



# Race Walking Record

February 2020



**Tom Bosworth**  
In record breaking form at the Molly  
Barnett Open Walks, Coventry

Photograph courtesy of Mark Easton (<http://markeaston.zenfolio.com>)



# The Race Walking Association

presents

## 2020 National 10km Race Walking Championships

incorporating the

### British Athletics Junior 10km Championships

### CAU Inter County Championships

### RWA Young Age Group Championships

To be held in accordance with UKA Rules of Competition

Sunday 19<sup>th</sup> April 2020 from Coventry Godiva Clubhouse,  
Coventry Athletics Track, 115 Kirby Corner Road, Coventry CV4 8GL

Entry Fee - £12.00

**Time Limit for 10km 70 Minutes**

Entries online **ONLY** at <https://www.entrycentral.com/rwa-national-10k-yag>

Enquires to Noel Carmody at [rwachampionships@gmail.com](mailto:rwachampionships@gmail.com)

**Closing date for Entries = Friday 10<sup>th</sup> April 2020**

### Provisional timetable of Events

- 
- |       |                              |
|-------|------------------------------|
| 13:15 | U20 Men's & Women's 10km     |
| 13:15 | Senior Men's & Women's 10km  |
| 14:35 | Under 13 Boys & Girls 2km    |
| 14:35 | Under 15 Boys & Girls 3km    |
| 14:35 | Under 17 Men's & Women's 5km |
| 15:30 | Presentations                |

# NEWS



## Selections for Podebrady EAA Permit Races Announced

Seven athletes have been selected to represent England Athletics at the EAA Permit Meeting in Podebrady, Czech Republic on 4<sup>th</sup> April, they are:

Athlete	Club	Lead Coach
<b>Junior Men's 10km</b>		
Matthew Crane	Bexley Athletic Club	Noel Carmody
George Wilkinson	Enfield & Haringey AC	Mick Graham
<b>Junior Women's 10km</b>		
Pagen Spooner	Hyde Park Harriers	Andi Drake
<b>Men's 20km</b>		
Tom Partington	Manx Harriers	Steve Partington
<b>Women's 20km</b>		
Gemma Bridge	City of Oxford AC	Mark Wall
Erika Kelly	Northern (IOM) AC	Tom Craggs
Jasmine Nicholls	Leicester Walking Club	Andi Drake

Verity Snook (Aldershot Farnham & District AC) and Noel Carmody (Cambridge Harriers) are the Team Coaches for the event. *Source: England Athletics*

## Winners in the recent R.W.A 200 Club draw

	£25.00	£15.00	£10.00
Feb. 20	Brian Kibble	Tony Taylor	John Sales

It is £12 per number per year, so if you wish to join please contact Mark Easton (rwatreasurer@yahoo.co.uk) for further details.



## Cancellation of Lugano Trophy

Message received from the organisers of the Lugano Trophy, which was one of England Athletics international opportunities for Race Walkers.

We are sorry to announce that the 17<sup>th</sup> edition of the Lugano Trophy – Memorial Mario Albisetti, scheduled in Lugano on Sunday, March 8, 2020, is cancelled for public health reasons. The deteriorating situation of the spread of coronavirus (COVID-19) in Switzerland led the Federal Council yesterday to take the first steps to combat coronavirus infection.

These include a ban on events on the whole Swiss territory with more than 1'000 people present at the same time, while at the same time inviting the relevant cantonal authorities to assess the risk situation for public or private events with lower turnout. For this reason, we immediately contacted the cantonal doctor's office, presenting to him our assessment of the risks related to the organization of the Lugano Trophy competition and we received negative notice at the event.

The measures subsequently adopted by the Ticino State Council last night for the organization of events with a turnout of less than 1'000 people but with international participation, confirm the approach adopted and the conclusions to which the relevant cantonal authority has reached.

Given the international calendar of racewalking competitions, the Organizing Committee does not plan to re-schedule the event on another date in 2020.

## National Results

### SPAR British Athletics Indoor Championships, Emirates Arena, Glasgow (Sun. 23<sup>rd</sup> Feb.)

Tom Bosworth lowered his own British Indoor 5000m race walk record clocking 18:20.97. He removed nearly eight seconds from his previous mark of 18:28.70 claiming his sixth consecutive indoor title. He pulled away immediately from the gun and recorded 1000m splits of 3:44.03, 3:40.54 (7:24.57), 3:40.00 (11:04.57), 3:42.01 (14:46.58) and 3:34.97. Behind Bosworth, Tom Partington and Luc Legon both recorded personal bests as they picked up silver and bronze respectively.

