

**Regulations for 2014 Wuzhong (Suzhou)
“Around Taihu” International Walking Race and
Walking Multi-day Contest**

I. Organizer: Chinese Athletic Association, The Mass Sports Department of General Administration of Sport of China, Sports Bureau of Jiangsu, the People’s Government of Suzhou

II. Undertaker: the People's Government of Wuzhong District, Sports Bureau of Suzhou, The Administration of Radio Film and Television of Suzhou, The Mass Sports Department of Sports Bureau of Jiangsu, Tourist Administration of Suzhou, Bureau of Parks and Woods of Suzhou

III. Co-organizer: The People’s Government of Mudu Town, The People’s Government of Jinting Town, The People’s Government of Dongshan Town, The Management Committee of Qionglong Mountain Scenic Region, Wuzhong Culture and Sports Bureau, Tourist Administration of Wuzhong District, Bureau of Commerce of Wuzhong district, School of Sports of Soochow University, International Radio Film, Television and Animation Studio City of Suzhou, Title Sponsor/s

IV: Contest date and place. Date: Oct. 12-15, 2014. Place: Wuzhong Taihu Scenic Spot of Suzhou.

V: Contest Routes

Station 1 (Mudu Station). Date: Oct. 12, 2014. The route is 16 km in total, starting point at Television and Animation Studio City→ Jinshan North Road→ Jinshan South Road→ Mudong Road→ Baodai Road→Lingshan Road (Provincial Road 230)→ Mudu Shijia Restaurant→Lingyan Mountain (Mudu Tourists Center)→ Zhongshan West Road→Mudu Ming&Qing Street→ Baodai Road→ Lingshan Road (Provincial Road 230), Mudu Shijia Restaurant→ Lingyan Mountain (Mudu Tourists Center).

Station 2 (Qionglong Mountain Station) Oct. 13, 2014.

Contest Route: Sunwu Shuyuan at the South Gate of the Qionglong Mountain Scenic Spot→ to the north along Songtao Road→ Bingsheng Road→ turn back → Bingsheng Road→ Sunwu Shuyuan. This route has four turnings, 15 km in total.

Station 4 (Dongshan Station): Date: 9:30, Oct. 14, 2014. 10km in total.

Contest Route: starting point at Dongshan State Guest House→ along Huandao Road→ walk 500 meters after passing Luxiang Ancient Village→ turn back→ Luxiang Ancient Village.

Station 4 (Xishan Station): 9:30, Oct. 15, 2014. 16km in total.

Contest Route: Starting point at Jintingpailou of the Taihu Bridge→ Tourists Center→ Linwu Cave (7.8km)→ Shigong Village Committee→ Hanyuan→ Shigongshan parking lot→ Ticket Office of Mingyue Bay.

VI. Participating Organizations and Grouping

(I) Professional group

1. Chinese Athletic Association will specially invite the world's top 100 walking racers of the current year from member countries of IAAF and foreign walking race associations and clubs.

2. Walking racers from various provinces of China registered at Chinese Athletic Association.

(II) Amateur group

1. Members of domestic amateur road running clubs, walking, hiking and fitness walking clubs or associations.

2. Walking enthusiasts at home and abroad, ordinary citizens all over the country, Suzhou and neighboring cities.

VIII. Event Setting

(I) Professional group: male and female 16km, 15km, 10km and 16km (4 stations in total) team event and individual event.

(II) Group for reserve talents base: male and female; route distance to be determined.

(II) Amateur group (public walking):

1. Mudu Station: team event 5km, 11km, and 16km; individual event 5km, 11km, and 16km. The 5km events are opened for 5,000 contestants, 11km for 4,000 contestants, and 16km for 1,000 contestants.

2. Dongshan Station: team event 10km, individual event 10km.

These two events are opened for 1,000 participants in total.

3. Xishan Station: team event 7.8km and 16km; individual event 7.8km and 16km. The 7.8km events are opened for 1,500 participants in total, and 16km events for 500 participants.

