



Race Walking Record

February 2022



Bethan Davies
and
Cameron Corbishley



World Athletics World Race Walking
Team Championships, Oman 2022



Race Walking Representative Opportunities 2022

England Athletics values the importance of competitive race walking opportunities for developing athletes looking to gain international experience and therefore intend to select athletes for competitive opportunities who the Selection Panel believes have the potential to make future England and Great Britain teams at major championships on the track or road.

England Athletics will be sending teams to two race walk events in 2022:

2 April 2022 - WA Race Walking Tour Gold Meeting (Podebrady, CZE)

England Athletics may select 2 per event for Seniors, 2 per event Juniors and 1 per event U18 boys and girls. England Athletics will retain some flexibility with numbers depending on the standard of performance achieved in each age group. Rankings and current form will be key indicators, but development opportunities may be offered in exceptional circumstances.

Selection: Week commencing 21 March, following the England Athletics 10,000m Championships at Coventry on 19 March.

The EA standards are:

Men	Event	Women
1:28:00	Senior 20km	1:40:00
46:00	U20 10km	52:30
48:00	U18M 10km	
	U18W 5km	25:00

28 May 2022 - IAAF Race Walking Challenge (La Coruna, Spain)

England Athletics may select 2 per event Seniors and 2 per event Juniors. England Athletics will retain some flexibility with numbers depending on the standard of performance achieved in each age group. Rankings and current form will be key indicators, but development opportunities may be offered in exceptional circumstances.

Selection: Week commencing 2 May, following the British Athletics World Championships 20 km Trial at Leeds on 30 April.

The EA standards are:

Men	Event	Women
1:28:00	Senior 20km	1:40:00
46:00	U20 10km	52:30

The England Team will be selected based on performances achieved between 1st January 2021 and midnight 19th March 2022 and midnight 30th April 2022 respectively.

Eligibility To be considered for selection, athletes must satisfy the following:

- Be eligible to compete for England (i.e., full British passport holder)
- Have achieved a relevant England Athletics standard within the qualification period
- Or in exceptional circumstances have development potential for future England teams.

Interested athletes should send expressions of interest to the National Endurance Lead, Spencer Duval sduval@englandathletics.org before the respective selection dates.



UKA Publish 2022 Fixture Calendar – Further Update

UKA have published the fixture list for 2022 and listed below are the events that include a race walk, which has been further updated with additional information.

Date	Event	Venue
8-9 Jan.	England Athletics Indoor Walks	E.I.S. Sheffield
5 Feb.	England Athletics Winter RW Championships	Leeds Beckett Uni.
25-27 Feb.	British Athletics Indoor Championships	N.I.A. Birmingham
5-6 Mar.	British Masters Indoor Championships	Lee Valley
19 Mar.	Molly Barnett including EA U20/Sen 10,000m	Coventry
30 Apr.	BA 20km World Championship trial	Leeds
24-26 Jun.	UK Athletics Outdoor Championships	Manchester
16-17 Jul.	England Athletics U20/U23 Championships	Bedford
30-31 Jul.	England Athletics Senior Championships	Bedford
17 Aug.	Manchester International	Manchester
27-28 Aug.	England Athletics U15/U17 Championships	Bedford
17 Sept.	English Schools Championships	Bedford
23 Oct.	UKA 35km Race Walking Championships	Leeds, Brownlee



Winners in the recent R.W.A 200 Club draw

	£25.00	£15.00	£10.00
Feb. 22	Lancashire WC	Graham Chapman	Sharon Herbert

It is £12 per number per year, so if you wish to join, please contact Mark Easton (rwatreasurer@yahoo.co.uk) for further details.



March

12 th	B	Enfield League Race 3 - 5 Mile	QEII, Enfield
13 th	A	E.A.M.A. Indoor Championships	Lee Valley
13 th	A	Midland Championships	Stourport
19 th	A	Molly Barnett Open Walks (Track)	Coventry
20 th	B	Eric Walden Track Races (Sarnia WC)	Footes Lane
22	A	South Yorkshire League 1	Millhouses Park

April

2 nd	A	S.C.V.A.C. Indoor Inter-Area	Lee Valley
2 nd	B	Macclesfield Shield 10 Mile	Macclesfield
5 th	B	Vets AC Summer Series 1	Battersea Park
10 th	B	Sarnia WC Championship 2	Delancey Park
16 th	B	Enfield League/LICC Track	Lee Valley
18 th	A	Easter Monday Open Meeting 3000m	Tonbridge
24 th	B	Sarnia WC Championship 3	Cambridge Park
26 th	A	South Yorkshire League 2	Millhouses Park
30 th	A	British Athletics 20km Trial for World Champs	Leeds

International Results



In the women's 20km, Bethan Davies (Andi Drake, Cardiff) recorded a season best of 1:42:25 to cross the line in 18th position. At the halfway mark, the Welsh athlete went through in 27th place in 50:54 and gradually picked up positions during the second 10km to achieve the top 20 spot which was the best finish for a British woman in the 20km event in the Championships history.

Cameron Corbishley (Andi Drake, Medway & Maidstone) crossed the line in 40th in a time of 1:33:20 in the men's 20km race. Unfortunately, Tom Bosworth (Andi Drake, Tonbridge) was forced to withdraw at the 17km mark with a back injury.

In the earlier 35km men's race, Dominic King (George Nibre, Colchester) was disqualified shortly after the 21km mark.



Report source: British Athletics website.

Jiang leads Chinese 1-2 in U20 women's 10km in Muscat

By Jon Mulkeen – reproduced from World Athletics Website

A swift ninth kilometre proved decisive for Jiang Yunyan as she strode to victory in the U20 women's 10km on Friday (4) at the **World Athletics Race Walking Team Championships Muscat 22**.

A few minutes before the race got under way, the competitors observed a 'Moment for Ukraine' with athletes from several nations holding up the Ukrainian flag, while World Athletics President Sebastian Coe laid down a bouquet of blue and gold flowers. Valeriya Sholomitska, the sole Ukrainian entrant in Muscat, shed a few tears but maintained her composure as she took to the start line.

With temperatures hovering around 21C, the race set off at a steady pace with the first kilometre covered in 5:07 as athletes tried to get a feel for the course. The two-kilometre loop, one of the more challenging circuits used at the World Race Walking Team Championships, has a 27-metre difference between the highest and lowest points. Sholomitska took the lead in the second kilometre, which was covered in 4:50, then China's Jiang Jinyan, the fastest U20 race walker in the world this year, took over in pole position, thanks to a 4:45 third kilometre.

That pace was maintained in the fourth kilometre as the lead pack of 12 was reduced to seven. At half way, reached in 24:10, Sholomitska

fronted a lead pack of five that included Jiang Jinyan, Jiang Yunyan, Finland's Heta Veikkola and Australia's Olivia Sandery.

They remained together for another lap, then Jiang and Jiang put in a 4:39 kilometre which broke up the lead group. Veikkola coped best with the Chinese duo's pace while Sandery and Sholomitska trailed further back. On the final lap, Jiang Yunyan ramped up the pace and broke away from her teammate, thanks to a 4:22 eighth kilometre. Veikkola edged into second place for a brief moment, but Jiang Jinyan came back in the closing stages to regain the runner-up spot. Jiang Yunyan was away and clear in the lead, though, and crossed the finish line in 47:48.

Jiang Jinyan took second place in 48:03 and Veikkola placed third in 48:11. Sholomitska came through to take fourth place in 48:53, eight seconds ahead of Sandery.

"I'm really thankful for the opportunity to compete at these championships," said Jiang, who is the third Chinese athlete in a row to win the U20 women's race at this event. "The weather is hot, and the course was tough, but I'm pleased to finish the race with my teammates."

