



Race Walking Record

July 2021



Tom Bosworth
&
Callum Wilkinson



Best of luck to our GB & NI
representatives in the Tokyo
Olympic 20km Race Walk

NEWS

World Athletics Selects Muscat, Oman to host 2022 Race Walking Team Championships



World Athletics announced at its annual congress in Tokyo that the Sultanate of Oman is the new host of the 2022 World Race Walking Team Championships.

The event will take place in March 2022 at Oman Convention & Exhibition Centre (OCEC) in Muscat and will be organised in partnership between Oman Sail, the Oman Athletics Association and OCEC.

The event will be held in Oman for the first time in the Middle East and is expected to attract 1700 athletes.

Oman intends to turn this event into a wider celebration of athletics. As well as the elite male and female 20 kilometres race walk events, under-20 male and female 10km race walk events and a 35km combined race, it will feature masters' categories, 1km and 2km kids' runs and a park-run festival.



Winners in the recent R.W.A 200 Club draw

	£25.00	£15.00	£10.00
Aug. 21	Lancashire WC	North East AAA	Noel Blatchford

It is £12 per number per year, so if you wish to join, please contact Mark Easton (rwatreasurer@yahoo.co.uk) for further details.

National Results

England Athletics Senior Track & Field Championships, Bedford International Stadium (Sun. 18th Jul.)

Small fields contested these championships on what was the hottest day of the year so far. At least the walks could boast bigger fields than the men's & women's 5000m which only had two entries in each of their races.

Men's 3000m

Pos	Athlete	AG	Club	Perf.
1	Christopher Snook	U23M	Aldershot Farnham & Dist.	12:53.31
2	Luc Legon	SENM	Bexley Athletic Club	13:26.98
3	Christian Hopper	U17M	Cambridge Harriers	14:51.42

Women's 3000m

Pos	Athlete	AG	Club	Perf.
1	Jasmine Nicholls	SENW	Leicester Walking Club	14:56.38
2	Abigail Jennings	U23W	Aldershot Farnham & Dist.	15:07.78
3	Hannah Hopper	U20W	Cambridge Harriers	16:16.17
4	Abigail Smith	U17W	Blackheath & Bromley	17:34.72 (+30s)

England Masters Inter Area Match, Nuneaton (Sun. 18th Jul.)

Nine teams met to contest the England Masters Inter Area Match at Nuneaton in torrid conditions, **reports Andrew Clough**. Separate men's and women's races over 2000m took place on the hottest day of the year so far. The photo finish camera could not cope, so all events were hand timed.

Carolyn Derbyshire was the early leader in the women's race. Melanie Peddle took the contact rule right to the limit as she tried to keep up, eventually overtaking Carolyn to come home in 10:26.1 with just a single warning from the judges. Carolyn also kept a clean card and was runner up in 10:34.3, whilst Emma Dyos maintained a clear third place in 10:58.6.

The men's race was a similar tussle between the representatives of MMAC and EMAC. This time Adam Hills could not get past Mark Williams who won in 10:23.0. Adam did attract an early red card yet kept his form and second place in a time of 10:41.6. Colin Harle, Chris Hobbs, and Roger Michell were always close together from the start, Colin eventually pulling away for third place in 12:18.2. The final group of walkers had to take extra care when a flurry of red cards arrived late in the race, leaving all of them with two red discs on the posting board. Three survived, but sadly two suffered disqualification.

Women's 2000m

Pos	Athlete	AG	Club	Perf.
1	Melanie Peddle	W50	Loughton AC/EMAC	10:26.1
2	Carolyn Derbyshire	W40	Nuneaton Hs/MMAC	10:34.3
3	Emma Dyos	W45	Ilford AC/VAC	10:58.6
4	Wendy Kane	W50	Nuneaton Hs/MMAC	12:06.6
5	Michele O'Neill-Hall	W55	North Eastern Veterans	13:25.0
6	Elizabeth Blackie	W60	Ryston Runners/EMAC	14:01.9
7	Dash Newington	W35	Gateshead Hs/ WMAL	14:20.6
8	Kim Forbes	W60	Edinburgh AC/SVHC	14:48.6
9	Emma Dawson	W50	Ellon AAC/SVHC	15:15.4

