



Race Walking Record

June 2021



I'm going to the
Olympics!

NEWS

World Race Walk Team Championships 2022 no longer to be held in Belarus

World Athletics has announced that Minsk will no longer host the next World Athletic Race Walk Team Championships, which were scheduled to take place in the Belarusian capital on April 23 and 24, 2022.

The decision was based primarily on the uncertainties that remain in the future regarding diplomatic relations and the international travel restrictions for the country that currently exist, which would create difficulties for the organisation of the event.

World Athletics is currently negotiating with alternative host cities for this event and expects to announce a new venue by the next Council meeting on 28-29 July.

Dominic King has asked BOA to over-rule UKA decision



Three months ago, when Dominic King achieved his life goal of breaking Chris Maddocks' long-standing British record for 50km race walk, he told AW he hoped his performance would earn him a spot in the British Olympic team despite his time being outside the qualifying standard for Tokyo.

The Colchester athlete clocked 3:51:13 in the Dudince 50km in Slovakia on March 20 to take 24 seconds off a national record that Maddocks has held since 1990 and, despite missing the Olympic qualifying mark of 3:50:00, he felt he would get an invitation from World Athletics via its rankings system.

This has happened but UK Athletics has not accepted the World Athletics invitation and now King, 38, has written to the British Olympic Association arguing that "the rules of fairness and due process have been violated".

UKA has added athletes to its team via the World Athletics invitations this week such as high jumper Emily Borthwick, sprint hurdler David King, 1500m runner Reeve Walcott-Nolan, 200m man Nethaneel Mitchell-Blake and sprinter Jona Efoloko in the sprint relay.

King's letter to the BOA says in part: "I am publicly requesting that the BOA accept the World Athletics invitation received by British Athletics for me to participate in the Tokyo Olympic 50km Race Walk based on the overall World Rankings invite system.

"The BOA should not be satisfied with my non-nomination for selection, as basic rules of fairness and due process were violated.

"When World Athletics released the dual world ranking/auto-qualified times system (new for this Olympic cycle), it was designed with the view to National Governing Bodies around the world adopting such a system.

"Great Britain has two athletes who have qualified through ranking quota for this summer's Olympic 50km walk — an amazing achievement considering severely restricted access to training and competitions, during the pandemic. Indeed, the British 50km walkers have had only one opportunity in order to qualify these past 18 months.

"In what is an event that is already discriminated against, with its removal from the 2024 Olympic programme and with reduced competition opportunities and limited qualification periods, it is astounding that our federation prohibited their 50km race walkers the opportunity to compete in their area championships in May (European Race Walking Team Championships).

"I request the BOA overrule British Athletics to select me to participate in the 50km Race Walk at the Tokyo Olympic Games, in accord with the World Athletics invite for me to do so."

Source: *Athletics Weekly* by Jason Henderson

200 club

Winners in the recent R.W.A 200 Club draw

	£25.00	£15.00	£10.00
July 21	Pauline Wilson	Steve Taylor	Bill Sutherland

It is £12 per number per year, so if you wish to join, please contact Mark Easton (rwatreasurer@yahoo.co.uk) for further details.

Overseas Results

XXXIV Gran Premio Internacional de Marcha Cantones de A Coruña, Spain (Sat. 5th Jun.)

Women's 20km: Colombian Sandra Lorena Arenas was the winner of the women's 20km.

Shortly after the start a lead group of five emerged from the fifty-eight starters that included Glenda Morejon (ECU), Erica Rocha De Sena (BRA), Sandra Arenas and Mexicans Alegna González and Ilse Guerrero with all reaching 5km 22:13.

10km was reached in 44:21 with Sena leading. By 15km (1:06:13) the quintet of women was reduced to two Sena and Arenas. Shortly after 17km Arenas takes the lead which she maintains to the finish, clocking 1:28:24. Alegna González catches and passes Sena for second (1:28:40) and an exhausted Sena crosses the line in 1:28:44.

Heather Lewis was the first Briton home in 1:35:47 with Bethan Davies next in 1:39:32.

