



Race Walking Record

April 2018

Two Medals for Home Nations at Commonwealth Games



Photographs courtesy of Mark Easton (<http://markeaston.zenfolio.com>)



BRITISH
ATHLETICS



British Athletics and the Race Walking Association

jointly present the

2018 National 10km Race Walking Championships

incorporating the

CAU Inter-Counties, RWA YAG & Welsh Athletics YAG Championships

to be held in accordance with UKA Rules of Competition

Sunday 20th May 2018

from Coventry Godiva Harriers Clubhouse
Coventry Athletics Track, Warwick University,
Kirby Corner, Coventry, CV4 7AL



Provisional Timetable

12:30	Under 13 Boys & Girls 2km
12:30	Under 15 Boys & Girls 3km
12:30	Under 17 Men's & Women's 5km
13:10	Under 20 Men's & Women's 10km
13:10	Senior Men's & Women's 10km
15:00	Presentations

Entry Fee(s): Senior & U20 10km - £10.00; U17/U15/U13 - £7.00

to Noel Carmody - 41 Herbert Road, Bexleyheath, Kent, DA7 4QF

Cheques made payable to the Race Walking Association

Entries **MUST** be made on official entry form & signed by entrant/parent/carer/guardian

Closing date for entries Wednesday 9th May 2018

Commonwealth Games

XXI Commonwealth Games, Gold Coast (AUS) (Sun. 8th Apr.)

The race walks were held on a 1km course alongside the Carrumbin beachfront in the southern Gold Coast area. Large crowds lined the course as the walks remain one of the athletic events that are free to watch.

Men's 20km: Although the race got underway at 7am (*local time*) the temperature was already nudging the low twenties and climbing.

The pace was hot from the start, with the first 1000m covered in 4:08 followed by laps consistently around four minutes. Favourites Dane Bird-Smith (AUS) and Tom Bosworth (ENG) led through 5km reached in 20:06 with a lead pack of six, with Ben Thorne (CAN), Samuel Gathimba (KEN), Simon Wachira (KEN) and Manish Singh (IND) the only others left in contention.

8km was reached in in 32:01, the lead pack was down to four as Wachira and Singh dropped off the pace. 10km was reached in 39:55.

By 15km (59:50) Thorne had fallen away leaving three to battle for the podium positions. Things remained unchanged through 18km. During the 19th kilometre Gathimba, who was on two red cards, dropped back leaving Bird-Smith and Bosworth to battle for gold.



It was not until after the final turn at the bottom of the course that Bird-Smith broke away, unleashing a devastating final 200m burst, to



take the gold in 1:19:34, four seconds clear of Bosworth, who became the first Briton to break the 80-minute mark with 1:19:38, a new personal best and new British record. Gathimba took bronze in 1:19:51. All three medallists bettered the existing Games Record of 1:19:55 set by Nathan Deakes (AUS) in 2006.

England's other representative Callum Wilkinson finished his debut Commonwealth Games in 7th position, just outside his personal best, with 1:22:35,

having worked his way from 14th position at 8km.

Posn	Athlete	Nation	Perf	Notes
1	Dane Bird-Smith	AUS	1:19:34	CR
2	Tom Bosworth	ENG	1:19:38	NR
3	Samuel Gathimba	KEN	1:19:51	
4	Benjamin Thorne	CAN	1:20:49	SB
5	Quinten Rew	NZL	1:21:47	SB
6	Manish Singh	IND	1:22:22	
7	Callum Wilkinson (U23)	ENG	1:22:35	SB
8	Evan Dunfee	CAN	1:23:26	SB
9	Lebogang Shange	RSA	1:23:27	SB
10	Michael Hosking	AUS	1:25:35	
11	Rhydian Cowley	AUS	1:26:12	
12	Simon Wachira	KEN	1:26:33	
13	Irfan Kolothum Thodi	IND	1:27:34	
14	Wayne Snyman	RSA	1:28:09	
15	Jerome Caprice	MRI	1:33:12	

Women's 20km: The women got underway at 9.15am, with the temperature in the high 20's, with little or no shade around the course, saw a very slow first lap of around 5 minutes. The initiative was then taken by Jemima Montag and Alana Barber who proceeded to reel off laps of 4:37, 4:36, 4:30 and 4:32 reaching 5km in 23:15 with a lead pack of seven.

By the end of the next lap the pack was down to four with only the other two Australians, Beki Smith and Claire Tallent able to stay with Barber and Montag.

Montag gained a slight advantage at 8km and the upping of the pace saw the leading group down to three as Smith dropped away. By 10km, reached in 46:00, Barber was 14 seconds adrift with Lee 35 seconds further back. Tallent was by this point on two red cards but continued to force the pace alongside Montag.

At 12km Montag held a two second advantage over Tallent and this was increased to six seconds at 14km. By 17km Tallent had bridged the gap and they were walking side by side. During the next kilometre Tallent forced the pace, but she picked up her third red card and was disqualified.

This left Montag well clear of the field to take the gold in 1:32:50, just four seconds shy of Jane Saville's (AUS) Games record set in 2006.

Barber walked on her own for the second half of the race and crossed the line to take silver with 1:34.18. At 10km Bethan Davies (WAL) was lying fifth but had moved up into 4th by 12km, moving into third following the disqualification of Tallent.

Gemma Bridge (ENG -5th), Heather Lewis (WAL - 7th) and Erika Kelly (IOM - 9th) all made up places during the latter stages of the race.



Posn	Athlete	Nation	Perf	Notes
1	Jemima Montag (U23)	AUS	1:32:50	
2	Alana Barber	NZL	1:34:18	
3	Bethan Davies	WAL	1:36:08	
4	Khushbir Kaur	IND	1:39:21	
5	Gemma Bridge	ENG	1:39:31	SB
6	Beki Smith	AUS	1:40:41	
7	Heather Lewis	WAL	1:41:45	
8	Grace Wanjiru Njue	KEN	1:42:23	
9	Erika Kelly	IOM	1:47:29	
10	Fadekemi Olude	NGR	1:49:31	
11	Lindah Waweru	KEN	1:53:41	
	Soumya Baby	IND	DQ	
	Claire Tallent	AUS	DQ	



Photographs courtesy of Mark Easton (<http://markeaston.zenfolio.com>)

International Results

86th Podebrady Race Walking Meeting incorporating EA Permit Meeting, Podebrady (CZE) (Sat. 7th Apr.)

Spring in the beautiful spa town of Podebrady decided to make an appearance for the EA Race Walking Permit Meeting resulting in unexpectedly warm conditions for the athletes to contend with (*early to mid 20°C with no cooling wind/leaf coverage*) reports **Verity Snook**.

