



Sport Explanatory Brochure

Athletics





SPORT EXPLANATORY BROCHURE

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Nanjing Youth Olympic Games Organising Committee

We have made every effort to ensure that the information contained in this brochure is accurate and up-to-date at the time of publication. Noting that this brochure involves so many aspects and changes may occur as the Games is drawing near, delegations are advised to refer to Nanjing 2014 official website, and check with Event Information Center located at YOV and sport information desks located at venues for updates and detailed information not included in this brochure.

About the Sport Explanatory Brochures

The Sport Explanatory Brochures you are reading offer an introduction to each sport at the 2nd Summer Youth Olympic Games, Nanjing 2014, as well as providing information on some other key issues that may be of interest and importance to all participating teams.

Each Brochure is divided into several topics:

Sport-specific information on subjects such as the competition format and schedule, training and qualification system.

Key contacts.

All information contained in this Explanatory Brochure was correct at the time of compilation. However, please note that certain details may change between our compilation and the Games. NOCs are advised to check the official website of the 2nd Summer Youth Olympic Games, Nanjing 2014 for updates.

Wish you a pleasant stay in Nanjing!

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1 Key Contacts

1.1 International Association of Athletics Federations (IAAF)

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1.4 Event Delegate

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1.5 Competition Management

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2 Key Dates & Activities

Activities	Date	Venue	Time
Technical Meeting	18 Aug 2014	TBD	16:00–17:00
Starting Practice	19 Aug 2014	Nanjing Olympic Sport Centre Stadium	09:30–11:00



3 Events & Quotas

3.1 EVENTS

Men's events (18)	Women's events (18)	Mixed Events (1)
Track 100m 200m 400m 800m 1500m 3000m 2000m Steeplechase 110m hurdles 400m hurdles 10'000m Race Walk Field High Jump Pole Vault Long Jump Triple Jump Shot Put Discus Throw Hammer Throw Javelin Throw	Track 100m 200m 400m 800m 1500m 3000m 2000m Steeplechase 100m hurdles 400m hurdles 5'000m Race Walk Field High Jump Pole Vault Long Jump Triple Jump Shot Put Discus Throw Hammer Throw Javelin Throw	Track 8x100m Mixed Relay

3.2 QUOTAS

	Qualification places	Host Country places	Universality places	Total
Men	270	2	68	340
Women	270	2	68	340
TOTAL	540	4	136	680

3.3 NOC QUOTA

A maximum of one (1) athlete per NOC can compete in each event.

	Maximum Quota per NOC
Men	18 (1 per event)
Women	18 (1 per event)
TOTAL	36

4 Qualification System

4.1 ATHLETE ELIGIBILITY

To be eligible to participate in the Youth Olympic Games, athletes must be born between 1 January 1997 and 31 December 1998.

4.2 PERFORMANCE & CONTINENTAL REPRESENTATION

The selection of athletes shall be made during the five Area/ Continental Youth Championships (or selection competitions or approved selection criteria) .

A total of 540 athletes will be selected on the basis of their performances at the area/continental qualifying event. In total, 15 athletes per event will be selected for each of the 36 individual events.

The tables below outlines the quotas by event and area using the results of the past two IAAF World Youth Championships (2011 Lille, France and 2013 Donetsk, Ukraine), with a minimum of one athlete per Area.

Men's	AFRICA	AMERICAS	ASIA	EUROPE	OCEANIA	totals
100 Metres	1	7	3	2	2	15
200 Metres	1	9	2	2	1	15
400 Metres	3	7	2	2	1	15
800 Metres	9	1	1	3	1	15
1500 Metres	9	2	1	2	1	15
3000 Metres	11	1	1	1	1	15
110m Hurdles	2	6	4	2	1	15
400 Metres Hurdles	2	6	5	1	1	15
2000Metres Steeplechase	10	1	2	1	1	15
High Jump	1	4	4	5	1	15
Pole Vault	1	3	2	8	1	15



Men's	AFRICA	AMERICAS	ASIA	EUROPE	OCEANIA	totals
Long Jump	1	3	4	6	1	15
Triple Jump	1	4	2	7	1	15
Shot Put	1	3	1	9	1	15
Discus Throw	2	4	2	6	1	15
Hammer Throw	2	1	1	10	1	15
Javelin Throw	2	1	1	10	1	15
10,000 Metres Race Walk	1	4	4	5	1	15
Totals	60	67	42	82	19	270