Women's 20km

Pos	Athlete	Nation	Perf	Notes
1	Sandra Lorena Arenas		COL	1:28:24
2	Alegna Gonzalez		MEX	1:28:40
3	Erica Rocha De Sena		BRA	1:28:44
4	Glenda Morejon		ECU	1:29:50
5	Noelia Vargas Mena		CRC	1:30:44
6	Mariavittoria Becchetti		ITA	1:32:03
7	Kimberly Garcia		PER	1:32:13
8	Nicole Colombi		ITA	1:32:26
9	Magaly Bonilla		ECU	1:32:34
10	Ilse Guerrero		MEX	1:33:07
11	Mar Juarez Gallardo		ESP	1:33:18
12	Clemence Beretta		FRA	1:33:39
13	Evelyn Inga		PER	1:33:43
14	Alana Barber		NZL	1:33:49
15	Eloise Terrec		FRA	1:34:06
16	Mayra Herrera Perez		GUA	1:34:40
17	Sofia Ramos Rodriguez		MEX	1:34:45
18	Ines Henriques		POR	1:34:50
19	Diana Aragon		MEX	1:35:42
20	Heather Lewis		GBR	1:35:48
32	Bethan Davies		GBR	1:39:23

58 Started; 46 Finished; 11 DNF; 1 DQ.

Men's 20km: Spaniard Diego García Carrera won the men's 20km race defeating Sweden's Perseus Karlstrom who went into the event as favourite having won last month's European Race Walk Team Championship in Podebrady.

Seventy-six athletes started, with nothing much happening during the first half of the race apart from the occasional change of leader from the forty strong lead group. 5km was reached in 20:30 and 10km in 40:46 with the lead pack reduced to around thirty athletes.

The lead changed a number of times during the next 5km with 15km reached in 1:00:43. Karlstrom then went to the front and recorded 3.50 for the sixteenth kilometre. At seventeen kilometres Garcia, Karlstrom & Alvaro Martin are together. Garcia made a decisive at 18km and crossed the line in 1:19:37 covering the final 5km in 18:53.

There was great news for Callum Wilkinson as he secured a PB and Olympic qualifying standard with a time of 1:20.32 for sixth place to confirm his place for Tokyo.

Tom Bosworth finished in a season best of 1:21.37 for 14th while Cameron Corbishley clocked 1:26.37.

Men's 20km

Pos	Athlete	Nation	Perf	Notes
1	Diego Garcia Carrera		ESP 1:19:37	
2	Perseus Karlstrom		SWE 1:19:44	
3	Alvaro Martin		ESP 1:19:59	
4	Brian Pintado		ECU 1:20:15	
5	Andres Olivas Nunez		MEX 1:20:24	
6	Callum Wilkinson		GBR 1:20:32	PB
7	Jesus Tadeo Vega		MEX 1:20:32	
8	Jose Oswaldo Calel Sis		GUA 1:20:35	
9	David Hurtado		ECU 1:20:37	
10	Jordy Jimenez Arrobo		ECU 1:20:47	
11	Christopher Linke		GER 1:20:51	
12	Leo Kopp		GER 1:21:16	
13	Ricardo Ortiz		MEX 1:21:17	
14	Tom Bosworth		GBR 1:21:37	SB
15	Joao Vieira		POR 1:21:40	
16	Ivan Lopez Perez		ESP 1:21:41	
17	Julio Salazar Enriquez		MEX 1:21:51	
18	Jose Ortiz Flores		GUA 1:21:53	
19	Hagen Pohle		GER 1:21:58	
20	Stefano Chiesa		ITA 1:22:21	
51	Cameron Corbishley		GBR 1:26:37	

76 Started; 62 Finished; 12 DNF; 2 DQ.

National Results

England Athletics U20 & U23 Championships, Bedford International Stadium (Sun. 20th Jun.)

In cool conditions there were personal bests for the four individual age group winners. Walking as a guest Bethan Davies won the women's race clocking 47:07.97 to move to seventh on the UK all-time-list.