Men's 2000m

Pos	Athlete	AG	Club	Perf.
1	Mark Williams	M55	Birchfield Hs/MMAC	10:23.0
2	Adam Hills	M40	Bedford Hs/EMAC	10:41.6
3	Colin Harle	M60	Belgrave Hs/EMAC	12:18.2
4	Christopher Hobbs	M65	Ashford AC/SCVAC	12:28.7
5	Roger Michell	M70	Surrey WC/MMAC	12:41.5
6	Christopher Flint	M75	Surrey WC/VAC	16:32.1
7	Paul Barlow	M45	Gloucester AC/NMAA	18:28.0
8	Ed Shillabeer	M80	Ilford AC/SWVAC	18:28.0
	Craig Turner	M55	Manchester Hs/NMAA	DQ TR 54.7.1
	Brian Dias	M35	Cardiff AAC/WMAL	DQ TR 54.7.1

Welsh Outdoor Junior (U15/U17/U20) Championships, Newport (Sun. 1st Aug.)

There was a great race at the head of the 17 women's 3,000m walk in the Welsh Championships as Gracie Griffiths and Abby Hughes went head to head for the first time this year, **report Martin Bell**. Gracie walked out the winner with Abby clocking a new PB as she returned to racing after a long period of illness. Gemma Price took the bronze.

The under 13's races suffered from the lack of Welsh Junior League meets over the last two years with only two competitors starting the girl's race. Victory went to Aberdare's Megan Chantrell from Brecon's Holly Price.

U17 Women's 3000m

Pos	Athlete	AG	Club	Perf.
1	Gracie Griffiths	U17W	Pembrokeshire Harriers	15:22.83
2	Abby Hughes	U17W	Taunton Athletic Club	15:57.74 (PB)
3	Gemma Price	U17W	Bridgend Athletic Club	21:05.38

U13 Girls 1000m

Pos	Athlete	AG	Club	Perf.
1	Megan Chantrell	U13G	Aberdare Valley AAC	7:30.20
2	Holly Price	U13G	Brecon Athletic Club	7:45.49

Domestic Results

Barnard Trophy 10km, Sutton Community Leisure Centre, Merseyside (Sat. 3rd Jul.)

Good support today and the threat of inclement conditions did not materialise despite poor weather north and south of the race venue until an hour before the off, *writes Dave Evans*. Actual race number three of the 20/21 season brought together a well-balanced field of ten with quality walking and times throughout. Adrian Edwards and Tony Malone were asked to give the rest of their colleagues a four minute start which gave everyone something to chase so all finished within a six minute window. Competition usually brings the best out of performers and the physical presence of club colleagues gave an extra incentive. With this event under their belts, I suspect all walkers will improve the times as we head towards the autumn.

Leading home the aspirants at the end of the 10km was the tall figure of Adrian Edwards who rattled off laps in 20:26, 20:25 & 20:10 producing a final time of 61:01. Tony Malone chased him home with a very solid 62:11 (21:04, 20:43 & 20:26). A much improved Martin Payne (*pictured below*) destroyed his old PB with an eye opening 63:47 (21:19, 21:09, 21:19). Stuart Edgar made a worthwhile journey from the Midlands posting an encouraging 67:04 (22:10, 22:23 & 22:31). Dan Maskell made the long journey from Brighton and showed he is gradually getting back to his usual good standard and as always attracted compliments on his walking style. His 68:51 (22:36, 23:03 & 23:12) is a good standard to start from. Ian Hilditch appears to have recovered from his 20+ day traverse of the Pennine Way recording 69:31 reflecting his physical strength on a testing course. Roy Gunnnett is another stylish walker and his 71:16 was a solid performance with a good opening lap of 23:13 and follow up laps of 23:45 & 24:18. Joe Hardy is a model of consistency and laps 23:32, 23:58 & 23:51 show that his pace judgement is still intact. 71:21 is proof of his ability to churn out solid times. Pat Evans walked well with laps in 23:33, 23:59 and 23:57 and a finishing time of 71:29. She has managed to hold her form from the Bury track race. Phil McCullagh employed his normal tactics of gradually increasing his pace recording a first lap in 24:41, a second in 23:42 and a swift 23:18 for his final lap. A final time of 71:41 made him the fourth walker with a 71 minute clocking.