IX. Participation Way

(I) Professional team event

Each team shall consist of four athletes; the best three individual results of a team shall be counted as the team result. Simultaneous entry of team and individual events is allowed. Participants from countries other than China may form a team freely without considering nationality.

(II) Amateur group (public walking)

For the team events, each team shall have at least 50 team members, and the five best results of male and female contestants shall be counted as the team results. The team using the shortest total time will rank the first.

(II) Age requirements for contestants

1. Professional athletes: athletes over 16 years old registered at Chinese Athletic Association and international athletes conforming to regulations of IAAF.

2. Group for reserve talents base: all contestants shall come from the reserve talents base for racing walk, registered at Chinese Athletic Association.

3. Amateur events for 7.8km and longer distance: 18~60 years old;

4. We do not suggest senior citizens over 70 years old to participate in any events of this contest. Citizens over 60 years old shall have family member to accompany during contest.

(III) Health requirements for contestants

Long-distance walking exercise is good for health, but contestants shall select events of appropriate distance based on their own physical condition and practical ability. Those suffering from disease below are unfavorable for participating in the contest:

1. Congenital heart disease and rheumatic heart disease;
2. Hypertension and cerebrovascular diseases;
3. Myocarditis and other heart diseases;
4. Coronary artery disease and severe arrhythmia;
5. Diabetic patient with excessively high or low blood sugar;
6. Other diseases unsuitable for sports.

(IV) The organizing committee will provide contestants with a package (including competition manual, bibs, and induction timing) which shall be received from 9:00 ~ 17:00 on Oct. 8-9, 2014 at Wuzhong Modern Culture & Sports Center. Consulting telephone:

0512—65622209. For more than 50 contestants outside Suzhou City, the organizing committee will mail the package to contestants (for group application only); for specially invited contestants and athletes registered at Chinese Athletic Association, the package will be provided on the technical meeting.

X. Agenda and Grouping

Date	A.M.	Events	Remarks
Oct. 12, Sunday	9: 00	Professional group: male and female 16km, individual and team events Group for reserve talents base: 5km individual and team events (recommended). Amateur group: male and female 5km, 11km, and 16km, individual and team events	
Oct. 13, Monday	8:30	Professional group, male and female 15km, individual and team events; Group for reserve talents base: 5km individual and team events (recommended).	
Oct. 14,	9: 30	Professional group, male and female	

Tuesday		10km, individual and team events; Group for reserve talents base: 10km individual and team events (recommended). Amateur group: male and female 10km, individual and team events	
Oct. 15, Thursday	9:00	Professional group, male and female 16km, individual and team events; Group for reserve talents base: 7.8km individual and team events (recommended). Amateur group: male and female 7.8km, individual and team events	

(I) Contest mechanism of the professional group:

1. These regulations shall be applied except that the latest competition rules of IAAF shall be applied for technical fouls.

2. Team event: various teams will be ranked based on the total score of three athletes at each station; the team using the shortest total time will rank the first. For the overall ranking, results at 4 stations finished will be added and the team using the shortest total time will rank the first. If a team has less than 3 athletes finishing the contest at a certain station, it shall be ranked after the ranking of teams with 3 persons finishing the contest; the overall ranking will apply the same way.

3. Individual event: ranking based on results of all athletes participating in team events and individual events; the one using the shortest time will rank the first.

4. If the athlete is deemed by the referee not completely in conformity with the defined walking race way during the contest, a yellow card for warning will be given to the athlete. If the athlete's walking way is not in conformity with the definition of walking race, a red card will be given to the athlete for foul. Penalty stops will be set up along the route (based on distance of daily race, 2-3 penalty stops will be set up for each station). The athlete being given with a red card will be given with warning or penalty stop. The athlete being given with a red card will be introduced by the referee to the nearest penalty stop. After the penalty stop, the athlete will be allowed to enter the race to continue the race as guided by the referee.