Women's	AFRICA	AMERICAS	ASIA	EUROPE	OCEANIA	totals
100 Metres	1	8	1	4	1	15
200 Metres	1	5	1	7	1	15
400 Metres	1	8	2	3	1	15
800 Metres	3	3	1	7	1	15
1500 Metres	8	2	1	3	1	15
3000 Metres	8	1	3	2	1	15
100m Hurdles	1	8	1	4	1	15
400 Metres Hurdles	2	6	1	5	1	15
2000 Metres Steeplechase	9	2	1	2	1	15
High Jump	2	2	1	8	2	15
Pole Vault	1	2	1	8	3	15
Long Jump	1	5	1	7	1	15
Triple Jump	1	2	2	9	1	15
Shot Put	1	2	2	9	1	15
Discus Throw	1	2	4	5	3	15
Hammer Throw	1	1	1	11	1	15
Javelin Throw	1	4	1	7	2	15
5000 Metres Race Walk	1	1	5	7	1	15
Totals	44	64	30	108	24	270

4.3 HOST REPRESENTATION

The host NOC will automatically be granted 2 quota places for boys and 2 quota places for girls.

4.4 UNIVERSALITY PLACES

To be eligible to receive Universality Places, athletes must comply with the Eligibility criteria as defined under 4.1.

5. Qualification timeline

DATE	MILESTONE
March 2013	Validation of final allocation of Universality Places by YOG Tripartite Commission
1 April 2013 – 8 June 2014	YOG 2014 qualification period
31 May 2013	Announcement of Host Cities for the Area/Continental Youth Championships
10 – 14 July 2013	2013 World Youth Championships (Donetsk, UKR)
12 – 16 March 2014	Oceania Continental Youth Qualification Competition (Sydney, AUS)
4 – 5 April 2014 18 – 21 April 2014 17 – 18 May 2014	Americas Continental Youth Competition Miramar, USA CARIFTA (Martinique, MTQ) TBC, COL
21 – 22 May 2014	Asian Continental Youth Qualification Competition (Bangkok, THA)
28 – 31 May 2014	African Youth Games (Gaborone, BOT)
30 May – 1 June 2014	European Continental Youth Qualification Competition (Baku, AZE)
8 July 2014	Entries deadline by name for all sports
16 – 28 August 2014	2nd Summer Youth Olympic Games – Nanjing 2014

6 Competition Format

6.1 Entry Standards

The selection of athletes will be made during the five Area/Continental Youth Championships/Qualifying Competitions in April–May 2014.



540 athletes will be selected on the basis of their performances achieved at the Area/Continental Championships.

6.2 Progression of Competition

100m, 200m, 400m, 800m, 1500m, 100m/110m Hurdles, 400m Hurdles, 2000m Steeplechase, Relay – there will be two rounds – Round 1 and Finals.

All Field Events will have two rounds – Qualification and Finals.

Race Walks will be straight finals.

6.3 Differences Between the IAAF World Youth Championships and the Youth Olympic Games

There are differences between the IAAF World Youth Championships and the Youth Olympic Games. The main difference lies in the format of the competition.

The competition at the Youth Olympic Games is still governed by the Rules of the IAAF.

7 Competition Rules & Procedures

7.1 Track Events – 100m, 200m, 400m, 800m, 1500m, 3000m, 100/110mH, 400mH, 2000mSC,

There will be two rounds for each event; Round 1/Qualification will be held in Stage 1 and Finals will be held in Stage 2.

In all events, one, two or three heats (or more, if necessary) will be arranged in Round 1 depending on the final number of entries. From results achieved in Round 1, athletes will be placed in A, B or C (or additional) Finals, in accordance with procedures to be determined by the Event Delegate.

Final placings in each discipline will be determined by the placings in the Final with the top placings determined from the A Final and subsequent placings determined from the B Final, C Final, etc.

7.2 Track Events – Race Walk

The Race Walking events will be conducted as straight Finals. The new IAAF “pit lane rule” will be implemented to reduce disqualifications. The application of this rule will be carefully explained at the Technical Meeting.

