



Race Walking Record

May 2022



Cameron Corbishley – Tom Partington – Heather Lewis – Leeds on 30th April 2022



Start of the Manx Harriers Open 5km Walk – Douglas on 19th May 2022

NEWS

DATES

FOR YOUR DIARY

UKA 2022 Fixture Calendar

UKA have published the fixture list for 2022 and listed below are the events that include a race walk, which has been further updated with additional information.

Date	Event	Venue
8-9 Jan.	England Athletics Indoor Walks	E.I.S. Sheffield
5 Feb.	England Athletics Winter RW Championships	Leeds Beckett Uni.
25-27 Feb.	British Athletics Indoor Championships	N.I.A. Birmingham
5-6 Mar.	British Masters Indoor Championships	Lee Valley
19 Mar.	Molly Barnett including EA U20/Sen 10,000m	Coventry
30 Apr.	BA 20km World Championship trial	Leeds, Brownlee
24-26 Jun.	UK Athletics Outdoor Championships	Manchester
3 rd Jul.	RWA 10km & YAG Championships	Leicester
16-17 Jul.	England Athletics U20/U23 Championships	Bedford
30-31 Jul.	England Athletics Senior Championships	Bedford
17 Aug.	Manchester International	Manchester
27-28 Aug.	England Athletics U15/U17 Championships	Bedford
17 Sept.	English Schools Championships	Bedford
23 Oct.	UKA 35km Race Walking Championships	Leeds, Brownlee



Winners in the recent R.W.A 200 Club draw

	£25.00	£15.00	£10.00
June 22	Brian Kibble	Carl Lawton	Bob Dobson

It is £12 per number per year, so if you wish to join, please contact Mark Easton (rwatreasurer@yahoo.co.uk) for further details.



Race Walking Assoc. 10km & YAG Championships
Sunday 3rd July 2022 at Leicester Cycle Circuit, LE3 6DN

Senior Men & Women 10k at 12:30

(Time limit of 66 minutes will be applied to the 10k)

U17 5k, U15 3k & U13 2k at 13:50

(U20's can either race and score in senior 10k or walk as guest in 5k)

Enter online at [RWA 10k & YAG Championships \(opentrack.run\)](http://opentrack.run)

Closing date 27th June.

Overseas

Gran Premio Internacional Madrid Marcha LaLiga (WA Race Walking Tour – Gold) Madrid, Spain (Mon. 16th May)

Sweden's Perseus Karlstrom and China's Qieyang Shenjie captured respective victories at the first Gran Premio Internacional Madrid Marcha La Liga – a **World Athletics Race Walking Tour Gold** event – over 10km in the Spanish capital on a warm sunny day.

Men's 10km

Pos	Athlete	Nation	Perf	Notes
1	Perseus KARLSTRÖM	SWE	38:42	PB
2	Diego GARCÍA CARRERA	ESP	38:49	PB
3	Caio BONFIM	BRA	39:13	PB
4	Jun ZHANG	CHN	39:18	
5	Francesco FORTUNATO	ITA	39:21	
6	Paul MCGRATH	ESP	39:30	PB
7	César Augusto RODRÍGUEZ	PER	39:41	PB
8	Sandeep KUMAR	IND	39:44	PB
9	Christopher LINKE	GER	39:58	PB
10	Álvaro LÓPEZ	ESP	40:00	PB
29	Tom BOSWORTH	GBR	42:33	PZ

47 started; 7 DNF; 1 DQ.

Women's 10km

Pos	Athlete	Nation	Perf	Notes
1	Shijie QIEYANG	CHN	43:07	
2	Kimberly GARCÍA LEÓN	PER	43:37	
3	Laura GARCÍA-CARO	ESP	43:50	PB
4	Haiying JI	CHN	44:27	PB
5	Ana CABECINHA	POR	44:35	
6	Magaly BONILLA	ECU	44:58	PB
7	Maocuo LI	CHN	45:03	
8	Johana ORDÓÑEZ	ECU	45:20	
9	Bhawna JAT	IND	45:20	PB
10	Priyanka PATEL	IND	45:47	PB
17	Heather LEWIS	GBR	47:16	
22	Bethan DAVIES	GBR	48:41	

30 started; 4 DNF.

XXXV Gran Premio Cantones Da A Coruna De Marcha (WA Race Walking Tour – Gold), La Coruna, Spain (Sat. 28th May)

This was the thirty-fifth staging of the **Gran Premio Cantones Da A Coruna De Marcha** attracting high class fields for the two 20k races, which were won by China's Shijie Qieyang and Spain's Alvaro Martin.

The women's race started off cautiously, probably due to the warm temperature of 28°C. A leading pack of six soon developed formed of Qieyang, Jemima Montag (AUS), Kimberley Garcia (PER), Sandra Arenas (COL) and Spanish duo of Maria Perez and Laura Garcia-Caro.