First up was Ana Garcia in the Under 18 5km. Starting the race sensibly and not being drawn into an early pace battle. She went through the first kilometre in 4:48, dropping slightly for her second (5:54), maintaining this pace leading a small group with Mathilde Frenzl (GER) and Ireland's Emily McHugh, until the final lap where Frenzl increased the pace over the final kilometre. Ana responded increasing her pace, resulting in a personal best of 24:20 in 2nd place, safely inside the British Athletics European Youth Championship qualification time.



As temperatures rose, so did the atmosphere as the junior women 10km took to the course. Debutant Abigail Jennings sensibly watched the harsh early race spread the racers, she started sensibly with a first kilometre in 5:03 enjoying a battle with France's Ali Sarah and Italian Casiraghi Martina. All three settling into a realistic pace up to 5km where Abi achieved a personal best 26:02. This didn't unsettle Abi's concentration, but she wasn't able to maintain this pace for the second half but still finished in a personal best 53:30 (1 minute inside her previous best) in 15th place. Ireland's Orla O'Connor won in a personal best 49:23 closely followed by Kazakhstan's Yekaterina Shlykova in National Record 50:51 and 3rd German Julia Richter 50:35.



Twenty minutes into the ladies' race, the junior men took to the course. Tom Partington and Chris Snook, walked side by side in a pack of 6-7 athletes, controlled their early pace. Tom was settled into even kilometre splits, passing half way ahead of Chris in 21:53; Tom worked hard, looked confident and moved out of the pack on sub 44-minute pace, unfortunately picking up a couple of red cards. Responding, he dropped his pace but picked up another red card around 6-7km resulting in a one-minute penalty in the pit lane. Tom appeared to recover slightly from this imposed rest finishing with a

strong final kilometre finishing 18th in 46:28. Chris was less consistent in his pacing, as instructed started he controlled his early pace, increasing significantly on lap two but was unable to sustain the pace, but tried to rally again. His pace was sub-44 and reached 5km in 22:03. Chris did not look comfortable and appeared to be suffering from the increased heat, feeling unwell, and with the pace slowing he dropped out. The medallists were head and shoulders above the rest of the field, all under 43 minutes led by Greek Yeóryios Tzatzimakis in a personal best 41:45, David Kuster (FRA) 42:07 and Poland's Lukasz Niedzialek 42:14.

The last race of the day saw Cameron Corbishley (U23) and Wales' Guy Thomas (U23) in the men's 20km. Both started well, controlling their early pace, positioned well in a pack, looked comfortable and in command. Cameron settled into a good consistent pacing but at 7km started to look unsettled, technique was holding but pace began to drop. At 10km he appeared troubled by the heat, looking quite unwell. He continued working hard, tried to pull back but at 13km was unable to sustain the increased pace resulting in steadily dropping a few seconds each kilometre. Despite this, his technique remained strong, finishing in a disappointing 33rd in a below par 92:47. Conversely, Guy looked strong, racing isolated using the clock for focus produced very consistent lap times. Unfortunately, around 13km, he came to the attention of the judges and received the red paddle at 16km. The leaders also struggled in the conditions, all producing below par performances, Germany's Christopher Linke winning in 81:55, 2nd Horacio Nava of Mexico 82:13 and team mate Ricardo Ortiz 82:28 3rd.

The ladies 20km, no home nation contestants as they were at the Commonwealth Games, was won with an impressive performance from Eleonora Anna Giorgi (ITA) in a course record 88:49.

Youth Women's 5km

Posn	Athlete	Nation	Perf	Notes
1	Mathilde Frenzl	GER	24:11	
2	Ana Garcia	ENG	24:20	
3	Emily McHugh	IRL	24:49	
4	Adrija Meskauskaite	LTU	24:53	
5	Toma Dailidonyte	LTU	25:09	
(32 finished; 2 DNF)				

Junior Women's 10km

Posn	Athlete	Nation	Perf	Notes
1	Orla O'Connor	IRL	49:23	PB
2	Yekaterina Shlykova	KAZ	50:15	NR
3	Julia Richter	GER	50:35	
4	Ema Hačundová	SVK	51:04	SB
5	Valeria Disabato	ITA	51:09	PB
15	Abigail Jennings	ENG	53:30	PB
(24 finished; 2 DNF; 1 DQ)				

Junior Men's 10km

Posn	Athlete	Nation	Perf	Notes
1	Yeóryios Tzatzimakis	GRE	41:45	PB
2	David Kuster	FRA	42:07	
3	Lukasz Niedzialek	POL	42:14	SB
4	Davide Finocchietti	ITA	43:57	PB
5	Diego Chiriv	ITA	44:14	PB
18	Tom Partington	ENG	46:28	PL 60s
	Christopher Snook	ENG	DNF	
(39 finished; 3 DNF; 1 DQ)				

Men's 20km

Posn	Athlete	Nation	Perf	Notes
1	Christopher Linke	GER	1:21:55	SB
2	Horacio Nava	MEX	1:22:13	SB
3	Ricardo Ortiz	MEX	1:22:28	SB
4	Gabriel Bordier	FRA	1:23:02	PB
5	Hagen Phole	GER	1:23:20	SB
	Cameron Corbishley (U23)	ENG	1:32:47	SB
	Guy Thomas (U23)	WAL	DQ	~~~
(45 finished; 13 DNF; 5 DQ)				

News



BRITISH
ATHLETICS



Five Strong Team Selected for IAAF World Race Walking Team Championships in Taicang, China

Commonwealth medallists Tom Bosworth and Bethan Davies will lead the five-strong British team selected to compete over 20km at the IAAF World Race Walking Team Championships over the weekend of 5th and 6th May 2018.

Bosworth, who will be making his fourth consecutive appearance at these championships, will be full of confidence after clocking a British record of 1:19:38 to take silver on the Gold Coast. The other man selected is Callum Wilkinson, who finished seventh in Australia.

Commonwealth bronze medallist Davies, who set her personal best of 1:31:53 in Lugano (SUI) in March, made her debut in these championships in 2016, is joined by Gemma Bridge and Heather Lewis, fifth and seventh respectively at the Commonwealth Games.

Team leader Andi Drake said "Fresh from a successful Commonwealth Games for British race walking in Australia, we have selected a strong team of five for next month's IAAF World Race Walking Team Championships in China. The championships come quickly after Gold Coast, but it is a great opportunity for the team to carry over their form on to the world stage. Tom and Bethan have the experience of competing at the championships before while Callum, Gemma and Heather will relish the challenge of walking in China."

Athlete	Club	Lead Coach
Men's 20km		
Tom Bosworth	Tonbridge athletic Club	Andi Drake
Callum Wilkinson	Enfield & Haringey AC	Andi Drake
Women's 20km		
Gemma Bridge	City of Oxford Athletic Club	Mark Wall
Bethan Davies	Cardiff Amateur Athletic Club	Andi Drake
Heather Lewis	Pembrokeshire Harriers	Chris Jones

Update: Heather Lewis has decided to decline her selection.