7.3 Field Events – High Jump, Pole Vault, Long Jump, Triple Jump, Shot Put, Discus Throw, Hammer Throw, Javelin Throw

There will be two rounds for each event; a Qualification Round to be held in Stage 1 and a Final to be held in Stage 2. From the results achieved in the Qualification Round, athletes will be placed in an A or B Final.

Final placings in each discipline will be determined by the placings in the Final with the top placings determined from the A Final and subsequent placings determined from the B Final.

In both the Qualification Round and Finals of all field events, except for Pole Vault and High Jump, all athletes will receive four trials.

In Pole Vault and High Jump, normal IAAF Rules will apply.

7.4 8x100m Mixed Team Relay

All athletes are expected to compete in the 8x100m Relay. All athletes will be assigned to a team and more information on teams and procedures will be conveyed in Nanjing.

7.5 Protests and Appeals

Protests are possible and shall be resolved under the IAAF Rule 146. Protests concerning an athlete’s status to participate in the Youth Olympic Games must be made, prior to the commencement of the meeting, to the IOC. There shall be a right of appeal to the Jury of Appeal on the decision of the IOC.

An appeal to the Jury of Appeal must be made within 30 minutes of



the official announcement of the decision made by the Referee. It must be in writing signed by the responsible official on behalf of the athlete, and shall be accompanied by a deposit of US\$100, (RMB625) which will be forfeited if the appeal is not upheld. All appeals must be lodged at the competition venue. All appeals will be immediately forwarded to the Secretary of the Jury of Appeal.

7.6 Description of Facility

Track events take place on a 400m, 9 lane synthetic track.

The heights of the hurdles are as follows:

Events	Height
100m Girls	0.762m
110m Boys	0.914m
400m Girls	0.762m
400m Boys	0.838m

For the 2000m Steeplechase there are five hurdles on the track, 0.914m high for Boys and 0.762m high for Girls. The 4th hurdle is the “water jump” .

7.7 Disqualification

According to IAAF Rules, disqualifications are possible in several situations.

For Track Events the most common cases are:

- false start
- lane infringement (200m, 400m)
- hurdle fault (missing hurdle, trailing leg, deliberately knocking down hurdle)
- passing the relay baton outside the takeover zone

For events not conducted in lanes, jostling and obstruction are the most common cases.

Disqualifications in Field Events are very uncommon but can occur.

8 Equipment & Clothing

Equipment used or clothing worn by athletes and other participants at the Youth Olympic Games Athletics competition must comply with the IAAF Constitution and Technical Rules and with the Bye–Law to Rule 50 of the Olympic Charter.

8.1 Official Implements List

Boys:				
Catalogue No.	Company	Description	Colour	Certification No.
SHOT 5kg				
11703	Beijing Sports–Direct	Sportland, steel, dia: 100mm	Blue	I–11–0513
F292B	Nishi	Steel, dia: 110mm	Silver	I–06–0357
PK–5/120	Polanik	Competition, Turned steel, dia: 120mm	Various	I–12–0583
PK–5/115–S	Polanik	Stainless steel, dia: 115mm	Metal	I–00–0234
QQ–18	Jinling sports	Iron, dia: 100mm	Silver	I–10–0476
DISCUS 1.5kg				
D1500HS	Denfi Sport	Hyper Superspin, steel/ chrome rim, carbon	Black/ yellow centre	I–08–0408
F332A	Nishi	Super HM, steel rim, FRP sides	Purple/ yellow/ white	I–06–0359
CCD–1,5	Polanik	Carbon, brass rim, carbon sides	Yellow	I–00–0193
HAMMER 5kg				
F242B/F352/F353	Nishi	Steel and ductile, dia: 100mm	Purple	I–08–0403
5125500/5120040	Nordic Sport	Brass, dia: 100mm	Gold	I–03–0297
PM–5/100/UP/UW–130	Polanik	Turned steel, dia: 100mm	Yellow	I–99–0157
PM–5/S/UP/UW–130	Polanik	Stainless steel, dia: 100mm	Silver	I–00–0202



