other team members there. It is strongly recommended to the Team Leaders or their representatives to inform their athletes not to bring prohibited items to the Call Room.

10.3 Combined Events

Athletes who compete in Combined Events shall report to the Call Room on each of the relevant days of the competition, before the first event of each day. The athletes' control will then take place in the Rest Room before the start of each event.

The Rest Room will be located at the Hotel next to the Competition Arena (see [Appendix 4](#)), where athletes can rest and wait for their next event. As the presence of the athletes in this room between events is not obligatory, all athletes must report to the Rest Room before the start of an event to undergo their final check. A separate combined event schedule will be made. From the Rest room, the athletes will have a dedicated entrance, directly to the Field of Play.

Basic food, refreshments and ice will be provided in the Rest Room. Toilets facilities will also be available.

Access to the combined events Rest Room is limited to the competitors and any other accredited person per athlete (coach, doctor, etc.) who are in possession of the appropriate combined events Rest Room pass. These passes can be collected at the TIC the day before the start of each combined event competition.

10.4 Event Presentation Format

The Event Presentation will strive to present what happens in an entertaining, dignified and well-balanced way, and of course to give the athletes optimal opportunities to perform at the peak of their capacity.

All introductions/presentations will be held in English, with the exception of the introductions of Georgian athletes that will be held in Georgian. Field events will continue during the presentation, but will be stopped in time for starting commands, if necessary.

The introductions of the athletes will be done just before the event starts at each location infield. Music and sound effects will be included in the introductions.

The basic pattern for those who will be presented will be:

Event	Heats	Semi-Final/Field Events Qualifications	Final
100m,200m,100mH,110mH	1–3 favourites	all (by lane)	All (by lane)
400m	1–2 favourites	All (by lane)	All (by lane)
800m	1–2 favourites	2–4 favourites	3–5 favourites (the rest during the race)
1500m and longer	1–3 favourites	-	3–5 favourites (the rest during the race)
Medley Relays	-	1–3 favourite Teams	all (the teams)
Field events	-	1–3 favourites	all (by comp. Order, immediately after arrival at field of play)
Combined events: <ul style="list-style-type: none"> • Track events • Field events • 800mB/1500mB • 800mA/1500mA 	- - - -	The favourites (the rest during the race) The favourites (the rest during the race) some (the rest during the race) all	

10.5 Competition Preparations

10.5.1 Field Events

Each athlete is allowed a minimum of two practice trials under the supervision of the officials, more if time allows. In the case of throwing events, the athletes will be called to the practice trials in the competition order.

Only official markers provided by the LOC will be allowed for marking the runways.

Twelve athletes will normally compete in the Final of all Field Events. In Horizontal Jumps and Throws, the competing order for the fourth, fifth and final rounds of trials will be in the reverse ranking order recorded after the first three rounds of trials, according to IAAF Rule 180.6.

To allow communication between athletes and coaches, special seats have been arranged for all field events for coaching zones at each 'D' of the arena. Special accreditation passes will be issued to access the coaching zones. The coaches will be able to access the special zones via additional access points as according to the map of the venue (please, see [Appendix 4](#)).

10.5.2 Track Events

Tracksuits and bags shall be placed in baskets at the main call room, and these will be taken directly to the mixed zone for collection after the race as stated above (see [paragraph 10.2](#) - Call Room procedures). After leaving the call room, athletes will be allowed immediately to warm-up on the way to the starting area, under the supervision of the relevant competition officials.

Medley Relay will be run according to IAAF Rule 170.1. with the legs in the following order: 100m-200m-300m-400m. The race will be run in lanes for the first two legs, as well as that part of the third leg up to the nearer edge of the break line described in Rule 163.5, where athletes may leave their respective lanes (two bends in lanes). Additional technical information will be given at the technical meeting.

Race Walking events will be conducted using the "Pit Lane" Rule under IAAF Rule 230.7 (c). A 60 seconds stop penalty for 5,000m and a 120 seconds stop penalty for 10,000m, at the penalty area (positioned at the home straight, approximately 80 metres before the finish line), will be given to race walkers after receiving 3 Red Cards. Additional technical information will be given at the technical meeting.

10.5.2.1 Starter's Commands

The starter's commands will be given in English.

The starter's command for the distances up to and including 400m and Medley relay are:

- "On your marks"
- "Set"
- Fire of the gun

For distances of 800m and over, the commands will be:

- "On your marks"
- Fire of the gun

Mondo starting blocks will be used at the European Athletics Youth Championships connected with an IAAF approved Start Information System provided by DomTel Company.

10.6 Leaving the field of play during the competition

An athlete may only leave the competition area when accompanied by a judge. The intention has to be communicated to the Referee.

10.7 Leaving the stadium after the competition

After the end of the event (or the end of each round for those who finished their participation), the athletes must leave immediately through mixed zone, near the finish area. The exit route passes the interview cameras of the TV. The flash interview group will interview the winning athletes. These interviews will be distributed on information sheets to the media. In the mixed zone, all athletes meet the media representatives. It is for the athlete to decide whether he/she wishes to give an interview.

The clothing baskets and the accreditation passes will be brought to the kit collection area located at the end of the mixed zone.

In case of medal ceremony or doping control, the athletes concerned will be escorted to the dedicated areas via specific routes.

10.8 Drinking Stations

Water is provided in the stadium (e.g. call room, mixed zone), in the warm-up area, in the Athletics Indoor Palace (training facility). Water and sponges may be provided to the athletes in the Race Walking events, if the weather conditions warrant.

10.9 Protests and Appeals

Protests and appeals are permitted and will be processed in accordance with IAAF Rule 146.

In the first instance, protests must be made orally to the Referee by the athlete himself/herself or by a responsible official acting on his/her behalf (Rule 146.3). Protests concerning the result or conduct of an event shall be made within 30 minutes of the official announcement of the result of that event (posted on the TIC information board). Any written appeal to the Jury of Appeal must be made in accordance with Rule 146.5 and signed by a responsible official on behalf of the athlete and submitted to TIC within 30 minutes after the official announcement of the decision made by the Referee.

When submitting an appeal form, a deposit of EUR 75, as set in the rules, must be paid. If the protest is unsuccessful, the deposit will not be returned. The Jury's decision will be provided in writing.

10.10 Timing and Measurement

The official timing will be provided by 'DomTel Sport Timing' and will be displayed on the official electronic timing instrument and photo finish cameras provided by Lynx. For all races of 800m or more, the elapsed time will be displayed on electronic timers located at the end of each corner.

Electronic Distance Measurement (EDM) will be used as the official measurement system.

11 MEDICAL SERVICES & DOPING CONTROLS

11.1 Medical Services

11.1.1 General Information

The LOC medical team will provide medical information and assistance to all accredited groups, as well as, to the spectators in the stadium.

In case of emergency, please contact the nearest medical first aid station or call the 24/7 Medical Emergency number **112**.

Team Doctors can find Law of Georgia on Narcotic Drugs, Psychotropic Substances and Precursors, and Narcological Assistance on the following web site:
<https://matsne.gov.ge/en/document/view/1670322>

11.1.2 Medical Service at the Athletes Village

The medical room is located at AVL and will be open from 08:00 until 22:00. During other hours there will be a medical volunteer and Red Cross representatives on duty.

11.1.3 Medical Care at the Competition Venue

The stadium medical service is responsible for any problems concerning the athletes' health. There is also a space for medical attention next to the finish line, a medical room at the arena and medical service at the warm-up area. The team doctor has access to the medical service facilities when an athlete of his/her own team is hurt or is in need of other medical attention.

The stadium medical service is also responsible for first aid at the warming up area.