John Chidlow – R.I.P.

The Race Walking Association is saddened to report the passing of John Chidlow.

We remember John from the mid 1980's when his twin daughters Eleanor and Megan were competing with our two daughters in the YAG Walks of that era. His elder daughter, Diana, also competed in walking events. They were all members of Worcester A.C. John took up timekeeping and became one of our leading Midland timekeepers, covering the full range of athletic events.

He continued when his daughters retired from competition, putting a lot of time and effort into his officiating.

When he retired from work he and his wife Anne moved to South Wales. He has become very involved in the administration of Welsh Athletics. At the time of his sudden and unexpected death he was the Welsh Endurance Officials Secretary.

The funeral service at Caldicot was well attended by family, friends and representatives of our athletics fraternity including a small contingent from the Midlands.

We offer our sincere condolences to Anne and his family. We note that elder daughter, Diana Baumann has resumed race walking with Kansas City A.C. In the U.S.A. were she now lives.

Eric and Pam Horwill

National Results

Race Walking Association Inter-Area Match, Pingles Stadium, Nuneaton (Sun. 29th Apr.)

Unseasonably chilly weather greeted all at Nuneaton for the annual RWA Inter-Area match, but this did not prevent several personal bests being set.

The combined women's 5000m was dominated by Poland's Agata Kowalski (*a student at Leeds Beckett Uni.*) who walked with great purpose to win in 23:22.0 a new personal best. The next two across the line were U20s Ana Garcia and Abigail Jennings with latter knocking almost a minute of her previous track best. U17s Lucy Lewis Ward and Isabelle Bridge walked together and produced very consistent lap times before Lucy unleashed significantly quicker final lap to dip under 28 minutes for the second time.

The Under 13 2000m started very slowly, with the athletes almost tripping over each other. Katie Brash then took the initiative to record a clear win with the only U13 boy taking second. Third placer Kelsey Tozer is the daughter of former international Lynsey Tozer.

The 3000m followed a similar fashion to the U13 race with all athletes happy to follow Faris Alkhamsei. After a lap and a half Christian Hopper surged into the lead tracked by Alex Macheath. The leading positions remained the same for the next few laps before Alex took up the pace, but he was disqualified shortly after, leaving Christian clear to record the win. Behind him the was a battle royal between Faris, Abigail Smith and Katie Stringer. The two girls got the better of Faris on the last lap and came down the home straight side-by-side as they battled for the line. At the line they could not be separated and were given the same time.

In the men's 5000m Tom Partington lead for a significant portion of the race before he was disqualified. Luc Legon was always in second place gradually increasing the gap between himself and Francisco Reis. Ollie Hopkins walked an isolated race to come home first U20 and Matthew Crane recorded a personal best to take the honours in the U17 age group.

The match was won by the South with 76 points ahead of the Midlands 29 and the North 26.

Combined SW/U20W/U17W 5000m

Pos	Athlete	AG	Club	Perf
1	Agata Kowalski	U23W	Hyde Park Harriers/POL	23:22.0
2	Ana Garcia	U20W	C of Sheffield & Dearne AC	25:39.1
3	Abigail Jennings	U20W	Aldershot Farnham & Dist AC	26:19.0
4	Erica Pontarollo	U23W	Hyde Park Harriers/ITA	26:29.5
5	Carolyn Derbyshire	W40	Nuneaton Harriers	26:34.4
6	Natalie Myers	SW	C of Sheffield & Dearne AC	26:46.0
7	Emily Ghose	U20W	Tonbridge Athletic Club	27:55.2
8	Lucy Lewis Ward	U17W	Cambridge Harriers	27:56.2
9	Isabelle Bridge	U17W	Blackheath & Bromley HAC	28:15.0
10	Melanie Peddle	W45	Loughton Athletic Club	29:30.1
11	Helen Middleton	W55	Enfield & Haringey AC	29:30.1
12	Julie Bellfield	W45	Halesowen Athletic Club	30:15.2
13	Pagen Spooner	U20W	Hyde Park Harriers	30:21.8
14	Mollie Dainton	U17W	Llanelli Athletic Club	30:59.3
15	Jacqueline Benson	U20W	Ashford Athletic Club	31:09.4
15	Lynn Bellfield	W50	Halesowen Athletic Club	33:23.5
	Hannah Hopper	U17W	Cambridge Harriers	DQ
	Megan S-Thomas	U20W	Swansea Harriers	DQ
	Maddy Shott	SW	Belgrave Harriers	DNF

Combined U13 Boys & Girls 2000m

Pos	Athlete	AG	Club	Perf
1	Katie Brash	U13G	Blackheath & Bromley HAC	12:42.9
2	Tom Gilbert	U13B	Brecon Athletic Club	13:35.2
3	Kelsey Tozer	U13G	Birchfield Harriers	13:43.7
4	Katie-May Brownhill	U13G	Dudley & Stourbridge Hs	16:28.2

Combined U15 Boys & Girls 3000m

Pos	Athlete	AG	Club	Perf
1	Christian Hopper	U15B	Cambridge Harriers	16:55.5
2	Katie Stringer	U15G	Medway & Maidstone AC	17:21.3
3	Abigail Smith	U15G	Blackheath & Bromley HAC	17:21.3
4	Faris Alkhamsei	U15B	Nuneaton Harriers	17:28.9
5	Daniel Gilbert	U15B	Brecon Athletic Club	18:32.8
6	Caitlin Casey	U15G	Birchfield Harriers	19:15.9
7	Lucy Walker	U15G	2DASH	19:32.7
8	Charlotte Wallis	U15G	Aldershot Farnham & Dist. AC	19:34.4
	Alex Macheath	U15B	Cambridge Harriers	DQ

Combined SM/U20M/U17M 5000m

Pos	Athlete	AG	Club	Perf
1	Luc Legon	U23M	Bexley Athletic Club	23:10.4
2	Francisco Reis	M55	Thames Valley Harriers/POR	23:55.1
3	Ollie Hopkins	U20M	Lewes Athletic Club	25:58.5
4	Matthew Crane	U17M	Bexley Athletic Club	26:29.8
5	Mark Williams	M50	Birchfield Harriers	27:34.6
6	Nicholas Hart	U17M	Aldershot Farnham & Dist. AC	27:49.5
7	Jordan Price	U20M	Brecon Athletic Club	28:26.3
8	Adrian Edwards	M55	Lancashire Walking Club	29:27.7
9	John Constandinou	M45	Birchfield Harriers	30:20.0
10	Daniel McKerlich	U20M	Cardiff A.A.C	30:40.4
11	Roger Michell	M70	Surrey Walking Club	34:35.0
	Jack Childs	U17M	Medway & Maidstone AC	DQ
	Tom Partington	U20M	Manx Harriers	DQ

Domestic Results

Tonbridge AC Easter Open Track & Field Meeting, Tonbridge School (Mon. 2nd Apr.)

