



Race Walking Record

October 2022



Photograph(s) courtesy of Mark Easton (<http://markeaston.zenfolio.com>)

NEWS

DATES

FOR YOUR DIARY

UKA Publish 2023 Fixture Calendar

UKA have published the fixture list for 2023 and listed below are the major events that include a race walk. This list will be updated in subsequent editions of the RWR as more information becomes available.

Date	Event	Venue
8 th Jan.	EA Senior & U20 Indoor Walks	E.I.S. Sheffield
18/19 Feb.	UKA Indoor Championships	Birmingham
18/19 Feb.	British Masters Indoor Championships	E.I.S. Sheffield
4 th Mar.	EA Winter Race Walk Championships	Coventry
12 th Mar.	EA Under 17 & Under 15 Indoor Walks	E.I.S. Sheffield
8/9 Jul.	UKA Outdoor Championships	T.B.C.
17/18 Jul.	EA Under 23 & Under 20 Championships	T.B.C.
24/25 Jul.	Welsh Athletics Senior & U15 Championships	Cardiff
22/23 Jul.	EA Senior Championships	T.B.C.
26/27 Aug.	EA Under 17 & Under 15 Championships	T.B.C.
26/27 Aug.	British Masters Outdoor Championships	T.B.C.
16 th Sept.	English Schools Championships	T.B.C.

2022/23 OLYMPIC WORLD CLASS PROGRAMME COHORT ANNOUNCED

A group of 66 athletes have been nominated for membership to join the UK Athletics Olympic World Class Programme (WCP) for 2022/23.

The Olympic WCP is UK Sport's National Lottery funded initiative supporting the delivery of success at named milestone targets, namely outdoor track World and European Championships, and the Olympic Games with Budapest 2023 and Paris 2024 the next major events on the athletics calendar.

The WCP is split into several levels reflecting the actual and potential performance levels of athletes: Podium, Podium Potential, Relay and Confirmation. Athletes are nominated for the WCP to further the aim of UK Athletics to win medals at the 2024 and/or 2028 Olympic Games. UKA are committed to the principle that winning will always be achieved with integrity and in line with UK Sport's ambition of 'Keep Winning and Win Well'.



Callum Wilkinson has retained position on the UK Athletics Olympic World Class programme (Podium Potential tier) retaining funding for another year as he prepares for forthcoming Championships.

Domestic 'A' Races

Up & Running Winter Walking League, National Sports Centre
Perimeter Roadway, Douglas (Sun. 30th Oct.)

Steve Partington's 40th Anniversary

Forty years to the day since he first competed in a Winter League Walk event, Steve Partington is celebrating that notable anniversary by turning out this morning in the opening round of this year's series on the NSC Roadway.

Six times a Commonwealth Games competitor, several times a GB International and a multiple Isle of Man record holder, Steve is one of the greats of Manx athletics. Great to see him out there this morning in his first race walking event for many years.

Steve finished second in the 10km in a time of 55:49. He may not have been as fast as he used to be (his best was 40:49 on the same course in 1994, exactly 15 minutes faster than today), but the style was unchanged - as was the race-long grimace!



Mixed 10km

Pos	Athlete	AG	Club	Perf.
1	Neil Wade	SEN	Manx Harriers	55:09
2	Steve Partington	M55	Manx Harriers	55:49
3	Mia Dunwell	U20W	Northern (IOM) AC	57:35
4	Tony Edwards	M60	Manx Harriers	57:41
5	Stewart Jones	M50	Manx Harriers	58:57
6	Sean Hands	M60	Manx Harriers	61:27
7	Patrick Bregazzi	M55	Unattached	62:22
8	Hannah Moore	SENW	Unattached	63:16
9	Craig Fletcher	SEN	Unattached	66:51
10	Louise Hollings	W40	Manx Harriers	67:11
11	Jayne Farquhar	W50	Manx Harriers	67:15
12	Ian Callister	M65	Manx Harriers	69:19
13	Phill Swales	M55	Northern (IOM) AC	69:25
14	Alison Crellin Dodd	W45	Unattached	70:10
15	May Hooper	W50	Manx Harriers	70:19
16	Colin Moore	M60	Isle of Man Veterans	70:46
17	Dudley Butt	M75	Isle of Man Veterans	72:59
18	Amanda Lawler	W40	Manx Fell Runners	74:07
19	Maura Kelly	M55	Northern (IOM) AC	74:40
20	Phil Morris	M45	Unattached	75:23
21	Adrian Gell	M55	Unattached	75:34
22	Steven Parker	M60	Unattached	75:50