JAVELIN 700g				
700SC90	Nemeth	Special Competition 90m, aluminium, white cord	Blue/ yellow/ orange	I-08-0415
7914705	Nordic	Eagle, steel, lilac cord	Yellow, pink spiral	I-02-0254
SM10-700	Polanik	Javelin 700g, Competition Space Master, aluminium	Electric lime transparent	I-11-0540
BQ-5	Jinling sports	Jinling,aluminium	Yellow/ colourful	I-10-0478
Girls:				
Catalogue No.	Company	Description	Colour	Certification No.
SHOT 3kg				
8330090	Anand	Turned iron, dia: 90mm	Pink	I-12-0567
N1118H	Nelco	Shot 3kg, Turned Iron, dia: 97mm	Green	I-13-0636
NF293A	Nishi	Steel, dia: 109mm	Silver	I-12-0571
VSP-300C	Polanik	Steel, Competition, dia: 100mm	Various	I-11-0533
DISCUS 1kg				
7002100	Anand	Discus 1kg, ATE Gold, white brass rim, ABS plate	White	I-05-0323
N1105B	Nelco	Super Spin Black, stainless steel rim, plastic sides	Black	I-99-0092
F333A	Nishi	Super HM, steel rim, FRP sides	Purple/black/ white	I-02-0256
TB-7	Jinling sports	Steel rim ,plastic sides	Blue/orange	I-05-0347
HAMMER 3kg				
9230090/9700100	Anand	Turned iron, dia: 90mm	Pink	I-12-0570
NF244A/F352/F353	Nishi	Steel and ductile, dia: 85mm	Ligh Yellow	I-12-0572
5127300/5120040	Nordic	Nordic Stainless steel, dia: 90mm	Silver	I-12-0611
PM-3/85/UW/UP-110	Polanik	Hammer 3kg, Steel, Competition, dia: 85mm	Various	I-11-0535

JAVELIN 500g				
7914704	Nordic	Super Elite 500, steel, red cord	White/black	I-12-0549
SM12-500	Polanik	Javelin 500g, Competition Space Master 500, aluminium	Electric lime transparent	I-12-0623
500SC50	Nemeth	Special Competition 50m, aluminium, white cord	Blue/ yellow/ red	I-11-0542

8.2 Personal Implements

NYGOC will provide implements accordance with IAAF rules. Under the IAAF Rules 187.2, personal implements will also be allowed provided that they adhere to the following:

- They are readily identifiable and IAAF certified.
- They are not on the Official Implements List.
- They have been checked for compliance with IAAF Rules.
- They are made available to all other athletes until the end of the Final of the respective event.

The athletes shall, one day prior to the competition (9:00am to 12:00am), submit such equipment to the self-provide equipment room in the Nanjing Olympic Sports Center. If the equipment conforms to requirements, it will be kept by the Athletics Organizing Committee until the competition finishes. All athletes can use the equipment during the competition, but not during training.

30 minutes after the competitions finished, athletes can take their equipment back from the self-equipment room at warm-up area.

8.2.1. Transportation of self-provided equipment

Transportation of vaulting poles

Airport (Nanjing Lukou Airport)

vaulting pole will be transported by appointed vehicle, both ends of the package must give clear indication of the athlete's name, gender and nation. Organizing Committee will transport the vaulting pole to the



equipment room in warm-up area.

Railway Station

Organizing Committee should be informed in advance if the vaulting poles are transported to the railway station. Both ends of the package must give clear indication of the athlete's name, gender and nation. Organizing Committee will transport the vaulting pole to the equipment room in warm-up area.

Competition Day: competition staff will ship the vaulting pole to the venue on the day of competition, and bring it back to the equipment room after competition.

Departure: All vaulting poles will be deposited in the self-equipment room at Sports Center. If vaulting poles need to be shipped, Organizing Committee should be informed in the afternoon one day earlier (2:00pm to 6:00pm), and the delivery location (airport or railway station) must be confirmed.

9 Doping Control

The Nanjing 2014 Anti-doping team will plan and implement the YOG Doping Control Programme in accordance with the World Anti-Doping Code, IOC Anti-Doping Rules and other related international standards.

The Doping Control Programme will specify the anti-doping activities to be conducted during the Games-time, including notification procedures, sample collection, storage and transport to the laboratory of China Anti-Doping Agency accredited by WADA.

The Programme is aimed at maintaining the dignity of the Olympic Movement and protecting athletes' fundamental right to participate in clean sports, so as to promote the health, justice and equality of athletes in sports events.