With three athletes in the top six, China won the team title. Australia took second place in the team standings, while Spain earned bronze.

Sholomitska may have finished outside the top three, but simply reaching the start line was a huge accomplishment for all involved.

"I'm very happy to make it to this championship," said the 17-year-old Ukrainian. "The situation in my home country at the moment is very difficult and many people have died. We just want peace." Olena Borysyuk, the team coach for Ukraine, echoed Sholomitska's sentiments.

"Coming here is a moment of glory for our country," said Borysyuk, who travelled with Sholomitska via Antalya. "Ukrainians are nice and great people; we have good hearts. We are not bad people. All we want is peace. What's happening at the moment is not normal. My mother is from Russia, my father is from Ukraine. I just want peace; I don't want war. We're very thankful to make it to these championships."



Junior Women's 10km (4th Mar.)

Pos	Athlete	Nation	Perf	Notes
1	Yunyan JIANG	CHN	47:48	SB
2	Jinyan JIANG	CHN	48:03	SB
3	Heta VEIKKOLA	FIN	48:11	SB
4	Valeriya SHOLOMITSKA	UKR	48:53	SB
5	Olivia SANDERY	AUS	49:01	
6	Meiduo GANGLA	CHN	49:40	SB
7	Allanah PITCHER	AUS	49:51	
8	Eva RICO RUFAS	ESP	50:02	
9	Yasmina TOXANBAEVA	KAZ	50:19	PB
10	Vittoria DI DATO	ITA	50:20	
11	Elvina CARRÉ	FRA	50:26	SB
12	Lucia REDONDO	ESP	50:41	PZ
13	Alanna PEART	AUS	50:47	

14	Mariana RINCÓN ROMERO	COL	51:05	PZ
15	Olivia LUNDMAN	CAN	51:13	PB
16	Inês MENDES	POR	51:29	
17	Griselda SERRET MENENDEZ	ESP	51:29	
18	Magdalena ŻELAZNA	POL	51:51	SB
19	Sofia FIORINI	ITA	52:08	
20	Lena SONNTAG	GER	52:28	SB
21	Maria Jose MENDOZA	ECU	52:44	
22	Reshma PATEL	IND	53:10	PZ SB
23	Ana DELAHAIE	FRA	53:20	SB
24	Şükran AYAZ	TUR	53:40	PZ
25	Izabela KRZYŻANOWSKA	POL	53:41	SB
26	Janise NELL	RSA	54:01	
27	Heather DURRANT	USA	54:03	
28	Gabrielly Cristina DOS	BRA	54:21	
29	Lilian DUMES BITTENCOURT	BRA	54:33	
30	Elif NUR ÖZBEY	TUR	55:48	
31	Karin DEVALDOVÁ	SVK	56:34	
32	Sorana TUTU	ROU	56:42	PZ
33	Ellen SEISTO	FIN	57:33	
34	Angelica HARRIS	USA	57:37	SB
35	Stanislava HAKULINOVÁ	SVK	57:45	
	Giada TRAINA	ITA	DNF	

Wang takes U20 men's 10km title in Muscat

By Paul Warburton – reproduced from World Athletics Website

In the end the U20 men's 10km at the **World Athletics Race Walking Team Championships Muscat 22** went to form – but not in the way expected.

A terrific walk from Wang Hongren, sporting immaculate style, saw the Chinese cross first, but barely 100 metres earlier he was seemingly battling for third at best.



A dramatic finale saw leader Amit Khatri striding to gold only to be pulled in to the penalty zone and watch his hopes and India's quest for a first individual gold dashed. Seconds later, world U20 champion Heristone Wanyonyi from Kenya suffered the same fate and let in Wang and compatriot Zeng Yu, the two fastest in the field on paper.

Wang hit the line and almost the deck in a mixture of exhaustion and triumph, but Zeng saw a blue flash over his shoulder that proved to be Diego Giampaolo of Italy.

In fact, in the final straight, the Italian wrongly assumed he had been called into the penalty zone, but he quickly recovered to overtake Zeng and dip at the line for a surprise second place.

In an event that saw the early morning temperature rise to 27C, the race fascinatingly ebbed and flowed throughout. Jaromir Moravek shot away from the start with Christiaan Bester from South Africa, head tilted, in close order, with the rest strung out in a line across the road.

The first kilometre was timed at 4:25; but Bester was caught before the end of the first two-kilometre loop, reached by the Czech leader in 9:08 that reflected the uphill climb on the way back. Finland's Sajan Irincheev started to give chase, but the rest were ominously biding their time even though Moravek got to halfway in 23:07.

However, a glance back revealed the remains of the leading pack were on him, and his race for a podium finish was all but over, even though he did gamely stay with the pack.

Mazium Demir from Turkey then took up the challenge and surged at 5.5km to put 30 metres between him and a loose group of three trying to hang on. That 4:25 kilometre was exactly the same as the opening burst from Moravek, and it told. Shouted on by Turkish coaches, Demir pumped his arms like a man on a mission, but the Chinese pair were moving quicker.

Almost as quickly as he had taken the lead, Demir lost it to Wang and Zeng. But Amit, silver medallist at last year's World U20 Championships behind Wanyonyi, refused to be daunted and slowly latched on to the Chinese duo before first passing Zeng and then Wang over the final kilometre. Wanyonyi, too, was quickly gaining ground and passed Zeng to be in with a chance of bronze.

If they were unaware the cruel fate that awaited them, they quickly discovered that a 60-second penalty was the difference between everything and nothing.

Wang went on to cross the line first in 44:06. Teammate Yu held on to the runner-up spot until the final few seconds when Italy's Giampaolo strode past to take second place in 44:14. Yu clocked the same time in third. Wanyonyi, despite a one-minute penalty, finished in fourth place in a Kenyan U20 record of 45:18. Not realising he was on the final lap, he went on to complete another circuit after crossing the finish line.

Unsurprisingly, the finishing times were nothing like a lot of athletes' personal bests, but these were tough conditions that tested everyone.

China were comfortably team winners, while Giampaolo's late charge elevated Italy to silver with a consistent race from Spain allowing them on to the podium for third.

Junior Men's 10km (4th Mar.)

Pos	Athlete	Nation	Perf	Notes
1	Hongren WANG	CHN	44:06	SB
2	Diego GIAMPAOLO	ITA	44:14	
3	Yu ZENG	CHN	44:14	SB
4	Heristone Wanyonyi WAFULA	KEN	45:18	PZ NR
5	Mateo ROMERO	COL	45:20	
6	Pablo PASTOR	ESP	45:23	
7	Oscar MARTINEZ RODRIGUEZ	ESP	45:25	
8	Nicola LOMUSCIO	ITA	45:33	
=9	Sajan IRINCHEEV	FIN	45:54	PZ SB
=9	Pablo RODRIGUEZ ROJAS	ESP	45:54	
11	Mazlum DEMIR	TUR	46:11	
12	Pietro Pio NOTARISTEFANO	ITA	46:13	
13	Adam ZAJÍČEK	CZE	46:56	SB
14	Andreas PAPASTERGIOU	GRE	47:22	
15	Fraser SAUNDER	AUS	47:38	
16	Frederick WEIGEL	GER	47:47	SB
17	Tomáš MENCEL	SVK	48:10	SB
18	Emanuel APAZA	PER	48:18	
19	Jaime CCANTO	PER	48:34	
20	Julian Andres ALFONSO	COL	49:13	
21	Marcus WAKIM	AUS	49:21	
22	Raivo LINIŅŠ	LAT	49:46	SB
23	Kamil PIECUCH	POL	50:03	SB
24	Ignas DUMBLIAUSKAS	LTU	50:15	SB
25	Michal DUDA	SVK	50:24	SB
26	Heron RODRIGUES MIRANDA	BRA	51:41	
27	Nurzat KUNBOLATULY	KAZ	52:00	SB
28	Hayrettin YILDIZ	TUR	52:28	
29	Christiaan BESTER	RSA	55:43	PZ
30	Khalid AL SIYABY	OMA	1:00:31	NR
31	Hamed AL DUGHAIISHI	OMA	1:06:55	PB
32	Mohammed AL JABRI	OMA	1:20:41	PB
33	Jaromír MORÁVEK	CZE	DNF	
34	. AMIT	IND	DQ	TR 54.7.5
36	Joao Victor SILVA	BRA	DQ	TR 54.7.5

Age-group star Ma comes of age with 20km victory in Muscat*By Paul Warburton – reproduced from World Athletics Website*

China claimed its third individual gold medal of the day (4), but this time it didn't quite go to form in the women's 20km at the **World Athletics Race Walking Team Championships Muscat 22**.