There will be first aid teams on the circumference of the infield, supervised by a doctor and marked with red crosses.

Emergency Service will be provided during the competition period.

11.1.4 Physiotherapy

For those teams requiring physiotherapy services there will be a separate room for physiotherapy available at the Team Hotels, each team should bring personal massage table for use. Please note that physio-room is available at first come first served basis and should be booked in advance. Water and ice will also be provided.

At the Athletics Indoor Palace (Training Venue), there will be working physiotherapist, the facility is equipped with ultrasound, electrotherapy.

Working Hours:

11 – 17 July 11:00 - 17:00

The team physiotherapists and doctors may use the equipment in the physiotherapy rooms in co-operation with the LOC medical staff.

11.1.5 Insurance

According to the Regulation 510.9, the participating Member Federations are responsible for taking out their own insurance to cover the risk of illness or injury of any member of their team when travelling to and from the European Athletics event and during the event itself. Please take the necessary steps to fulfil these requirements well in advance.

In case delegation member will be hospitalized, please note that you need to obtain the medical certificate (or Form 100) stating what service was provided to the delegation member, in order to get reimbursement from your Insurance Company later after returning to your Country.

11.2 Doping Controls

Doping Control Station will be located at the first floor of the Hotel next to the Competition Arena.

11.2.1 General Information

Doping controls will be conducted in accordance with IAAF Rules and Anti-Doping Regulations under the supervision of the European Athletics Doping Control Delegate. Urine samples may be collected before, and during, the Competitions.

Athletes selected for doping control shall be informed by chaperons. Athletes will be required to sign a confirmation of notification. A team official can accompany athletes to the Doping Control Station (DCS).

In case the doping control procedure will last until late, transportation will be provided by the LOC.

Please note, that passport/ID card should be presented during Doping Control procedure.

A selected athlete should report immediately to the DCS unless there are valid reasons for delay. All selected athletes will be accompanied by a trained chaperone or Doping Control Officer from the time of notification until arrival at the DCS. Athletes are reminded that refusal to provide a sample can render them liable to disqualification and may lead to further disciplinary action.

Athletes who are required to use prescribed medication for the treatment of a medical condition should ensure that they have registered their medication, where necessary, through the Therapeutic Use Exemption system prior to attending the Championships.

11.2.2 Selection of Athletes

The selection of athletes for control will be made on a final position and/or random basis under the supervision of the European Athletics Doping Control Delegate. In addition, the selection of further athletes may be ordered at the discretion of the European Athletics Doping Control Delegate.

11.2.3 Additional Doping Tests

Additional athletes may present themselves for testing. These athletes must report to the TIC where they will have to complete the "Doping Control Request Form". They will then be escorted to the Doping Control Station.

The cost of this control will be paid by the European Athletics and will be deducted from the member federation's European Athletics subvention after the Championships.

11.2.4 European Athletics Anti-Doping Educational Programme

European Athletics is determined to increase its fight against doping. We want to ensure a clean sport and fairness amongst all competitors. One way is to search for cheating athletes through doping controls. We are continuously improving our testing programme, however, controls and tests are only a tool to identify those athletes that already broke the rules and have cheated everybody by doping.

We want to support the true and clean athletes when they start to engage in our sport. We need to show that we are ready to help and give them guidance to challenge doping. European Athletics aims to promote education for awareness, knowledge and prevention. The athletes can only act in the right way if they know the rules and know the danger of doping.

As a long term goal we wish to contribute with our programme to the promotion of fairness and respect among athletes. We need to fight doping as it is destroying the fundamental principle of our sport: fair play.

In order to target the youngest group of athletes, the programme which is supported by the UNESCO, the World Anti-Doping Agency and the IAAF will be implemented for the eighth times at the European Athletics Youth Championships in Tbilisi/GEO (14-17 July 2016).

Please encourage your athletes to take part in this important programme.

Only together we can make our sport drug free!

11.2.5 Procedure of Anti-Doping Educational Programme

All competing athletes will have a chance to learn and take part in an electronic quiz about doping in our educational tent located in the warm-up area. The electronic quiz is a multiple choice test which will give a detailed explanation in case of wrong answers.



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Participants who successfully answer 8 out of 10 questions will receive one of the "I run Clean, I throw Clean, I jump Clean, I walk Clean" T-shirts.

The programme will run on all 4 competition days in order to give all athletes the possibility to take part.

12 INFORMATION

12.1 Stadium

Timing Boards

A clock showing the race time is positioned in the in-field near the finishing line as well as on each corner of the track.

Field Events Boards

The result of each trial in field events will be shown on the dedicated infield scoreboards.

Final and intermediate results of the field events will be indicated on the scoreboards.

12.2 Start Lists and Results

Start Lists for each competition day will be available for the Team Leaders at TIC, information boards at the stadium and info desks at hotels. Results will be displayed on the TIC Information Board and also at the main warm-up area.

Copies of the results of each day's events will be distributed to each Team at the TIC team pigeon boxes on each evening of competition. A daily program, which will include the start list for each competition day and the results of the previous competition day, will be available each morning at the TIC at team pigeon box. Complete results in the form of a booklet will be issued to Team Leaders at the final banquet.

13 SECURITY

Instructions given by the LOC, the security personnel must be followed in all areas, as well as during transport from one location to another.

The accreditation card must be worn at all times. If an accreditation is lost, this should be reported immediately to any LOC Information Desk.

If necessary, the police can be contacted through the LOC Information Desk at your hotel.

14 CEREMONIES AND SOCIAL FUNCTIONS

14.1 Welcome Dinner

A Welcome Dinner co-hosted by European Athletics and EYCH Tbilisi 2016 Organizing Committee will be held on 14 July 2016. Detailed information will be provided during team leaders meeting. Two persons from each team will be invited. Invitation cards will be included in the welcome bags.

14.2 Opening Ceremony

The Opening Ceremony will take place on 13 July at 20:16 at the Athletes Village. LOC will inform if any team members will be involved in the ceremony.

14.3 Victory Ceremonies

Teams will receive detailed information on the victory ceremonies for individuals and teams at the Technical Meeting. All the victory ceremonies will take place at Athletics Arena with the exception of the medley relays which will be held prior the Closing Ceremony on Sunday 17th July, 2016.

Athletes must wear the official team clothing for the ceremonies and the presentation bibs provided by the LOC. No other items shall be taken to the podium, such as flags, bags or other.

Team Leaders are requested to check their countries respective flags and anthems at the time of the Accreditation.

14.4 Closing Ceremony & Closing Banquet

The Closing Ceremony and Closing Banquet will take place on 17 July at 22:00 at the Athletes Village. LOC to inform if any team members will be involved in the ceremony. Everyone with accreditation or an invitation is welcome to attend.

14.5 Sightseeing Tour

Discover Tbilisi's history, which is revealed today in its cultures and religions. Your private tour of Tbilisi can include shopping and restaurants on Rustaveli avenue, Georgian art at the national museum, and a selection of must-see places, such as the ancient fortress of Narikala, which offers commanding views of the city. There's no better way to explore the real Tbilisi and experience Georgian hospitality than a private tour with your personal local guide.



**1st European Athletics Youth
Championships
Tbilisi, Georgia**



Sightseeing tours will be organized on 14 – 16 July during 19:00 – 23:00 from Athletes Village. You are kindly requested to make the reservation in advance at the Information Desk located at your hotel.