The first 5km was covered in 22:20, after which Qieyang pushed the pace and only had Garcia for company. A further injection of pace saw Qieyang drop Garcia as she reached 10km in 43:44 eight seconds ahead of the Peruvian and went onto take the win in 1:27:50, 48 seconds ahead of Garcia who was almost a minute ahead of Perez in third.

Heather Lewis took a very creditable 13th place in 1:36:54.

The men's race was held in much more favourable conditions, with a large group of twenty plus walkers forming at the front of the field. The 5km was reached in 20:16 and 10km in 40:46. At this point Alvaro Martin and Diego Garcia moved to the head of the pack to walk alongside Brazilian Caio Bonfim. Just before the hour mark Garcia took the lead, but Bonfim returned to the lead going through 15km in 1:00:39. Martin led through the bell with Garcia tucked in behind him. With 700m remaining Martin pulled out a small gap which he retained until the finish, clocking 1:19:58, just two seconds ahead of Garcia with Bonfim a further 14 seconds behind in third.

Callum Wilkinson, just 12 weeks after knee surgery, only intended to complete 10km, recording a Commonwealth Games qualifying time of

41:22. Younger brother George, making his debut over 20km recorded a time of 1:39:19.

Women's 20km

Pos	Athlete	Nation	Perf	Notes
1	Shijie QIEYANG	CHN	1:27:50	
2	Kimberly GARCÍA LEÓN	PER	1:28:38	
3	María PÉREZ	ESP	1:29:33	
4	Laura GARCÍA-CARO	ESP	1:31:25	
5	Maocuo LI	CHN	1:31:43	
6	Haiying JI	CHN	1:32:22	
7	Viviane LYRA	BRA	1:32:56	
8	Johana ORDÓÑEZ	ECU	1:33:44	
9	Ayşe TEKDAL	TUR	1:35:41	
10	Cristina MONTESINOS	ESP	1:35:44	
11	Eloise TERREC	FRA	1:36:24	
12	Rebecca HENDERSON	AUS	1:36:47	
13	Heather LEWIS	GBR	1:36:54	
14	Lidia SANCHEZ-PUEBLA	ESP	1:36:57	
15	Katie HAYWARD	AUS	1:37:21	
29	Erika KELLY	GBR	1:50:36	
	Abigail JENNINGS	GBR	DNF	

54 started; 32 Finished, 21 DNF, 1 DQ.

Men's 20km

Pos	Athlete	Nation	Perf	Notes
1	Álvaro MARTÍN	ESP	1:19:58	
2	Diego GARCÍA CARRERA	ESP	1:20:00	
3	Caio BONFIM	BRA	1:20:14	
4	David HURTADO	ECU	1:20:31	
5	Brian Daniel PINTADO	ECU	1:20:38	
6	César Augusto RODRÍGUEZ	PER	1:20:45	
7	Christopher LINKE	GER	1:20:54	
8	Manuel BERMÚDEZ	ESP	1:21:02	
9	Francesco FORTUNATO	ITA	1:21:28	
10	Jordy Rafael JIMÉNEZ ARROBO	ECU	1:21:44	
11	Marc TUR	ESP	1:21:45	
12	Alberto AMEZCUA	ESP	1:21:57	
13	Andrea COSI	ITA	1:21:59	
14	Kevin CAMPION	FRA	1:22:01	
15	Wenchao NIU	CHN	1:22:11	
50	Tom BOSWORTH	GBR	1:27:27	
73	George WILKINSON	GBR	1:39:19	
	Dominic KING	GBR	DNF	
	Daniel KING	GBR	DNF	
	Callum WILKINSON	GBR	DNF	

101 started; 76 Finished, 23 DNF, 2 DQ.



**South of England
Athletic Association**

South of England AA Track Race Walk Championships

Sunday 14th August 2022 at Chelmsford, CM1 2EH

Senior/U20 5000m & U17/U15 3000m

(The qualifying standard for the 5000m = 32:00)

Enter online at seaa.org.uk - Track and Field Closing date 2nd Aug.

The RWA (Southern Area) has agreed to use this event as its 5000m and 3000m championships and will contribute towards the SEAA entry fee of each individual who participates in the championship.

All athletes must be registered with England Athletics, and this applies to all age groups, and they must have a Southern Area qualification. If not members of a southern club, they will be asked to confirm their eligibility.

This is a great opportunity to participate and support an important regional championship and Southern Area medals will be awarded in each age category.

Talk to your coach or contact Chris Hobbs (hobbsrom@outlook.com) the RWA (Southern Area) Coaching and Development officer.

Masters

**European Masters Athletics Non-Stadia Championships
Grosseto, Italy (13th to 15th May)**

Ian Richards secured individual bronze in the M70 10km and combined with Colin Harle and Ian Torode to take M60 team silver. British Expat Cath Duhig (W65) took silver in the 10km and gold in the 30km.