It was expected that world record-holder Yang Jiayu would dominate the race - and she did for the first 3km. In fact, she shot away from the gun on a blistering pace close to that breath-taking 1:23:49 she set just a year ago. But in the heat of a Middle East afternoon, that dominance proved illusory. Yang soon had to be content to form part of a trio that included Ma Zhenxia and Peru's Kimberly Garcia for much of the next 15km. And with Garcia already feeling the pace in the final quarter, it was Yang's turn.

Ma continued to keep her nose in front, as she had done for a considerable time, and heading towards 16km she was pushing for all her worth to put distance between herself and the world record-holder. The tell-tale signs of Yang's rolling head showed she was suffering. All the way up the hill heading towards 16km she looked pained, and for Ma it seemed crossing the finish line for the eighth time was an incentive as she creviced a gap on her more illustrious teammate. That decided the medals.

In fact, for a brief few moments it looked as if Yang was tiring so drastically over the final 2km that she might be reduced to a stagger and caught for second. She rallied and collected a silver in 1:31:54 behind Ma's finishing time of 1:30:22, with a distant Garcia winning Peru's first ever medal of any sort at the World Race Walking Team Championships. Her 1:32:27 was only 3:31 behind her PB, which was astonishing in the conditions.

Behind the leading trio, Mexico's Alegna Gonzalez and Nanako Fujii from Japan walked tandem for all but the first 5km, but over the final lap Gonzalez found another gear to ease away and claim a comfortable fourth.

For all that, Fujii's walk was an unexpected bonus for a country whose men have thus far garnered all the attention.

Right from the start, there was two away with seven in attendance, and everyone else strung out over 100m in just the first two minutes. At the front, world record-holder Yang was accompanied by a brave Emily Ngii from Kenya living well outside her comfort zone.

It was 4:12 for 1km and 8:45 for a full 2km lap, showing how that uphill drag was already taking it out of the leading pair even in the early stages. The other three Chinese athletes were in touch, as was Garcia, but the third group on the road was already well out of contention.

Ngii paid the penalty for that fast start approaching 3km to quickly drop away. The next lap showed that even world record-holders are vulnerable. Yang was caught by two of her teammates and Garcia just as they crossed 4km, 15 seconds slower than the first circuit.

That group lost Yang Liuqing, to leave Yang Jiayu, Garcia and Ma battling up front. It was noticeable at the drinks station that Garcia was swapping caps, with presumably cooling qualities in each new headgear. She was certainly holding her own.

To the sounds of a djembe drum, flute and accompaniment, the leading trio beat out a steady rhythm to pass half way in 44:57, considerably slower than the initial pace. Then, just after 11km and striding up the hill, the Chinese pair put the hammer down.

Garcia couldn't respond and was soon left hanging on to bronze in splendid isolation. By 13km, she was 16 seconds in arrears, but a long way ahead of Gonzalez and Japan's Fujii.

Ma continued to push, and the cold water in her pink towel tucked around her neck seemed to have magical properties as she walked solo to the finish. The 23-year-old with a PB of 1:27:46, set last year in the same race as Yang's world record, has won U18 and U20 world titles, but this was easily her best performance as a senior athlete.

Likewise, Garcia didn't finish at the Olympic Games in Sapporo, but this time the 28-year-old Peruvian finished with aplomb.

The team prize comfortably went to China with three in the first seven.

Women's 20km (4th Mar.)

Pos	Athlete	Nation	Perf	Notes
1	Zhenxia MA	CHN	1:30:22	
2	Jiayu YANG	CHN	1:31:54	
3	Kimberly GARCÍA LEÓN	PER	1:32:27	
4	Alegna GONZÁLEZ	MEX	1:32:45	
5	Nanako FUJII	JPN	1:33:16	SB
6	Antigoni NTRISMPIOTI	GRE	1:34:54	SB
7	Liuqing YANG	CHN	1:34:59	
8	Saskia FEIGE	GER	1:35:24	SB
9	Valentina TRAPLETTI	ITA	1:36:44	SB
10	Li MA	CHN	1:37:19	
11	Kiriaki FILTISAKOU	GRE	1:38:53	SB
12	Lidia SANCHEZ-PUEBLA	ESP	1:39:42	
13	Christina PAPADOPOULOU	GRE	1:40:01	SB
14	. RAVINA	IND	1:40:02	SB
15	Brigita VIRBALYTĖ	LTU	1:40:15	SB
16	Antia CHAMOSA	ESP	1:41:24	
17	Clémence BERETTA	FRA	1:41:43	SB
18	Bethan DAVIES	GBR	1:42:25	SB
19	Emily Wamusyi NGII	KEN	1:42:39	SB
20	Kristina MOROZOVA	KAZ	1:42:45	
21	Bhawna JAT	IND	1:43:08	SB
22	Emilia LEHMEYER	GER	1:43:18	SB
23	Paula Milena TORRES	ECU	1:43:46	
24	Gabriela DE SOUSA	BRA	1:44:18	SB
25	Olga FIASKA	GRE	1:44:54	SB
26	Munita PRAJAPATI	IND	1:45:03	PB
27	Eliška MARTÍNKOVÁ	CZE	1:45:26	SB
28	Monika VAICIUKEVIČIŪTĖ	LTU	1:45:44	SB
29	Eloise TERREC	FRA	1:45:49	SB
30	Mihaela ACATRINEI	ROU	1:46:11	
31	Hana BURZALOVÁ	SVK	1:46:51	SB
32	Rachelle DE ORBETA	PUR	1:46:54	PZ
33	Souad AZZI	ALG	1:47:08	
34	Efstathia KOURKOUTSAKI	GRE	1:47:44	SB
35	Anna ZDZIEBŁO	POL	1:47:54	SB
36	Enni NURMI	FIN	1:49:06	SB
37	Robyn STEVENS	USA	1:49:14	SB
38	Regina RYKOVA	KAZ	1:49:28	SB
39	Austėja KAVALIAUSKAITĖ	LTU	1:50:04	
40	Katie BURNETT	USA	1:56:02	
41	Marissa SWANEPOEL	RSA	1:58:23	
	Mary Luz ANDIA	PER	DNF	
	Maria Diana LATARETU	ROU	DNF	
	Sintayehu MASIRE	ETH	DNF	
	Clara SMITH	AUS	DNF	
	Galina YAKUSHEYA	KAZ	DNF	
	Yehualeye BELETEW	ETH	DQ	TR 54.7.5
	Kadar DOST	TUR	DQ	TR 54.7.5
	Viviane LYRA	BRA	DQ	TR 54.7.5

Karlstrom earns first global honours with 35km victory in Muscat*By Paul Warburton – reproduced from World Athletics Website*

Perseus Karlstrom took the liberty of donning his trademark mock Viking helmet a kilometre before the finish of the 35km at the World Athletics Race Walking Team Championships Muscat 22.