15 CONTACT DETAILS

For further details about the European Athletics Youth Championships “Tbilisi 2016” please contact:

Mr. Vadim Akhmadiev - Executive Director

Tel: (+995 32) 2356176, Mob: (+995) 595033499

Email: v.akhmadiev@tbilisi2016.com

Ms. Gvantsa Mikeladze - Competition Director

Tel: (+995 32) 2356176, Mob: (+995) 598928180

Email: g.mikeladze@tbilisi2016.com

Ms. Tamuna Kapanadze – International Relations

Tel: (+995 32) 2356176, Mob: (+995) 577327367

Email: t.kapanadze@tbilisi2016.com; info@tbilisi2016.com

15.1 European Athletics

Email: competition@european-athletics.org

Please see [paragraph 3.3](#) for the European Athletics Headquarters' contact details.

15.2 Office of the Local Organising Committee

Georgian Athletics Federation

European Athletics Youth Championships,

Address: Str. Tbilisi, Tsereteli Ave, 95 A, 0119

Tel: 2 35 61 76 Tel: 7 90 23 50 25

E-mail: info@tbilisi2016.com; info@geoathletics.ge; geoathletics@yahoo.com

16 APPENDICES

16.1 List of Appendices

1. Appendix 1 - Implement List
2. Appendix 2 – Timetable
3. Appendix 3 – Entry standards
4. Appendix 4 - Map of Stadium, Warm-Up and Training Areas
5. Appendix 5 – Daily Maps
6. Appendix 6 – Accreditation system

16.2 Appendix 1 - Implement List

COMPANY	DESCRIPTION	CATALOGUE NO.	COLOUR*	CERTIFICATION NO.
Shot Put Women – 3kg				
Polanik	Steel, Competition, dia: 85mm	PK-3/85	Yellow	I-11-0532
Nordic	Shot stainless steel, dia: 90 mm	5134300	Silver	I-13-0657
Polanik	Steel, Competition, dia: 100mm	PK-3/100	Yellow	I-11-0533
Polanik	Steel, Competition, dia: 108mm	PK-3/108	Yellow	I-11-0534
Shot Put Men – 5kg				
Polanik	Turned steel, Competition, dia: 100mm	PK-5/100	Yellow	I-12-0582
Nordic	Brass, dia: 100mm	5132500	Gold	I-03-0294
Polanik	Steel, Competition, dia: 110mm	PK-5/110	Yellow	I-99-0151
Polanik	Stainless shot put, dia: 115 mm	PK-5/115-S	Metallic	I-00-0234
Polanik	Turned steel, Competition, dia: 120mm	8 PK-5/120	Yellow	I-12-0583
Discus Women – 1kg				
Polanik	Competition, plastic, stainless rim, synthetic sides	CPD11-1	Blue	I-11-0493
Polanik	Carbon discus	CCD-1	Black	I-00-0192
Polanik	Competition, hard plywood, stainless rim, plywood sides	HPD11-1	Wooden colour	I-11-0492
Nelco	Gold, brass rim, plastic sides	N1105GD	Gold	I-99-0096
Discus Men – 1.5kg				
Polanik	Competition, carbon, brass rim, carbon sides	CCD14-1,5	Black	I-14-0677
Polanik	Competition, plastic, stainless rim, synthetic sides	CPD11-1,5	Blue	I-11-0495
Polanik	Competition, hard plywood, stainless rim, plywood sides	HPD11-1,5	Wooden colour	I-11-0494
Hammer Women – 3kg				
Polanik	Steel, Competition, dia: 85mm	PM-3/85/UW/UP-110	Yellow	I-11-0535
Polanik	Steel, Competition, dia: 95mm	PM-3/95/UW/UP-110	Yellow	I-11-0536

Nordic	Nordic brass, dia: 95mm	5125300/5120040	Gold	I-12-0612
Hammer Men – 5kg				
Polanik	Steel, Competition, dia: 100mm	PM-5/100/UP/UW-115	Yellow	I-99-0157
Nordic	Brass, dia: 100mm	5125500/5120040	Gold	I-03-0297
Javelin Women – 500gr				
Nordic	Super Elite 500, steel, red cord	7914704	White/black	I-12-0549
Polanik	Competition Air Flyer, aluminium, red cord	AF11-500	Transparent blue	I-11-0537
Polanik	Competition Space Master 500, cigar head	SM13-500	Electric lime transparent	I-13-0653
Nordic	Raser steel 500, black cord	7916500	Orange	I-12-0548
Polanik	Sky Challenger		Red	I-12-0632
Javelin Men – 700gr				
Nordic	Super Elite 700, steel, black cord	7914703	Black/white	I-99-0033
Polanik	Competition Space Master 700, cigar head	SM13-700	Electric lime transparent	I-13-0655
Polanik	Competition Sky Challenger, aluminium, blue cord	SC10-700	Transparent red	I-11-0539
Polanik	Competition Air Flyer, aluminium, red cord	AF10-700	Transparent blue	I-11-0538
Nordic	Master Flex 7.4, metal alloy, silver cord	7914706	Blue	I-03-0289

**Variation of colours is acceptable if the product otherwise complies.*

Personal Implements shall also be allowed, providing that:

- They are readily identified and are IAAF certified
- They are not already on the official list
- They have been checked for compliance with IAAF Rules
- They are made available to all the other competitors until the end of the Final or until the end of all groups in case of combined events
- They are submitted to the TIC (located at Competition Arena) the day before the event and no later than 16:00. All personal implements can be returned only in TIC after the competition.

16.3 Appendix 2 – Timetable

Timetable (updated 2016 05 24)

DAY 1 - Thursday, Morning, 14 July		
09:00	5.000m RW	G Final
09:05	Shot Put	B Q A/B
09:35	Hammer Throw	B Q A
09:45	100m H Hep	G
10:10	100m	B R1
10:40	High Jump Hep	G A/B
10:50	100m	G R1
11:15	Hammer Throw	B Q B
11:30	400m	B R1
12:05	400m	G R1

DAY 2 - Friday, Morning, 15 July		
09:00	Shot Put	G Q A/B
09:05	400m H	G R1
09:20	Hammer Throw	G QA
09:45	400m H	B R1
10:05	Pole Vault	B Q A/B
10:20	High Jump	G Q A/B
10:25	1.500m	G R1
10:50	800m	B R1
11:05	Hammer Throw	G Q B
11:30	100m H	G R1
11:35	Long Jump Hep	G A/B
12:10	110m H	B R1

DAY 3 - Saturday, Morning, 16 July		
09:00	Javelin Throw	G Q A
09:15	100m Dec	B
09:45	10.000m RW	B Final
10:00	Long Jump Dec	B A/B
10:25	Javelin Throw	G Q B
11:00	Meddley Relay	G R1
11:35	Shot Put Dec	B A/B
11:55	Discus Throw	B Q A
12:05	Meddley Relay	B R1
12:25	Long Jump	G Q A/B
13:20	Discus Throw	B Q B

DAY 4 - Sunday, Morning, 17 July		
09:00	110m H Dec	B
09:55	Discus Throw Dec	B A/B
12:30	Pole Vault Dec	B A/B

DAY 1 - Thursday, Evening, 14 July		
16:20	5.000m RW	G MC
16:30	Discus Throw	G Q A
16:40	High Jump	B Q A/B
17:10	Shot Put Hep	G A/B
17:30	800m	G R1
17:55	Discus Throw	G Q B
18:15	Triple Jump	G Q A/B
18:25	100m	B SF
18:50	Pole Vault	G Q A/B
19:00	100m	G SF
19:25	Javelin Throw	B Q A
19:35	1500m	B R1
20:00	Long Jump	B Q A/B
20:15	200m Hep	G
20:50	Javelin Throw	B Q B
20:55	2.000m SC	G R1
21:30	3.000m	B Final