Men's U23, U20 + Guests 10,000m

Pos	Athlete	AG (Pos)	Club	Perf.
1	Christopher Snook	U23 (1)	Aldershot Farnham & D	44:45.98 (PB)
2	Akash Nandwani	U20 (1)	Hyde Park Harriers (ESP)	53:56.87 (PB)
	Tom Partington	U23	Manx Harriers	DNF
	Guy Thomas	SEN (G)	Tonbridge Athletic Club	DQ TR 54.7.3
	George Wilkinson	U20	Enfield & Haringey AC	DQ TR 54.7.5

Women's U23, U20 + Guests 10,000m

Pos	Athlete	AG (Pos)	Club	Perf.
1	Bethan Davies	SEN (G)	Cardiff A.A.C.	47:07.97 (PB)
2	Abigail Jennings	U23 (1)	Aldershot Farnham & D	52:10.83 (PB)
3	Erika Pontarollo	SEN (G)	Hyde Park Harriers (ITA)	TBC
4	Millie Morris	U20 (1)	Ashford Athletic Club	55:16.54 (PB)
	Jasmine Nicholls	SEN (G)	Leicester Walking Club	DQ TR 54.7.5

British Athletics Track & Field Championships, Sport City, Manchester (Sun. 27th Jun.)

Tom Bosworth and Bethan Davies dominated their respective races.

In the men's race Bosworth, won his seventh British track title recording 1000m splits of 3:49.70, 3:48.05, 3:50.08 (11:27.83 at 3000m), 3:48.38 and 3:39.40 crossing the line in 18:55.61. However he incurred a 30 second penalty after receiving three red cards in the final 150 metres of the race, which was added to his time, thus it being recorded as 19:52.62.



Cameron Corbishley, with 20:37.69, and Guy Thomas, with a personal best 21:31.16, took silver and bronze.

In the women's race, Davies, opened with fast first 1000 of 4:22.90, and followed this up with 4:30.83, 4:38.29 (13:32.02 for 3000m), 4:40.42 and 4:35.41, clocking 22:47.85.



The women's podium was completed by Abigail Jennings (U23), with a time of 25:39.68 and Hannah Hopper (U20) with a personal best of 26:34.71.

Men's 5000m

Pos	Athlete	AG	Club	Perf.
1	Tom Bosworth	SEN	Tonbridge Athletic Club	19:25.62 (SR) (+30)
2	Cameron Corbishley	SEN	Medway & Maidstone	20:37.69
3	Guy Thomas	SEN	Tonbridge Athletic Club	21:31.16 (PB) (PZ)
4	Christopher Snook	U23	Aldershot Farnham & D	21:45.13
5	Luc Legon	SEN	Bexley Athletic Club	21:47.20 (PB)
6	George Wilkinson	U20	Enfield & Haringey AC	23:58.59
7	Christian Hopper	U17	Cambridge Harriers	24:25.46 (PB)
	Jonathan Hobbs	SEN	Ashford Athletic Club	DQ TR 54.7.5

Women's 5000m

Pos	Athlete	AG	Club	Perf.
1	Bethan Davies	SEN	Cardiff A.A.C	22:47.85
2	Abigail Jennings	U23	Aldershot Farnham & D	25:39.68
3	Hannah Hopper	U20	Cambridge Harriers	26:34.71 (PB)
4	Mia Dunwell	U20	Northern (IOM) A.C.	27:23.60 (PB)
5	Millie Morris	U20	Ashford Athletic Club	27:24.26 (PB)
6	Pagen Spooner	U23	Hyde Park Harriers	27:27.17
7	Keira Heavey	U20	Northern (IOM) A.C.	27:59.83 (PB)
8	Abigail Smith	U17	Blackheath & Bromley	28:25.07 (PB)
9	Jacqueline Benson	U23	Ashford Athletic Club	28:48.14 (PZ)
10	Emily Ghose	U23	Tonbridge Athletic Club	29:28.04
	Erika Kelly	SEN	Northern (IOM) A.C.	DQ TR 54.7.5
	Natalie Myers	SEN	2 DASH	DQ TR 54.7.5

Domestic Results

Tonbridge AC Evening Open Meeting inc. Kent County Race Walk Championships, Tonbridge School (Tue. 1st Jun.)

