

Hong Kong Race Walking Association

The First Walk 2020 cum 20KM Run



(Racewalking events sanction – proceeding)

| | |
|------------------------------|--|
| Race Route : | Pak Shek Kok Promenade, Hong Kong Science Park |
| Race Date : | January 1, 2020 (Wednesday) |
| Application Deadline: | December 4, 2019 (Wednesday) |
| Entry : | Return the completed entry form with a crossed cheque payable to “Hong Kong Racewalking Association” and a stamped self-addressed envelope (more stamps and large envelope for more than one applications), to House 82C, Ma Pui Village, Lei Yue Mun, Yau Tong, Kowloon, Hong Kong |

Event

| <u>Racewalking</u> | <u>Time Limit</u> | <u>Entry Fee (Hong Kong Dollars)</u> | |
|---|-------------------|--|-----------------------|
| (A) 50KM (Open), born in or before 2000 | 7 hours | \$ 400 (Member) | \$500 (Non-member) |
| (B) 20KM (Open) , born in or before 2002 | 3 hours | \$ 250 (Member) | \$350 (Non-member) |
| (C) 10KM (Junior) , born in 2001 – 2004 | 80 minutes | \$ 150 (Member) | \$250 (Non-member) |
| (D) 6 Hrs (3-pp relay) , born in or before 2004 | 6 hours | \$ 400/pp (Member) | \$500/pp (Non-member) |

| <u>Running</u> | <u>Time Limit</u> | <u>Entry Fee (Hong Kong Dollars)</u> | |
|--|-------------------|--|-----------------------|
| (E) 20KM (Open) , born in or before 2002 | 2.5 hours | \$ 250 (Member) | \$350 (Non-member) |
| (R) 20KM (2-pp relay) , born in or before 2004 | 2.5 hours | \$ 250/pp (Member) | \$350/pp (Non-member) |

Quota is limited, first-come-first-served

Getting There

| | | | | |
|----------------------------|--|---------------|---------------|-----------------------------------|
| Meeting Point : | Pak Shek Kok Promenade, next to Simon FS Li Marine Science Laboratory | | | |
| Registration Time : | (A) 8:00 a.m. | (B) 8:30 a.m. | (D) 9:00 a.m. | (E)&(R) 09:30 a.m. (C) 10:00 a.m. |
| Start Time : | (A) 8:30 a.m. | (B) 9:00 a.m. | (D) 9:30 a.m. | (E)&(R) 10:00 p.m. (C) 10:30 a.m. |
| Transportation : | MTR, University Station (#272 bus) & Shatin Station (#27 green mini bus) | | | |

Awards and Souvenirs

| | |
|-------------------|---|
| Awards : | The champion, 1 st runner-up, 2 nd runner-up and 3 rd runner-up of each category will be awarded trophies. The fourth to sixth runners-up will receive medals.* * If the number of finishers in a particular category is less than 3, only one prize will be awarded. * If the number of finishers in a particular category is less than 10, only first three will be awarded. |
| Souvenir : | Upon completion of a race, you will receive an event souvenir. |

Route

- (1) Racewalking course: 1KM per loop.
- (2) Running course: 10KM per loop.

Timing Chip

- (1) Chip timing system will be used in this race, participants need to wear this chips probably to time their results.

Note

- (1) In case the event has to be cancelled due to inclement weather or other reasons, the HKRWA will refund 50% of the entry fee.
- (2) Personal insurance is responsible by the participants.
- (3) No receipt service.