By then, the world bronze medallist from Sweden knew he had gold in the bag. It was perfect symmetry when he hoisted mother Siv Gustavsson – before today, the last Swedish athlete to win a title at these championships – in his arms seconds after his joyous win. She was also a winner in the women's event as far back as 1981, having also won in 1977.

Karlstrom has worn the fun headgear when victorious in the past, notably at the 2019 and 2021 editions of the European Race Walking Team Championships – but never this early.

Going uphill with just over three kilometres to go, Karlstrom moved through the gears as Alvaro Martin's face tightened with the effort. The Spaniard and the Swede were last men standing in a field that got slowly whittled down to a sharp end of talent. Martin was second fastest in the field going into the race, and his fluid style contrasted with a tighter, punchier Karlstrom. But the victor with a 20km PB of 1:18:07, along with decent showings at 50km through the years, proved a perfect blend for the inaugural event. He finished in 2:36:14 – not that much slower than his PB of 2:31:54 set last December in Ireland in far easier conditions.

Martin crossed the line in 2:36:54 having settled for silver over the last kilometre and was followed by fellow Spaniard Miguel Angel Lopez (2:37:27) – himself a multiple championships medallist, that includes the 2014 European and 2015 world titles over 20km.



Masatora Kawano from Japan moved up two places from his 50km Olympic walk last August to claim fourth, and Germany's Karl Junghannis came through for a fine fifth with Evan Dunfee, a few seconds behind, claiming sixth for Canada.

Earlier, the men were strung out along the road with world leader Lopez and Martin showing early. A 4:57 first kilometre was the equivalent of a morning stroll for the newspaper, even if it was already 24C with the sun yet to fully rise.

Miroslav Uradnik was first to blink and darted back and forth into the lead with a group of 13 chasing the Slovak just a few metres in arrears. They had sped up by 10km (46:03) with Germany, Spain, China well represented at the head.

But the hosts were already suffering with two of their five-man team disqualified as early as 3km. Oman has been generous hosts throughout the week but will benefit from coaching to make progress on their fledgling effort.

Iced caps and scarves were being changed quicker than a fashion catwalk as race walkers constantly sought to deflect the rising heat. By 18km, the lead group had been joined ominously by Dunfee, world and Olympic bronze medallist at 50km, ominous that is for the rest of the

field planning a medal chase. However, the 20km split of 1:31:18 suggested it was still relatively comfortable.

Finland's Aleksis Ojala was next to show and nudged a seven-second lead by 23km over a group that had shed a couple as heat and pace moved up. Then, for the first time, Karlstrom took it on with Martin and Lu Ning in his slipstream.

The Chinese quickly slipped back, leaving Sweden and Spain at the front, notching just over 2:14:00 at 30km with the race revving up for real. It was clear that, barring a major surprise, the first two medals were spoken for in the inaugural event, but Karlstrom's win was a surprise to the man himself. As he admitted afterwards, he's been struggling with injury and illness for the past two months.

"I certainly did not expect that," said the 31-year-old after crossing the line first in 2:36:14. "I had a hamstring injury, and then I caught Covid, and I was bad for three weeks. But I had a good couple of training sessions more recently, and one really good session 10 days ago."

Gold here despite compromised training suggests Karlstrom has a serious chance of more medal success at either the World Championships in July in Oregon or the European Championships a month later – or both. Martin finished second in 2:36:54, then turned around to see teammate Lopez had overtaken Kawano in the closing stages to take third place in 2:37:27. Martin and Lopez's efforts underlined the strength in depth of the Spanish team as they took team gold, with China a distant second and Germany third. Italy were fourth.

Men's 35km (5th Mar.)

Pos	Athlete	Nation	Perf	Notes
1	Perseus KARLSTRÖM	SWE	2:36:14	CR
2	Álvaro MARTÍN	ESP	2:36:54	
3	Miguel Ángel LÓPEZ	ESP	2:37:27	
4	Masatora KAWANO	JPN	2:37:36	PB
5	Ning LU	CHN	2:37:51	NR
6	Karl JUNGHANNIS	GER	2:37:52	PB
7	Evan DUNFEE	CAN	2:38:08	PB
8	Caio BONFIM	BRA	2:38:20	
9	Yangben ZHAXI	CHN	2:38:53	
10	Kazuki TAKAHASHI	JPN	2:39:08	PB
11	Marc TUR	ESP	2:39:30	SB
12	Aleksis OJALA	FIN	2:39:39	SB
13	Aurelien QUINION	FRA	2:40:19	SB
14	Matteo GIUPPONI	ITA	2:40:34	
15	Wang ZHENHAO	CHN	2:40:46	
16	Diego PINZON	COL	2:41:07	PB
17	Miroslav ÚRADNÍK	SVK	2:41:30	SB
18	Marius ŽIUKAS	LTU	2:41:32	PB
19	Christopher LINKE	GER	2:42:01	PB
20	Manuel BERMÚDEZ	ESP	2:42:55	
21	Vít HLAVÁČ	CZE	2:43:14	PB
22	Xianghong HE	CHN	2:43:44	
23	Nathaniel SEILER	GER	2:44:05	PB
24	Jhonatan Javier AMORES	ECU	2:44:08	
25	Carl DOHMANN	GER	2:44:09	PB
26	Brendan BOYCE	IRL	2:44:25	SB
27	Eknath SAMBHARI	IND	2:45:17	NR
28	Michele ANTONELLI	ITA	2:46:32	SB
29	Carl GIBBONS	AUS	2:46:35	AR
30	Artur BRZOZOWSKI	POL	2:47:03	PB
31	Yassir CABRERA	PAN	2:47:25	
32	Dominik ČERNÝ	SVK	2:47:38	PB
33	Luis Henry CAMPOS	PER	2:47:50	
34	Jonathan HILBERT	GER	2:47:52	PB
35	Jakub JELONEK	POL	2:47:55	
36	Yingchao GAO	CHN	2:47:58	PZ SB
37	Álvaro LÓPEZ	ESP	2:49:31	
38	Chandan SINGH	IND	2:51:40	
39	Riccardo ORSONI	ITA	2:51:56	PB
40	José Luis DOCTOR	MEX	2:56:02	

41	Gonzalo Antonio BUSTAN	ECU	2:58:04	
42	Narcis Stefan MIHĂILĂ	ROU	3:01:17	NR
43	Hayato KATSUKI	JPN	3:03:01	PB
44	Bricyn HEALEY	USA	3:03:30	PB
45	Dan NEHNEVAJ	USA	3:06:37	
46	Ram BABOO	IND	3:07:14	PB
47	Max Batista GONCALVES DOS	BRA	3:11:22	
48	Andrei GAFITA	ROU	3:12:41	PB
49	Diego PEREIRA LIMA	BRA	3:14:02	PZ
50	Rudney DIAS NOGUEIRA	BRA	3:17:58	
51	Michael Giuseppe MANNOZZI	USA	3:28:16	
	Mert ATLI	TUR	DNF	
	Rafał AUGUSTYN	POL	DNF	
	Stefano CHIESA	ITA	DNF	
	Andrés CHOCHO	ECU	DNF	
	Nick CHRISTIE	USA	DNF	
	Rui COELHO	POR	DNF	
	Ricardo ORTIZ	MEX	DNF	
	Ruslans SMOLONSKIS	LAT	DNF	
	Zakariya AL BAIMANI	OMA	DQ	TR 54.7.5
	Al Sassan AL HINAI	OMA	DQ	TR 54.7.5
	Abdul Hamid AL NADABI	OMA	DQ	TR 54.7.5
	Ismail AL RAHBI	OMA	DQ	TR 54.7.5
	Osama AL ZAKWANI	OMA	DQ	TR 54.7.5
	Dominic KING	GBR	DQ	TR 54.7.5

Morejon makes triumphant 35km debut in Muscat

By Jon Mulkeen – reproduced from World Athletics Website

The Chinese dominance witnessed on the first day of the **World Athletics Race Walking Team Championships Muscat 22** didn't continue on Saturday (5) as Glenda Morejon produced a stunning performance over 35km, winning on her debut at the distance. Not only did the 21-year-old scoop the individual title, she also led Ecuador to team victory – their first ever win in a team event at these championships.