Heavy overnight rain left parts of the track very slippery. Ollie Hopkins lead from the gun and was never headed. Behind him Alex Macheath settled down after a fast start and had enough in hand to stay ahead of third place man Chris Hobbs. Emily Ghose was the first lady to finish in 4th place overall. Although Lucy Lewis Ward tried her best to bridge the gap, Emily was able to stay ahead of her.

In the 2000m Katie Brash dominated ahead of new comer Hannah Atkinson.

Under 11 Boys & Girls 1000m (B)

Pos	Athlete	AG	Club	Perf
1	Lewis Burr	U11B	Tonbridge Athletic Club	6:12.2
2	Eve Cooper	U11G	Ashford Athletic Club	7:13.5
3	Mei Nourma	U11G	Hastings Athletic Club	7:22.1

Boys & Girls 2000m

Pos	Athlete	AG	Club	Perf
1	Katie Brash	U13G	Blackheath & Bromley HAC	12:09.7
2	Hannah Atkinson	U15G	Cambridge Harriers	13:09.6
3	Phoebe Musgrave	U13G	Holland Sports Athletic Club	14:08.5

Mixed 3000m

Pos	Athlete	AG	Club	Perf
1	Ollie Hopkins	U20M	Lewes Athletic Club	15:10.6
2	Alex Macheath	U15B	Cambridge Harriers	16:05.3
3	Christopher Hobbs	M60	Ashford Athletic Club	16:14.6
4	Emily Ghose	U20W	Tonbridge Athletic Club	16:23.0
5	Lucy Lewis Ward	U17W	Cambridge Harriers	16:25.2
6	Katie Stringer	U15G	Medway & Maidstone AC	17:20.2
7	Hannah Hopper	U17W	Cambridge Harriers	17:54.3
8	Abigail Smith	U15G	Blackheath & Bromley HAC	17:57.7
9	Eva Payton-White	U20W	Lewes Athletic Club	18:40.1
10	Andrea Ingram	W55	Lewes Athletic Club	20:20.3
11	Millie Morris	U17W	Medway & Maidstone AC	20:40.7
12	Poppy Robertson	U15G	Sevenoaks Athletic Club	23:13.8

Macclesfield Shield 10 Mile, Macclesfield (Sat. 7th Apr.)

The race was held on the new 'out and back' course over five laps, **reports Roy Gunnett**. This new course avoids the areas of the old course which had become unsafe due to increased traffic in the area. We were fortunate with the weather as the heavy rain throughout the morning ceased just in time for the race.

Adrian Edwards returned to racing after a period missed through injury, he easily won the scratch race with a winning margin of over 12 minutes. Stuart Edgar and Glyn Jones from the Midlands both walked well on this hard course and were second and fourth respectively. Peter Crahan continued his good form with a third place.

Roy Gunnett won the handicap prize and the Macclesfield Shield.

10 Mile (B)

Pos	Athlete	AG	Club	Perf
1	Adrian Edwards	M55	Lancashire Walking Club	96:53
2	Stuart Edgar	M45	Dudley & Stourbridge Harriers	109:26
3	Peter Crahan	M65	Lancashire Walking Club	110:32
4	Glyn Jones	M75	Coventry Godiva Harriers	112:32
5	Roy Gunnett	M70	Lancashire Walking Club	112:54
6	Greg Smith	M65	Lancashire Walking Club	113:39
7	Steve Sargent	M70	Lancashire Walking Club	113:45
8	Ian Hilditch	M75	Lancashire Walking Club	115:10
9	Sailash Shah	M50	Lancashire Walking Club	116:28
10	David Hoben	M65	Surrey Walking Club	118:20

10km (B)

Pos	Athlete	AG	Club	Perf
1	Joe Hardy	M70	Lancashire Walking Club	65:38



British Athletics and the Race Walking Association

2018 National 50km Race Walking Championships

to be held in accordance with UKA Rules and judged under IAAF Rules

Sunday 2nd September 2018 @ 08:00

National Sports Centre, Douglas, Isle of Man

Time Standards: Men = 6 hours – Women 6 hours 30 minutes

Entry fee = £10.00 Cheques made payable to Manx Harriers

Entries to – Bridget Kaneen, 23 Orry Road, Ballagarey Park, Isle of Man, IM4 4ES Email: bridget@manx.net

Closing date for entries = Tuesday 28th August 2018

Entry forms available via Facebook (Race Walk Group) or Noel Carmody (noel.carmody@btopenworld.com)

Sarnia W.C. Heritage Group Championships Race One 5km Road Walk, Saumarez Park, Guernsey (Sun. 8th Apr.)

Stuart Le Noury opened the Heritage Group Championships for 2018 with an easy win over 5 kilometres at Saumarez Park, **reports Rob Elliott**. His winning time of 26:19 was much too quick for second placed Rob Elliott and his even paced race time of 28:51.

The first woman home was Olga Le Noury who closed Kevin Le Noury down in the final lap and moved ahead with a couple of minutes walking left to finish six seconds ahead in 34:20. Next home was Peter Beckerleg in 35:08, with Dave Dorey holding off Mick Le Sauvage's late effort for 6th place. Second woman home was Jayne Le Noury in 37:41.

In the handicapped section held in conjunction with the championship, Dave Dorey with a big improvement on his expected time was an easy winner from Jayne Le Noury and Mick Le Sauvage.

Winner Stuart Le Noury and Hilary Mann of Sparkhill Harriers race walked the recent Guernsey Easter road runs over 5 and 10

kilometres. Stuart walking 25:53 and 54:19 respectively, whilst Hilary did 33:09 and 68:11. Both races attracting over 210 finishers.

Mixed 5km (B)

Pos	Athlete	AG	Club	Perf
1	Stuart Le Noury	SM	Sarnia Walking Club	26:19
2	Rob Elliott	M55	Sarnia Walking Club	28:51
3	Olga Le Noury	W35	Sarnia Walking Club	34:20
4	Kevin Le Noury	M55	Sarnia Walking Club	34:26
5	Peter Beckerleg	M55	Sarnia Walking Club	35:08
6	Dave Dorey	M70	Sarnia Walking Club	37:08
7	Mick Le Sauvage	M75	Sarnia Walking Club	37:11
8	Jayne Le Noury	W55	Sarnia Walking Club	37:41

Cecil Gittins Memorial Races, Cyclopark, Gravesend, Kent (Sat. 14th Apr.)