**Women's 10km (13th May)**

Pos	Athlete	AG	Nation	Perf	Notes
1	LA DELFA Rosetta	W40 [1]	ITA	49:27	
2	PEDETTI Valeria	W45 [1]	ITA	52:26	
3	SCHENKER Bianca	W45 [2]	GER	52:48	
4	SUKHARYNA Nadiya	W45 [3]	UKR	52:52	
5	IVANOVA Marina	W40 [2]	ITA	54:54	
6	PEREZ TRUJILLO Eva	W45 [4]	ESP	55:01	
7	GUERRETTA Gloria	W45 [5]	ITA	55:19	
8	BODORKOS-HORVATH Katali	W50 [1]	HUN	55:55	
9	ELENA Cinca	W50 [2]	ITA	56:01	
10	SAVARESE Anna	W50 [3]	ITA	56:23	
13	MANZOTTI Grazia	W50 [4]	GBR	56:55	
28	DUHIG Cath	W65 [2]	ESP	64:29	

63 started; 2 DQ

Men's M60-95 10km (13th May)

Pos	Athlete	AG	Nation	Perf	Notes
1	LOPETUSO Antonio	M60 [1]	ITA	54:31	
2	MUNOZ BELMONTE Jose	M60 [2]	ESP	55:43	
3	ALFIERI Edoardo	M65 [1]	ITA	56:14	
4	DONATI Patrizio	M65 [2]	ITA	57:30	
5	FORTUNATO Vincenzo	M65 [3]	ITA	58:21	
6	MURPHY Patrick	M60 [3]	IRL	58:38	
7	PIO Alberto	M70 [1]	ITA	59:02	
8	BROCHOT Patrice	M70 [2]	FRA	59:29	
9	RICHARDS Ian	M70 [3]	GBR	59:43	
10	ALBRECHT Jurgen	M65 [4]	GER	59:56	
15	HARLE Colin	M60 [5]	GBR	64:05	
33	TORODE Ian	M65 [10]	GBR	69:47	

72 started; 5 DQ

Women's 20km (15th May)

Pos	Athlete	AG	Nation	Perf	Notes
1	LA DELFA Rosetta	W40 [1]	ITA	1:51:53	
2	PEDETTI Valeria	W45 [1]	ITA	1:54:27	
3	SCHENKER Bianca	W45 [2]	GER	1:55:29	
4	BODORKOS-HORVATH Katali	W50 [1]	HUN	1:58:19	
5	ELENA Cinca	W50 [2]	ITA	1:59:45	
6	SAVARESE Anna	W50 [3]	ITA	2:04:35	
7	FRULLA Francesca	W50 [4]	ITA	2:06:50	
8	BOROVICKOVA Lenka	W45 [3]	CZE	2:10:53	
9	AURIZZI Melania	W50 [5]	ITA	2:13:22	
10	DUHIG Cath	W65 [1]	ESP	2:14:38	

24 started; 3 DQ

Men's 30km (15th May)

Pos	Athlete	AG	Nation	Perf	Notes
1	IVZANS. Normunds	M50 [1]	LAT	2:48:11	
2	APARICIO MONTAGUD Jose	M50 [2]	ESP	2:49:16	
3	SAPONARO Giuseppe	M50 [3]	ITA	2:51:05	
4	GIACHETTI Marco	M45 [1]	ITA	2:52:34	
5	CASTRO MATEO Victor	M40 [1]	ESP	2:54:27	
6	DE LUCAS PASALODOS Juan	M55 [1]	ESP	2:56:24	
7	PONTRANDOLFO Vincenzo	M40 [2]	ITA	2:56:44	
8	CALO' Samuele	M45 [2]	ITA	2:58:11	
9	MEYER Steffen	M55 [2]	GER	2:58:43	
10	FRANKE Denis	M50 [4]	GER	2:59:59	
35	TORODE Ian	M65 [4]	GBR	3:45:53	
	RICHARDS Ian	M70	GBR	DNS	

51 started; 5 DNF; 3 DQ

British Masters 10,000m Track Championships, Horspath Stadium, Oxford (Sun. 8th May)

The British Masters 10000m Track Championship was held at Horspath Road, Oxford, **reports Andrew Clough**. It was part of the annual BMAF Combined Events and 10,000m Championships. Twelve athletes assembled on a slightly overcast morning with a slight breeze... seemingly perfect for the event. Unfortunately, the clouds and breeze disappeared part way through to make things quite uncomfortable, which took its toll on some competitors.

David Annetts sped away from the start, earning three quick warnings for loss of contact and two red cards with the race not even half way through. Nevertheless, he satisfied the other two judges and came home in a new M55 record of 48:39.85. Behind him Grazia Manzotti and Melanie Peddle were in an excellent tussle for the W50 title. Melanie tried to pass on several occasions but had to ease up a little when a red card appeared. Grazia finally pulled away off the final bend to be greeted by a yellow contact paddle which gave Melanie hope of catching her on the line. Both finished within the existing W50 record, Grazia jubilant in 56:39.30, and Melanie about six seconds behind.