The 3000m race walk, together with the 5000m and steeple-chase were removed from the Kent County main championship weekend in May as a condition of the event licence, so that track time could be freed up to allow more space between the other track events due to COVID. Tonbridge AC offered to stage these omitted events in conjunction with their various evening open meetings.

After a blazing hot day, competitors were greeted with almost ideal conditions for the 7.40pm start. Luc Legon led from the gun and clocked another sub-13 performance, to retain the title he won in 2019 (race not held in 2020 due to COVID). Christian Hopper overhauled Ashford's Jonathan Hobbs in the latter stages to cross the line in second overall and take the U17 men's title. Hobbs took silver in the senior men's championship.

During the early part of the race there was a four way battle between Millie Morris, Jacqueline Benson, Hannah Hopper and Abigail Smith. Benson and Smith were the first to be dropped. Hopper took the lead late on and pushed on hard to take the U20 women's title. Smith rallied in the latter stages to close in on Morris recording a personal best 15:35.51.



Mixed 3000m (DPB = Debut PB)

Pos	Athlete	AG (Pos)	Club	Perf.
1	Luc Legon	SENM (1)	Bexley Athletic Club	12:56.71
2	Christian Hopper	U17M (1)	Cambridge Harriers	14:14.12
3	Jonathan Hobbs	SENM (2)	Ashford Athletic Club	14:28.54
4	Hannah Hopper	U20W (1)	Cambridge Harriers	15:24.41
5	Millie Morris	U20W (2)	Ashford Athletic Club	15:32.90
6	Abigail Smith	U17W (1)	Blackheath & Bromley	15:35.51 (PB)
7	Jacqueline Benson	SENW (1)	Ashford Athletic Club	15:52.28
8	Grazia Manzotti	SENW (2)	Tonbridge Athletic Club	17:06.06
9	Rachel Harding	U20W (3)	Ashford Athletic Club	18:04.05
10	Jonathan Ellerton	U17M (2)	Blackheath & Bromley	18:16.94
11	Lewis Burr	U15B (1)	Tonbridge Athletic Club	18:39.24
12	Jessica Wilton	U17W (2)	Tonbridge Athletic Club	18:42.27 (PB)
13	Mark Ashby	SENM (3)	Cambridge Harriers	18:50.62 (DPB)
14	Geraldine Legon	SENW (3)	Bexley Athletic Club	21:32.60
	Richard Christian	SENM	Tonbridge Athletic Club	DNF

Dick & Zena Smith Trophy Track Races, Bury (Sat. 5th Jun.)

With temperatures hovering in the 22-24c range the prospect of circuiting a running track in the full glare of the sun for at least an hour would not have been too appealing, *reports Dave Evans*. Despite the warm atmosphere eleven hardy souls toed the starting lines prepared to do battle with the elements.



Dave Hoben and Andrea Lennon, we're off on their 5000m as soon as they heard the air horn whilst the remaining aspirants charged off with 25 laps ahead of them. It became obvious that there was to be a bit of cat and mouse play as the laps unfolded with no one wanting to tow the field around for too far. It was clear to the handicapper that several of the walkers were showing a much greater level of fitness than before so make hay while the sun still shines!

There were some great rivalries on show with Martin Payne, Tony Bell and Roy Gunnnett testing each other with Joe Hardy and Pat Evans having a real ding-dong throughout the race. Glyn Jones found the earlier part of the journey fairly comfortable but mid race was troubled by a leg problem. He soldiered on as he always does and will live to fight another day. Phil McCullagh continues to show a disciplined walking style but on this occasion was unable to accelerate in the second half which has become his trademark.

Adrian Edwards and Greg Smith assisted with the lap counting, with both swapping the race for a pre-race training session so they could help with the officiating. Very grateful thanks to both as without them we would have not been able to administer the event.