Hong Kong Racewalking Association

The First Walk 2020 cum 20KM Run

Individual Entry Form

*Please fill in the form with block letters

(Official use only) Bib : _____

Racewalking Event (Please mark with a "✓")

(A) 50KM (Open) , born in or before 2000

(C) 10KM (Junior) , born in 2001- 2004

(B) 20KM (Open) , born in or before 2002

Running Event (Please mark with a "✓")

(E) 20KM (Open) , born in or before 2002

Participant Information

Name : _____ Gender :__ Member Non-member (Please mark with a "✓")

Birth Date : _____ (dd/mm/yyyy) Telephone : _____ Email : _____

Address : _____

Emergency Contact

Name : _____ Relationship : _____ Telephone : _____

Entry Fee Details

Cheque No. : _____ Bank Name : _____

A **crossed cheque** should be made payable to "Hong Kong Racewalking Association" , and a stamped self-addressed envelope should be sent to [House 82C, Ma Pui Village, Lei Yue Mun, Yau Tong, Kowloon, Hong Kong](#) and marked "The First Walk 2020 cum 20KM Run"

Declaration: I confirm and agree, to the fullest extent permitted by law, that I take part in these events entirely at my own risk and that I will not hold HKRWA or any sponsors of these events or any organization or person providing medical, catering, logistical, IT or other support or services for these events responsible for death or any injury or for any damages to or loss or destruction of property or any other economic loss or for any consequential loss, in any case arising from or connected with any accident or mishap or otherwise arising from or connected with these events; whether during or after these events, in preparation for it, traveling to or from it or otherwise. I will not compete unless I am physically fit and sufficiently trained. I acknowledge and agree that HKRWA may (without reference to and without prior approval of or any payment to any person) use, in any publicity material connected with the HKRWA (including but not limited to any website) or any photograph, film, videotape, record or visual or vocal reproduction of my participating in these events.

Use of Personal Data: The organizer intends to adopt your contact details to notify you the latest activities offered by the HKRWA

I would like to receive information about "HKRWA Activity" in the future

I reject to receive information about "HKRWA Activity" in the future

Participant's Signature

Date

Parent's/Guardian's Name & Signature (For person age under 18)



Hong Kong Racewalking Association

The First Walk 2020 cum 20KM Run

Relay Entry Form

*Please fill in the form with block letters (Official use only) Bib : _____

Racewalking Event (Please mark with a "✓")

(D) 6 Hours(3-person relay), born in or before 2004

Running Event (Please mark with a "✓")

(R) 20KM (2-person relay) , born in or before 2004

Participants' Information

1. Name : _____ Gender : __ Member Non-member (Please mark with a "✓")

Birth Date : _____ (dd/mm/yyyy) Telephone : _____ Email : _____

2. Name : _____ Gender : __ Member Non-member (Please mark with a "✓")

Birth Date : _____ (dd/mm/yyyy) Telephone : _____ Email : _____

3. Name : _____ Gender : __ Member Non-member (Please mark with a "✓")

Birth Date : _____ (dd/mm/yyyy) Telephone : _____ Email : _____

Representative Address : _____

Emergency Contact

1. Name : _____ Relationship : _____ Telephone : _____

2. Name : _____ Relationship : _____ Telephone : _____

3. Name : _____ Relationship : _____ Telephone : _____

Entry Fee Details

Cheque No. : _____ Bank Name : _____

A crossed cheque should be made payable to "Hong Kong Racewalking Association" , and a stamped self-addressed envelope should be sent to [House 82C, Ma Pui Village, Lei Yue Mun, Kowloon, Hong Kong](#) and marked "The First Walk 2020 cum 20KM Run"

Declaration: I confirm and agree, to the fullest extent permitted by law, that I take part in these events entirely at my own risk and that I will not hold HKRWA or any sponsors of these events or any organization or person providing medical, catering, logistical, IT or other support or services for these events responsible for death or any injury or for any damages to or loss or destruction of property or any other economic loss or for any consequential loss, in any case arising from or connected with any accident or mishap or otherwise arising from or connected with these events; whether during or after these events, in preparation for it, traveling to or from it or otherwise. I will not compete unless I am physically fit and sufficiently trained. I acknowledge and agree that HKRWA may (without reference to and without prior approval of or any payment to any person) use, in any publicity material connected with the HKRWA (including but not limited to any website) or any photograph, film, videotape, record or visual or vocal reproduction of my participating in these events.

Participant's Signature

Date

Parent's/Guardian's Name & Signature (For person age under 18)