Grazia Manzotti & Melanie Peddle

Trevor Jones took the M65 title finishing within the hour ahead of Ian Torode, who kept good form for a personal best. In the M60 category both athletes drew attention from the judges and found themselves on the posting board. David Walsh kept going steadily whilst his rival Steve Uttley was not his usual fluent self. Steve had to stop for a short time to take on water but stayed on the course and came in five minutes behind Walsh. In between them Martin Slevin was runner up in the M55 group after a clean performance which he hopes to maintain when returning to the adverse cambers of Midland road courses.

Paul Hawkins, returning to the fray after a long enforced lay off started really well, settling in at the back of the field. He quickly accumulated warnings, then red cards as his knees suffered in the increased temperature. The third card eventually appeared half way through the race and the inevitable followed. Ian Richards also started well, in a

group behind his Steyning team mate Trevor. As the weather changed Ian's forward lean increased and he dropped back. Each judge issued a warning for 'knees' and after forty minutes the third card arrived.

The closest competition of the day was in the W70 group where record holder Noel Blatchford and EMAC's Susan Barnett were always within a couple of metres of each other. Susan quickly earned a card and settled in behind Noel all the way to the home straight when she tried to get past. With two judges watching closely both racers somehow kept their form Noel claiming the title by 0.07s ... around 15cm after ten kilometres!

Mixed 10,000m

Pos	Athlete	AG	Club	Perf.
1	David Annetts	M55 [1]	North Herts Road Runners	48:39.85 [SB]
2	Grazia Manzotti	W50 [1]	Tonbridge Athletic Club	56:39.30 [PB]
3	Melanie Peddle	W50 [2]	Loughton Athletic Club	56:44.95 [PB]
4	Trevor Jones	M65 [1]	Steyning Athletic Club	58:38.23
5	David Walsh	M60 [1]	Enfield & Haringey AC	62:02.91
6	Martin Slevin	M55 [1]	Coventry Godiva Hs.	65:49.63
7	Ian Torode	M65 [2]	Birchfield Harriers	66:17.80
8	Steve Uttley	M60 [2]	Ilford Athletic Club	67:37.50
9	Noel Blatchford	W70 [1]	Abingdon Athletic Club	71:15.00
10	Susan Barnett	W70 [2]	Eastern Masters AC	71:15.07
	Paul Hawkins	M65	Stratford-upon-Avon AC	DQ TR 54.7.1
	Ian Richards	M70	Steyning Athletic Club	DQ TR 54.7.1

Domestic 'A' Permit Races

Welsh Athletics Event Specific Endurance Open, Cardiff International Stadium (Sun. 8th May)

Mixed 5000m

Pos	Athlete	AG	Club	Perf.
1	Megan Stratton-T	U23W	Swansea Harriers	27:31.53
2	Daniel Mckerlich	U23M	Cardiff A.A.C.	30:26.93
	Beatrice Fury	U23W	Medway & Maidstone AC	DNF
	Abby Hughes	U20W	Taunton Athletic Club	DNF

Worcester County Championships, Stourport (Sat. 14th May)

Mixed 3000m

Pos	Athlete	AG	Club	Perf.
1	Mark Williams	SENM [1]	Birchfield Harriers	16:26.14
2	Peter Boszko	SENM [2]	Birchfield Harriers	18:23.44
3	Julie Bellfield	SENW [1]	Halesowen Athletic Club	18:52.31
4	Lynn Bellfield	SENW [2]	Halesowen Athletic Club	20:03.30
5	Isabel Knowles	U17W [1]	Halesowen Athletic Club	21:43.98 [PB]
6	Theresa May	SENW [3]	Malvern Buzzards	21:47.87 [PB]

Essex County Championships, Chelmsford (Sun. 15th May)

There was, as usual, a fairly modest entry for the walk, with five men and two women starting, in damp weather that seemed ideal for a sprint, **reports Peter Cassidy**. As was to be expected, the Colchester twins went straight into the lead, followed at a distance by Stephen Crane, which was how they finished. John Arthur and Stuart Bennett had a good tussle before Arthur drew away a little in the closing couple of laps. Rachel Lawless held on to them well, finishing only ten seconds down on Stuart and setting a PB, as did Stephen and John. Shaheda Arthur, after walking an isolated race, received a late third card to remove her from the results sheet, leaving Rachel, with a personal best, to take the only women's medal.