Mixed 5km (B)

Pos	Athlete	AG	Club	Perf.
1	David Hoban	M65	Surrey Walking Club	39:14
2	Andrea Lennon	W75	Lancashire Walking Club	43:18

Mixed 10km (B)

Pos	Athlete	AG	Club	Perf.
1	Tony Bell	M55	Lancashire Walking Club	68:38
2	Martin Payne	M60	Lancashire Walking Club	68:45
3	Roy Gunnnett	M70	Lancashire Walking Club	70:15
4	Sailash Shah	M55	Lancashire Walking Club	72:22
5	Pat Evans	W65	Lancashire Walking Club	72:23
6	Joe Hardy	M75	Lancashire Walking Club	73:35
7	Glyn Jones	M75	Coventry Godiva Harriers	74:22
8	Steven Wilde	N/K	Unattached	75:38
9	Johan Crahan	M70	Lancashire Walking Club	78:15

Midland Masters Championships, Nuneaton (Sun. 6th Jun.)

Results only, no report received.

Mixed 2000m

Pos	Athlete	AG	Club	Perf.
1	Mark Williams	M55	Birchfield Harriers	10:20.46
2	Carolyn Derbyshire	W45	Nuneaton Harriers	10:44.49
3	Wendy Kane	W50	Nuneaton Harriers	12:11.79
4	Roger Michell	M65	Blackheath & Bromley	12:27.07
5	Hardeep Minhas	M60	Leicester Walking Club	12:59.06
6	Dash Newington	W35	Gateshead Harriers & AC	14:00.46
7	Karen Williams	W65	Birchfield Harriers	14:24.57 (PB)

SUMMERTIME

Veterans Athletic Club Open 5km Road Walk, Battersea Park (Tue. 8th June)

The second of the Battersea Park races had a smaller field than the first race, but with idyllic spring weather, **report Dave Hoben**, with large sections in the shade it looked like PB territory, and so it was.

The race distance was again 5km, and the race walk was the only event, which was actually a race, as the accompanying running races had wave starts, due to compliance with the present COVID-19 regulations. Fast finishing Dave Annetts went into a clear lead followed by Stuart Bennett.

Grazia Manzotti had a second win in the ladies' section finishing strongly for a new PB, but this time she had to work hard to avoid being overtaken by ever improving Melanie Peddle, who also achieved a PB.

Mixed 5km (B)

Pos	Athlete	AG	Club	Perf.
1	David Annetts	M55	North Herts Road Runners	24:40
2	Grazia Manzotti	W50	Tonbridge Athletic Club	28:35
3	Melanie Peddle	W50	Loughton Athletic Club	29:06
4	Stuart Bennett	M60	Ilford Athletic Club	32:07
5	Maureen Noel	W55	Belgrave Harriers	32:44
6	Fiona Bishop	W60	Woking Athletic Club	33:12
7	Lesley Morris	W60	Ilford Athletic Club	34:12
8	Tom Casserley	M80	Enfield & Haringey AC	34:52
9	Peter Hannell	M75	Surrey Walking Club	39:12

Skipton International Sarnia Walking Club Championship Race Two, Les Amarreurs, Vale, Guernsey (Fri. 11th Jun.)

Walkers were met with humid conditions during the second race in the Skipton International Championships, **reports Rob Elliott**. Expected winner was Stuart Le Noury from Rob Elliott in second and Peter Beckerleg in third place.

Road 2km (B)

Pos	Athlete	AG	Club	Perf.
1	Stuart Le Noury	M35	Sarnia Walking Club	9:57
2	Rob Elliott	M60	Sarnia Walking Club	12:47
3	Peter Beckerleg	M60	Sarnia Walking Club	13:44
4	Kevin le Noury	M60	Sarnia Walking Club	14:00
5	Dave Dorey	M70	Sarnia Walking Club	15:22
6	Mick Le Sauvage	M80	Sarnia Walking Club	15:29

Kent Schools AA Track & Field Championships, Julie Rose Stadium, Ashford (Sat. 12th Jun.)

With Kent Schools allowing guests to enter the walks at these championships there was a programme entry of seventeen. But a number of withdrawals and no shows reduced the field to ten across the two races. There was a close battle between Abigail Smith and Natasha Mitchell in the 3000m with Smith taking the win. It was pleasing to see Katie Stringer back racing.