India's Priyanka Goswami set off at an incredible pace and passed through 10km in 47:26, two minutes, and 25 seconds ahead of a 10-woman chase pack, fronted by world 50km silver medallist Li Maocuo.

But from then on, Goswami's lead reduced with each passing kilometre. At 12km it was less than two minutes, and by 15km Li trailed the Indian by just 36 seconds. Finally, after about 16.5km, the inevitable happened and Li passed Goswami. Little more than a kilometre later, most of the chase pack had reeled her in too.

The race was far from over, though. Li started to build up a leading margin of her own and reached 20km in 1:37:00 – a time that would have been good enough for 10th place in the women's 20km on Friday. Morejon, having passed Poland's Katarzyna Zdzieblo, was 26 seconds behind Li at this point but was starting to close.

One lap later, Li's lead was down to 17 seconds. And at 24km, after another two-kilometre circuit, Morejon had drawn level with the

Chinese race walker. Morejon slowly began to pull away, fully aware that there were still 10 more kilometres to go in what was the longest race she had ever contested.

By the time she reached 30km in 2:24:35, Morejon had a comfortable gap of 34 seconds over Li, and her lead – and her confidence – continued to grow. When the bell sounded for the final circuit, there was no catching Morejon, who crossed the line in 2:48:33, just six seconds shy of the South American record.

Li, the Asian record-holder for the discipline, held on to second place in 2:50:26, while Zdzieblo took third in 2:51:48.

"We didn't have a lot of time to train for this event, in fact we've been training for the 35km for only three weeks," said Morejon, the 2017 world U18 champion who finished second in the U20 race at the 2018 edition of these championships.

"Together with my coach and federation president, we decided to enter the 35km here and honestly, it's crazy, I still cannot believe what has happened.

"In the early stages of the race, I wasn't feeling too well," added Morejon, whose first three five-kilometre segments were outside 24 minutes while her final four five-kilometre segments were all inside 24 minutes. "I think it was a little bit of nervousness because it was my first ever 35km race, so I tried to stay calm and save up as much energy as possible for the finish. And then I start feeling better and better. "I believe the most important thing is to believe in one's self," she added. "Anything can happen, and everyone can win. The power of the mind is really incredible."

Morejon's Ecuadorian teammates Paola Perez (2:53:58), Magaly Bonilla (2:54:39) and Karla Jaramillo (2:56:14) finished fifth, sixth and seventh respectively, meaning Ecuador secured the team victory.

Laura Garcia-Caro finished just outside the podium places in fourth with 2:52:10, but she helped Spain finish second in the team standings, just ahead of China.

Women's 35km (5th Mar.)

Pos	Athlete	Nation	Perf	Notes
1	Glenda MOREJÓN	ECU	2:48:33	CR
2	Maocuo LI	CHN	2:50:26	NR
3	Katarzyna ZDZIEBŁO	POL	2:51:48	SB
4	Laura GARCÍA-CARO	ESP	2:52:10	
5	Paola PÉREZ	ECU	2:53:58	
6	Magaly BONILLA	ECU	2:54:39	
7	Karla JARAMILLO	ECU	2:56:14	PB
8	Olga NIEDZIAŁEK	POL	2:57:50	PB
9	Johana ORDÓÑEZ	ECU	2:59:57	
10	Faying MA	CHN	3:01:26	
11	Raquel GONZÁLEZ	ESP	3:02:44	SB
12	Nicole COLOMBI	ITA	3:03:19	
13	Maria JUÁREZ	ESP	3:04:54	
14	Federica CURIAZZI	ITA	3:05:22	
15	Cristina MONTESINOS	ESP	3:07:50	
16	Evelyn INGA	PER	3:08:58	
17	Xueying BAI	CHN	3:10:19	
18	Lidia BARCELLA	ITA	3:11:07	SB
19	Tereza ĎURDIAKOVÁ	CZE	3:12:21	SB
20	. PRIYANKA	IND	3:13:19	NR
21	Quanming WU	CHN	3:14:00	
22	Sara VITIELLO	ITA	3:14:57	
23	Ilse GUERRERO	MEX	3:15:59	
24	Mayara Luize VICENTAINER	BRA	3:19:18	
25	Vittoria GIORDANI	ITA	3:22:06	
26	Stephanie CASEY	USA	3:23:10	
27	Elianay PEREIRA	BRA	3:35:59	
28	Guo NA	CHN	3:41:42	
29	Nair DA ROSA	BRA	3:47:11	
30	Carmen ESCARIZ	ESP	DNF	
31	Inês HENRIQUES	POR	DNF	
32	Tiia KUIKKA	FIN	DNF	

33	Ana Veronica RODEAN	ROU	DNF
34	Erin TAYLOR TALCOTT	USA	DNF

Yamanishi retains 20km title for Japan in Muscat

By Paul Warburton – reproduced from World Athletics Website

Earlier, Alberto Amezcua went to the front straight away, with teammate Garcia shadowing and five others notching a nippy first kilometre in 4:08. The leaders then concertinaed with a big pack coming back up the hill and reached 2km in 8:34. It emphasised the see-saw nature of flying down a hill and having to climb back up it.



Australia's Kyle Swan decided if there was to be hare it might as well be him and moved ahead to record 12:47 at 3km - comfortable, by the standards of most of the field. The Australian with a PB of 1:21:39 from February was quickly caught by Yamanishi as they hit 4km in 17:08.

The Japanese then forged a 20-metre gap, not least because the fifth kilometre was the fastest so far - 4:07. Eider Arevalo was the only athlete to give chase from a large group of 34 separated by a handful of seconds. But the Colombian 2017 world champion soon gave up the idea of walking between a rock and a hard place and re-joined the group almost as soon as he left it. As he did, Ikeda decided he was up for chasing his compatriot and was only four seconds behind at 8km in 33:48.

The chasers were reduced to six that included Pintado, India's Sandeep Kumar, Tingay and Gathimba clearly having good races, but a 4:02 ninth kilometre saw the land of the rising sun headed for gold and silver even before halfway. That mark was clocked at 41:59, which to the Japanese was ambling, but still 27 seconds in front of the half dozen straining to get back in touch.

Yamanishi had a second go to get away approaching 11km and opened a five-second lead over Ikeda. It was hardly a surprise considering that last 1000m was the first under four minutes in 3:57.

The six vying for bronze were 43 seconds in arrears at 12km, but that group was also coming apart at the seams.

Two kilometres later, Tingay and Garcia had inched ahead to leave Pintado, Gathimba and Kumar seemingly walking solo for the minor places. But the Spaniard couldn't hold on, and at 16km, Tingay had a clear view of a tiring Ikeda and set off to catch him followed by Gathimba, and clearly sensing his chance.

By contrast, Yamanishi never looked as if he was working.

His immaculate style never wavered for a stride, and when he threw away his cap at the bell, there was never a chance he would throw away his return to glory.

Sorely disappointed by just a bronze on home soil at the Olympics, there was no-one going to take away his first place this time.