Mixed 10km (B)

Pos	Athlete	AG	Club	Perf.
1	Adrian Edwards	M55	Lancashire Walking Club	61:01
2	Tony Malone	M65	Lancashire Walking Club	62:11
3	Martin Payne	M60	Lancashire Walking Club	63:47
4	Stuart Edgar	M50	Dudley & Stourbridge	67:04
5	Dan Maskell	M70	Surrey Walking Club	68:51
6	Ian Hilditch	M80	Lancashire Walking Club	69:31
7	Roy Gunnnett	M70	Lancashire Walking Club	71:16
8	Joe Hardy	M75	Lancashire Walking Club	71:21
9	Pat Evans	W65	Lancashire Walking Club	71:29
10	Phil McCullagh	M60	Lancashire Walking Club	71:41

Sarnia Walking Club Skipton International Championship Race 4, 10km Road Walk, North Side, Guernsey (Sun. 4th Jul.)



With a number of usual competitors either injured or otherwise engaged it was left to a small field of three walkers to contest the Skipton International Race Four over 10km, *reports Rob Elliott*. The opening laps of the four complete were walked in rainy conditions with the sun not breaking through until all had finished.

Stuart Le Noury (*pictured*) took the honours in 55:50, going through half way in 27:25, followed by Peter Beckerleg in second and Mick Le Sauvage.

10km (B)

Pos	Athlete	AG	Club	Perf.
1	Stuart Le Noury	M35	Sarnia Walking Club	55:30
2	Peter Beckerleg	M60	Sarnia Walking Club	74:18
3	Mick Le Sauvage	M80	Sarnia Walking Club	81:16

Aldershot Farnham & District Open, Military Stadium, Aldershot (Wed. 7th Jul.)

Mixed 2000m

Pos	Athlete	AG	Club	Perf.
1	Abigail Jennings	U23W	Aldershot Farnham & Dist.	9:37.03
2	Natasha Mitchell	U17W	Winchester & District AC	10:08.86
3	Lois Carty	U20W	Aldershot Farnham & Dist.	10:48.55
4	Rebecca Mitchell	U20W	Winchester & District AC	10:58.09
5	George Wallace	M65	Aldershot Farnham & Dist.	13:14.23
6	Katherine Smith	W55	Aldershot Farnham & Dist.	13:24.45

Midland Track Championships, Nuneaton (Sun. 11th Jul.)

Mixed 5000m

Pos	Athlete	AG	Club	Perf.
1	Mark Williams	M55	Birchfield Harriers	28:23.6
2	Lisa Kehler	W50	Wolv. & Bilston AC	28:45.0
3	Fiona Oakes	SENW	Leicester Walking Club	29:28.6
4	Carolyn Derbyshire	W45	Nuneaton Harriers	30:40.6
5	Julie Bellfield	W50	Halesowen Athletic Club	32:14.2
6	John Constandinou	W45	Birchfield Harriers	34:10.3
	Martin Slevin	M55	Coventry Godiva Harriers	DQ TR 54.7.1

U17 Women's 3000m

Pos	Athlete	AG	Club	Perf.
1	Isabel Knowles	U17W	Halesowen Athletic Club	22:27.7

U13 Girls 2000m

Pos	Athlete	AG	Club	Perf.
1	Brooke Oakes	U13G	Unattached	16:48.4

Mixed U11 1000m

Pos	Athlete	AG	Club	Perf.
1	Aimee Thursfield	U11G	Wolv. & Bilston AC	6:45.5
2	William Everitt	U11B	Nuneaton Harriers	7:44.2

Veterans Athletic Club Open 5km Road Walk, Battersea Park (Tue. 13th Jul.)