The test biological specimens, including urine and blood samples, will be collected from selected athletes from the date of YOV official

opening to the date of the Closing Ceremony of Nanjing 2014 (12 August to 28 August 2014). All samples will be sent to the laboratory of China Anti-Doping Agency for analysis.

10 Competition Venue

Name	Distance to YOV	Driving Time	Seats Capacity
Nanjing Olympic Sports Center Stadium (OSS)	3km	8min	26,000

11 Event Schedule by Day

DAY 4 – Stage 1 – Wednesday Evening, 20 August			
18:30	Discus Throw	G	Q
18:35	3000m	G	R1
18:40	High Jump	B	Q
18:55	3000m	B	R1
19:00	Pole Vault	G	Q
19:20	100m H	G	R1
19:45	110m H	B	R1
20:00	Long Jump	G	Q
20:15	400m	G	R1
20:20	Discus Throw	B	Q
20:45	400m	B	R1
20:52	400m	B	R1
20:59	400m	B	R1
21:06	400m	B	R1
21:15	800m	G	R1



DAY 5 – Stage 1 – Thursday Evening, 21 August			
18:30	Hammer Throw	G	Q
18:35	Shot Put	B	Q
18:50	High Jump	G	Q
19:00	2000m SC	B	R1
19:20	2000m SC	G	R1
19:35	Long Jump	B	Q
19:40	1500m	B	R1
20:05	100m	G	R1
20:15	Hammer Throw	B	Q
20:20	Shot Put	G	Q
20:45	100m	B	R1
DAY 6 – Stage 1 – Friday Evening, 22 August			
18:30	Triple Jump	B	Q
18:35	Javelin Throw	G	Q
18:55	400m H	G	R1
19:00	Pole Vault	B	Q
19:15	400m H	B	R1
19:40	1500m	G	R1
20:05	200m	B	R1
20:20	Javelin Throw	B	Q
20:25	Triple Jump	G	Q
20:35	200m	G	R1
21:00	800m	B	R1
DAY 7 am – Stage 2 – Saturday Morning, 23 August			
09:00	Discus Throw	G	F B
09:05	100m H	G	F C
09:10	High Jump	B	F B

DAY 7 am – Stage 2 – Saturday Morning, 23 August			
09:15	Pole Vault	G	F B
09:16	100m H	G	F B
09:24	100m H	G	F A
09:35	800m	G	F C
09:45	400m	B	F D
09:52	400m	B	F C
09:59	400m	B	F B
10:06	400m	B	F A
10:08	100m H	G	VC(Victory Ceremony)
10:15	Discus Throw	B	F B
10:20	100m	G	F E
10:27	100m	G	F D
10:34	100m	G	F C
10:36	400m	B	VC(Victory Ceremony)
10:46	100m	B	F E
10:53	100m	B	F D
11:00	100m	B	F C
DAY 7 pm – Stage 2 – Saturday Evening, 23 August			
19:00	5000m W	G	F
19:05	Discus Throw	B	F A
19:10	Long Jump	G	F AB
19:15	Pole Vault	G	F A
19:40	110m H	B	F C
19:47	110m H	B	F B
19:55	110m H	B	F A
20:00	5000m W	G	VC(Victory Ceremony)
20:10	High Jump	B	F A



DAY 7 pm – Stage 2 – Saturday Evening, 23 August			
20:13	400m	G	F C
20:20	400m	G	F B
20:22	Discus Throw	B	VC(Victory Ceremony)
20:30	Discus Throw	G	F A
20:35	400m	G	F A
20:38	110m H	B	VC(Victory Ceremony)
20:48	100m	G	F B
20:51	Long Jump	G	VC(Victory Ceremony)
21:00	100m	G	F A
21:07	100m	B	F B
21:10	400m	G	VC(Victory Ceremony)
21:20	100m	B	F A
21:22	Pole Vault	G	VC(Victory Ceremony)
21:32	800m	G	F B
21:36	100m	G	VC(Victory Ceremony)
21:45	800m	G	F A
21:50	High Jump	B	VC(Victory Ceremony)
21:55	100m	B	VC(Victory Ceremony)
DAY 8 am – Stage 2 – Sunday Morning, 24 August			
09:00	Hammer Throw	G	F B
09:05	Shot Put	B	F B
09:10	High Jump	G	F B
09:15	3000m	G	F B
09:27	Discus Throw	G	VC(Victory Ceremony)
09:35	Long Jump	B	F AB
09:40	3000m	B	F B
10:00	1500m	B	F B