This was the third staging of this event at Gravesend Cyclopark, which in shape and gradients can only be described as a large Scalextric set, *reports David Hoben.*

Entries were down on 2017, with 39 of the 42 entered on the line. The 15km was won by Ilford's Sebastian Parris just 14 seconds ahead of Malcom Martin.

Francisco Reis took the honours in the 10km nearly two minutes ahead of David Crane. Helen Middleton was the first lady to finish in 8th place overall. There was a personal best for Jacqueline Benson (U20) who finished 3rd lady.

**Men's 10km (B)**

Pos	Athlete	AG	Club	Perf
1	Francisco Reis	M55	Thames Valley Harriers/POR	50:44
2	David Crane	M35	Surrey Walking Club	52:34
3	Sebastian Parris	SM	Ilford Athletic Club	56:57
4	Malcolm Martin	M60	Surrey Walking Club	57:25
5	Ollie Hopkins	U20M	Lewes Athletic Club	57:36
6	Christopher Hobbs	M60	Ashford Athletic Club	57:44
7	Martin Fisher	M55	Redcar Race Walking Club	61:20
8	Stuart Bennett	M55	Ilford Athletic Club	63:07
9	Richard Emsley	M65	Saints & Sinners Runners	64:37
10	Gary Smith	M60	Enfield & Haringey AC	65:26
11	Andrew Cox	M60	Hillingdon Athletic Club	69:05
12	John Borgars	M70	Loughton Athletic Club	69:14
13	Christopher Flint	M70	Surrey Walking Club	70:27
14	Tom Casserley	M75	Enfield & Haringey AC	71:26
15	Michael Harran	M75	Surrey Walking Club	72:06
16	Mark Culshaw	M50	Ilford Athletic Club	73:57
17	David Hoben	M60	Surrey Walking Club	74:15
18	Sean Pender	M60	Enfield & Haringey AC	76:37

Women's 10km (B)

Pos	Athlete	AG	Club	Perf
1	Helen Middleton	W55	Enfield & Haringey AC	61:29
2	Melanie Peddle	W45	Loughton Athletic Club	63:00
3	Jacqueline Benson	U20W	Ashford Athletic Club	65:11
4	Andrea Ingram	W50	Lewes Athletic Club	65:53
5	Fiona Bishop	W55	Woking Athletic Club	68:09
6	Janice Bentley-Pearson	W55	Ilford Athletic Club	70:46

7	Rachel Lawless	W55	Ilford Athletic Club	73:56
8	Angela Martin	W50	Surrey Walking Club	74:30
9	Anne Scurfield	W60	Ilford Athletic Club	77:36
10	Lesley Morris	W55	Ilford Athletic Club	77:37
	Maddy Shott	SW	Belgrave Harriers	DNF

Men's 5km (B)

Pos	Athlete	AG	Club	Perf
1	Peter Hannell	M75	Surrey Walking Club	36:24
2	Christopher Edwards	M70	Surrey Walking Club	37:05
3	David Ainsworth	M75	Ilford Athletic Club	44:48
4	Kenneth Livermore	M80	Enfield & Haringey AC	44:40

Women's 5km (B)

Pos	Athlete	AG	Club	Perf
1	Linda Mountford	W50	Unattached	32:32
2	Valerie Mountford	W70	Unattached	43:24

Mixed Age Group 2.5km (B)

Pos	Athlete	AG	Club	Perf
1	Abigail Smith	U15G	Blackheath & Bromley HAC	15:02
2	Charlotte Wallis	U15G	Aldershot Farnham & Dist	15:43
3	Millie Morris	U17W	Medway & Maidstone AC	15:45
4	Katie Brash	U13G	Blackheath & Bromley HAC	16:33

Mixed 15km (B)

Pos	Athlete	AG	Club	Perf
1	Sebastian Parris	SM	Ilford Athletic Club	1:25:24
2	Malcolm Martin	M60	Surrey Walking Club	1:25:38
3	Ollie Hopkins	U20M	Lewes Athletic Club	1:28:22
4	Martin Fisher	M55	Redcar Race Walking Club	1:33:51
5	Mark Culshaw	M50	Ilford Athletic Club	1:44:28
6	Christopher Flint	M70	Surrey Walking Club	1:47:48
7	Angela Martin	W50	Surrey Walking Club	1:54:06

Midland Area Track Championships, Pringles Stadium, Nuneaton (Sun. 15th Apr.)

Result only – no report received.

Senior Men's 10,000m

Pos	Athlete	AG	Club	Perf
1	Julian Barnett	M55	Birchfield Harriers	77:55.4
2	Paul Hawkins	M60	Stratford-upon-Avon AC	DQ

Junior Men's 10,000m

Pos	Athlete	AG	Club	Perf
1	Benjamin Allen	U20M	Leicester Walking Club	56:50.6

Senior Women's 5000m

Pos	Athlete	AG	Club	Perf
1	Carolyn Dyal	W40	Nuneaton Harriers	27:23.0
2	Jasmine Nicholls	U23W	Leicester Walking Club	28:35.4
3	Vicky Morgan	SW	Wolverhampton & Bilston AC	29:22.6
4	Julie Bellfield	W45	Halesowen Athletic Club	30:17.1
	Aloisia King	SW	Tallaghat AC (Ireland)	30:59.6
5	Lynn Bellfield	W50	Halesowen Athletic Club	32:49.4
6	Hilary Mann	W55	Sparkhill Harriers	32:49.5

Junior Women's 5000m

Pos	Athlete	AG	Club	Perf
1	Laura Achurch	U20W	Leicester Walking Club	30:44.8

Under 15 Boys 3000m

Pos	Athlete	AG	Club	Perf
1	Faris Alkhamesi	U15B	Nuneaton Harriers	17:57.7

Under 15 Girls 3000m

Pos	Athlete	AG	Club	Perf
1	Catlin Casey	U15G	Birchfield Harriers	19:49.7
2	Farra Nijjar	U15G	Birchfield Harriers	21:46.5

Under 13 Girls 2000m

Pos	Athlete	AG	Club	Perf
1	Kelsey Tozer	U13G	Birchfield Harriers	13:40.3

Veterans AC 5 Mile Road, Battersea Park (Tue. 17th Apr.)

The opening race of the summer series took place in fine dry conditions, with the occasional gust of wind, *reports David Hoben*.

The finishing times were respectable, given that a number of the field had raced at Gravesend only three days before.

Guest Sebastian Parris, who had won the 15km at Gravesend, added his name to the list of winners of a Vets AC 5 Mile. Melanie Peddle, another guest, finished second overall and first lady.