DAY 2 - Friday, Evening, 15 July		
15:50	3.000m	B MC
16:00	Javelin Throw Hep	G A/B
16:05	100m H	G SF
16:25	Triple Jump	G Final
16:30	110m H	B SF
16:55	800m	G SF
17:25	2.000m SC	B R1
17:30	Shot Put	B Final
17:55	200m	G R1
18:00	Hammer Throw	B Final
18:30	200m	B R1
18:55	Triple Jump	G MC
19:05	Long Jump	B Final
19:10	400m	G SF
19:35	400m	B SF
19:50	Shot Put	G MC
19:55	Discus Throw	G Final
20:00	800m Hep	G
20:25	3.000m	G Final
20:40	Hepthation	G MC
20:50	100m	G Final
21:05	100m	B Final
21:10	Hammer Throw	B MC
21:16	Long Jump	B MC

DAY 3 - Saturday, Evening, 16 July		
15:40	10.000m RW	B MC
15:46	Discus Throw	G MC
15:52	3.000m	G MC
16:00	400m H	G SF
16:05	Pole Vault	G Final
16:10	High Jump Dec	B A/B
16:15	100m	G MC
16:25	400m H	B SF
16:30	Hammer Throw	G Final
16:50	200m	G SF
17:15	200m	B SF
17:40	800m	B SF
17:55	100m	B MC
18:05	Shot Put	G Final
18:10	100m H	G Final
18:25	110m H	B Final
18:40	800m	G Final
18:45	High Jump	B Final
18:47	Hammer Throw	G MC
18:55	400m Dec	B
19:10	Triple Jump	B Q A/B
19:15	Javelin Throw	B Final
19:20	2000m SC	G Final
19:30	100m H	G MC
19:40	400m	G Final
19:45	110m H	B MC
19:55	400m	B Final
20:10	1.500m	B Final
20:25	200m	G Final
20:35	200m	B Final
20:37	800m	G MC
20:43	Pole Vault	G MC
20:49	Shot Put	G MC
20:55	2.000m SC	G MC

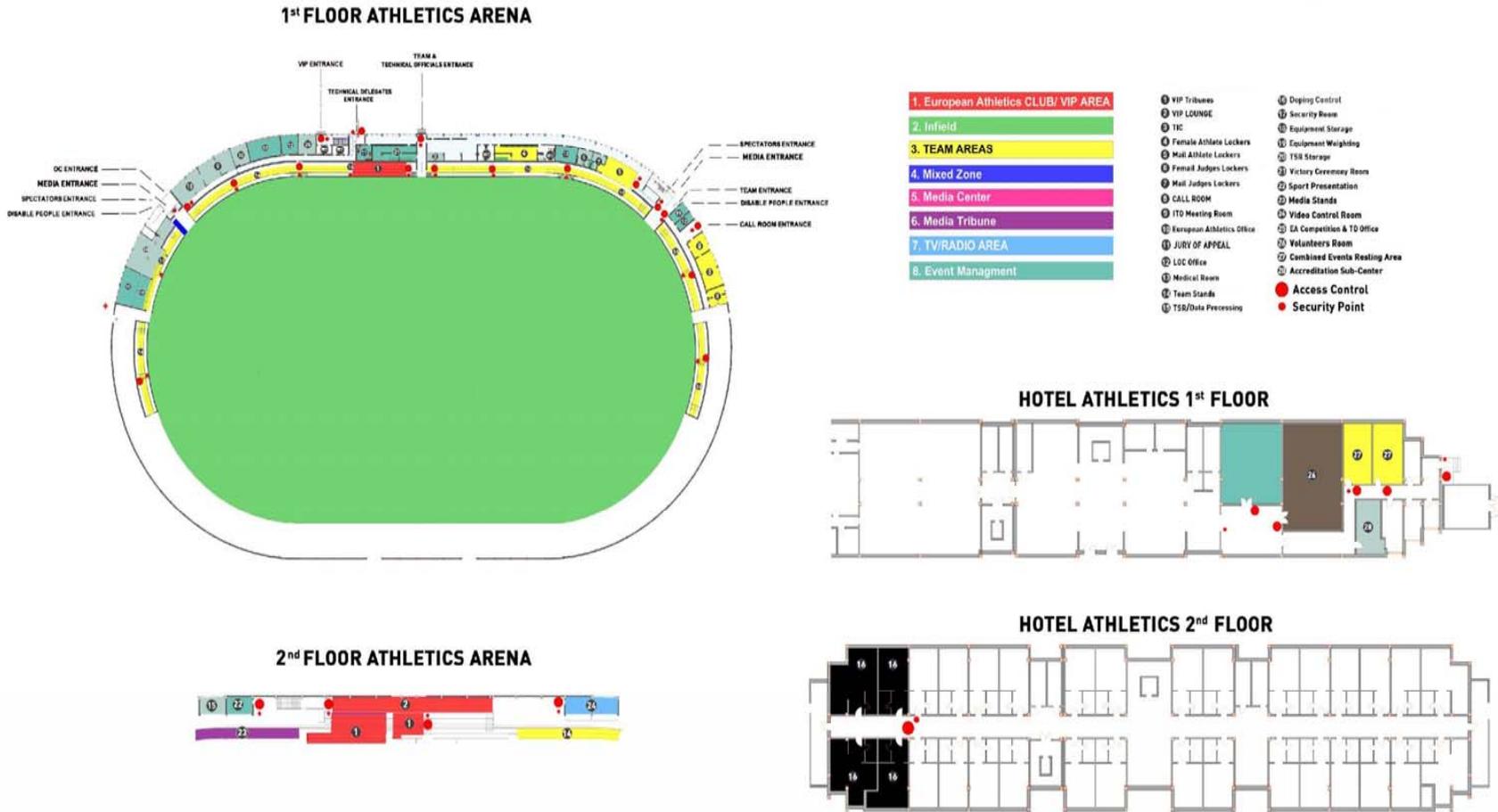
DAY 4 - Sunday, Afternoon, 17 July		
15:32	400m	G MC
15:38	400m	B MC
15:44	1.500m	B MC
15:50	Javelin Throw	B MC
16:00	Discus Throw	B Final
16:05	High Jump	B MC
16:15	Long Jump	G Final
16:20	200m	G MC
16:35	High Jump	G Final
17:15	400m H	G Final
17:40	400m H	B Final
17:43	200m	B MC
17:50	Javelin Throw Dec	B A/B
18:10	800m	B Final
18:15	Pole Vault	B Final
18:20	Discus Throw	B MC
18:27	400m H	G MC
18:35	Triple Jump	B Final
18:40	1.500m	G Final
18:50	400m H	B MC
19:00	Long Jump	G MC
19:15	2.000m SC	B Final
19:25	800m	B MC
19:32	High Jump	G MC
19:39	1.500m	G MC
19:50	Javelin Throw	G Final
19:55	1.500m Dec	B
20:10	2.000 SC	B MC
20:30	Meddley Relay	G Final
20:40	Decathlon	B MC
21:00	Meddley Relay	B Final
21:05	Triple Jump	B MC
21:11	Pole Vault	B MC
21:17	Javelin Throw	G MC
Banquet	Meddley Relay	G MC
Banquet	Meddley Relay	B MC