Men's 20km (5th Mar.)

Pos	Athlete	Nation	Perf	Notes
1	Toshikazu YAMANISHI	JPN	1:22:52	SB
2	Koki IKEDA	JPN	1:23:29	SB
3	Samuel Kineri GATHIMBA	KEN	1:23:52	SB
4	Brian Daniel PINTADO	ECU	1:24:35	SB
5	Diego GARCÍA CARRERA	ESP	1:24:41	
6	Saul MENA	MEX	1:25:14	
7	Wayne SNYMAN	RSA	1:25:33	SB

8	Noel CHAMA	MEX	1:25:52	
9	Jordy Rafael JIMÉNEZ	ECU	1:26:03	
10	Declan TINGAY	AUS	1:26:05	PZ
11	Rhydian COWLEY	AUS	1:26:09	
12	David HURTADO	ECU	1:26:38	SB
13	Sandeep KUMAR	IND	1:26:45	PZ SB
14	Yandong LI	CHN	1:26:53	
15	Wenchao NIU	CHN	1:27:01	
16	Hao XU	CHN	1:27:07	
17	Nils BREMBACH	GER	1:27:10	SB
18	Quentin REW	NZL	1:27:14	
19	Iván LÓPEZ	ESP	1:27:18	
20	Juan José SOTO	COL	1:27:19	SB
21	César Augusto RODRÍGUEZ	PER	1:27:35	
22	Francesco FORTUNATO	ITA	1:27:44	SB
23	Motofumi SUWA	JPN	1:27:51	
24	Andrea COSI	ITA	1:27:57	
25	Suraj PANWAR	IND	1:28:18	SB
26	Will THOMPSON	AUS	1:28:30	
27	Leo KÖPP	GER	1:28:36	SB
28	Zhaozhao WANG	CHN	1:28:37	
29	Benjamin THORNE	CAN	1:28:42	
30	Lihong CUI	CHN	1:29:41	
31	José Manuel PÉREZ	ESP	1:29:48	
32	Federico TONTODONATI	ITA	1:29:58	
33	Simon WACHIRA	KEN	1:30:17	SB
34	Kyle SWAN	AUS	1:30:33	
35	Mohamed RAGAB	EGY	1:30:56	SB
36	Gianluca PICCHIOTTINO	ITA	1:31:33	
37	Paul MCGRATH	ESP	1:32:12	
38	Sahin SENODUNCU	TUR	1:32:35	
39	Yohanis ALGAW	ETH	1:33:19	SB
40	Cameron CORBISHLEY	GBR	1:33:20	PZ SB
41	Johannes FRENZL	GER	1:33:48	SB
42	Abdüselam İMUK	TUR	1:35:18	
43	Dominic Samson NDIGITI	KEN	1:35:42	SB
44	Rasulbek DILMURODOV	UZB	1:35:45	SB
45	Marius Iulian COCIORAN	ROU	1:36:44	
46	Lucas MAZZO	BRA	1:38:46	
47	Samuel ALLEN	USA	1:39:07	
48	Jordan CRAWFORD	USA	1:39:15	
49	Tumisang PULE	RSA	1:40:50	
50	Mustafa ÖZBEK	TUR	1:41:07	
51	Tyler WILSON	CAN	1:42:47	SB
52	Sizwe NDEBELE	RSA	1:44:07	
53	Jerome CAPRICE	MRI	1:48:07	SB
54	Aiman Sulaiman Tahbish AL	OMA	2:16:58	NR
55	Mohammed AL BAIMANI	OMA	2:18:35	SB
56	Osama AL GHEILANI	OMA	2:25:03	SB
	Birara ALEM	ETH	DNF	
	Alberto AMEZCUA	ESP	DNF	
	Eider ARÉVALO	COL	DNF	
	Tom BOSWORTH	GBR	DNF	
	Davide FINOCCHIETTI	ITA	DNF	
	Khalid AL HASHIMI	OMA	DQ	TR 54.7.5
	Hisham AL JABRI	OMA	DQ	TR 54.7.5
	Matheus CORREA	BRA	DQ	TR 54.7.5
	Tyler JONES	AUS	DQ	TR 54.7.5

Rest in Peace

The Race Walking Association is saddened to report the passing of the following:

- John "Paddy" Dowling (Centurion 331)

(Click [here](#) for obituary on Lancashire WC website)

National Championships

UK Athletics Indoor Championships, Birmingham (27th Feb.)

Bethan Davies (Andi Drake, Cardiff) was a commanding winner of the women's 3000m walk. The British record-holder and national 5000m walk champion outdoors was using the race for some speedwork ahead of the upcoming World Race Walking Team Championships in Oman and she eased away from the field to win in 13:24.07, almost exactly a minute ahead of Hannah Hopper (Noel Carmody, Cambridge), who clocked a PB of 14:24.14 in what was a tight battle for the remaining podium places. Erika Kelly (Tom Craggs, Northern) clocked 14:24.64 and just pipped Abigail Jennings (Verity Snook, Aldershot, Farnham & District) to bronze, the latter walking a PB of 14:24.72.

Christopher Snook (Verity Snook, Aldershot, Farnham & District) seized the chance to win the men's 3000m walk. The England 10,000m walk champion was top of the podium in a PB of 12:27.27 from the PB 12:41.43 of Tom Partington (Steve Partington, Manx), with Luc Legon (Noel Carmody, Bexley), third in 13:15.66.

Report source: British Athletics website.



Women's 3000m

Pos	Athlete	AG	Club	Perf.
1	Bethan Davies	SENW	Cardiff A.A.C.	13:24.07 [SB]
2	Hannah Hopper	U20W	Cambridge Harriers	14:24.14 [PB]
3	Erika Kelly	SENW	Northern (IOM) AC	14:24.64 [SB]
4	Abigail Jennings	U23W	Aldershot Farnham & D.	14:24.72 [PB]
5	Natalie Myers	SENW	Derbyshire & S. Yorkshire	15:39.37 [SB]
6	Mia Dunwell	U20W	Northern (IOM) AC	15:54.58 [iPB]
7	Millie Morris	U20W	Ashford Athletic Club	16:01.46 [iPB]
8	Abigail Smith	U20W	Blackheath & Bromley	16:13.72 [iPB]
9	Jacqueline Benson	U23W	Ashford Athletic Club	16:42.40 [iPB]
	Abby Hughes	U20W	Taunton Athletic Club	DQ TR 54.7.1
	Gracie Griffiths	U17W	Pembrokeshire Hs	DQ TR 54.7.1

Men's 3000m

Pos	Athlete	AG	Club	Perf.
1	Christopher Snook	U23M	Aldershot Farnham & D.	12:27.27 [iPB]
2	Tom Partington	SENM	Manx Harriers	12:41.43 [iPB]
3	Luc Legon	SENM	Bexley Athletic Club	13:15.66 [SB]
	Christian Hopper	U20M	Cambridge Harriers	DQ TR 54.7.1

Masters Indoor

Ian Richards of Steyning AC (pictured below), took silver in the M70 age group at the European Masters Championships in Braga, Portugal over 3000m indoors and in the 5km road event. Francisco Reis of Surrey WC representing Portugal finished fourth in both races in the M60 age group. Ian Torode of South West Veterans AC, was 4th over 5km and fifth in the 3000m



M70 3000m (21st Feb.)

Pos	Athlete	Nation	Perf	Notes
1	Patrice Brochot	FRA	16:49.08	
2	Ian Richards	GBR	17:16.80	<
3	Gerard Perez	FRA	17:40.52	
4	Daniel Siegenfuhr	FRA	18:19.93	<<
5	Reinhard Langhammer	GER	18:41.47	

12 started; 10 finished; 2 DQ.