The third of the regular Battersea Park races took place with perfect summer weather, not too hot either, in line with the present COVID regulations, **reports David Hoben**.

The race distance was 5km again, with the walkers in the last wave start.

Dave Annetts (*pictured*) went into a clear lead in a slightly better time than previous month's race. Colin Harle finished in a very respectable time at his first attempt in this event.

Melanie Peddle, had her first win at Battersea Park this summer, in a time not far off her PB. Lesley Morris went home with a new PB, over 30 seconds improvement.

**Mixed 5km (B)**

Pos	Athlete	AG	Club	Perf.
1	David Annetts	M55	North Herts Road Runners	24:23
2	Melanie Peddle	W50	Loughton Athletic Club	28:09
3	Colin Harle	M60	Belgrave Harriers	31:13
4	Maureen Noel	W55	Belgrave Harriers	32:39
5	Fiona Bishop	W60	Woking Athletic Club	33:37
6	Lesley Morris	W60	Ilford Athletic Club	33:38
7	David Hoben	M65	Surrey Walking Club	37:40
8	Christopher Flint	M70	Surrey Walking Club	38:10
	Ian Torode	M60	South West Vets AC	DQ (RWA)

2021 Sutcliffe Park Track & Field Nights, inc. BMC Races Sutcliffe Park (Wed. 14th Jul.)

A 3000m race walk has now become an established event at the second of the Cambridge Harriers/BMC promoted Track & Field Nights. Although the race was the first event on the track programme the walkers performed in front of a good crowd as athletes and spectators for other events were present and warming up. It was a 1-2-3 for the Sutcliffe Park training group. PBs for Hannah Hopper, Grazia Manzotti and Mark Ashby.

Mixed 3000m

Pos	Athlete	AG	Club	Perf.
1	Luc Legon	SENM	Bexley Athletic Club	13:24.17
2	Christian Hopper	U17M	Cambridge Harriers	14:37.30
3	Hannah Hopper	U20W	Cambridge Harriers	15:18.50 (PB)
4	Jacqueline Benson	U23W	Ashford Athletic Club	16:08.21
5	Grazia Manzotti	W50	Tonbridge Athletic Club	16:23.92 (PB)
6	Beatrice Fury	U20W	Medway & Maidstone AC	17:52.13
7	Mark Ashby	M55	Cambridge Harriers	18:37.26 (PB)
8	Jessica Wilton	U17W	Ashford Athletic Club	19:40.79
9	John Arthur	M60	Unattached	20:37.54
	Shaheda Arthur	W55	Unattached	DQ TR 54.7.1

Manx Harriers 10km Championships, N.S.C. Douglas, Isle of Man (Wed. 14th Jul.)

Some really good performances recorded on a perfect night for a road race, **reports Bridget Kaneen**.

Mixed 10km

Pos	Athlete	AG	Club	Perf.
1	Tom Partington	U23M	Manx Harriers	45:43
2	Stuart Jones	M45	Manx Harriers	57:42
3	Mia Dunwell	U17W	Northern (IOM) AC	59:20
4	Marie Jackson	W60	Manx Harriers	62:00
5	Louise Hollings	W40	Manx Harriers	66:22
6	Nicola Raven	W55	Manx Harriers	66:43
7	Maura Kelly	W50	Northern (IOM) AC	69:33
8	Ian Callister	M65	Manx Harriers	73:34
9	Gordon Erskine	M75	Unattached	76:16
	Gianni Epifani	M50	Manx Harriers	DQ TR 54.7.1
	Adam Cowin	SENM	Manx Harriers	DNF

Sarnia Walking Club Skipton International Championship Race 5, 3000m Track Walk, Osmond Priaulx (Fri. 16th Jul.)

Stuart Le Noury continues his winning ways in Guernsey with a 14:27 clocking for the fifth race in the Skipton International Championship series held in hot evening conditions, **reports Rob Elliott**. Second man home with a good personal performance was Peter Beckerleg with a rare win over third placed Rob Elliott. Elliott had held second place until overhauled with 500 metres to go. Mick Le Sauvage and Dave Dorey were together for most of the race until Le Sauvage moved away in the final lap. Kevin Le Noury stepped off the track after 1,000 metres with a recurring injury.