Mixed 3000m

Pos	Athlete	AG	Club	Perf.
1	Dominic King	SENM [1]	Colchester Harriers	12:29.04
2	Daniel King	SENM [2]	Colchester Harriers	13:01.32
3	Stephen Crane	SENM [3]	Surrey Walking Club	14:33.80 [PB]
4	John Arthur	SENM [4]	Ilford Athletic Club	17:52.82 [PB]
5	Stuart Bennett	SENM [5]	Ilford Athletic Club	18:04.58
6	Rachel Lawless	SENW [1]	Ilford Athletic Club	18:14.75 [PB]
	Shaheda Arthur	SENW	Ilford Athletic Club	DQ TR 54.7.1

Kent County Championships, Gillingham (Sun. 15th May)

Thirteen entered, but withdrawals due to exams meant only nine started. Luc Legon soon headed the field and went onto retain the senior title. Crane and Hopper were battling hard until Hopper received two red cards and wisely slowed. Katie Stringer and Jacqueline Benson had a good tussle throughout the race pulling them away from Manzotti with Stringer crossing the line a mere two seconds ahead. There were personal bests for the youngest two walkers in the field.

**Mixed 3000m**

Pos	Athlete	AG	Club	Perf.
1	Luc Legon	SENM [1]	Bexley Athletic Club	13:14.38
2	Matthew Crane	SENM [2]	Bexley Athletic Club	13:42.81
3	Christian Hopper	U20M [1]	Cambridge Harriers	14:12.06
4	Katie Stringer	U20W [1]	Medway & Maidstone	16:02.52
5	Jacqueline Benson	SENW [1]	Ashford Athletic Club	16:04.58
6	Grazia Manzotti	SENW [2]	Tonbridge Athletic Club	16:15.24
7	Abigail Smith	U20W [2]	Blackheath & Bromley	16:53.92
8	Lewis Burr	U15B [1]	Tonbridge Athletic Club	17:27.78 [PB]
9	Jessica Wilton	U17W [1]	Ashford Athletic Club	17:47.30 [PB]

Warwickshire County Championships, Nuneaton (Sun. 15th May)**Mixed 3000m**

Pos	Athlete	AG	Club	Perf.
1	Mark Williams	SENM [1]	Birchfield Harriers	15:59.92
2	Wendy Kane	SENM [1]	Nuneaton Harriers	17:59.38
3	Paul Hawkins	SENM [2]	Stratford-upon-Avon AC	21:50.92
4	Gemma Smith	SENW [2]	Stratford-upon-Avon AC	22:04.74
5	Nate Tilt	U15B [1]	Rugby & Northampton AC	24:54.87

Other County Results: **Middlesex:** 1 Maureen Noel (Belgrave Hs.) 18:32.18; **Cambridgeshire:** 1. Pamela Abbott (Cambridge & Coleridge) 21:43.80.

Manx Harriers Open 5km Walk, National Sports Centre Perimeter Road, Douglas (Thu. 19th May)

Erika Kelly led from gun to tape in a small but high quality field on the 1km loop course. Amy Surgeon put in a fine sub-13 minute performance to take the win in the 2km junior event.

Mixed 5km

Pos	Athlete	AG	Club	Perf.
1	Erika Kelly	SENW	Northern (IOM) AC	23:47
2	Mia Dunwell	U20W	Northern (IOM) AC	26:07
3	Neil Wade	SENM	Manx Harriers	26:35
4	Patrick Bregazzi	M55	Manx Harriers	28:28
5	Leanne Venables	W35	Manx Harriers	29:22
6	Jayne Farquhar	W50	Manx Harriers	30:44
7	Phill Swales	M55	Northern (IOM) AC	31:26
8	Nicola Raven	W55	Manx Harriers	31:29
9	Louise Hollings	W40	Manx Harriers	32:59
10	Maura Kelly	W50	Northern (IOM) AC	33:51

Mixed 2km

Pos	Athlete	AG	Club	Perf.
1	Amy Surgeon	U13G	Manx Harriers	12:50
2	Mollie Swales	U15G	Northern (IOM) AC	13:33
3	Faith Teare	U13G	Manx Harriers	13:38
4	Deena Barker	U13G	Manx Harriers	13:40

Domestic 'B' Permit Races**Dave Compton Memorial 7 Mile, Chorley (Sat. 7th May)**

A larger than expected field turned out at today's race in memory of one of the club's most stylish walkers and to complement this show of affection for a friend lost the weather was very kind, *reports Dave Evans.*

Unlike other club events, it was decided to start everyone at the same time which produced some interesting results with quite a few aspirants having a chance to "medal". The opening mile saw Adrian Edwards in full command ticking through in 10 mins 22 seconds having negotiated the real roller coaster of the opening section of the course. In his wake were Ian Hilditch with an astonishing 10 mins 52 and Sailash Shah in 11 mins 22. The main pack were not too far behind the leading three with all but one dipping under 12 mins 23.