16.4 Appendix 3 – Entry standards

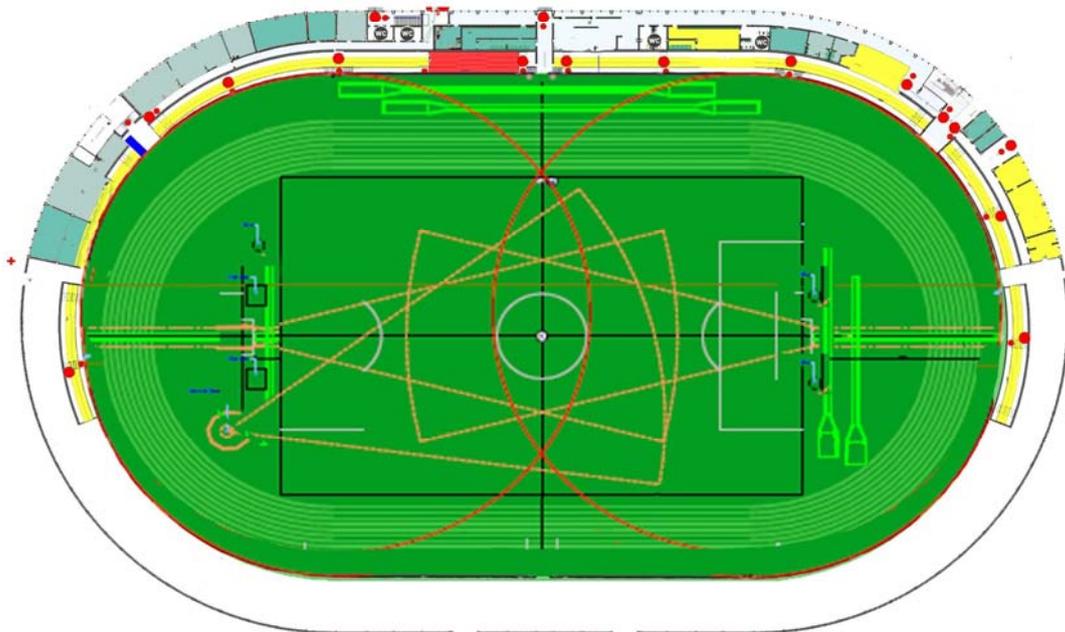
European Athletics Youth Championships 2016 Entry Standards

Athletes	Rounds	Men	Event	Women
40	3	11.10	100m	12.25
40	3	22.55	200m	25.20
40	3	49.60	400m	57.20
40	3	1:55.00	800m	2:13.50
27	2	4:01.00	1500m	4:37.00
15	1	8:40.00	3000m	9:53.00
40	3	14.55 (0,914)	100/110m Hurdles	14.25 (0,762)
40	3	55.90 (0,838)	400m Hurdles	63.00 (0,762)
30	2	6:15.00	2000m SC	7:25.00
25		48:30.0	10,000m Walk	
25			5 000m Walk	25:30.0
16	2	NES	Medley Relay	NES
30	2	2,02	High Jump	1,74
30	2	4,60	Pole Vault	3,70
30	2	7,00	Long Jump	5,90
30	2	14,45	Triple Jump	12,25
30	2	17,70 (5 Kg)	Shot Put	14,85 (3 Kg)
30	2	53,10 (1,5 Kg)	Discus	41,50 (1 Kg)
30	2	63,00 (5 Kg)	Hammer	59,50 (3 Kg)
30	2	64,00 (700 Gr)	Javelin	46,00 (500 Gr)
24		6400	Decathlon/ Heptathlon	4800

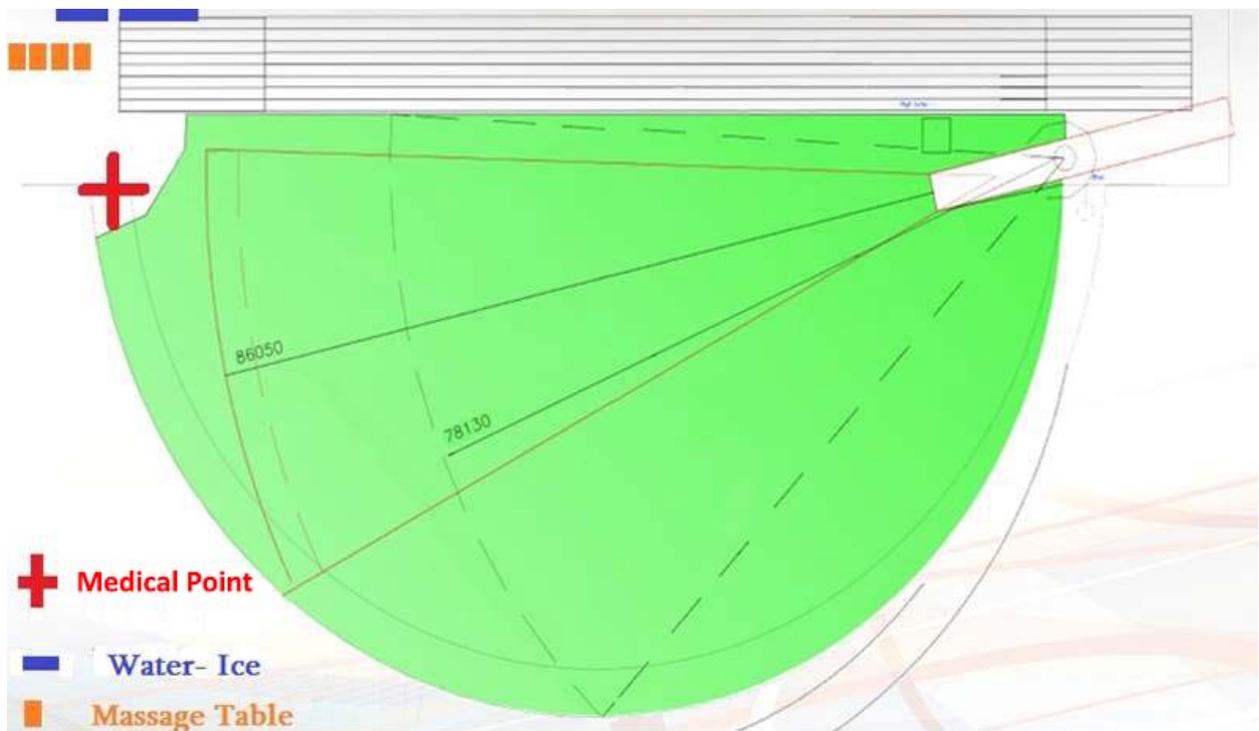
16.5 Appendix 4 - Map of Stadium, Warm-Up and Training Areas



