



Race Walking Record

October 2021



**Beathn Davies new British 35km
record holder - pictured here with
Kate Veale (IRL)**

Photograph courtesy of Mark Easton (<http://markeaston.zenfolio.com>)

NEWS

Paul Nihill enters England Athletics Hall of Fame

Paul was a versatile race walker who won 50km silver at the 1964 Olympics and 20km European gold in 1969.

Paul sadly passed away in 2020. His grandson Rob received the award on his behalf along with members of his family. Rob said: "My grandad was a fantastic man. He'd be really proud of this trophy and I'm really proud too."

Paul was joined by Greg Rutherford, Cherry Alexander, Tony Jarrett, Sheila Sherwood, Lloyd Cowan, Verona Elder and Jason Gardener as 2021 inductees.



The Athletics Weekly tribute to Paul can be read here:

<https://athleticsweekly.com/athletics-news/race-walking-legend-paul-nihill-dies-1039938576/>



UKA Publish 2022 Fixture Calendar

UKA have published the fixture list for 2022 and listed below are the events that include a race walk.

Date	Event	Venue
8-9 Jan.	England Athletics Indoor Walks ⁽¹⁾	E.I.S. Sheffield
25-27 Feb.	British Athletics Indoor Championships	N.I.A. Birmingham
5-6 Mar.	British Masters Indoor Championships	Lee Valley
24-26 Jun.	UK Athletics Outdoor Championships	Manchester
16-17 Jul.	England Athletics U20/U23 Championships	Bedford
30-31 Jul.	England Athletics Senior Championships	T.B.C.
13 Aug.	Manchester International	Manchester
27-18 Aug.	England Athletics U15/U17 Championships	T.B.C.
23 Oct.	UKA 35km Race Walking Championships	Leeds

Notes:

- (1) Entries for EA Indoor will open on 1st Dec. 2021.
- (2) BMAF Outdoor T.B.C. as either 10-12 Jun. or 19-21 Aug.
- (3) No Schools dates currently shown.

Derek Hayward R.I.P.

The Race Walking Association is saddened to report the death of Derek Hayward, following a stroke on 7th October 2021.

Derek was the English Schools Race Walking Secretary who attended many RWA General Committee Meetings and AGMs as a co-opted member of the Officers and Management of the RWA.

He was committed to and ever present at ESAA Race Walking Championships and always liaised with the RWA regarding the appointment of race walk judges for schools' walks.



National Results

British Grand Prix of Race Walking, Brownlee Centre, Leeds (Sat. 23rd Oct.)

(Photograph(s) courtesy of Mark Easton (<http://markeaston.zenfolio.com>))

Bethan Davies set a new British Record of 3:00:24 on her debut over 35km, the new distance at international championships.

Despite the breezy conditions which made racing tough going, Bethan made a very impressive step up from the 20km distance.

She set off in the company of Finland's Elisa Neuvonen who was also making her debut over the distance. Bethan passed the 10km mark in 50:15 as she held a small lead over Neuvonen (50:49). She slowed slightly over the next 10km (50:48) to pass the 20km mark in 1:41:03 as she increased her lead over the Finn to over a minute. The tough conditions and moving into unknown territory began to take its toll with Davies slowing to 5km splits of 25:57 between 20 and 25km and 26:21 between 25km and 30km as she continued to hold her lead over Neuvonen of one minute 30 seconds. Davies found the last 5km tough clocking 27:01 and drifting just outside the three hour mark. She came home to set the new British Record with Neuvonen setting a new Finnish Record of 3:01:33.

In the 10km, Christian Hopper moved to second on the UK Under 20 rankings for 2021 with a great debut performance over the distance of 50:41. Millie Morris was the first under 20 women over 10km clocking 54:03 just getting the better of Hannah Hopper who clocked a personal best of 54:04 to also move to second on the UK Under 20 rankings for 2021.

Taunton's Abby Hughes was the overall winner of the 5km race in a season's best of 26:22. Ellis Simmonds made his debut over 5km and recorded a satisfactory 28:07.