Shaun Lightman ~ Chris Flint ~ Paul King

Mixed 5 Mile (B) (= Guest)**

Pos	Athlete	AG	Club	Perf
1	Sebastian Parris **	SM	Ilford Athletic Club	43:26
2	Melanie Peddle **	W45	Loughton Athletic Club	49:59
3	Steve Allen **	M60	Barnet & District AC	51:09
4	Maureen Noel	W50	Belgrave Harriers	52:42
5	Shaun Lightman	M70	Surrey Walking Club	54:40
6	Christopher Flint	M70	Surrey Walking Club	56:22
7	Paul King	M65	Belgrave Harriers	57:09
8	Tom Casserley	M75	Enfield & Haringey AC	58:21
9	David Hoben	M65	Surrey Walking Club	59:05
10	Peter Hannell	M75	Surrey Walking Club	59:09
	Cathy Crilley	W70	Surrey Walking Club	DNF

2nd South Yorkshire League, Sheffield (Fri. 20th Apr.)

The tough 51 seconds handicap between first man off Simon Pugh and Lancashire WC's Tony Bell was just too much for Tony to get involved in any battles as they both tackled 5km, *reports Brian Adams*. Lara MacColl and Lucy Walker joined in seconds behind Simon as he completed his first 2km at the front, they had caught him 500m later but Simon took advantage of Lucy's presence to motivate him to a rare sub 32min clocking.

Once in the lead Lara was never headed to take victory and get back down to a 3km time in the mid 18 mins. Opening up half a minute gap over Lucy made her look a little slow but Lucy actually came away with a 14 second PB.

Natalie Myers came through fast in the closing stages to move from 4th to 2nd in the last 300m.

It is close after two races with Lucy on 37, Lara 36 & Simon 34.

Pos	Athlete	AG	Club	Perf/Dist
1	Lara MacColl	U15G	C of Sheffield & Dearne AC	18:40/3km
2	Natalie Myers	SW	C of Sheffield & Dearne AC	26:44/5km
3	Lucy Walker	U15G	2DASH Club	19:03/3km
4	Simon Pugh	M55	Rotherham Harriers	31:58/5km
5	Tony Bell	M50	Lancashire Walking Club	32:03/5km



Sarnia Walking Club 10km Road Walk, Delancey Park, Guernsey (Sun. 22nd Apr.)

A hot Sunday morning greeted the walkers for their 10 kilometres walk at Delancey, reports Rob Elliott. The performance of the day went to the man in 4th place Kevin Allan who improved his personal best time by seven minutes to finish in 1:14:17. He has showed steady progress in recent races around this distance and found himself within a minute of the third placed walker Kevin Le Noury.

The race winner as expected was Stuart Le Noury in 56:09, winning easily from Rob Elliott. An isolated Mick Le Sauvage was fifth in 1:18:03, with equal sixth place going to women Jayne Le Noury and Wendy Wilson a few minutes further back.

Donna Allan, after racing in the Brighton Marathon the week before, walked with friend and first-time competitor Cara De La Mare in 1:25:24.

Donna, race walking the marathon, finished in 5:10:39. An enthusiastic start saw her pass the 10 kilometres point in 59 minutes and the half marathon in an impressive 2:13:39. She was still going well through 25 kilometres in 2:42:39 before the going got tough, passing 30 kilometres in 3:23:39. The final miles were very hard going with Donna sticking to the task of finishing.

Another Sarnia walker, Phil Lockwood, missed the local event to take part in the London Marathon, finishing in 5:40:28, walking even splits after passing half way in 2:48:59.

Mixed 10km (B)

Pos	Athlete	AG	Club	Perf
1	Stuart Le Noury	SM	Sarnia Walking Club	56:09
2	Rob Elliott	M55	Sarnia Walking Club	64:13
3	Kevin Le Noury	M60	Sarnia Walking Club	73:36
4	Kevin Allen	M40	Sarnia Walking Club	74:17
5	Mick Le Sauvage	M75	Sarnia Walking Club	78:03
=6	Wendy Wilson	W50	Sarnia Walking Club	80:21
=6	Jayne Le Noury	W55	Sarnia Walking Club	80:21
8	Donna Allan	W40	Sarnia Walking Club	85:24
9	Cara De La Mere	W40	Sarnia Walking Club	85:25
	Dave Dorey	M70	Sarnia Walking Club	DNF

Veterans AC 10,000 Metre Track Championships, incorporating Hertfordshire, Middlesex & Surrey County Championships, Battersea Park (Wed. 25th Apr.)



The annual Veterans AC and County Championships took place in good racing conditions on a cool bright evening, *reports Dave Hoben*.

Dave Annetts took an excellent win to take both the VAC and Hertfordshire titles. He was followed home by Ian Richards, in his first race in the M70 age category, who set an unofficial World Record.

Penelope Cummings finished first lady overall.

Mixed 10,000m (H = Hertfordshire, M = Middlesex & S = Surrey)

Pos	Athlete	AG	Club	Perf
1	David Annetts	M50 (H)	North Herts RR	52:41.4
2	Ian Richards	M70	Steyning Athletic Club	53:30.5
3	Tot-Ivar Guttulsrod	M50 (S)	Hercules Wimbledon	55:48.7

4	Penelope Cummings	W40 (S)	Herne Hill Harriers	59:53.3
5	John Hall	M65 (M)	Belgrave Harriers	61:49.7
6	Steve Allen	M60 (H)	Barnet & District AC	63:43.5
7	Maureen Noel	W50 (M)	Belgrave Harriers	64:47.9
8	Gary Smith	M60 (H)	Enfield & Haringey AC	65:03.5
9	Bob Lyne	M50	Crusaders (Ireland)	65:16.4
10	Fiona Bishop	W55 (S)	Woking Athletic Club	67:27.4
11	John Borgars	M70 (H)	Herts Phoenix	68:12.2
12	Shaun Lightman	M75 (M)	Surrey Walking Club	69:34.2
13	Glen Keegan	M50 (S)	Herne Hill Harriers	71:08.8
14	Michael Harran	M75 (S)	Surrey Walking Club	71:25.8
15	Peter Hannell	M75 (S)	Surrey Walking Club	74:12.8
16	Sean Pender	M60 (H)	Enfield & Haringey AC	77:19.7
	Maddy Shott	SW	Belgrave Harriers	DNF

Allen Trophy 7 Mile, Chorley (Sat. 28th Apr.)

The normal race distance of 15 miles was replaced with a 7 mile race, **reports Roy Gunnett**. A new 'out and back' course was used - with the turnaround point at 3.5 miles out.

On a bright and sunny day 12 competitors set off on this picturesque but hilly and taxing course at Chorley.

Tony Bell and Greg Smith shared the lead from the start and maintained this to the 4 mile point, Tony then pulled away and won both the scratch race and the handicap.

Tony Bell was awarded the Allen Trophy for the scratch race win.

There was a general consensus from all involved that this new distance and the course used for the Allen Trophy was a success.