In the women's race gold went to Abigail Jennings who also set a personal best, with 25:28.46.

#### Mixed 5000m (i)

Pos	Athlete	AG	Club	Perf
1	Tom Bosworth	SENM	Tonbridge Athletic Club	18:20.97
2	Tom Partington	U23M	Manx Harriers	22:17.26
3	Luc Legon	U23M	Bexley Athletic Club	23:00.52
4	Matthew Crane	U20M	Bexley Athletic Club	24:59.61
5	Abigail Jennings	U23W	Aldershot Farnham & Dist.	25:28.46
6	Pagen Spooner	U20W	Hyde Park Harriers	27:42.05
	Adam Cowin	SENM	Manx Harriers	DQ

### England Athletics Senior Championships, incorporating Molly Barnett Open Walks, Coventry (Sun. 1<sup>st</sup> Mar.)

Tom Bosworth continued his perfect start to 2020 by setting his second British race walk record in a week when taking the England Athletics title at Coventry over 10km, *reports Dr Ian Richards*.

Fresh from his record-breaking exploits over 5000m in Glasgow at the British Indoor Championships, Bosworth clocked 39:10 for the 10km event to reclaim the record he lost to Callum Wilkinson last year.

"Last week's race indoors took a lot out of my legs, so I am really happy to back this up with another British record over 10km," said Bosworth. I am looking forward to seeing what I can do over 20km next month."

Cameron Corbishley set a personal best of 40:59 in second, while Tom Partington took third place in 44:43.

In the women's race, the open 10km was won by Heather Lewis in a personal best of 45:14 which moves her to fourth on the UK all-time list.

Behind her, Gemma Bridge was making a welcome return to racing and took the England title in 48:05.

The England silver went to Abigail Jennings in a personal best 52:26 with Natalie Myers taking the bronze in 55:38.

#### Mixed 10km

Pos	Athlete	AG	Club	Perf
1	Tom Bosworth	SENM	Tonbridge Athletic Club	39:10
2	Cameron Corbishley	U23M	Medway & Maidstone AC	40:59
3	Tom Partington	U23M	Manx Harriers	44:43
4	Heather Lewis	SENW	Pembrokeshire Harriers	45:14
5	Luc Legon	U23M	Bexley Athletic Club	46:39
6	George Wilkinson	U20M	Enfield & Haringey AC	46:47
7	Gemma Bridge	SENW	City of Oxford AC	48:05
8	Matthew Crane	U20M	Bexley Athletic Club	48:19
9	David Annetts	M55	North Herts Road Runners	49:33
10	Francisco Reis	M55	Surrey Walking Club/POR	52:18
11	Abigail Jennings	U23W	Aldershot Farnham & Dist	52:26
12	Natalie Myers	SENW	Derbyshire & S. Yorkshire	55:38
13	Pagen Spooner	U20W	Hyde Park Harriers	56:05
14	Silvana Alves	W45	Barnet & District AC	57:00
15	Emily Ghose	U23W	Tonbridge Athletic Club	57:20
16	Hannah Hopper	U20W	Cambridge Harriers	57:45
17	Kiera Heavey	U20W	Northern (IOM) AC	59:55
18	Grazia Manzotti	W50	Tonbridge Athletic Club	60:18
19	Jacqueline Benson	U23W	Ashford Athletic Club	60:21

20	Steve Allan	M60	Barnet & District AC	60:28
21	Beatrice Fury	U20W	Medway & Maidstone AC	60:46
22	Melanie Peddle	W50	Loughton Athletic Club	61:18
23	John Constandinou	M45	Birchfield Harriers	64:11
	Madeline Shott	SENW	Belgrave Harriers	DNF
	Daniel Mckerlich (T20)	U20M	Cardiff A.A.C.	DNF
	Agata Kowalska	U23W	Hyde Park Harriers	DNF
	David Fall	M75	Birchfield Harriers	DQ



Cameron Corbishley &amp; Heather Lewis

## Mixed 5km

Pos	Athlete	AG	Club	Perf
1	Christian Hopper	U17M	Cambridge Harriers	25:10
2	Mia Dunwell	U17W	Northern (IOM) AC	26:54
3	Abby Hughes	U17W	Taunton Athletic Club	27:11
4	Katie Stringer	U17W	Medway & Maidstone AC	27:11
5	Erika Pontarollo	U23W	Hyde Park Harriers	27:46
6	Millie Morris	U20W	Ashford Athletic Club	28:15
7	Lois Carty	U17W	Aldershot Farnham & Dist.	28:24
8	Abigail Smith	U17W	Blackheath & Bromley	29:55
9	Charlotte Wallis	U17W	Aldershot Farnham & Dist	30:44
10	Shannon Thomas	U17W	Swansea Harriers	31:11
11	Julie Bellfield	W50	Halesowen Athletic Club	31:25
12	Georgia Parkinson	U17W	Menai Track & Field	31:30
13	Lynn Bellfield	W50	Halesowen Athletic Club	33:39