DAY 8 am – Stage 2 – Sunday Morning, 24 August			
10:10	Hammer Throw	B	F B
10:15	Shot Put	G	F B
10:20	1500m	B	F A
10:25	800m	G	VC(Victory Ceremony)
10:35	200m	G	F C
10:42	200m	G	F B
10:49	200m	G	F A
10:55	Long Jump	B	VC(Victory Ceremony)
11:00	1500m	B	VC(Victory Ceremony)
DAY 8 pm – Stage 2 – Sunday Evening, 24 August			
19:00	Hammer Throw	G	F A
19:05	10,000m W	B	F
19:10	Shot Put	B	F A
19:30	High Jump	G	F A
19:56	200m	G	VC(Victory Ceremony)
20:05	3000m	G	F A
20:20	Hammer Throw	B	F A
20:25	Shot Put	G	F A
20:30	3000m	B	F A
20:42	Hammer Throw	G	VC(Victory Ceremony)
20:47	Shot Put	B	VC(Victory Ceremony)
20:55	200m	B	F D
21:02	200m	B	F C
21:05	10,000m W	B	VC(Victory Ceremony)
21:13	200m	B	F B
21:15	3000m	G	VC(Victory Ceremony)
21:25	200m	B	F A
21:28	High Jump	G	VC(Victory Ceremony)
21:33	3000m	B	VC(Victory Ceremony)



DAY 9 am – Stage 2 – Monday Morning, 25 August			
09:00	Javelin Throw	G	F B
09:10	2000m SC	G	F B
09:20	Pole Vault	B	F B
09:25	Hammer Throw	B	VC(Victory Ceremony)
09:35	Triple Jump	G	F AB
09:40	2000m SC	B	F B
09:49	Shot Put	G	VC(Victory Ceremony)
10:00	1500m	G	F B
10:10	Javelin Throw	B	F B
10:15	1500m	G	F A
10:21	200m	B	VC(Victory Ceremony)
10:30	800m	B	F D
10:40	400m H	B	F C
10:47	400m H	B	F B
10:49	Triple Jump	G	VC(Victory Ceremony)
11:00	400m H	B	F A
11:02	1500m	G	VC(Victory Ceremony)
DAY 9 pm – Stage 2 – Monday Evening, 25 August			
19:00	Javelin Throw	B	F A
19:05	400m H	G	F B
19:15	Pole Vault	B	F A
19:20	400m H	G	F A
19:25	400m H	B	VC(Victory Ceremony)
19:35	Triple Jump	B	F AB
19:45	800m	B	F B
19:55	800m	B	F A
20:05	Javelin Throw	G	F A
20:10	400m H	G	VC(Victory Ceremony)

DAY 9 pm – Stage 2 – Monday Evening, 25 August			
20:15	Javelin Throw	G	VC(Victory Ceremony)
20:25	2000m SC	G	F A
20:35	800m	B	VC(Victory Ceremony)
20:40	Triple Jump	B	VC(Victory Ceremony)
20:50	2000m SC	B	F A
21:00	2000 SC	G	VC(Victory Ceremony)
21:05	Pole Vault	B	VC(Victory Ceremony)
21:10	Javelin Throw	B	VC(Victory Ceremony)
21:15	2000m SC	B	VC(Victory Ceremony)
DAY 10 – Tuesday, 26 August			
16:00	8 x 100m Relay	R1	
18:30	8 x 100m Relay	F	

*The event schedule is subject to change in accordance with the final entries.

12 Games–Time Training

12.1 Training Venues & Schedules

Venues: Nanjing Olympic Sports Centre Stadium(OSS)

Nanjing Olympic Sports Centre Training Venue(OST)

Training Schedules:

1、Track and field training arrangements (Pre–Competition):

Date	Open Item	Time	Time
August 12	Track、Field (Except Long Throwing Events)	8:30–11:30	16:00–20:30
August 13	Track、Field (Except Long Throwing Events)	8:30–11:30	16:00–20:30
August 14	Track、Field (Except Long Throwing Events)	8:30–11:30	16:00–20:30



Date	Open Item	Time	Time
August 15	Track、Field (Except Long Throwing Events)	8:30–11:30	16:00–20:30
August 16	Opening ceremony		
August 17	Track、Field (Except Long Throwing Events)	8:30–11:30	16:00–20:30
August 18	Track、Field (Except Long Throwing Events)	8:30–11:30	16:00–20:30
August 19	Track、Field (Except Long Throwing Events)	8:30–11:30	16:00–20:30

Note: starting practice will be held at 09:30–11:00 on August 19th morning in Nanjing Olympic sports center.