Mixed 7 Mile (B)

Pos	Athlete	AG	Club	Perf
1	Tony Bell	M55	Lancashire Walking Club	73:47
2	Greg Smith	M65	Lancashire Walking Club	76:07
3	Joe Hardy	M70	Lancashire Walking Club	78:16
4	Sailash Shah	M50	Lancashire Walking Club	78:46
5	Irene Pike	W65	Lancashire Walking Club	79:07
6	Phil McCullagh	M60	Lancashire Walking Club	79:38
7	Steve Sargent	M70	Lancashire Walking Club	80:18
8	Ian Hilditch	M75	Lancashire Walking Club	81:41
9	Roy Gunnett	M70	Lancashire Walking Club	83:00
10	Pat Evans	W65	Lancashire Walking Club	83:01
11	John Payn	M80	Lancashire Walking Club	95:30
12	Andrea Lennon	W75	Lancashire Walking Club	100:08

London Inter Club Challenge, incorporating Enfield League, Lee Valley (Sat. 28th Apr.)

The track was somewhat crowded for the first LICC 5000m of the season and conditions were not conducive to fast times, **reports Ron Wallwork**. Nevertheless, several walkers achieved personal bests.

Mixed 5000m (B)

Pos	Athlete	AG	Club	Perf
1	Francisco Reis	M55	Thames Valley Harrier/POR	23:47.5
2	George Wilkinson	U17M	Enfield & Haringey AC	24:27.6
3	David Crane	M35	Surrey Walking Club	24:31.2
4	David Annetts	M50	North Herts Road Runners	25:45.4
5	Malcolm Martin	M60	Surrey Walking Club	26:23.3
6	Penelope Cummings	W40	Herne Hill Harriers	28:52.6
7	Helen Middleton	W55	Enfield & Haringey AC	29:20.8
8	Melanie Peddle	W45	Loughton Athletic Club	29:25.2
9	John Hall	M65	Belgrave Harriers	29:47.9
10	Steve Allen	M60	Barnet & District AC	30:56.3
11	Stuart Bennett	M55	Ilford Athletic Club	31:16.8
12	Maureen Noel	W50	Belgrave Harriers	31:17.3
13	Gary Smith	W60	Enfield & Haringey AC	31:27.5
14	John Ralph	M60	Enfield & Haringey AC	32:42.6
15	Fiona Bishop	W55	Woking Athletic Club	32:45.0
16	Mark Culshaw	M50	Ilford Athletic Club	32:55.0
17	David Kates	M65	Ilford Athletic Club	32:54.5
18	Janice Bentley-Pearson	W55	Ilford Athletic Club	33:07.8

19	John Borgars	M70	Loughton Athletic Club	33:15.0
20	Shaun Lightman	M70	Surrey Walking Club	34:20.3
21	Arthur Thomson	M80	Enfield & Haringey AC	34:20.3
22	Michael Harran	M75	Surrey Walking Club	34:33.3
23	Rachel Anne Lawless	W55	Ilford Athletic Club	35:04.9
24	Andrea Martin	W50	Surrey Walking Club	35:38.8
25	Anthony Wilkinson	M55	Unattached	34:54.0
26	David Hoben	M60	Surrey Walking Club	36:17.1
27	Peter Cassidy	M75	Loughton Athletic Club	36:21.2
28	Peter Hannell	M75	Surrey Walking Club	36:22.3
29	Anne Scurfield	W65	Ilford Athletic Club/NZL	36:23.8
30	Lesley Morris	W55	Ilford Athletic Club	36:25.0
31	David Ainsworth	M65	Ilford Athletic Club	42:27.4
32	Michael Barnbrook	M70	Ilford Athletic Club	42:40.4

3000m (B)

Pos	Athlete	AG	Club	Perf
1	Ken Livermore	M85	Enfield & Haringey AC	26:15.0

Sarnia WC Heritage Group Championships Race Two 10km Road Walk Delancey Park, Guernsey (Sun. 29th Apr.)

Third woman home Wendy Wilson knocked two minutes off her recent personal best time when finishing 8th overall and third woman in the Heritage Group Sarnia Walking Club Championships, reports Rob Elliott. As expected, club champion Stuart Le Noury walked to an easy win in 54:29 ahead of second man home Rob Elliott. Both finishing with times quicker than last week's race on the same course, as did all the finishers who walked both. Walkers were met this week with cold and damp conditions rather than the heat of the week before.

First woman home was Donna Allan, who had the close contention of Phil Lockwood for much of the race. Both walkers feeling the after effects of their recent marathon races. A good walk from Olga Le Noury gave her second place in the women's section, holding off Peter Beckerleg who walked close to his personal best time. Kevin Le Noury finishing not too far behind them. Stalwarts Mick Le Sauvage with 1:15:56 and Jayne Le Noury 1:20:00 closing the race order.

In the handicapped section with handicap times added to actual times, Wendy Wilson edged ahead of Peter Beckerleg by three seconds with Olga Le Noury in third.

Mixed 10km (B)

Pos	Athlete	AG	Club	Perf
1	Stuart Le Noury	SM	Sarnia Walking Club	54:29
2	Rob Elliott	M55	Sarnia Walking Club	63:17
3	Donna Allan	W40	Sarnia Walking Club	67:21
4	Phil Lockwood	M45	Sarnia Walking Club	68:35
5	Olga Le Noury	W35	Sarnia Walking Club	70:00
6	Peter Beckerleg	M55	Sarnia Walking Club	70:14
7	Kevin Le Noury	M60	Sarnia Walking Club	70:37
8	Wendy Wilson	W50	Sarnia Walking Club	71:11
9	Mick Le Sauvage	M75	Sarnia Walking Club	75:56
10	Jayne Le Noury	W55	Sarnia Walking Club	80:00

2018 Moulton Community Walks

Saturday 2nd June 2018

The Village Hall, Bridge Street, Moulton, Suffolk, CB8 8SP
12.30pm Young Age Group & Novice 1 Mile Advance Entry £2 - £5 on the day
1.00pm Five miles Road Walk Advance Entry £5 - £7 on the day

Full details and entry form at <http://enfieldleague.weebly.com>



Race Walking Assoc. Young Athletes Grand Prix 2018

Current standings in the RWA YAG GP after the first three events. The next event is the National Championships on 20th May in Coventry.