Christian Hopper &amp; Gracie Griffiths

## Mixed U15 3km

Pos	Athlete	AG	Club	Perf
1	Gracie Griffiths	U15G	Pembrokeshire Harriers	17:05
2	Ellis Simmonds	U15B	Derbyshire & S. Yorkshire	17:38
3	Kelsey Tozer	U15G	Birchfield Harriers	18:21
4	Hannah Carpenter	U15G	Llanelli Athletic Club	18:42
5	Carla Forsyth	U15G	Blackheath & Bromley	18:43
6	Lola-Mae Billingham	U15G	Aldershot Farnham & Dist.	18:56
7	Jonathan Ellerton	U15B	Blackheath & Bromley	19:49
8	Isabel Knowles	U15G	Halesowen Athletic Club	23:01

## Mixed U13 2km

Pos	Athlete	AG	Club	Perf
1	Lewis Burr	U13B	Tonbridge Athletic Club	14:06
2	Natasha Goldsby	U13G	Dudley & Stourbridge Hs	15:27
3	Abigail Powell	U13G	Wolverhampton & Bilston	16:36
4	April Tonks	U13G	Dudley & Stourbridge Hs	18:32

## Domestic Results

Essex County & Eastern Counties AA Indoor Championships,  
Lee Valley Athletics Centre (Sat. 8<sup>th</sup> Feb.)

## Mixed 1 Mile (i)

Pos	Athlete	AG	Club	Perf
1	George Wilkinson	U20M	Enfield & Haringey AC	6:52.8
2	Emma Dyos	W45	Iford Athletic Club	8:40.2
3	Melanie Peddle	W50	Loughton Athletic Club	8:43.3
4	Keith Palmer	M55	Southend-on-Sea AC	9:45.8
5	Rachel Lawless	W55	Iford Athletic Club	9:54.0
6	Lesley Morris	W55	Iford Athletic Club	10:38.7
7	Pamela Abbott	W55	Enfield & Haringey AC	11:33.1
	John Borgars	M70	Herts Phoenix	DQ
	Simon Morgan	M50	Iford Athletic Club	DQ

Sam Shoebottom Trophy 10km, Simister (Sat. 8<sup>th</sup> Feb.)

The first Lancashire WC event of the year was a tremendous boost to our hopes of starting the year on a high point, *reports Dave Evans*. Not only did we see our President in Exile, Tony Taylor, but our great supporters and friends from the Midlands and Yorkshire, Eric Horwill, Glyn Jones and Martin Fisher.

The weather was cool but not too windy despite the impending storm coming from the Atlantic. thirteen aspirants toed the starting line to race the 10k and three walked the shorter 5km distance. Tony Taylor, one of three of the same title, led the field to the park turnaround marshalled by Glyn Jones and as the faster walkers arrived at the 5km point the watch was barely over 27 minutes as Tony T recorded a swift 27:10 followed by Adrian Edwards in 29:46, Martin Fisher 29:48 and Tony Malone 29:51. Tony Bell and new club member Martin Payne passed through in a good 32:36 & 33:00 respectively with the remaining seven 10km exponents not too far in arrears. The 5km performers were in the mix at halfway with Greg Smith posting a relaxed 35:18 followed by Pat Evans in 35:20 and Irene Pike 40:02. Irene has spent more than 12 months recovering from a foot problem which although not totally cured has healed enough to allow her to heel and toe again.

Tony Taylor continued to extend his lead on the final stage of the race and recorded a tremendous time of 54:42. He was well clear of Adrian (59:44), Martin (60:05) and Tony Malone (60:15). Despite the potentially inclement weather everyone walked well, and the handicapper has some material to work with for the next event to be held at Chorley on March 7<sup>th</sup>.

Andrea Lennon won the handicap by four seconds and has waited 17 years to repeat her earlier win. Amongst the spectators was former GB International Chris Harvey who was one of Tony Taylor's adversaries in the 1970's. Chris holds the fastest ever 20k time by a Lancashire WC member, clocking an excellent 1:28:26 over 30 years ago at the 1979 World Cup in Eschborn. Tony is planning to do an interview with Chris about his career soon.