2、Long Throwing Events training venue (Pre–Competition) :

Date	8:00–11:30	15:00–17:30	18:30–20:30
August 12	Javelin	Discus	Hammer
August 13	Discus	Hammer	Javelin
August 14	Hammer	Javelin	Discus
August 15	Javelin	Discus	Hammer
August 17	Discus	Hammer	Javelin
August 18	Hammer	Javelin	Discus
August 19	Javelin	Discus	Hammer

3、Track and field training arrangements(Pre–Competition) :

Date	Open Item	Time	Time
August 20	Track、Field (Except Long Throwing Events)	8:00–11:30	15:30–21:00

Date	Open Item	Time	Time
August 21	Track、Field (Except Long Throwing Events)	8:00–11:30	15:30–21:00
August 22	Track、Field (Except Long Throwing Events)	8:00–11:30	15:30–21:00
August 23	Track、Field (Except Long Throwing Events)	8:00–11:30	15:30–21:00
August 24	Track、Field (Except Long Throwing Events)	8:00–11:30	15:30–21:00
August 25	Track、Field (Except Long Throwing Events)	8:00–11:30	15:30–21:00

4、Long Throwing Events training venue (During the competition) :

Date	8:00–9:30	10:00–11:30	15:30–21:00
August 20	Hammer	Javelin	Discus
August 21	Javelin	Discus	Hammer
August 22	Discus	Hammer	Javelin
Date	8:00–11:30	15:30–21:00	
August 23	Discus	Discus	
August 24	Hammer	Hammer	
August 25	Javelin	Javelin	

5、Track and field training (Post–Competition) :

Date	Open Item	Time	Time
August 27	Track、Field (Except Long Throwing Events)	8:00–11:00	15:30–18:00



6、Long Throwing Events training venue (Post–Competition) :

Date	8:00–09:30	09:30–11:30	15:30–18:00
August 27	Hammer	Discus	Javelin

Note: All the training track projects, runway arrangements principles are as follows:

- ①, 1 Track special projects for the middle and long distance track;
- ②, 2 Track was walking lanes project
- ③, 3 Track 400 meter hurdles training track;
- ④ ,4–6 Track as Sprint (400 m, 200 m, 100 m) for the runway;
- ⑤, 7,8 Track West straight 100 meter hurdles training track, straight east of 110 meters hurdles training track

12.2 Equipment at Training Venue

Equipment and implements necessary for training will be available at the training venues. All personal equipment will be kept in the equipment store of the training venues. Athletes are required to draw and return the equipment at the equipment store.

12.3 Training During Competition

12.3.1 Pre–Competition Training(12 – 19 August 2014) and Training during Competition (20 – 26 August 2014)

No booking for training is required. Athletes from the participating NOCs may train at the indicated training sessions. Due to the Opening Ceremony on 16 August 2014, training session on August 16 is to be determined.

12.3.2 Post–Competition Training (27 August 2014)

Post–Competition Training is available on 27 August 2014, No booking is required.

13 Medals

The top three place-getters in the Final of each event will receive a Gold medal, Silver medal and Bronze medal respectively. For the Relay all members of the top three placed teams in the Final will each receive a Gold medal, Silver medal and Bronze medal respectively.

14 Victory Ceremonies

Victory Ceremonies will be held in accordance with the requirements of the YOG Event Manual of the IOC.

The Victory Ceremonies will be held following the completion of each event final on the Field of Play (FOP). Medallists will be invited onto a podium to receive the medals and the mascots in the sequence of the bronze, silver, and gold medallists. At the Ceremony, the anthem of the NOC of the gold medallist will be played; and meanwhile the flags of the NOC of the medallists will be raised. The Olympic flag and anthem will be used for the mixed NOC team events.



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