Adrian Edwards & Ian Hilditch

Being an out and back course meant some leg sapping ascents but equally leg testing descents. Most club walkers are hardy souls and rise to the challenge of big ups and downs. At the three and a half mile point Eric Horwill reminded them of their midway times and it was clear that some of the more genteel starters were beginning to close on their adversaries. Quite a few were destined to record negative splits. Adrian reached halfway in 38 mins 50 seconds and both Eric and I had to rub our eyes when Ian Hilditch came into view only 73 seconds adrift. Glyn Jones was sticking to his task particularly well and seems to be recovering from his recent back problems. In practice, this is not a course to help such a condition but nevertheless, he raced on. Hot on the heels of Glyn was a trio of "youngsters" but as the final results showed they lost time on the homeward stage.

The final 1 mile of the race involves two long climbs, and one steep descent and officials are sometimes very surprised when the walkers come into the finish in a different order than that predicted. On this occasion Steven Wilde, a newcomer to the club produced a strong final couple of miles and took 4th place. Pat Evans, now thankfully recovering from a leg problem, completed the 7 with no adverse effects. Andrea Lennon is a remarkable lady and at 80 years of age is able to handle this very hill course with maturity. She always looks very composed and has a ready smile at the finish. Andrea clocked an impressive 104 mins 12. The winner of the handicap was our club secretary Roy Gunnnett who squeezed home by 18 seconds from Steve Wilde. Dave Compton's partner Louise completed the course with Emma, Dave's daughter, in a very respectable 111 mins 37 seconds, pretty good going on one of the country's hilliest courses.

Mixed 7 Mile

Pos	Athlete	AG	Club	Perf.
1	Adrian Edwards	M60	Lancashire Walking Club	78:37
2	Ian Hilditch	M80	Lancashire Walking Club	79:38
3	Glyn Jones	M70	Coventry Godiva Hs.	81:12
4	Steven Wilde	M65	Lancashire Walking Club	82:47
5	Phil McCullagh	M65	Lancashire Walking Club	83:00
6	Roy Gunnnett	M75	Lancashire Walking Club	83:29
7	Sailash Shah	M55	Lancashire Walking Club	83:47

8	Joe Hardy	M75	Lancashire Walking Club	86:47
9	Pat Evans	W70	Lancashire Walking Club	88:23
10	Greg Smith	M65	Lancashire Walking Club	98:50
11	Andrea Lennon	W80	Lancashire Walking Club	104:12
=12	Louise Waite	NK	Lancashire Walking Club	111:37
=12	Emma Crompton	NK	Unattached	111:37

Veterans Athletic Club 5 Mile Walk Championships, Battersea Park (Tue. 10th May)

The second of the VAC Battersea Park summer series had again a reasonable field, *reports David Hoben*, the weather was fair with some cloud cover - good racing conditions.

This was the first 5 mile walk championship for some years, the awards were presented by VAC president Anna Garnier; the course was a new one covering some 3.5 laps of the permitted park circuit.

The new overall winner was Melanie Peddle, in a good time just outside her personal best.

Stuart Bennett won the VAC championships for the men and overall, Maureen Noel was second in the championships and first lady overall, both did their usual respectable times.

New VAC signing Artur Olszewski completed his first attempt at the distance in a little over the hour, going inside the hour is now a very real prospect.

It was good to see Dan Maskell back racing after a lay-off with injury.

Mixed 5 Mile

Pos	Athlete	AG	Club	Perf.
1	Melanie Peddle	W50	Loughton Athletic Club	45:51
2	Stuart Bennett	M60	Iford Athletic Club	51:59
3	Maureen Noel	W55	Belgrave Harriers	52:22
4	Fiona Bishop	W60	Woking Athletic Club	54:36
5	Dan Maskell	M70	Surrey Walking Club	57:40
6	Lesley Morris	W60	Iford Athletic Club	58:23
7	Christopher Flint	M75	Surrey Walking Club	62:43
8	Artur Olszewski	M40	Veterans AC	63:23
9	David Hoben	M65	Surrey Walking Club	64:14
10	Peter Hannell	M75	Surrey Walking Club	65:22

3rd South Yorkshire League, Millhouses Park (Tue. 17th May)

At the third attempt we managed to get the South Yorkshire league underway, *reports Brian Adams*. It takes just two walkers to make a race and we had two. As both decided to race over 3km it kept things simple, with a target time of 18:50 Lara MacColl set off 2 minutes ahead of Ellis Simmonds (target 16:50).

Despite lack of training due to the imminent A levels Lara set off faster than her target time and faster than her PB, passing half way 24 seconds up on target, but Ellis had closed the gap to 38 seconds. They both slowed in the second half with Ellis taking the lead with 700m to go. Lara missing her 6 year old PB by 4 seconds, Ellis beat his PB by just over a minute.

Pos	Athlete	AG	Club	Watch/Actual
1	Ellis Simmonds	U17M	2DASH	17:58/15:58
2	Lara MacColl	U20W	2DASH	18:28/18:28

7th Cecil Gittins Memorial Walks, inc. Enfield Race Walking League, Cyclopark, Gravesend (Sat. 21st May)

Veterans AC were pleased to host the seventh running of this event on a dedicated cycle circuit with its many gradients and bends, which has hosted Olympic BMX champion Beth Shriever, *reports David Hoben*.