Christian Hopper made his debut over 5000m and dominated his age group. Sister Hannah Hopper walked an isolated race for a big personal best.

Intermediate & Junior Girls 3000m

Pos	Athlete	AG	Club	Perf.
1	Abigail Smith	U17W	Blackheath & Bromley	16:09.98
2	Natasha Mitchell (G)	U17W	Winchester & District	16:19.37 (PB)
3	Katie Stringer	U17W	Medway & Maidstone	17:43.50
4	Jessica Wilton	U17W	Ashford Athletic Club	18:06.50 (PB)
5	Lola-Mae Billingham (G)	U15G	Aldershot Farnham & D	18:08.66

Intermediate Boys & Senior Girls 5000m (DPB = Debut PB)

Pos	Athlete	AG	Club	Perf.
1	Christian Hopper (G)	U17M	Cambridge Harriers	25:20.48 (DPB)
2	Hannah Hopper	U20W	Cambridge Harriers	27:04.10 (PB)
3	Rebecca Mitchell (G)	U20W	Winchester & District	31:08.81 (PB)
4	Jonathan Ellerton	U17M	Blackheath & Bromley	31:33.94 (DPB)
5	Rachel Harding	U20W	Ashford Athletic Club	31:44.24 (PB)

Jubilee Trophy, Olympic Legacy Park, Sheffield (Mon. 14th Jun.)

Each walker choses a race distance and a target time, **reports Brian Adams**, the one closest to their target wins. All four walkers chose 3km.

Pos	Athlete	AG	Club	Perf.
1	Tony Bell	M55	Lancashire Walking Club	22:13 (+13s)
2	Martin Payne	M60	Lancashire Walking Club	19:29 (+29s)
3	Ellis Simmonds	U17M	2 DASH	18:44 (+54s)
4	Simon Pugh	M60	Rotherham Harriers	20:14 (+74s)

Woodford Tuesday Walks, Woodford (Tue. 15th Jun.)

A good start to the Woodford Tuesday Walks as they emerge from their COVID-imposed absence, **reports Peter Cassidy** with a total of eighteen entrants, three of whom were unable to compete.

The reward for turning out was a warm evening and some good close racing, including a rare dead-heat.

Mixed 3000m

Pos	Athlete	AG	Club	Perf.
1	Luc Legon	SENM	Bexley Athletic Club	12:40.4 (PB)
2	Christian Hopper	U17M	Cambridge Harriers	14:15.7
3	David Annetts	M55	North Herts R.R.	14:44.3
4	Hannah Hopper	U20W	Cambridge Harriers	15:58.0
=5	Melanie Peddle	W50	Loughton Athletic Club	16:02.2 (PB)
=5	Abigail Smith	U17W	Blackheath & Bromley	16:02.2
7	Steven Crane	M40	Surrey Walking Club	16:17.2
8	Colin Harle	M60	Belgrave Harriers	18:39.4
9	Stuart Bennett	M60	Ilford Athletic Club	19:25.9
10	Mark Ashby	M55	Cambridge Harriers	19:50.0
11	Lesley Morris	W60	Ilford Athletic Club	19:51.2
12	John Arthur	M55	Unattached	20:31.5 (PB)
13	Geraldine Legon	W60	Bexley Athletic Club	21:45.3
	John Borgars	M75	Loughton Athletic Club	DQ TR 54.7.1
	Shaheda Arthur	VW	Unattached	DQ TR 54.7.1

Welsh Athletics Event Specific - Endurance, Newport (Sat. 26th Jun.)

Results only, no report received.

Mixed 3000m

Pos	Athlete	AG	Club	Perf.
1	Gracie Griffiths	U17W	Pembrokeshire Harriers	15:14.38
2	Shannon Thomas	U23W	Swansea Harriers	17:18.11 (PB)
3	Daniel Mckerlich (T20)	U23M	Cardiff A.A.C.	17:29.96
4	Paul Winstanley	M55	Run4All	18:50.33 (PB)
5	Gemma Price	U17W	Bridgend Athletic Club	20:18.75 (PB)

British Masters Regional (South) 5000m Track Challenge, Horspath, Oxford (Sun. 27th Jun.)