The specifics for penalty stop:

(1) In each station

Professional group

First red card: warning

Second red card: 1 minute penalty stop

Third red card: 2 minutes penalty stop

Fourth red card: disqualification

Group for reserve talents base

First red card: warning

Second red card: 1 minute penalty stop

Third card: disqualification

(2) In case of serious foul play, like running, or serious violation of moral

behavior in sport, a red paddle will be given by the referee and the athlete will be canceled with the contest qualification on the current day.

5. Induction timing will be applied by the contest; induction timing chip will be distributed before the contest. Methods for its use and management will be informed otherwise.

6. From the second station, the one ranking the first in the first station will wear the yellow leading vest in the contest.

7. The organizing committee will set up drinking water and beverage stations along the route.

8. Athletes must wear uniform bearing the name of the unit in the contest process (vest and shorts); the clothes must conform to requirements, otherwise, the athlete will be disqualified for participating in the contest.

9. Athletes participating in the contest will receive doping test.

(II) Amateur Group (set up number sections):

1. There is no requirement on walking techniques of amateur contestants, but obvious running action will not be allowed; walking speed of amateur contestants shall not exceed the speed of walking race athletes, otherwise, the results will be deemed as invalid and no souvenir will be given.

2. The amateur group will be set with “door-closing” time. Contestants failed to finish competition before the “door-closing” time shall leave the track immediately.

3. The bibs: to be determined

XI. Application Method

(I) Professional group

1. Specially invited international athletes will be invited for application by Chinese Athletic Association.

2. Application of foreign players: apply in the application system on the official website of the contest.

3. Domestic registered athletes shall apply in Chinese Athletic Association online application system. The online application system will be opened 40 days before the contest and the application will be stopped 15 days before the contest. Website: www.athletics.org.cn.

(II) Amateur group

1. The Mudu, Dongshan and Xishan station accept application for individual and group event of the amateur group; no application fee will be collected. Online application can be conducted at the official website of the contest at www.athletics.org.cn. You may also sign up at site at the 3rd floor in Modern Culture and Sports Center of Wuzhong District.

Address: No. 345, East Baodai Road, Tel: 0512-65622209.

Website online application: log in the official website of the contest→ read instructions of the contest and application→ accept declaration on participating in this event and fill in the application form online→ confirm and submit application information→ receive articles for participating in this event on designated date at designated place.

On-site application: read instructions of the contest and application→ accept declaration on participating in this event and fill in the application form online→ application completed.

2. The amateur group in Mudu Station is opened for 10,000 contestants, Dongshan Station for 1,000 contestants, and Xishan Station

for 2,000 contestants. If the quota has been reached, the application will stop.

3. The organizing committee will not provide transportation service for contestants in the amateur group in Mudu Station. All contestants shall take public transportation vehicles to reach the starting point. The track will be closed by 8:45 the day for competition. The committee also will not be responsible for accommodation of contestants.

4. Online application system for amateur group will be opened 50 days before the contest and the application will stop 20 days before the contest; late application will not be received (if the quota has been reached ahead of time, the application will stop in advance).

XII. Incentive Measures

1. Awards of the professional group (USD)

(1) Overall team rank bonus (male, female):

The 1 st place	The 2 nd place	The 3 rd place	The 4 th place	The 5 th place	The 6 th place
20,000	15,000	10,000	7,500	6,000	4,500

(2) Individual overall rank bonus (male, female):

The 1 st place	The 2 nd place	The 3 rd place	The 4 th place	The 5 th place	The 6 th place	The 7 th place	The 8 th place
10,000	7,000	6,000	5,000	4,000	3,000	2,000	1,000

(3) Individual station rank bonus (male, female):

1	2	3	4	5	6	7	8	9	10	11-15
1,000	800	700	600	500	400	300	200	100	100	100

(4) Yellow vest leading award (male, female): USD 1,000

(5) The Award of Best Technique and the Award of Fighting Spirit will be set up for group for reserve talents base. The specifics of awards and way of judgment are to be determined by China Athletic Association and Adolescent Department of General Administration of Sports of China.