Map of the Competition Arena

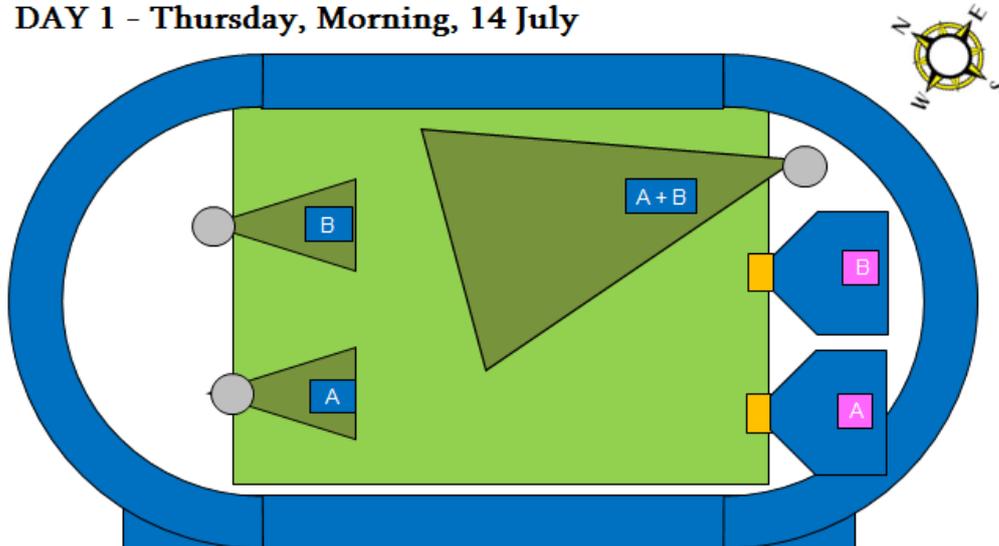


Map of the Warm Up

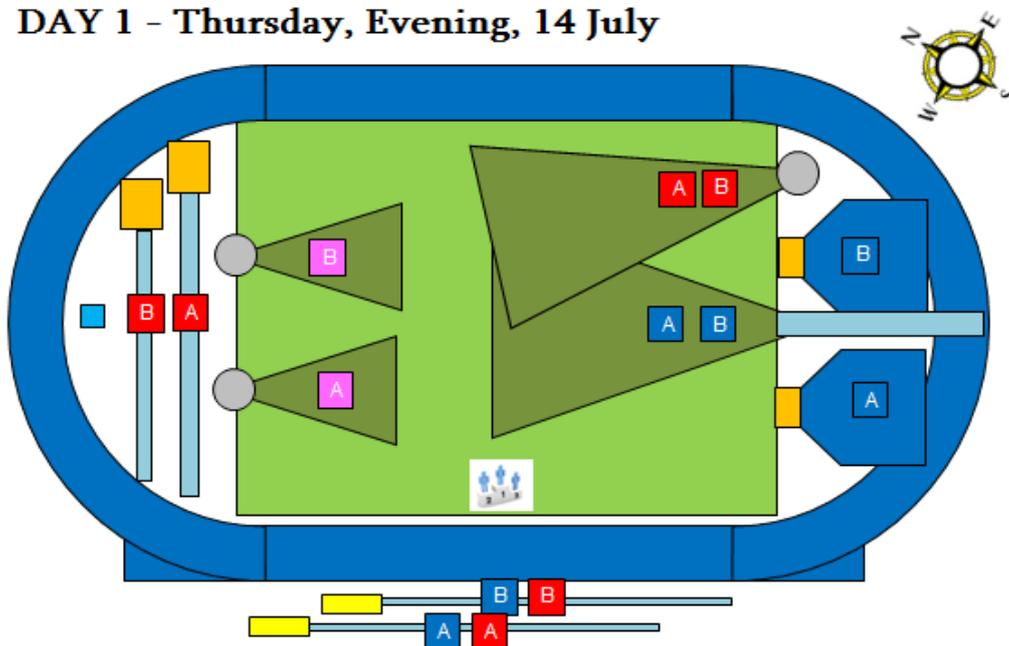


16.6 Appendix 5 – Daily Maps

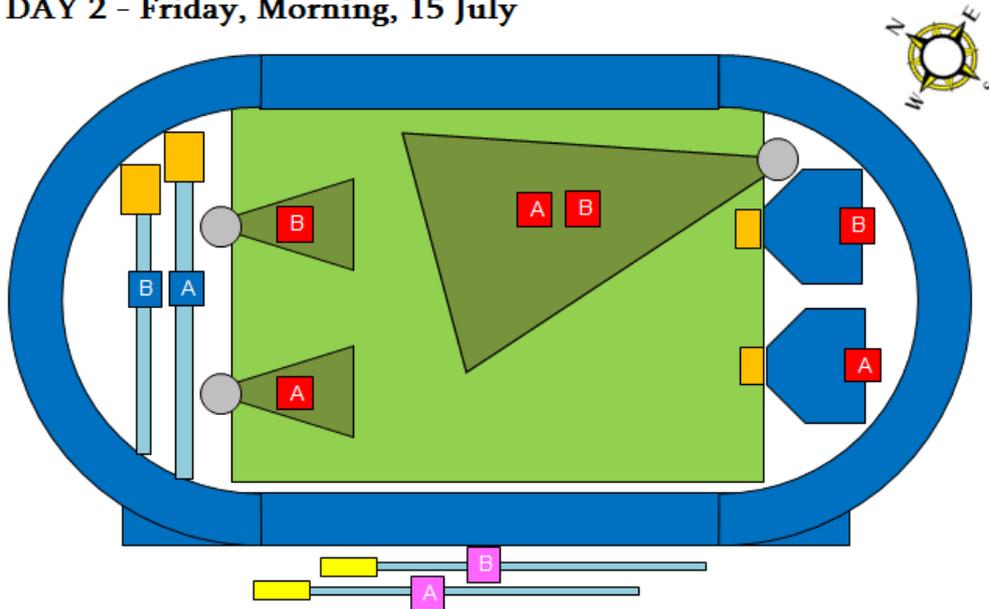
DAY 1 - Thursday, Morning, 14 July



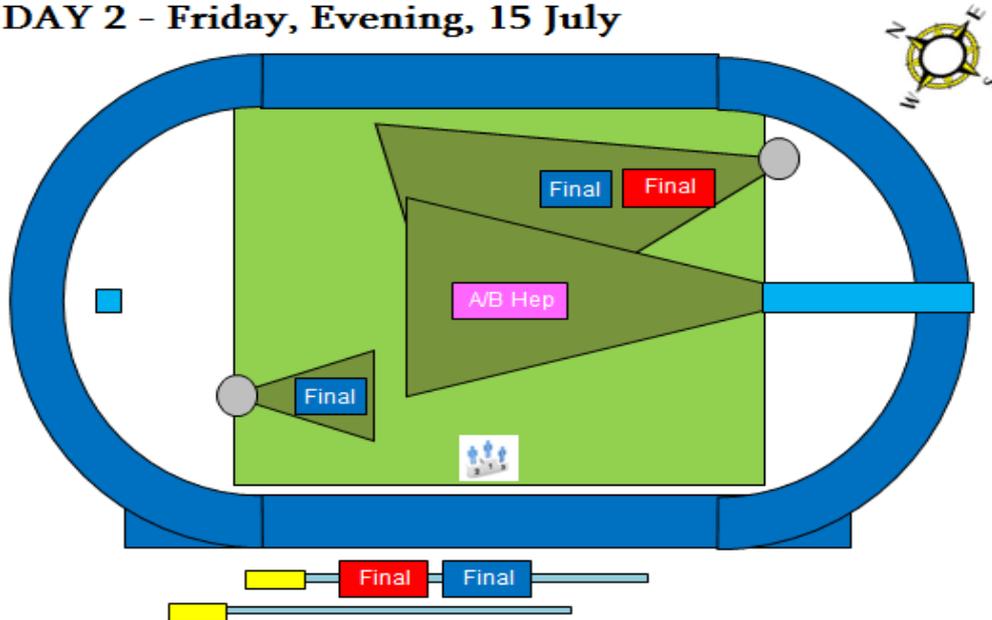
DAY 1 - Thursday, Evening, 14 July



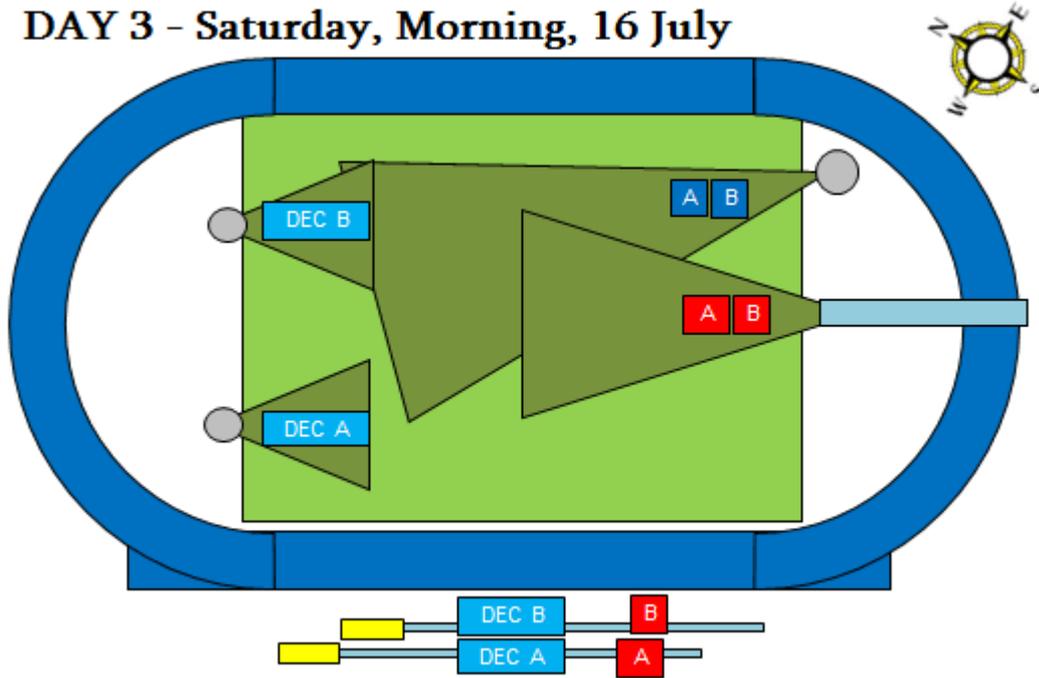
DAY 2 - Friday, Morning, 15 July



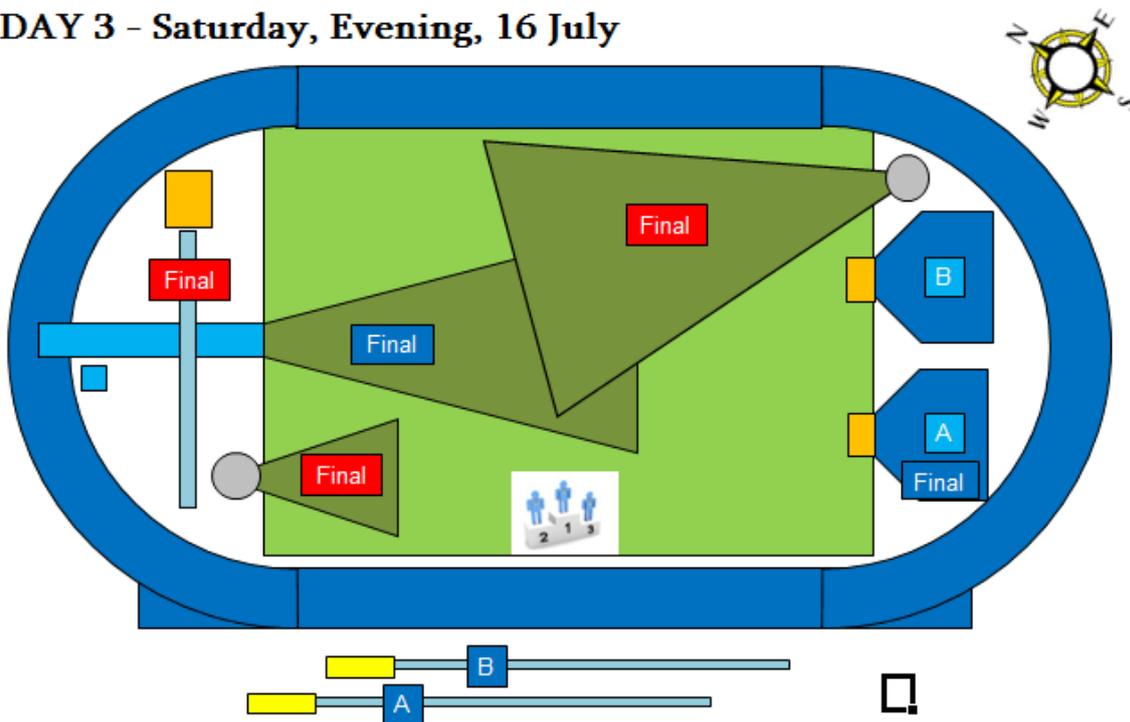
DAY 2 - Friday, Evening, 15 July



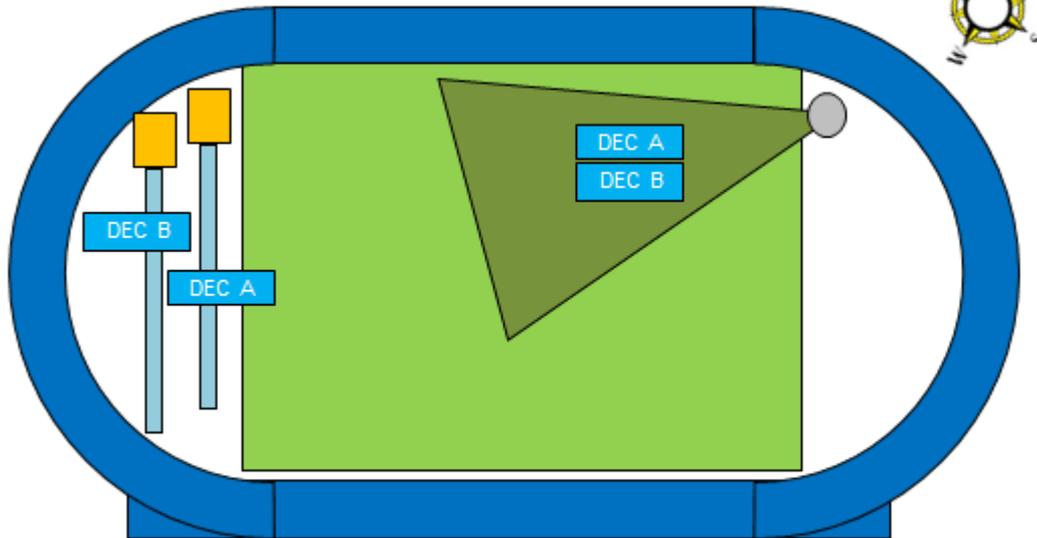