Mixed 5km

Pos	Athlete	AG	Club	Perf.
1	Lorna Gleave	W35	Manx Harriers	32:52
2	Chloe Spooner	SENW	Manx Harriers	33:18
3	Amy Sykes	SENW	Unattached	34:13
4	Rachael Liver	SENW	Unattached	35:17
5	Angie Robinson	W55	Manx Fell Runners	35:43
6	Vicky Heavey	W45	Northern (IOM) AC	36:18
7	Faith Nyoni	SENW	Unattached	37:53
8	Diane Brown	W50	Manx Harriers	37:57
9	Gordon Erskine	M70	Unattached	37:58

10	Sylvia Kennaugh	W70	Isle of Man Veterans	40:46
11	Charlotte Barlow	W45	Unattached	49:30
12	Rachael Husband	SENW	Unattached	49:36

Junior 2km

Pos	Athlete	AG	Club	Perf.
1	Tim Perry	U13B	Northern (IOM) AC	11:18

Junior 1km

Pos	Athlete	AG	Club	Perf.
1	Lilee Fletcher	U13G	Manx Harriers	05:25
2	JayJay Fletcher	U11B	Manx Harriers	06:06
3	Fynn Gleave	U11B	Manx Harriers	06:08
4	Noah Sykes	U11B	Manx Harriers	06:46
5	Aalin Heavey	U11B	Unattached	08:21
6	Isla Gell	U11G	Unattached	08:22
7	Amelia Cain	U11G	Unattached	09:52
8	Leo Gleave	U11B	Manx Harriers	10:07
9	Evie Curphey	U11G	Unattached	10:09

Domestic 'B' Races

Albert Rigby Shield, Macclesfield (Sat. 8th Oct.)

A field of seven walkers took part in the Albert Rigby Trophy 10km race at Macclesfield, **reports Roy Gunnett**.

A number of the walkers and officials only just arrived in time for the race – due to very heavy local traffic. The normal 3-lap 'out and back' hilly course was used. On this occasion, there were no guest walkers. Just before the race rain clouds threatened – luckily, however, these soon blew away and the walk took place in mild conditions with sunny spells.

Adrian Edwards (pictured below in orange) and Martin Payne (also pictured) walked together for most of the race, with Adrian just pipping Martin at the end to win the scratch race. Both walked extremely well in the aftermath of their epic centurion race only a few weeks earlier.



The race for third place was contested by Steven Wilde and Roy Gunnett in a final dash for the line – this resulted in a draw between them.

Huge thanks must go to Eric Horwill, Glyn Jones, Ian Hilditch, Irene Pike, and Chris Pearce for their help in timekeeping, marshalling etc.

As usual, Marshall and Kath Barnard were wonderful hosts. They put on a magnificent spread of food/tea, and they provided and awarded prizes to the first three in the handicap.

Martin Payne won the Albert Rigby Shield for being the first Lancashire walker in the handicap and he was presented with the shield by Marshall. Marshall's wife Kath is the niece of Albert Rigby – whom the Shield is named after.

10km

Pos	Athlete	AG	Club	Perf.
1	Adrian Edwards		Lancashire Walking Club	63:36
2	Martin Payne		Lancashire Walking Club	63:37
=3	Stephen Wilde		Lancashire Walking Club	71:39
=3	Roy Gunnett		Lancashire Walking Club	71:39
5	Sailash Shah		Lancashire Walking Club	73:49
6	Joe Hardy		Lancashire Walking Club	78:59

6.7km

Pos	Athlete	AG	Club	Perf.
1	Greg Smith		Lancashire Walking Club	49:36

Midland Winter League #1, Stourport (Sun. 9th Oct.)

The Midland Area 1st Winter League was well supported this year with an increase in entries, **reports Glyn Jones**. The established cycle circuit at Stourport Sports Club was again used. The weather was dry and at times with a stiff breeze. In the 5km, Fiona Oakes making a welcome comeback to the racing scene dominated the race from start to finish. She was followed by Jacqueline Benson in second, who then doubled up to race the 10km where she convincingly secured first place. Both the 5km and 10km were well supported by Midland Walkers and from further afield.

Although the younger age group distances were still low in numbers there was a very slight increase from last year which has to be encouraging.