## Mixed 10km (B)

Pos	Athlete	AG	Club	Perf
1	Tony Taylor	M70	Lancashire Walking Club	54:42
2	Adrian Edwards	M55	Lancashire Walking Club	59:44
3	Martin Fisher	M55	Redcar Race Walking Club	60:05
4	Tony Malone	M65	Lancashire Walking Club	60:15
5	Tony Bell	M55	Lancashire Walking Club	66:31
6	Martin Payne	M55	Unattached	68:16
7	John Crahan	M70	Lancashire Walking Club	69:20
8	Joe Hardy	M75	Lancashire Walking Club	69:23
9	Phil McCullagh	M60	Lancashire Walking Club	70:01

10	Sailash Shah	M50	Lancashire Walking Club	70:06
11	Ian Hilditch	M75	Lancashire Walking Club	72:20
12	Roy Gunnnett	M70	Lancashire Walking Club	72:38
13	Andrea Lennon	W75	Lancashire Walking Club	82:23

**Mixed 10km (B)**

Pos	Athlete	AG	Club	Perf
1	Greg Smith	M65	Lancashire Walking Club	35:18
2	Pat Evans	W65	Lancashire Walking Club	36:20
3	Irene Pike	W65	Lancashire Walking Club	40:02

**Southern Counties Veterans AC Indoor Championships, Lee Valley Athletics Centre (Sun. 16<sup>th</sup> Feb.)****Mixed 3000m (i)**

Pos	Athlete	AG	Club	Perf
1	Ian Torode	M60	South West Veterans	18:24.27
2	Helen Middleton	W55	Enfield & Haringey AC	18:26.91
3	Noel Blatchford	W65	Abingdon Athletic Club	19:35.60
4	Arthur Thomson	M80	Enfield & Haringey AC	21:34.41
5	Geraldine Legon	W60	Bexley Athletic Club	22:12.13

**Sarnia Walking Club, Philadelphia Team Race, Les Amarreurs, Vale, Guernsey (Sun. 16<sup>th</sup> Feb.)**

A wet and windy Sunday morning did not stop a handful of hardy members turning out to compete for the Philadelphia Trophy, **reports Rob Elliott**. Two teams consisting of two walkers per team battled it out and the winners were Mick Le Sauvage and Dave Dorey by one second. Fastest walker on the day was Stuart Le Noury.

**Handicap 1 Mile (B)**

Pos	Athlete	AG	Club	Watch/Actual
1	Peter Beckerleg	M60	Sarnia Walking Club	11:42/10:42
2	Dave Dorey	M70	Sarnia Walking Club	11:48/11:48
3	Mick Le Sauvage	M80	Sarnia Walking Club	12:06/12:06
4	Stuart Le Noury	SENM	Sarnia Walking Club	12:13/08:13

**Team Result:**

- Dave Dorey & Mick Le Sauvage 23:54
- Peter Beckerleg & Stuart Le Noury 23:55

**Manx Harriers Murray Lambden Open Meeting, N.S.C. Douglas, Isle of Man (Sat. 22<sup>nd</sup> Feb.)****(Incorporating the Nihill Shield Match & Northern 20km Championships)**

The Nihill Shield competition is an England Race Walking Association team versus Ireland U18s. Eleven young English athletes had the opportunity to experience international competition thanks to the support of the RWA and others, **reports Verity Snook**. The English U15 team had five walkers, three girls and two boys and the U17 team one male and five ladies. Team support was provided by Mike Fox, Elizabeth Corran and Verity Snook, thanks to the Manx Harriers for a brilliantly organised event.

First up was the Under 15 3km, who were subjected to high winds and overcast racing conditions, Natasha Mitchell (Winchester), Eddy Purser (City of Portsmouth) and Aisling Lane (Mullingar Harriers – Ireland) set the early pace. These three walked together for the first 1km, with Ellis Simmonds (Derbyshire and South Yorkshire) on a lonely battle against the elements followed by Lola-Mae Billingham (Aldershot, Farnham and District) and Carla Forsythe (Blackheath and Bromley) walking side by side ahead of the two Irish walkers, Abbie Murphy (Celbridge) and Saoirse Kennedy (Celbridge).

Aisling and Eddy pulled away from chasing Natasha, with Eddy stamping his authority on the final lap, finishing very strongly in a massive 2-minute personal best with a credible 15:26. Chasing down Eddy was Aisling Lane (Ireland) 1<sup>st</sup> female, closely followed in 2<sup>nd</sup> place Natasha also finishing in another hugely improved personal best in 16:14. Ellis in a lonely race, worked very hard with a solid technique, finished 2<sup>nd</sup> male in another personal best performance with 17:10. Carla and Lola continued to battle with each other right up to the finish line, crossing together both with personal best times of 18:22 however, the 3<sup>rd</sup> female position was awarded to Lola and

Carla 4<sup>th</sup>. Abbie finished 5<sup>th</sup> and Saoirse 6<sup>th</sup>, both girls competing for the first time over 3km.