M65 3000m (21st Feb.)

Pos	Athlete	Nation	Perf	Notes
1	Jose Magalhães	POR	16:59.04	<
2	Claudio Penolazzi	ITA	17:37.39	<<
3	Joaquim Leitão	POR	18:21.37	
4	Jouko Rannanpää	FIN	18:50.77	<<
5	Ian Torode	GBR	18:55.47	<

6 started; 6 finished.

M60 3000m (21st Feb.)

Pos	Athlete	Nation	Perf	Notes
1	Jose Muñoz Belmonte	ESP	14:59.03	
2	Luis Abadias Palacin	ESP	15:09.21	
3	Uwe Schröter	GER	15:31.84	
4	Francisco Reis	POR	15:43.19	
5	Patrick Bonvarlet	FRA	16:34.92	

7 started; 7 finished.

M65+ 5km (26th Feb.)

Pos	Athlete	Nation	Perf	Notes
1	Patrice Brochot (M70)	FRA	28:36	
2	Giuseppe Laia (M65)	ITA	28:51	
3	Ian Richards (M70)	GBR	28:59	<<
4	Claudio Penolazzi (M65)	ITA	29:22	
5	Gerard Perez (M70)	FRA	29:42	
6	Daniel Siegenfuhr (M70)	FRA	29:57	
7	Francisco López Pardo (M70)	ESP	30:46	
8	Luigi Giannuzzi (M70)	ITA	31:11	<
9	Miguel Angel Munitxa (M70)	ESP	31:24	<
10	John McMullin (M75)	RL	31:30	
11	Jouko Rannanpää (M65)	FIN	31:31	
12	Ian Torode (M65)	GBR	31:33	

28 started; 28 finished

M50-M55-M60 5km (26th Feb.)

Pos	Athlete	Nation	Perf	Notes
1	Porrás Juan Antonio (M50)	ESP	22:46	~ ~
2	Normunds Ivzans (M50)	LAT	22:47	~ ~
3	Miguel Carvajal Ortega (M55)	ESP	23:19	~ ~
4	Miguel Periañez García (M55)	ESP	24:20	~
5	Le bonniec Philippe (M55)	FRA	24:49	

6	Paulo Cunha (M50)	POR	25:17	~
7	Jose Muñoz Belmonte (M60)	ESP	25:57	
8	Steffen Meyer (M55)	GER	26:00	
9	Uwe Schröter (M60)	GER	26:03	
10	Thierry Florentin (M55)	FRA	26:10	
11	Luis Abadias Palacin (M60)	ESP	26:15	
12	Francisco Reis (M60)	POR	26:44	

33 started; 31 finished; 2 DQ

British Masters Indoor Track & Field Championships, Lee Valley (Sat. 5th Mar.)



Mixed 3000m

Pos	Athlete	AG	Club	Perf.
1	David Annetts	M55 [1]	North Herts R.R.	14:20.68
2	Melanie Peddles	W50 [1]	Loughton Athletic Club	15:56.12
3	Grazia Manzotti	W50 [2]	Tonbridge Athletic Club	16:15.42
4	Carolyn Derbyshire	W40 [1]	Nuneaton Harriers	16:46.55
5	Ian Richards	M70 [1]	Steyning Athletic Club	17:26.92
6	Colin Harle	M60 [1]	Belgrave Harriers	18:06.77
7	Peter Boszko	M70 [2]	Birchfield Harriers	18:29.26
8	Hardeep Minhas	M60 [2]	Leicester Walking Club	18:41.10
9	Michele O'Neill-Hall	W55 [1]	North East Veterans	20:33.11
10	David Kissane	M65	Ireland	20:42.89
11	Dasha Newington	W35 [1]	Gateshead Harriers	21:25.11
12	Daren O'Leary	M50 [1]	Marshall Milton Keynes	24:44.74

Domestic 'A' Permit Races

Up and Running Winter Walking League – Round 5 – National Sports Centre, Douglas, Isle of Man (Sun. 6th Feb.)

Mixed 10km

Pos	Athlete	AG	Club	Perf.
1	Adam Cowin	SENM	Manx Harriers	53:16
2	Simon Gawne	SENM	Manx Harriers	55:06
3	Stewart Jones	M50	Manx Harriers	56:36
4	Tony Edwards	M55	Manx Harriers	57:37
5	James Quirk	M40	Manx Harriers	58:30
6	Neil Wade	SENM	Manx Harriers	58:42
7	Michelle Turner	W45	Northern (IOM) A.C.	59:35
8	Pat Bregazzi	M50	Unattached	62:39
9	Hannah Moore	SENM	Unattached	64:15
10	Ian Callister	M65	Manx Harriers	67:06
11	Colin Moore	M60	Isle of Man Veterans	67:34
12	Andy Baxendale	M50	Isle of Man Veterans	67:52
13	Maura Kelly	W50	Northern (IOM) AC	72:14
14	Phil Morris	M40	Unattached	73:40
15	Alan Gault	M65	Isle of Man Veterans	78:23
16	Gordon Erskine	M75	Unattached	78:59
	Gianni Epifani	M50	Manx Harriers	DQ
	Dean Morgan	SENM	Unattached	DQ

Mixed 5km

Pos	Athlete	AG	Club	Perf.
1	Lorna Gleave	W35	Manx Harriers	29:59
2	Leanne Venables	W35	Unattached	30:46
3	Craig Fletcher	SENM	Unattached	32:53
4	Kathryn Clough	W45	Isle of Man Veterans	33:08
5	Phil Swales	M50	Northern (IOM) A.C.	33:09
6	Vicki Heavey	W45	Northern (IOM) A.C.	33:17
7	Angie Robinson	W50	Manx Harriers	33:40
8	Voirrey Earnshaw-Cain	W55	Unattached	38:07
9	Rebecca Stride	W45	Unattached	38:43
10	Lloyd Jones	M60	Unattached	38:44

Mixed Junior 2km

Pos	Athlete	AG	Club	Perf.
1	Tim Perry	U13B	Northern (IOM) A.C.	11:18
2	Amy Surgeon	U13G	Manx Harriers	14:13

Mixed Junior 1km

Pos	Athlete	AG	Club	Perf.
1	Lilee Fletcher	U11G	Manx Harriers	05:23
2	Finn Gleave	U11B	Manx Harriers	06:59
3	Bobby Venables	U11B	Unattached	07:43
4	Harri Swales	U11B	Northern (IOM) A.C.	07:44
5	Jay Jay Fletcher	U11B	Manx Harriers	07:48
6	Georgia Venables	U11G	Unattached	08:31

Domestic 'B' Permit Races

Sam Shoebottom 10km, Simister (Sat. 5th Feb.)

Wet, wet, wet. Another race with no respite and rain throughout. The Lancashire Walking Club aquanauts are now used to this weather so did what they always do and that's get stuck in and race, **reports Dave Evans**.

Quite a few club members were unavailable with a wide assortment of difficulties including colds, COVID, family celebrations, warm weather training(!) and injury. Despite this, we had a great day including a surprise entry in the form of Martin Fisher (Redcar RWC), one of the country's elite centurions with many 100's under his belt. Nice to see his wife Judy, who for many years has been a valuable supporter at walking events.

To ensure a relatively short afternoon's officiating the 11 strong field was split into two with the faster group giving the main body of seven walkers a four-minute start. It was no real surprise to see Martin Fisher powering up the finishing straight at the end of the first of the two out and back sections with his very efficient cadence honed through many years of practice. Martin passed the timekeeper, Eric Horwill, in 31:23 some two minutes clear of Tony Bell and Martin Payne. The remaining walkers were through almost together with five clocking 36 minutes and some seconds. At the 5km point, Pat Evans and Andrea Lennon decided to "retire" with times of 36:47 and 44:10 respectively having given notice of their intention before the off.