Mixed 5km

Pos	Athlete	AG	Club	Perf.
1	Fiona Oakes	SENW	Leicester Walking Club	28:59
2	Jaqueline Benson	U23W	Ashford Athletic Club	29:31
3	Wendy Kane	W50	Nuneaton Harriers	30:08
4	Ian Torode	M65	Birchfield Harriers	31:45
5	Hardeep Minhas	M60	Leicester Walking Club	32:13
6	Julie Bellfield	W50	Halesowen Athletic Club	32:53
7	Colin Vesty	M55	Leicester Walking Club	33:30
8	Melanie Wood	SENW	Rugby & Northampton	34:12
9	Lynn Bellfield	W55	Halesowen Athletic Club	34:20
10	Hilary Mann	W50	Sparkhill Harriers	34:38
11	Julian Barnett	M60	Birchfield Harriers	37:28
12	Isabel Knowles	U17W	Halesowen Athletic Club	37:45
13	Gemma Smith	W50	Stratford-upon-Avon AC	37:56
14	David Fall	M75	Birchfield Harriers	41:40
	Carolyn Derbyshire	W45	Nuneaton Harriers	DNF

Mixed U13 2km

Pos	Athlete	AG	Club	Perf.
1	Aimee Thursfield	U13G	Wolv. & Bilston AC	14:44
2	William Everitt	U13B	Nuneaton Harriers	16:34
3	Keegan Sherwood	U13B	Dudley & Stourbridge Hs	16:34

Mixed U11 1km

Pos	Athlete	AG	Club	Perf.
1	Harry Taylor	U11B	Dudley & Stourbridge Hs	7.24
2	Jessica Everitt	U11G	Nuneaton Harriers	8.46

Mixed 10km

Pos	Athlete	AG	Club	Perf.
1	Jaqueline Benson	U23W	Ashford Athletic Club	61:35
2	Richard Emsley	M70	Corby Athletic Club	64:18
3	Wendy Kane	W50	Nuneaton Harriers	64:48
4	Hardeep Minhas	M60	Leicester Walking Club	66:14
5	Colin Vesty	M55	Leicester Walking Club	69:42
6	Peter Everitt	W50	Nuneaton Harriers	70:19

7	Ian Torode	M65	Birchfield Harriers	70:42
8	Noel Blatchford	W70	Abingdon harriers	74:23
9	John Mould	N/K	Unattached	75:23
10	Julian Barnett	M60	Birchfield Harriers	81:14
11	David Fall	M75	Birchfield Harriers	85:14
12	Sandra Campbell	W50	Nuneaton Harriers	85:30

The Eastlea 1 Hour Badge Race, Enfield (Sat. 15th Oct.)

In stark contrast to drenching conditions of 2021, *reports Ron Wallwork*, on this occasion warm autumn sunshine made for perfect conditions, but distances achieved this year were in many cases shorter.

The Essex championships were held in conjunction with the event and congratulations to Melanie Peddle and John Arthur upon claiming them.

Mixed 1 Hour

Pos	Athlete	AG	Club	Perf.
1	George Wilkinson	SM	Enfield & Haringey AC	12.309
2	Dave Annetts	M55	North Herts Road Runners	12.058
3	Melanie Peddle	W50	Loughton Athletic Club	10.148
4	Jaqueline Benson	U23W	Ashford Athletic Club	10.025
5	Maureen Noel	W55	Belgrave Harriers	9.446
6	Richard Emsley	M70	Corby Athletic Club	9.434
7	John Arthur	M60	Ilford Athletic Club	9.319
8	Simon Morgan	M50	Ilford Athletic Club	9.017
9	John Ralph	M65	Enfield & Haringey AC	8.759
10	Dave Kates	M70	Ilford Athletic Club	8.705
11	Lesley Morris	W60	Ilford Athletic Club	8.535
12	Sue Barnett	W70	Enfield & Haringey AC	8.527
13	Tony Wilkinson	M60	Unattached	8.434
14	Amalia C. Silva	W55	Belgrave Harriers	8.384
15	Fiona Bishop	W60	Woking Athletic Club	7.733
16	Dave Hoben	M65	Surrey Walking Club	7.723
17	Sandra Campbell	W50	Nuneaton Harriers	7.149
18	Shaheda Arthur	W60	Ilford Athletic Club	5.782
	Noel Blatchford	W70	Abingdon Athletic Club	DNF
	Rachel lawless	W60	Ilford Athletic Club	DNF