Next up to race was the Under 17 men's and women's race over 5km, the weather conditions having deteriorated further. The gusts of wind reported to be approaching 40mph at times.

The fields were larger, providing a good competition with seven Irish walkers, England six, and a couple of Isle of Man open entries, provided an excellent competitive race for this age group. Early into the lead, as expected, was a foursome of men, was Jake O'Brien (Moy Valley), Christian Hopper (Cambridge Harriers), Andrew Glennon (Mullingar Harriers) and Sam O'Sullivan (Clonmel).

Chasing were Mia Dunwell (Northern IOM AC) and debutant at 5km Abby Hughes (Taunton Athletics Club). The next chasing duo of Leah Murphy (Celbridge) and Lois Carty (Aldershot, Farnham and District) battled hard together, closely followed by Katie Stringer (Medway and Maidstone) in middle ground between chasing packs with Abigail Smith (Blackheath and Bromley) in a group of four, which included open walker Keira Heavy (U20 - Northern IOM AC).

Places changed, with a convincing lead from Jake 1<sup>st</sup>, and a good strong finish in 2<sup>nd</sup> place for Christian with another personal best of 25:23. Both Abby and Mia battled hard up to the final lap, when Abby pipped Mia in the final stages both finishing with personal best times of 25:53 and Mia a massive improvement with 25:54. Irish duo, Ava Ross (Glaslough Harriers) and Leah finishing 3<sup>rd</sup> and 4<sup>th</sup> respectively, pulled away from Lois, leaving her racing alone to finish 5<sup>th</sup> in a season best of 28:12. Mid race Katie struggled but rallied finishing strongly in only her second 5km finishing 6<sup>th</sup> with 28:33, Irish Grainne O'Connor (Clonmel) 7<sup>th</sup>, just ahead of Abigail in 8<sup>th</sup> in huge personal best with 28:48 and open walker Keira 9<sup>th</sup> with a personal best of 29 mins exactly and Ciara Mooney (Adamstown) 10<sup>th</sup>.

The Nihill shield saw exciting competition by all the race walkers, some excellent results where the English RWA team retained the title for 2020.

**Mixed 3km**

Pos	Athlete	AG	Club	Perf
1	Eddy Purser	U15B	City of Portsmouth AC (ENG)	15:26
2	Aisling Lane	U15G	Mullingar Harriers (IRL)	15:33
3	Natasha Mitchell	U15G	Winchester & Dist AC (ENG)	16:14
4	Ellis Simmonds	U15B	Derbyshire & S. Yorkshire (ENG)	17:10
5	Lola-Mae Billingham	U15G	Aldershot Farnham & D. (ENG)	18:22
6	Carla Forsyth	U15G	Blackheath & Bromley (ENG)	18:22
7	Abbie Murphy	U15G	Celbridge Athletic Club (IRL)	19:16
8	Saoirse Kennedy	U15G	Celbridge Athletic Club (IRL)	20:06

**Mixed 5km**

Pos	Athlete	AG	Club	Perf
1	Jake O'Brien	U17M	Moy Valley AC (IRL)	24:39
2	Christian Hopper	U17M	Cambridge Harriers (ENG)	25:23
3	Abby Hughes	U17W	Taunton Athletic Club (ENG)	25:53
4	Mia Dunwell	U17W	Northern (IOM) AC (ENG)	25:54

5	Andrew Glennon	M50	Mullingar Harriers (IRL)	26:19
6	Sam O'Sullivan	U17M	Clonmel Athletic Club (IRL)	27:00
7	Ava Ross	U17W	Glaslough Harriers (IRL)	27:08
8	Leah Murphy	U17W	Celbridge Athletic Club (IRL)	28:00
9	Lois Carty	U17W	Aldershot Farnham & D. (ENG)	28:12
10	Katie Stringer	U17W	Medway & Maidstone (ENG)	28:33
11	Grainne O'Connor	U20W	Clonmel Athletic Club (IRL)	28:45
12	Abigail Smith	U17W	Blackheath & Bromley (ENG)	28:48
13	Keira Heavey	U20W	Northern (IOM) AC	29:00
14	Ciara Mooney	U17W	Adamstown Athletic Club (IRL)	29:12
15	Rebecca Greatbatch	SENW	Manx Harriers	31:16
16	Sharon Cain	W50	Manx Harriers	32:32
17	Deirdre Doherty	SENW	Celbridge Athletic Club (IRL)	36:25
18	Gordon Erskine	M75	Unattached	36:42

Irish junior male walkers Oisín Lane and Matthew Glennon produced good times in the conditions to lead the field home in the 10km.