Under 13 Girls

Pos	Athlete	Club	Points
1	Katie Brash	Blackheath & Bromley	120
2	Kelsey Tozer	Birchfield Harriers	76
=3	Abigail Lysek	Dudley & Stourbridge Hs	37
=3	Katie-May Brownhill	Dudley & Stourbridge Hs	37

Under 15 Girls

Pos	Athlete	Club	Points
1	Katie Stringer	Medway & Maidstone	117
2	Abigail Smith	Blackheath & Bromley	114
3	Lois Carty	Aldershot Farnham & Dist.	77
4	Caitlin Casey	Birchfield Harriers	72
5	Charlotte Wallis	Aldershot Farnham & Dist.	70
6	Lucy Walker	2DASH	68
=7	Grace Whittingham	Ashford Athletic Club	36
=7	Abbie Edwards	Manx Harriers	36
9	Lara MacColl	City of Sheffield & Dearne	34
10	Mia Dunwell	Northern (IOM) AC	33

Under 17 Women

Pos	Athlete	Club	Points
1	Isabelle Bridge	Blackheath & Bromley	118
2	Lucy Lewis Ward	Cambridge Harriers	116
3	Hannah Hopper	Cambridge Harriers	73
=4	Alice Bellando	Manx Harriers	37
=4	Mollie Dainton	Llanelli Athletic Club	37
6	Keira Heavey	Northern (IOM) AC	35

Under 20 Women

Pos	Athlete	Club	Points
1	Abigail Jennings	Aldershot Farnham & Dist.	78
2	Pagan Spooner	Hyde Park Harriers	74
3	Jacqueline Benson	Ashford Athletic Club	73
=4	Laura Achurch	Leicester Walking Club	40
=4	Ana Garcia	City of Sheffield & Dearne	40
6	Emily Ghose	Tonbridge Athletic Club	37

Under 13 Boys

Pos	Athlete	Club	Points
1	Tom Gilbert	Brecon Athletic Club	78
2	Toby Chaplin	City of Sheffield & Dearne	40

Under 15 Boys

Pos	Athlete	Club	Points
1	Christian Hopper	Cambridge Harriers	80
2	Faris Alkhamesi	Nuneaton Harriers	38
3	Dan Gilbert	Brecon Athletic Club	37

Under 17 Men

Pos	Athlete	Club	Points
1	Matthew Crane	Bexley Athletic Club	80
2	Jack Child	Medway & Maidstone	40
3	Nick Hart	Aldershot Farnham & Dist.	38

Under 20 Men

Pos	Athlete	Club	Points
1	Chris Snook	Aldershot Farnham & Dist.	80
2	Jordan Price	Brecon Athletic Club	75
3	Daniel McKerlich	Cardiff A.A.C.	73
4	Oliver Hopkins	Lewes Athletic Club	40
5	Ben Allan	Leicester Walking Club	38



Girls Team			Boys Team		
1	Blackheath & Bromley	352	1	Brecon AC	227
2	Aldershot F & D	225	2	Cambridge Harriers	120
3	Cambridge Harriers	189	3	Aldershot F & D	118
4	Birchfield Harriers	148	4	Bexley AC	80
5	Medway & Maidstone	117	5	Nuneaton Harriers	76
6	Ashford AC	109	6	Cardiff AC	73
=7	Hyde Park Harriers	74	=7	Medway & Maidstone	40
=7	Dudley & Stourbridge	74	=7	Sheffield & Dearne	40
=7	Sheffield & Dearne	74	=7	Lewes AC	40
10	Manx Harriers	73	10	Leicester WC	38
=11	Northern (IOM) AC	68			
=11	2Dash	68			
13	Leicester WC	40			
14	Llanelli AC	37			

Combined Team

1	Blackheath & Bromley	352	11	Nuneaton Harriers	76
2	Aldershot F & D	343	=12	Hyde Park Harriers	74
3	Cambridge Harriers	309	=12	Dudley & Stourbridge	74
4	Brecon AC	227	=14	Cardiff AAC	73
5	Maidstone & Medway	157	=14	Manx Harriers	73
6	Birchfield Harriers	148	16	Northern (IOM) AC	68
7	Sheffield & Dearne	114	16	2DASH	68
8	Ashford AC	109	18	Lewes AC	40
9	Bexley AC	80	=19	Llanelli AC	37
10	Leicester WC	78	=19	Tonbridge AC	37

Results Round-Up

Apr**23 Italian Club Track Championships, Central Group, Livorno (ITA)**

SW 10,000m: 1 Sara Vitiello (U23W - G.S. Self Atl. Montanari Grizza) 49:19.76, 2 Ilaria Camilla Galli (SW - Atl. Firenze Marathon S.S.) 50:31.97, 3 Mar Chillon (U23W - ESP) 51:35.97, 5 Molly Jade Davey (U23W - G.S. Self Atl. Montanari Grizza/Hyde Park Harriers) 53:59.09.

22 Welsh Athletics League, Cardiff

Mixed 2000m: 1 Jordan Price (U20M - Brecon AC) 10:18.56, 2 Daniel McKerlich (U20M - Cardiff AAC) 10:49.56, 3 Mollie Dainton (U17W - Llanelli AC) 12:07.30, 4 Shannon Thomas (U17W - Swansea Hs) 13:00.06, 5 Paul Winstanley (SM - Run4All Neath) 13:10.44.

24 Hewitt Cup, Leicester (B)

Boys 2000m: 1 Jamie Wallard (Robert Smyth Academy) 12:52, 2 Jack Harrison (Countesthorpe Leysland Community College) 14:45, 3 Huey Bryan (Blaby Stokes Primary Sch.) 14:46.

Girls 2000m: 1 Lyla Bryan (Countesthorpe Leysland Community College) 13:08, 2 Isabelle Smolinski (Thirsty Meadow Primary Sch.) 15:49, 3 Olivia Servadei (Blaby Stokes Primary Sch.) 16:22, 4 Faith Castledine (Countesthorpe Leysland Community College) 22:02.

UPCOMING EVENTS

May

Sat 05	Lewes Open Walks (B)	Lewes
Sun 06	Sarnia WC Graham Mann Team Handicap (B)	Vale
Mon 07	Pednor 5 Mile (B)	Chesham
	Hertfordshire Track Championships (A)	Stevenage
Thu 10	Manx Harriers Championships (A)	Douglas
Sat 12	County 3000m Championships (A)	Various
Sun 13	County 3000m Championships (A)	Various
	Sarnia WC Championship 3 - 2km (B)	Footes Lane
Tue 15	Veterans AC Open 5 Mile (B)	Battersea Park
Wed 16	PSUK/Civil Service Championships	Olympic Park
	South Yorkshire League	Millhouses Pk
Fri 18	European Masters Non-Stadia Championships	Alicante (ESP)
Sat 19	European Masters Non-Stadia Championships	Alicante (ESP)
Sun 20	BA/RWA/CAU 10km Championships	Coventry
	RWA & Welsh Athletics YAG Championships	Coventry
	Sean Pender Track Handicap 2km	Footes Lane
Sat 26	SCVAC Track & Field Championships	Ashford
Wed 30	Oxford County Championships	Oxford