2022 ERWL Next Fixture

Bernie Hercock & 95th Enfield Open Seven

Saturday 12th November starting at 10.30am

Queen Elizabeth Stadium, Enfield, EN1 3PL

Entry is FREE and will be taken on the day. However, an advance indication would be appreciated

Email ronc893moulton@gmail.com or ring Ron Wallwork 07460 041643

Timetable:

0945 - Registration

1030 - Race Started by Daniel Saunders (Bernie's Grandson)

1142 – Cut off point for start of 7th lap

1245 - Presentations



Winners in the recent R.W.A 200 Club draw

£25.00 £15.00 £10.00

Nov. 22 Jack Thomas Carl Lawton Steve Wynn

It is £12 per number per year, so if you wish to join, please contact Mark Easton (rwatreasurer@yahoo.co.uk) for further details.

Steyning Open 10km, Steyning (Sat. 29th Oct.)

Mixed 10km

Pos	Athlete	AG	Club	Perf.
1	Ian Richards	M70	Steyning Athletic Club	56:57
2	Trevor Jones	M65	Steyning Athletic Club	60:30
3	John Arthur	M60	Ilford Athletic Club	64:50
4	Michael George	M55	Hove Hornets Running Club	68:15
5	Stuart Maidment	M70	Steyning Athletic Club	74:24
6	Sarah Cotton	W55	Steyning Athletic Club	74:26

Mixed 5km

Pos	Athlete	AG	Club	Perf.
1	John Killick	M75	Steyning Athletic Club	36:22
2	Martin Ford-Dunn	M75	Steyning Athletic Club	38:19
3	Judith Carder	W65	Brighton & Hove AC	39:31
4	Shaheda Arthur	W60	Ilford Athletic Club	53:51

Results Round-up from Guernsey

Richmond Trophy win for Stuart

Stuart Le Noury walked through the small field to win the Richmond Trophy with an actual time of 15:19 for 3 kilometres, ahead of father Kevin Le Noury in second place. Stuart then opened up the Bob Wright Handicap Series with another win on a wet and windswept course at Saumarez Park. Mick Le Sauvage was second across the line just ahead of Kevin Le Noury. Rob Elliott's recent comeback ended after half way with a reoccurring injury after making inroads on those set off ahead of him. The second race of the series saw a win for Mick Le Sauvage ahead of Kevin Le Noury.

Sunday 25th Sept: Sarnia WC Richmond Trophy – 3km, Cambridge Park (B)

Pos	Athlete	AG	Club	Watch/Actual
1	Stuart Le Noury	M35	Sarnia Walking Club	23:04/15:19
2	Kevin Le Noury	M60	Sarnia Walking Club	23:58/21:28
3	Rob Elliott	M60	Sarnia Walking Club	24:03/20:48
4	Mick Le Sauvage	M80	Sarnia Walking Club	24:09/24:09

Sunday 2nd Oct: Bob Wright Handicap, Race 1 – 5km, Saumarez Park (B)

Pos	Athlete	AG	Club	Watch/Actual
1	Stuart Le Noury	M35	Sarnia Walking Club	41:17/26:47
2	Mick Le Sauvage	M80	Sarnia Walking Club	42:51/42:51
3	Kevin Le Noury	M60	Sarnia Walking Club	43:05/37:05
	Rob Elliott	M60	Sarnia Walking Club	DNF

Sunday 23rd Oct: Bob Wright Handicap, Race 2 – 3000m, Footes Lane (B)

Pos	Athlete	AG	Club	Watch/Actual
1	Mick Le Sauvage	M80	Sarnia Walking Club	24:00/24:00
2	Kevin Le Noury	M60	Sarnia Walking Club	25:13/22:13



November

Sat. 05 th	B	Lancashire WC A.G.M. Races	Simister
Sat. 12 th	B	95 th Enfield Open 7 Mile	Donkey Lane
Sun. 13 th	B	Sarnia WC Track 1 Mile	Footes Lane
Sat. 19 th	A	Surrey Walking Club Open Track Races	Tonbridge
Sun. 20 th	B	Midland Winter League #2	Leicester
Sun. 27 th	B	Sarnia WC 5km Handicap Race	Amarreurs Road

December

Sat. 3 rd	B	Dick Maxwell Memorial 10km	Simister
Sun. 11 th	B	Midland Winter League #3	Coventry
Sun. 11 th	B	Sarnia WC Hill Climb	Le Val des Torres
Sat. 19 th	B	Lewes AC Development Walks	Lewes
Mon. 26 th	B	Southend Pier Race	Southend-on-Sea