DAY 3 - Saturday, Morning, 16 July



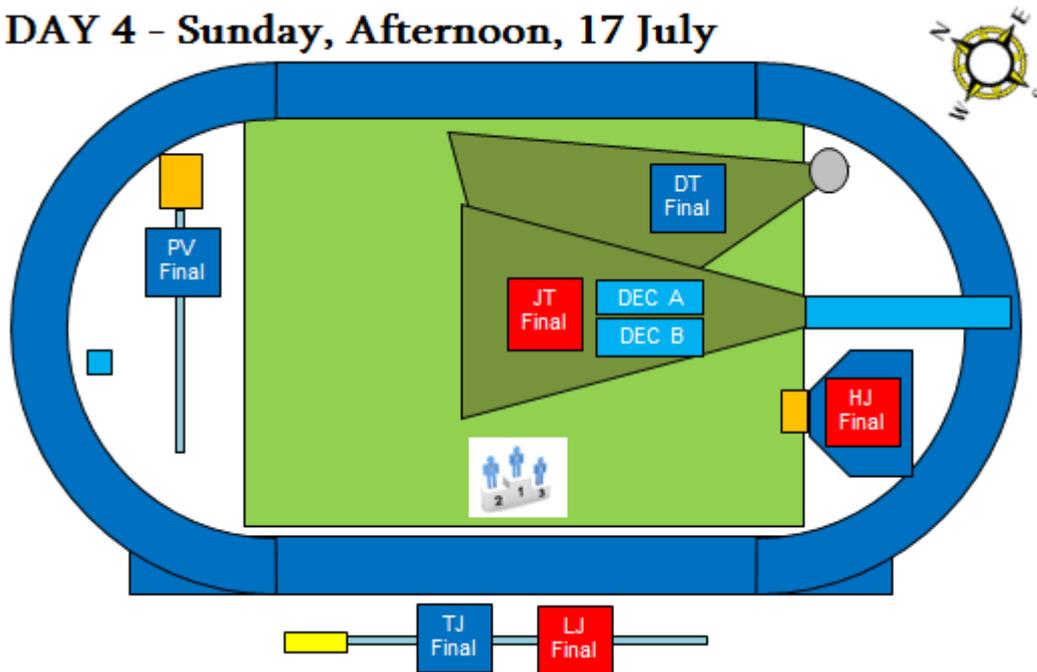
DAY 3 - Saturday, Evening, 16 July



DAY 4 - Sunday, Morning, 17 July



DAY 4 - Sunday, Afternoon, 17 July



16.7 Appendix 6 – Accreditation Cards

NAME → BACHANA KHORAVA

FUNCTION → TEAM ATHLETE

FLAG; COUNTRY CODE → GEO

ACCREDITATION CODE → Ta

HOLOGRAM →

ZONES → 3

PRIVILEGES → B

14 - 17 JULY

Zones
AII - ACCESS TO ALL ZONES
1 - VIP AREA
2 - INFIELD
3 - TEAM AREA
4 - MIXED ZONE
5 - MEDIA CENTER
6 - MEDIA TRIBUNE
7 - TV/RADIO AREA
8 - EVENT MANAGEMENT