**Mixed 10km**

Pos	Athlete	AG	Club	Perf
1	Oisín Lane	U20M	Mullingar Harriers (IRL)	44:26
2	Matthew Glennon	U20M	Mullingar Harriers (IRL)	45:09
3	Maria Flynn	U20W	Nass Athletic Club (IRL)	51:50
4	Emily McHugh	U20W	Nass Athletic Club (IRL)	52:48
5	James Hanlon	U20M	Taghmona Athletic Club (IRL)	56:55
6	Phil Swales	M50	Northern (IOM) AC	66:11
7	Maura Kelly	W50	Northern (IOM) AC	70:04
8	May Hooper	SENW	Manx Harriers	71:34
9	Denise Bridson	W60	Northern (IOM) AC	73:15
10	Carolanne Hanley	SENW	Northern (IOM) AC	99:26
	Sarah Glennon	U20W	Mullingar Harriers (IRL)	DNF
	Jennifer Fidgeon	U20W	Mullingar Harriers (IRL)	DNF

Ireland's Joe Mooney and England's Natalie Myers won their respective races in the 20km. Natalie knocked 8 minutes 35 seconds off for her previous best for the distance.

**Mixed 20km**

Pos	Athlete	AG	Club	Perf
1	Joe Mooney	U23M	Adamstown Athletic Club (IRL)	1:37.34
2	Gianni Epifani	M45	Manx Harriers	1:47.29
3	Richard Creer	M40	Manx Harriers	1:52.56
4	Natalie Myers	SENW	Derbyshire & S. Yorkshire Hs	1:53.02
5	Niamh O'Connor	U23W	Celbridge Athletic Club (IRL)	1:55:43
6	Penelope Cummings	W45	Aldershot Farnham & Dist.	2:04:54
7	Marie Jackson	W55	Manx Harriers	2:07:50
8	Graham Jackson	M50	Northern Masters AC	2:10:30
9	Jayne Farquhar	W50	Manx Harriers	2:12:10
10	Diana Obermeyer	W35	LAC Langenhagen (GER)	2:13:08
11	Angie Robinson	W50	Manx Harriers	2:25:07
	Mark Byrne	M55	Redcar Race Walking Club	DNF
	Dennis Jackson	M70	Unattached	DNF
	Hannah Hunter	W35	Manx Harriers	DNF
	Anna Bourke	U23W	Celbridge Athletic Club (IRL)	DNF
	Ian Richards	M70	Steyning Athletic Club	DQ

**1km Development**

Pos	Athlete	AG	Club	Perf
1	Harrie Swales	U11B	Northern (IOM) AC	8:39

### Enfield Race Walking League 2020, Race 2, King George Playing Fields, Enfield (Sat. 22<sup>nd</sup> Feb.)

Blustery winds with gusts over 20 mph sweeping across the playfields made conditions extremely testing for the second race in the 23<sup>rd</sup> series, **reports Ron Wallwork**. Once again, a decent field made for some close competition and despite being blown all over the course, in only her second race Catherine Davies shaved half a minute off her personal best.

The chase for the team title is well underway with only 79pts separating the leading three club: EHAC 607, Belgrave Harriers 584, Surrey WC 528 and Ashford AC still within striking distance a little

further back. Aldershot Farnham & District fielded five walkers among them two novices who showed promise and qualified for their '5 in the hour' badges.