The BMAF (South) 5000m Challenge at Horspath Road, Oxford, attracted an entry of eight walkers from the South and Midland areas, **reports Andrew Clough**. Despite the conditions and two late red cards David stormed ahead to win in 25:08.9. Behind him there was a fine tussle between Carolyn Derbyshire, Grazia Manzotti, Melanie Peddle and Ian Richards. Melanie pulled clear half way through and sailed away to a PB in 27:54.3. Grazia took heed of a single red card to come home third in 28:47.4 ... also a PB. Carolyn spent the entire race side by side with Ian, again heeding warnings to beat him to the line. Unfortunately, Ian suffered in the later stages and could not maintain good early form. This attracted two red cards, the third one arriving with the recorder as he entered the final straight. Having checked all the card details again the red paddle had to be shown. Graham Chapman and Noel Blatchford were both short of their PB's but came home safely with clean sheets. Silvana Alves (Barnet) started well, keeping in the main pack, but retired early in the race.

A parallel BMAF (North) Challenge was held in Sheffield on the previous day, but the race walk was cancelled after only attracting a single entry.

Mixed 5000m

Pos	Athlete	AG	Club	Perf.
1	David Annetts	M55	North Herts R.R.	25:08.9
2	Melanie Peddle	W50	Loughton Athletic Club	27:54.3 (PB)
3	Grazia Manzotti	W50	Tonbridge Athletic Club	28:47.4 (PB)
4	Carolyn Derbyshire	W40	Nuneaton Harriers	28:49.2
5	Graham Chapman	M65	Headington R.R.	30:28.6
6	Noel Blatchford	W70	Abingdon Athletic Club	34:50.0
	Ian Richards	M70	Steyning Athletic Club	DQ TR 54.7.1
	Silvana Alves	W45	Barnet & District AC	DNF

**Skipton International Sarnia Walking Club Championship
Race 3, Cambridge Park, Guernsey (Sun. 27th Jun.)**

Stuart Le Noury increased his lead in the Skipton International Championships with another easy win over 3km held in humid conditions, **reports Rob Elliott**. Rob Elliott finished second with Peter Beckerleg walking a good race to finish a close third.

Road 3km (B)

Pos	Athlete	AG	Club	Perf.
1	Stuart Le Noury	M35	Sarnia Walking Club	15:54
2	Rob Elliott	M60	Sarnia Walking Club	20:00
3	Peter Beckerleg	M60	Sarnia Walking Club	20:20
4	Phil Lockwood	M45	Sarnia Walking Club	20:40
5	Mick Le Sauvage	M80	Sarnia Walking Club	23:52
6	Dave Dorey	M70	Sarnia Walking Club	24:49

**Ashford AC Open Track & Field Meeting, Julie Rose Stadium
(Tue. 29th Jun.)**

Results only, no report received.

Mixed 1000m

Pos	Athlete	AG	Club	Perf.
1	Jonathan Hobbs	SENM	Ashford Athletic Club	4:15.12
2	Jacqueline Benson	U23W	Ashford Athletic Club	4:35.58
3	Millie Morris	U20W	Ashford Athletic Club	4:36.12
4	Ava Chappell	U13G	Ashford Athletic Club	5:07.11
5	Jessica Wilton	U17W	Ashford Athletic Club	5:08.05
6	Rachel Harding	U20W	Ashford Athletic Club	5:38.12

**Johnson Bowl 4 Mile Road Race, Norman Park, Bromley
(Wed. 30th June)**

A somewhat smaller field than hoped for, **writes Chris Flint**. It was good for the club to hold the event after such a long break, and for newcomer Adrian to win the handicap.