Note: 20% personal income tax will be collected for bonus above; Chinese athletes winning such awards will obtain bonus in RMB equal to the amount of USD.

2. The top three places of male and female individuals based on the overall results will be awarded with trophies; athletes ranking in the top eight places will be awarded with a medal respectively. The male and female teams ranking the top three places based on the overall results will be distributed with memorial trophies.

3. Amateur Groups

(1) Mudu Station: Top 100 male and female contestants in individual events and top 20 groups in group events will be awarded with tickets of 2015 World Table Tennis Championships, tickets of tourist sites in Wuzhong, and other souvenirs for this event.

(2) (Dongshan Station): Top 50 male and female contestants in individual events and top 10 groups in group events will be awarded with tickets of 2015 World Table Tennis Championships, tickets of tourist sites in Wuzhong, and other souvenirs for this event.

(3) Xishan Station: Top 50 male and female contestants in individual events and top 6 groups in group events will be awarded with tickets of 2015 World Table Tennis Championships, tickets of tourist sites in Wuzhong, and other souvenirs for this event.

4. The organizing committee of the contest will monitor the starting point, the destination and the full journey of the route; the player violating the contest rules below will be cancelled with contest participation qualification:

(1) Another people walking on behalf of the player applied for the contest:

(2) Fail to start walking according to the sequence;

(3) Start walking at the starting point ahead of the provided time;

(4) Fail to exit from the track after the closing time;

(5) Fail to observe the provided route to complete the journey, cut across or insert in the mid-way;

(6) Privately pass the destination and receive souvenir without walking through the whole journey;

(7) Fail to obey command of contest work staff;

(8) Amateur players failing to walk along the specified route and intentionally interfering with normal contest of professional athletes will be deemed as serious violation. Such players will not get any souvenir and will be sent to related departments for treatment;

(9) Amateur players privately carry or wear clothes or banner with obvious commercial advertising and propaganda purpose without consent of the organizing committee.

XIII. Medical Aid

(I) The organizing committee will set up a number of fixed medical centers along the track; obvious signs will be shown 50m in front of the medical center; along the walking route, there will be ambulances following racers; first-aid motorcycles will also be arranged for tour.

(II) The organizing committee will configure medical centers, water stations and beverage stations with volunteers and work staff to assist the medical rescue and maintain order. Participants with any difficulty may seek help from them.

XIV. Insurance

CPIC Insurance Company will provide personal accident insurance for all athletes and work staff of this content. You may check the *Personal Accident Insurance Specifications* on the official website of this content or call to consult with the organizing committee. All participants shall fill in the application form in details.

XV. Contact Information of Wuzhong (Suzhou) International Walking Race and Walking Multi-day Contest Organizing Committee:

(I) Chinese Athletics Association

Address: No. 4, Stadium Road, Dongcheng District, Beijing;

Post code: 100763;

Tel: 010-87183455, 010 87183449

Fax: 010-67140801;

Website: www.athletics.org.cn

(II) The contest organizing committee is set up in Suzhou Wuzhong Culture and Sports Bureau

Address: 6/F, Building A, Wuzhong Commercial Center, No. 198, Sujie Street, Yuexi Block, Wuzhong District, Suzhou, Jiangsu

Post code: 215104;

Tel: 0512—65251295;

Fax: 0512—66351516;

Official website of Wuzhong (Suzhou) International Walking Race and Walking Multi-day Contest Organizing Committee: www.szwzjz.cn

XVI. Contest Technical Representative and Walking Race Referees

The Track and Field Sports Management Center of State General Administration of Sports will dispatch 1-2 technical representatives and 10 international and domestic walking race referees as well as some other

referees for this contest; other referees will be selected and dispatched by various contest areas.

XVII. As for any matters not covered here, the undertaker will issue supplementary notice on the website of Chinese Athletic Association.

XVIII. The organizing committee of this contest will hold the right of interpretation of these regulations.

July 28, 2014