**Mixed 5 Mile (B)**

Pos	Athlete	AG	Club	Perf
1	Callum Wilkinson	U20M	Enfield & Haringey AC	41:01
2	Francisco Reis	M55	Surrey Walking Club	43:00
3	Silvana Alves	W45	Barnet & District AC	45:50
4	Trevor Jones	M60	Steyning Athletic Club	46:09
5	Vincenzo Panico	M65	BSC Blasnac (FRA)	46:29
6	Malcolm Martin	M60	Surrey Walking Club	46:33
7	Millie Morris	U20W	Ashford Athletic Club	46:52
8	Jaqueline Benson	U23W	Ashford Athletic Club	47:23
9	Christopher Hobbs	M60	Ashford Athletic Club	47:24
10	Emma Dyos	W45	Ilford Athletic Club	49:00
11	Steve Uttley	M60	Ilford Athletic Club	49:34
12	Melanie Peddle	W50	Loughton Athletic Club	50:36
13	Colin Harle	M60	Belgrave Harriers	51:26
14	Helen Middleton	W55	Enfield & Haringey AC	51:44
15	Mark Culshaw	M50	Belgrave Harriers	52:30
16	Alicia Drende	W35	Belgrave Harriers	52:35
17	John Ralph	M60	Enfield & Haringey AC	52:50
18	John Borgars	M70	Loughton Athletic Club	53:11
19	Maureen Noel	W55	Belgrave Harriers	53:21
20	Anna Hinchliffe	U20W	Aldershot Farnham & Dist.	53:22
21	Noel Blatchford	W70	Abingdon Athletic Club	53:28
22	Sue Davies	W50	Aldershot Farnham & Dist.	54:06
23	Sue Barnett	W70	Enfield & Haringey AC	54:12
24	Catherine Davies	W50	Belgrave Harriers	54:41
25	David Kates	M70	Ilford Athletic Club	55:16
26	John Hall	M70	Belgrave Harriers	55:36
27	Diana Braverman	W65	Enfield & Haringey AC	57:09
28	Tom Casserley	M80	Enfield & Haringey AC	58:00
29	George Wallace	M65	Aldershot Farnham & Dist.	58:57
30	Arthur Thomson	M80	Enfield & Haringey AC	58:58
31	David Hoben	M65	Surrey Walking Club	59:01
32	Gary Smith	M60	Enfield & Haringey AC	59:20
33	Christopher Flint	M75	Surrey Walking Club	60:20
34	Kathy Smith	W50	Aldershot Farnham & Dist.	60:42
35	Michael Harran	M80	Surrey Walking Club	60:53
36	Angela Martin	W55	Surrey Walking Club	61:59
	Maddy Shott	SENW	Belgrave Harriers	DNF

**Mixed 3 Mile (B)**

Pos	Athlete	AG	Club	Perf
1	Rachel Lawless	W55	Ilford Athletic Club	31:47
2	Peter Hannell	M75	Surrey Walking Club	37:19

**Mixed 2 Mile (B)**

Pos	Athlete	AG	Club	Perf
1	Nicholas Hart	U20M	Aldershot Farnham & Dist.	18:39

**ERWL Tables after two fixtures**

Ladies	Men	Team
135/2 Silvana Alves	139/2 George Wilkinson	614 – Enfield & H
130/2 Millie Morris	132/2 Trevor Jones	570 – Belgrave H
127/2 Jacqueline Benson	128/2 Malcolm Martin	474 – Surrey WC
120/2 Emma Dyos	123/2 Steve Uttley	429 – Ashford AC
116/2 Melanie Peddle	121/2 Chris Hobbs	428 – Ilford AC

The next ERWL fixture will be 10km incorporated in the Cecil Gittins Memorial Meeting organised by Vets AC to take place at Cyclopark, The Tollgate, Gravesend, Kent, DA11 7NP on **Saturday 4<sup>th</sup> April at 1pm**

The programme includes races over 2.5km, 5km, 10km and 15km

Entry form: <http://www.vetsac.org.uk/Forms/CGwalksentryform2020.pdf>



### Sarnia WC Bob Wright Handicap Series Race 6, 5 Mile Road Walk, Lanresse to North Beach (Sun. 23<sup>rd</sup> Feb.)

Club handicapper Mick Le Sauvage, who had moved into the lead in the middle section of the 5 miles road walk from Lanresse to North Beach, lost his lead in the final few strides to back marker Stuart Le Noury, **reports Rob Elliott**.

Raced in windy conditions, with strong headwinds slowing the competitors, fastest walker of the day Stuart Le Noury with a 21 minutes handicap, looked ahead and still with a big gap to close with quarter of a mile to go, ground out the final sprint to take the win in an actual time of 42:42. Emulating his win from the corresponding race held last year Stuart heads the Bob Wright Series by a point from father Kevin. Once race discards are counted then Peter Beckerleg, third across the line brings himself into contention for a series win with one race to go.



Stuart Le Noury & Mick Le Sauvage

#### Handicap 5 Mile (B)

Pos	Athlete	AG	Club	Watch/Actual
1	Sturat Le Noury	SENM	Sarnia Walking Club	63:42/42:42
2	Mick Le Sauvage	M80	Sarnia Walking Club	63:44/63:44
3	Peter Beckerleg	M60	Sarnia Walking Club	64:15/58:18
4	Kevin Le Noury	M60	Sarnia Walking Club	64:50/57:50
5	Dave Dorey	M70	Sarnia Walking Club	65:54/65:54
6	Kay Coulson	W50	Sarnia Walking Club	68:07/65:07

### Sarnia WC Bob Wright Handicap Series Race 7, 3km Road Walk, Cambridge Park, St Peter Port (Sun. 3<sup>rd</sup> Mar.)

Race winner Peter Beckerleg secured the Bob Wright Series overall win, **reports Rob Elliott**, holding off his nearest challenger on the day, Kevin Le Noury, by eleven seconds. Beckerleg moved into the lead mid-race with Kevin chasing hard to slightly close the handicap margin by the finish line.