Road 4 Mile (B)

Pos	Athlete	AG	Club	Perf.
1	Roger Michell	M70	Surrey Walking Club	40:47
2	Dan Maskell	M70	Surrey Walking Club	43:48
3	David Hoben	M65	Surrey Walking Club	47:16
4	Adrian Moore	N/K	Surrey Walking Club	47:44
5	Christopher Flint	M70	Surrey Walking Club	48:22
6	Peter Hannell	M75	Surrey Walking Club	51:04

John Brock 25.09.1949 – 17.06.2021

The Race Walking Association is saddened to report the death of John Brock (Southend-on-Sea AC)

“A thoroughly nice man” – the sentiment echoed repeatedly following the shock news of John’s death.

He and I grew up as neighbours, although the four-year age difference meant our paths didn’t cross much.

Then unbeknownst to each other we joined the Athletic Club more-or-less at the same time: John, aged 14, at the end of June 1964 and me a fortnight later.

In June 1985 John was part of the successful Division 2 Men’s squad along with such other notables as Graham Payne, Trevor Woods, and David Turner [both former County Pentathlon Champions] and Tony Shiret [now Chairman of Essex Beagles] amongst a squad of other very talented athletes.

John supported the Boxing Day Pier Handicap Race for several years almost always wearing his favourite striped sweater.

In later years, in his early 60s, he decided to take up Race Walking ultimately becoming the Club’s Race-Walking Secretary. In the Vets’ League he raced over every available distance winning almost every Walking race. By the time of his last appearance in the League, in July 2019, he had represented the team in all the sprints, sprint and lap hurdles, 7 of the 8 field events [he drew the line at Pole Vault] and every walking distance on the programme.

In 2014 John was awarded Life Membership of the Club – the same year he added Park runs to his event list.

Later that year we offered our venue to The Centurions Club in order that they could stage their annual 24-hour event.

It was an experience like no other for our Club, being in attendance right through the evening, overnight and watching sunrise the following morning. The event was a great success on many fronts, but overall due to the painstaking organisational skills that John possessed.

Following that he turned his attention to creating a results package for our open meeting which although it had worked very well, John was planning to upgrade.

In February 2020 John competed, as ever, in the Essex/Eastern Indoor Championships, adding a further, and ultimately his last, gold medal to his collection as winner of the V70 One Mile Walk.

Lockdowns from March that year put paid to any further competition. So that was his final race.

June Cork

**Upcoming
Events:**

July

Sun. 11 th	A	Midland Tarck Championships	Nuneaton
Tue. 13 th	B	Veterans AC Summer Series (5km)	Battersea Park
Wed. 14 th	A	Cambridge Harriers Open 3000m Walk	Sutcliffe Park
Wed. 14 th	A	Isle of Man 10km Road Championships	NSC, Douglas
Fri 16 th	B	Sarnia WC Championship 5 – 3km	Footes Lane
17 th /18 th	A	England Athletics 3000m Championships	Bedford
Sun. 18 th	A	EAMA Inter-Area Challenge	Nuneaton
Sat. 24 th	B	Fred Pearce Relays	Simister
Tue. 27 th	A	Woodford Tuesday Walks (3000m)	Woodford
Sat. 31 st	B	LICC/Enfield League 5000m	StoneX
Sat 31 st	A	Essex County Championships	Chelmsford

August

Sun. 1 st	A	Essex County Championships	Chelmsford
Sun 1 st	A	Warwickshire Track Championships	Nuneaton
Tue. 3 rd	B	Veterans AC Summer Series (5km)	Battersea Park
Fri. 6 th	B	Sarnia WC Championship 6 – 1 Mile	Footes Lane
7 th /8 th	A	England Athletics U15/U17 Championships	Manchester
Tue. 10 th	A	Woodford Tuesday Walks (3000m)	Woodford
Wed. 11 th	B	Civil Service & Police T & F Championships	Coventry
Thu. 12 th	A	Foxdale 5 Mile	Isle of Man
Sat. 14 th	B	Goodwin Cup 10km	Chorley
Sun. 15 th	B	Sarnia WC Championship 7 – 10km	Guernsey
Wed. 18 th	A	Manchester Inetrnational	Manchester
Sat. 21 st	B	LICC/Enfield League 5000m	StoneX
Sun 22 nd	A	SEAA Track & Field Championships	Kingston