The second half of the race saw Martin Fisher extend his lead followed home by Tony Bell and Martin Payne who were in a close competition right up the finishing line. The rest of the walkers were content with their times given the damp conditions and will no doubt look forward to the day when they do not finish with wet feet and everything else.

10km

Pos	Athlete	AG	Club	Perf.
1	Martin Fisher	M55	Redcar Race Walking Club	61:59
2	Tony Bell	M55	Lancashire Walking Club	65:38
3	Martin Payne	M60	Lancashire Walking Club	65:53
4	Phil McCullagh	M60	Lancashire Walking Club	71:24
5	Sailash Shah	M55	Lancashire Walking Club	72:23
6	Steve Wilde	M65	Lancashire Walking Club	72:40
7	Joe Hardy	M75	Lancashire Walking Club	72:42
8	Greg Smith	M65	Lancashire Walking Club	73:53
9	Roy Gunnnett	M70	Lancashire Walking Club	74:33

5km

Pos	Athlete	AG	Club	Perf.
1	Pat Evans	W70	Lancashire Walking Club	36:47
2	Andrea Lennon	W80	Lancashire Walking Club	44:10

Enfield Race Walking League, 5 Mile, Donkey Lane, Enfield (Sat. 12th Feb.)

A bitterly cold wind sweeping across the King George Playing fields didn't make things easy for the 23 walkers who toed the line for the second ERWL fixture of 2022, **reports Ron Wallwork**. Nevertheless at least one PB was bettered, and several walkers posted quicker times than in the first race in January.



Mixed 5 Mile

Pos	Athlete	AG	Club	Perf.
1	George Wilkinson	U23M	Enfield & Haringey AC	39:04
2	Dave Annetts	M55	North Herts Road Runners	39:33
3	Abigail Jennings	U23W	Aldershot Farnham & Dist.	41:33
4	Dave Walsh	M60	Enfield & Haringey AC	46:38
5	Emma Dyos	W45	Ilford Athletic Club	47:51
6	Michael George	M50	Veterans Athletic Club	49:08
7	Stuart Bennett	M60	Ilford Athletic Club	51:21
8	John Arthur	M60	Ilford Athletic Club	51:39
9	Maureen Noel	W55	Belgrave Harriers	51:46
10	John Borgars	M75	Loughton Athletic Club	52:14
11	Rachel Lawless	W55	Ilford Athletic Club	52:31
12	Andrew Tweed	M70	Unattached	54:55
13	Amalia da Silva	W55	Belgrave Harriers	54:55
14	Noel Blatchford	W70	Abingdon Athletic Club	56:23
15	Fiona Bishop	W60	Enfield & Haringey AC	58:10
16	Diana Braverman	W70	Enfield & Haringey AC	58:47
17	David Hoben	M65	Surrey Walking Club	60:07
18	Malcolm Blackwood	M75	Trent Park Runners	61:49

3 Mile

Pos	Athlete	AG	Club	Perf.
1	Francisco Reis	M60	Surrey Walking Club	26:43
2	Tony Wilkinson	M60	Unattached	35:31
3	David Ainsworth	M70	Ilford Athletic Club	46:27
4	Shaheda Arthur	W60	Unattached	49:20

2 Mile

Pos	Athlete	AG	Club	Perf.
1	Lucy Engwell	U17W	Unattached	22:26

Essex and Eastern Indoor Track & Field Championships, Lee Valley Athletics Centre (Sat. 12th Feb.)

There was a speedy get away from the League race by Dave Annetts and George Wilkinson along with judges Stephen Cartwright, Peter Cassidy, Mark Culshaw and Pauline Wilson who were scheduled to be in action at the Eastern/Essex indoor championships across town at the LVAC for a 1.30pm start, **reports Ron Wallwork**.

Sensation! or seemingly so! There were only four competitors in the 1 mile walk and **all were disqualified** according to the result sent through to the announcer who didn't bother to announce it.

Unbeknown to the walkers, they hung around patiently for the result to be made or posted on the results board. An early report that all four

had been disqualified was ignored as a 'tongue in cheek' joke. However, after another hour, another enquiry produced the documentation showing the four DQs'.

No red paddles had been waived by Chief Judge Peter Cassidy, which only left infringements spotted by the track judges, as the likely reason for the DQs' and four in one race? Very unlikely.

Once brought to his notice, track referee David Lipscombe reacted swiftly to the protestations and consulted his team, who confirmed that no infringements had been observed and so two hours and twenty-minutes after the race the following result was announced.

Mixed 1 Mile

Pos	Athlete	AG	Club	Perf.
1	George Wilkinson	U23M	Enfield & Haringey AC	6:40.60 (CBP)
2	David Annetts	M50	North Herts R.R.	7:38.10
3	Jacqueline Benson	U23W	Ashford Athletic Club	8:21.15
4	Melanie Peddle	W50	Loughton Athletic Club	8:22.19

Guernsey Race Results

A new name appeared on the Bob Wright Memorial Trophy when grandson Stuart became the latest in the family to win it, **reports Rob Elliott**: Usually seen winning most Sarnia events in recent years the trophy until now has been out of his reach: But it was close this time with Stuart only just beating second placed Mick Le Sauvage on count back after seven races: With one race falling foul to the weather it ended up as a six race series with five to score: Stuart taking the overall win after securing higher positions in the races: Kevin Le Noury took third place overall:

Remarkably there have been 13 different winners of the trophy since 2008, with Jayne Le Noury winning it three times in that period:

In the final race over 3 kilometres it was Kevin Le Noury winning easily with Stuart taking second place, leaving Dave Dorey and Mick Le Sauvage behind in the final straight: The windy conditions did nothing to dampen the enthusiasm of the small field, with the final two walkers still active after many years in the sport at ages 75 and 82 respectively:

Donna Allan had taken victory in the penultimate race over 2 kilometres with a late sprint to head Mick Le Sauvage by two seconds with Kevin Le Noury a further two behind that:

Another event over 5 kilometres saw Stuart Le Noury finish in 28:42, in a race held in very windy and unhelpful conditions:

23rd Jan.: Race 6: 2km – Les Amarreurs (B)

Pos	Athlete	AG	Club	Watch/Actual
1	Donna Allen	W45	Sarnia Walking Club	15:19/12:19
2	Mick Le Sauvage	M80	Sarnia Walking Club	15:21/15:21
3	Kevin le Noury	M60	Sarnia Walking Club	15:23/13:53
4	Stuart Le Noury	M35	Sarnia Walking Club	15:54/10:24

6th Feb.:5km – Les Amarreurs (B)

Pos	Athlete	AG	Club	Perf:
1	Stuart Le Noury	M35	Sarnia Walking Club	28:42
2	Mick Le Sauvage	M80	Sarnia Walking Club	41:41
	Dave Dorey	M75	Sarnia Walking Club	DNF

13th Feb.: Bob Wright Handicap Race 7: 3km – Cambridge Park (B)

Pos	Athlete	AG	Club	Watch/Actual
1	Kevin le Noury	M60	Sarnia Walking Club	23:35/21:05
2	Stuart Le Noury	M35	Sarnia Walking Club	24:02/15:32
3	Dave Dorey	M75	Sarnia Walking Club	24:15/24:15
4	Mick Le Sauvage	M80	Sarnia Walking Club	24:31/23:31



VAC Battersea Park Summer Series 2022

Tuesday 5th April @ 7pm (5km)

Tuesday 10th May @ 7pm (5 Mile)

Tuesday 12th July @ 7pm (5km)

Tuesday 2nd August @ 7pm (5 Mile)