Third place on the day was Dave Dorey ahead of Kay Coulson and Mick Le Sauvage.

Peter took the overall series win by two points from Stuart Le Noury, who used this race as one of his discards in the seven race series with five to score. Kevin Le Noury taking third place a further point behind.

#### Handicap 3km (B)

Pos	Athlete	AG	Club	Watch/Actual
1	Peter Beckerleg	M60	Sarnia Walking Club	22:12/20:16
2	Kevin Le Noury	M60	Sarnia Walking Club	22:12/20:12
3	Dave Dorey	M70	Sarnia Walking Club	22:36/22:36
4	Kay Coulson	W50	Sarnia Walking Club	23:03/22:48
5	Mick Le Sauvage	M80	Sarnia Walking Club	23:33/23:18

#### Bob Wright Handicap Series – Final Positions

1	Peter Beckerleg	97	7	Dave Dory	65.5
2	Stuart Le Noury	95	8	Phil Lockwood	59
3	Kevin Le Noury	94	9	Rob Elliott	57
4	Mick Le Sauvage	87	10	Jayne Le Noury	29
5	Kay Coulson	83	11	Ellis Lockwood	20
6	Donna Allan	71			

### England Masters Inter-Area Match, Lee Valley Athletics Centre (Sat. 8<sup>th</sup> Feb.)

Championship best performances for Carolyn Derbyshire and Malcolm Martin.

#### Men's 2000m (i)

Pos	Athlete	AG	Masters Club	Perf
1	Malcolm Martin	M60	Southern Counties Veterans	11:00.85
2	Mark Culshaw	M50	Eastern Masters AC	11:37.10
3	Colin Harle	M60	Eastern Masters AC	11:48.97
4	Ian Torode	M60	South West Veterans	12:08.11
5	Paul Hawkins	M60	Midland Masters AC	12:30.47
6	Christopher Flint	M70	Veterans Athletics Club	14:27.26
7	Arthur Thomson	M80	Veterans Athletics Club	15:10.83
8	Conrad Watson	M55	Midland Masters AC	15:40.58
9	Peter Boszko	M70	Midland Masters AC	DQ

#### Women's 2000m (i)

Pos	Athlete	AG	Masters Club	Perf
1	Carolyn Derbyshire	W40	Midland Masters AC	10:32.77
2	Wendy Kane	W50	Midland Masters AC	11:45.68
3	Helen Middleton	W55	Eastern Masters AC	12:05.27
4	Rachel Lawless	W55	Eastern Masters AC	12:15.25
5	Noel Blatchford	W70	Southern Counties Veterans	13:24.41
6	Angela Martin	W55	Southern Counties Veterans	14:47.90

## Results Round-Up

#### Feb

#### 16 Winterserie 3 sv De LAT, Amsterdam (NED):

10km: 2 David Annetts (M55 – North Herts Road Runners) 49:36.

## UPCOMING EVENTS

Full listing & some links to entry forms can be found on the RWA Website  
<http://racewalkingassociation.com/Fixtures.asp>

#### March

Sat. 7 <sup>th</sup> (B)	Alison Trophy 15km	Chorley
Sun. 8 <sup>th</sup> (B)	Sarnia WC Eric Waldron Walk	Footes Lane
Sun. 15 <sup>th</sup> (A)	Up & Running Winter League	N.S.C. Douglas (IOM)
Sat. 21 <sup>st</sup> (A)	RWA Inter-Area Match	Sheffield
Fri. 27 <sup>th</sup> (A)	South Yorkshire League	Millhouses Park
Sat. 28 <sup>th</sup> (A)	Slater-Bryce Memorial Races	Horsham
Sun. 29 <sup>th</sup> (A)	Midland Championships	Stourport
Sun. 29 <sup>th</sup> (B)	Ken Munro Trophy 10 Mile	Dalton, Yorkshire

#### April

Sat. 4 <sup>th</sup> (B)	Cecil Gittens Memorial Walks	Gravesend Cyclopark
Tue. 7 <sup>th</sup> (B)	Vets AC Open 5 Mile	Battersea Park
Sat. 11 <sup>th</sup> (B)	Macclesfield Shield – 10 Mile	Sutton, Macclesfield
Sun. 19 <sup>th</sup> (A)	RWA National 10km & YAG	Coventry