In all there were 21 paid entries which was a decrease from 2021, however the number of finishers was slightly up. The weather was fine and sunny, and temperatures well above average for mid-May.

There was a moment of silence before the start in memory of long term runner and race walker Lyn Atterbury who had recently left us.

There was a new winner of the ladies 5km Amalia Cristina Silva in 34:29, and the men's 5km was won by the current RWA President, Chris Hobbs in a time of 32:47.

The new winner of the ladies' 10km was Melanie Peddle in 58:36, her second win in a VAC event in two weeks.

There was also a new winner of the men's 10km, Dave Walsh from in 59:02.



Mixed 5km

Pos	Athlete	AG	Club	Perf.
1	Christopher Hobbs	M65	Ashford Athletic Club	32:47
=2	Mark Mears	M45	Unattached	34:29
=2	Amalia Cristina Silva	W55	Belgrave Harriers	34:29
4	Ron Penfold	M80	Steyning Athletic Club	35:52
5	David Hoben	M65	Surrey Walking Club	38:10
6	Stephen Cartwright	M60	Gt Bentley Running Club	38:36
7	Edmund Shillabeer	M80	Iford Athletic Club	46:22
8	David Ainsworth	M70	Iford Athletic Club	47:42
9	Shaheda Arthur	W60	Iford Athletic Club	52:56

Mixed 10km

Pos	Athlete	AG	Club	Perf.
1	Melanie Peddle	W50	Loughton Athletic Club	58:36
2	David Walsh	M60	Enfield & Haringey AC	59:02
3	Trevor Jones	M65	Steyning Athletic Club	60:04
4	Emma Dyos	W45	Iford Athletic Club	1:02:10
5	John Arthur	M60	Iford Athletic Club	1:03:35
6	Stuart Bennett	M60	Iford Athletic Club	1:04:45
7	Simon Morgan	M50	Iford Athletic Club	1:07:48
8	David Kates	M70	Iford Athletic Club	1:09:33
9	Fiona Bishop	W60	Woking Athletic Club	1:09:58
10	Lesley Morris	W60	Iford Athletic Club	1:10:31
11	Christopher Flint	M75	Surrey Walking Club	1:19:01
	Rachel Lawless	W60	Iford Athletic Club	DNF

Rest in Peace

Leonard (Len) Taylor

The Race Walking Association is saddened to report the passing of Len Taylor.

The Cambridge Harriers past President was a formidable competitor who represented the British Police at a time when it was hard to gain such a selection. As well as being a participant he put back so much into race walking by officiating and supporting, rising through the system to become a respected Grade 1 Judge (*Grade 4 under current grading*) who received a number of important appointments.

Len was a long serving member of the Metropolitan Police Race Walking Club. He qualified as a Centurion (C371) at the Met Police Chigwell 100 in 1965 in 21:08:10.

Before joining the Metropolitan Police Len served in the Royal Marines.

After retiring from the police he lived in his later life in Lyndhurst in the New Forest. May he Rest in Peace.





2022 Moulton Walks

5-mile Challenge + Junior/Novice mile

The Village Hall, Bridge Street, Moulton, Suffolk, CB8 8SP

Saturday 11th June 12.30pm

With the help of Newmarket Rotary, the first Moulton 5 mile walk was instigated in 2002 to celebrate HM Queen Elizabeth II's Golden Jubilee. Since 2002 over 100 villagers have participated in the challenge and thirteen of them completing the walk in under an hour thus qualifying for the coveted "5 in the hour" badge.

The annual walks have raised substantial sums for local charities including St. Peter's Church, The Village Hall, East Anglia Children's Hospice, and the NSPCC to name but some.

Although there have been walking events in Moulton since the early 1980's, this year also celebrates the 21st edition of this particular event and to mark the occasion **memento's will be presented to all participants.**

Details/Entries online: <https://moulton Suffolk Race Walk.weebly.com>
or Ron Wallwork, 35A Newmarket Road, Moulton, Suffolk, CB8 8QP
07460 041 643/ronc893moulton@gmail.com

Entries fees before 8th June: 5 miles £8 - 1 mile £3 (on the day + £2)
Cheques made payable to: "Moulton Walks"

5 Miles in the hour badge for walkers not previously qualified

Incorporates Suffolk County AA championships

Participants are invited to use the walks as a sponsored event for the charity of their choice

2022 ERW League Tables

Iford have taken the lead courtesy of fielding six walkers, but with seven fixtures remaining, there are lots of points available for individuals and teams to improve their positions.

To date 57 walkers have competed live and 21 virtually representing 29 clubs.