3000m (B)

Pos	Athlete	AG	Club	Perf.
1	Stuart Le Noury	M35	Sarnia Walking Club	14:27
2	Peter Beckerleg	M60	Sarnia Walking Club	20:06
3	Rob Elliott	M60	Sarnia Walking Club	20:22
4	Mick Le Sauvage	M70	Sarnia Walking Club	23:45
5	Dave Dorey		Sarnia Walking Club	24:28
	Kevin Le Noury	M60	Sarnia Walking Club	DNF



Surrey & Sussex Masters County Championships & Open Meeting, Kingston (Sun. 18th Jul.)

Mixed 3000m

Pos	Athlete	AG	Club	Perf.
1	Paul Gaston	M70	Surrey Walking Club	19:48.52
2	Brian Kirkdale	M60	Hastings Runners	20:36.91
3	Fiona Bishop	W60	Woking Athletic Club	21:12.63
4	Ron Penfold	M75	Steyning Athletic Club	21:12.63
5	Judith Carter	W60	Brighton & Hove AC	23:06.45

Ashford Athletic Club Open Meeting, Julie Rose Stadium (Tue. 22nd Jul.)

Mixed 2000m

Pos	Athlete	AG	Club	Perf.
1	Jonathan Hobbs	SENM	Ashford Athletic Club	9:08.48
2	Millie Morris	U20W	Ashford Athletic Club	9:54.97
3	Jacqueline Benson	U23W	Ashford Athletic Club	10:09.78
4	Grazia Manzotti	W50	Tonbridge Athletic Club	10:40.34
5	Katie Stringer	U17W	Medway & Maidstone AC	11:52.82
6	Lewis Burr	U15B	Tonbridge Athletic Club	12:23.34
7	Jessica Wilton	U17W	Ashford Athletic Club	12:29.39
8	Christopher Flint	M75	Surrey Walking Club	14:48.06

Woodford Green with Essex Ladies Graded Meeting inc. Woodford Tuesday Walks, Woodford (Tue. 27th Jul.)

A cool evening after rain led to some spirited walking and a clutch of PBs, *reports Peter Cassidy*, the team victory falling to a sudden onslaught by Ilford A.C., who filled the middle of the results sheet; they and Cambridge Harriers seem to have the overall team competition settled between them. As often happens, the walk was the best supported of the longer track events.

Mixed 3000m

Pos	Athlete	AG	Club	Perf.
1	Luc Legon	SENM	Bexley Athletic Club	13:57.1
2	Christian Hopper	U17M	Cambridge Harriers	13:58.7 (PB)
3	Hannah Hopper	U20W	Cambridge Harriers	15:10.2 (PB)
4	Steven Crane	M40	Surrey Walking Club	15:40.9
5	Abigail Smith	U17W	Blackheath & Bromley	15.42.7
6	Melanie Peddle	W50	Loughton Athletic Club	16:00.5 (PB)
7	Emma Dyos	W45	Ilford Athletic Club	16:33.5 (PB)
8	Steve Uttley	M60	Ilford Athletic Club	17:07.6
9	Stuart Bennett	M60	Ilford Athletic Club	18:36.9
10	Lesley Morris	W60	Ilford Athletic Club	19:36.5 (PB)
11	John Arthur	M60	Unattached	19:45.6
12	John Borgars	M75	Loughton Athletic Club	20:26.6
13	Geraldine Legon	W60	Bexley Athletic Club	24:08.1
	Shaheda Arthur	W60	Unattached	DNF

Worcestershire Track & Field County Championships, Stourport (Sat. 31st Jul.)

