



UK Athletics and the Race Walking Association
proudly present their

International 50km Race Walk
(IAAF permit and qualifying race for Beijing 2015)
incorporating the 2014 UKA Race Walking Championship
to be held under IAAF rules
and
2014 RWA 50km Championship (separate event)
to be held under RWA "B" rules with separate judging panel

Sunday 5th October
starting at 10am

Minet Country Park, Hayes, Middlesex on a **FLAT** 1km course (500m up and down)
(only 10minutes from Heathrow Airport)

Further details from Peter Marlow

Tel: 07799750401

Tel: 01284 754177

Email: pmarlow@btinternet.com



Dominic King 2012 Olympian photo by Edmund Sim



Please enter me for the following UKA / RWA Championship event to be held at Minet Country Park, Hayes, Middlesex on Sunday 5th October 2014.

Please note that the UKA and RWA 50km championships races are separate event held under different rules and therefore you cannot enter both.

Event _____

Name _____ Gender _____

Date of Birth ____/____/____

Address _____

Club _____

County _____

email: _____

Telephone: _____

Disclaimer: I acknowledge that the UKA and RWA Athletics cannot be held responsible for any injury or loss sustained as a result of my participation in the event.

Signed _____

Date _____