Top 5 after 5 fixtures:

Emma Dyos (W45)	251/4	David Walsh (M60)	320/5
Fiona Bishop (W60)	242/5	John Arthur (M60)	299/5
Amalia De Silva (W55)	230/5	George Wilkinson (U23)	279/4
Melanie Peddle (W50)	228/5	David Annetts (M55)	275/4
Shaheda Arthur (W60)	180/5	Stuart Bennett (M60)	239/4

Team positions:

1246	Iford	J. Arthur, Dyos, Bennett, S. Arthur, Lawless & Morgan
1084	Enfield	Walsh, Wilkinson, Bishop, Braverman, Barnett & Ralph
574	Belgrave	Da Silva, Noel, Harle & Hall
397	Surrey	Hoben Flint, Reis, Crane & Hannell
326	Loughton	Peddle & Borgars



2022 Sutcliffe Park Track & Field Night, inc. BMC & Walk

3000m Race Walk (U15+) - Wednesday 20th July 2022 @ 6.40pm

Sutcliffe Park Sports Centre, Eltham Road, SE9 5LW

Enter at <https://entry4sports.co.uk/#/>

Closing date for entries 6pm on Monday 18th July 2022

Time limit of 20 minutes will be applied

For more information contact Noel Carmody (noel.carmody@outlook.com)

Results Round-up from Guernsey

Stuart Le Noury continues to dominate the Guernsey race walk scene with two championship wins and an late win in the Sean Pender 2,000 metres handicap track walk, **reports Rob Elliott**, where he seemed well out of contention with a lap to go, but with 200m left there was a possibility he could catch the two left in front of him. Coming into the final 30 metres he moved into the lead to pip long time leader Mick Le Sauvage by four seconds followed by Kevin Le Noury.

Sunday 1st May: Sarnia WC Championship 4 – 5km, Les Amarreurs (B)

Pos	Athlete	AG	Club	Perf.
1	Stuart Le Noury	M35	Sarnia Walking Club	27:58
2	Kevin Le Noury	M60	Sarnia Walking Club	35:20
3	Mick Le Sauvage	M80	Sarnia Walking Club	39:39

Sunday 15th May: Sean Pender Trophy 2000m, Footes Lane (B)

Pos	Athlete	AG	Club	Watch/Actual
1	Stuart Le Noury	M35	Sarnia Walking Club	15:45/10:15
2	Mick Le Sauvage	M80	Sarnia Walking Club	15:49/15:19
3	Kevin Le Noury	M60	Sarnia Walking Club	15:57/13:57
4	Dave Dorey	M75	Sarnia Walking Club	16:57/16:57

Sunday 29th May: Sarnia WC Championship 5 – 3000m, Footes Lane (B)

Pos	Athlete	AG	Club	Perf.
1	Stuart Le Noury	M35	Sarnia Walking Club	15:39
2	Kevin Le Noury	M60	Sarnia Walking Club	20:46
3	Mick Le Sauvage	M80	Sarnia Walking Club	23:10

Sheffield Schools Results

4th May: Sheffield Secondary Schools; Sheffield Hallam Uni. Track

This was the first senior Schools championship since lockdown, two years without walking. There was a Y6 primary event in 2021 and two of the girls from those events raced tonight and took the first two places in a good contest. All had good techniques and could soon improve their times with just a little coaching.

Year 7 – 1000m

Pos	Athlete	AG	Club	Perf.
1	Georgia Burton	Y7G	Sheffield Girls' High Sch.	6:50.7
2	Emelia Seymour	Y7G	Sheffield Girls' High Sch.	6:55.8
3	Florence Bird	Y7G	King Egbert School	7:14.7

Some results held over to next edition



June

11 th	B	Moulton 5 Mile	Moulton, Suffolk
11 th	A	BMAF Track & Field Championships	Derby
12 th	B	Sarnia WC Championship 6 (5k/10k)	Cambridge Park
12 th	A	Welsh 10,000m Championships	Cardiff
21 st	A	South Yorkshire League	Millhouses Park
25 th	B	LICC/Enfield League (1/3/5000m)	StoneX Stadium
26 th	A	British Athletics Championships (5000m)	Manchester
29 th	B	Surrey WC Club 4 Mile	Norman Park
29 th	A	Hyde Park Harriers Smile Mile	Leeds

July

2 nd	B	Barnard Trophy (Lancs W.C.)	Macclesfield
3 rd	A	RWA 10k & YAG Championships	Leicester
3 rd	B	Sarnia WC Championship 7 (2000m)	Vale
7 th	A	A.F.D. Open Meeting	Aldershot
12 th	B	V.A.C. Summer Series No.3	Battressea Park
12 th	A	South Yorkshire League No.5	Millhouses Park
17 th	A	England Athletics U20/U23 Championships	Bedford
20 th	A	Cambridge Harriers Open 3000m	Eltham
23 rd	B	Fred Pearce Trophy Relay (Lancs. W.C.)	Simister