Mixed 3000m

Pos	Athlete	AG	Club	Perf.
1	Mark Williams	M55	Birchfield Harriers	15:17.94
2	Peter Boszko	M70	Birchfield Harriers	18:17.13
3	Julie Bellfield	W50	Halesowen Athletic Club	18:26.59
4	Lynn Bellfield	W50	Halesowen Athletic Club	20:00.55
5	Karen Williams	W65	Birchfield Harriers	22:17.83

Essex Track & Field County Championships, Chelmsford (Sun. 1st Aug.)

The Essex County 3000m championship was all about Colchester Harriers and Ilford A.C., *reports Peter Cassidy*, with supporting appearances from Surrey W.C. and Thurrock.

The King twins led the senior men's race from the gun with Steve Crane taking the bronze, while the senior women's was a clear victory for Emma Dyos over Lesley Morris. Ilford's third lady, Rachel Lawless, was

unfortunately not fully recovered from illness and had to retire early on.

Unless readers think that the entry was pitifully thin, we should mention that the senior women's 3000m run had only two entries and their steeplechase none at all!

Last year's Under 13 Girls' Champion, Daniella Oladele from Thurrock moved up to become Under 15 Champion, while her younger sister Dasia kept the younger title in the family.

Mixed 3000m

Pos	Athlete	AG	Club	Perf.
1	Dominic King	M35	Colchester Harriers	12:19.2
2	Daniel King	M35	Colchester Harriers	12:51.3
3	Stephen Crane		Surrey Walking Club	15:23.0
4	Emma Dyos	W45	Ilford Athletic Club	16:35.0
5	Lesley Morris	W60	Ilford Athletic Club	19:44.2
	Rachel Lawless	W60	Ilford Athletic Club	DNF

Girls 1000m

Pos	Athlete	AG	Club	Perf.
1	Daniella Oladele	U15G	Thurrock Harriers	9:43.20
2	Dasia Oladele	U13G	Thurrock Harriers	9:43.34

Rest in Peace

The Race Walking Association is saddened to report the passing of:

Michael Feighan former race walker and member of Belgrave Harriers and latterly a member of South West Road Runners who sadly passed away in June in an open water swimming accident.

Derek/Derek Harrison (Boundary Harriers) died in mid-July. He qualified as Centurion 466 in the Ewhurst 100 (1971) clocking 19:34:35. He won the 1976 Woodford Green 24 Hours at Ashtons Track recording 131 miles and 336 yards. He completed five UK sub-24 hours 100 miles' races. He was also a Commonwealth Games race walker representing the Isle of Man in Christchurch (NZL) in 1974.



August

Fri. 6 th	B	Sarnia WC Championship 6 – 1 Mile	Footes Lane
Sat. 7 th	A	Medway & Maidstone Open 3000m	Gillingham
7 th /8 th	A	England Athletics U15/U17 Championships	Manchester
Tue. 10 th	A	Woodford Tuesday Walks (3000m)	Woodford
Wed. 11 th	B	Civil Service & Police T & F Championships	Coventry
Wed. 11 th	B	Surrey WC 3000m Championships	Tonbridge
Thu. 12 th	A	Foxdale 5 Mile	Isle of Man
Sat. 14 th	B	Goodwin Cup 10km	Chorley
Sun. 15 th	B	Sarnia WC Championship 7 – 10km	Guernsey
Sun. 15 th	A	Open Welsh Championships 10,000m	Cardiff
Wed. 18 th	A	Manchester Inetrnational	Manchester
Sat. 21 st	B	LICC/Enfield League 5000m	StoneX
Sun 22 nd	A	SEAA Track & Field Championships	Kingston

September

Sun. 5 th	A	Isle of Man 20km Championships	NSC, Douglas
Sun. 5 th	A	Hampshire T & F Championships & Open	Portsmouth
Sat. 11 th	B	Moulton Open Walks – 5 Mile	Moulton
Sun. 12 th	A	Surrey T & F Championships	Carshalton
Sat. 18 th	A	Englaish Schools Championships	Bedford
Sat. 25 th	A	SIAB Schools Inetrnational	Derby
Sun. 26 th	A	Manx Harriers 1 Hour Challenge	NSC, Douglas
Wed. 29 th	B	Police/Civil Service Championships	Birmingham