NON - COMPETITION VENUE
 - TEAM HOTELS
MEAL PRIVILEGE
 - DINING AREA

TRANSPORT PRIVILEGES
T1 - DEDICATED CAR
T2 - DEDICATED TRANSPORT
T3 - CAR ON REQUEST
T4 - TRANSPORT ON REQUEST
B - SHUTTLE SERVICE

EA PRESIDENT
SVEIN ARNE HANSEN

EYCH TBILISI 2016 CEO
ZAZA KHAZALIA

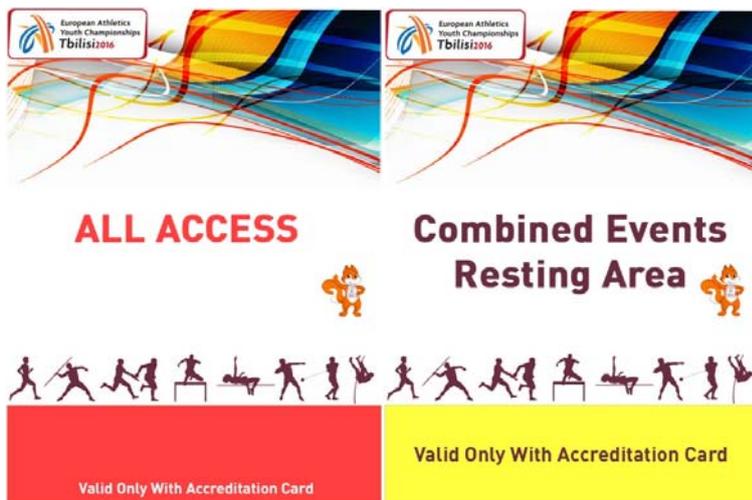
WIFI INFORMATION

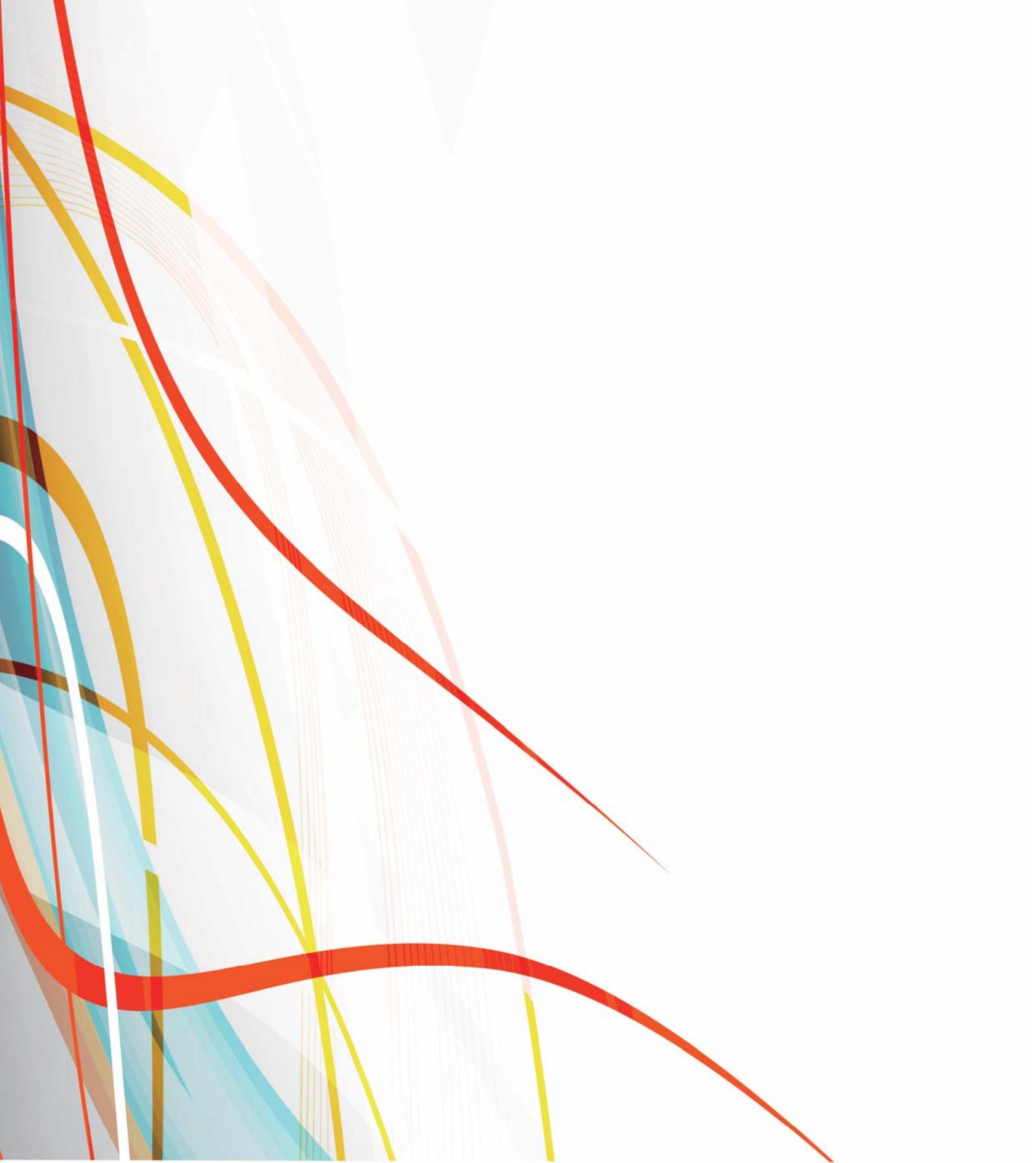
TEXT

GOVERNMENT ORGANISATIONS →

SPONSORS →

Additional Passes:





Coca-Cola

MAQRO
CONSTRUCTION

Outdoor.ge

ÜLKER

DHL


Orient Logic

SPAR 