Mixed 5km

Pos	Athlete	AG	Club	Perf.
1	Abby Hughes	U20W	Taunton Athletic Club	26:22 (SB)
2	Mia Dunwell	U20W	Northern (IOM) A.C.	26:24 (SB)
3	Meabh O'Connor	U20W	Waterford A.C./IRL	27:10
4	Erika Pontarollo	SEW	Hyde Park Harriers/ITA	27:26
5	Ruth Monaghan	U20W	Sligo Athletic Club/IRL	27:58
6	Ellis Simmonds	U17M	Derbyshire & S. Yorkshire	28:07 (Debut)
	Robert Wood	M65	City of Norwich A.C.	DQ TR 54.7.5



Abby Hughes – Ellis Simmonds

Mixed 10km

Pos	Athlete	AG	Club	Perf.
1	Tom Partington	U23M	Manx Harriers	45:29
2	Joe Mooney	SENM	Waterford A.C./IRL	48:16
3	Christian Hopper	U20M	Cambridge Harriers	50:41 (Debut)
4	Jasmine Nicholls	SEW	Leicester Walking Club	52:07 (PB)
5	Abigail Jennings	U23W	Aldershot Farnham & D.	52:33 (SB)
6	Millie Morris	U20W	Ashford Athletic Club	54:03
7	Hannah Hopper	U20W	Cambridge Harriers	54:04 (PB)
8	Abigail Smith	U20W	Blackheath & Bromley	57:22 (Debut)

9	Beatrice Fury	U20W	Medway & Maidstone	60:36 (PB)
10	Megan Stratton-Thomas	U23W	Swansea Harriers	64:55 (SB)
11	John Laste	M55	Clonmel A.C./IRL	65:01



Senior 10km Winners: Tom Partington – Jasmine Nicholls



Christian Hopper – Millie Morris – Hannah Hopper

Mixed 20km

Pos	Athlete	AG	Club	Perf.
1	Kate Veale	SENW	Waterford A.C./IRL	1:41:48 (PB)
2	Jacqueline Benson	U23W	Ashford Athletic Club	2:01:22 (Debut)
3	Daniel Mckerlich	U23M	Cardiff A.A.C.	2:27:55 (Debut)

Mixed 35km

Pos	Athlete	AG	Club	Perf.
1	Aleski Ojala	SENM	Urjalan Urheilijat/FIN	2:37:57 (PZ)
2	Bethan Davies	SENW	Cardiff A.A.C.	3:00:24 (Debut)
3	Elisa Neuvonen	SENW	Lappeenranta Sports/FIN	3:01:33 (Debut)
	Jonathan Hobbs	SENM	Ashford Athletic Club	DQ TR 54.7.5

Enfield Open Seven (Permit No. RWA 21064 – 2)

Will be staged for the 94th time in 102 years

Saturday 13th November at the King George's Playing Fields, Enfield, EN1 3PL, the start time 11am.

Advance Entries (£8) online at <https://moultonsuffolkcracewalk.weebly.com> or to Ron Wallwork

On the Day Entries (£10). It is of great help to the race organiser to know in advance how large the field is likely to be.

There will be no prizes on this occasion, but all competitors who enter in advance will receive a memento in the form of a Souvenir Booklet commemorating the event's centenary last year.

Because of venue restraints a time standard of 85 minutes will apply and in keeping with ERWL policy, walkers not wishing to contest the full distance are welcome to test themselves over shorter ones in multiples of one mile.

Domestic 'A' Judged Races

Veterans AC 10,000m Track Championships, incorporating, Hertfordshire, Middlesex, Surrey & Sussex Championships, Woodcote High School, Purley (Sat. 30th Oct.)

The annual Veterans AC and County 10,000m championships took place in good racing conditions on a picture perfect October afternoon following the heavy rain of the morning, **reports David Hoben.**

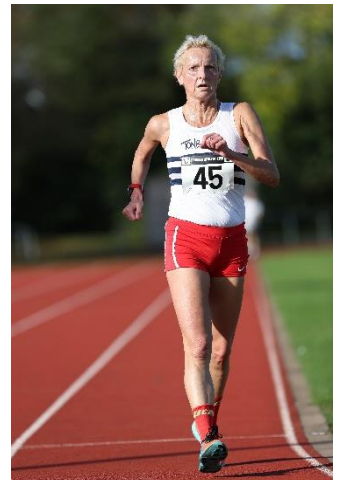
Dave Annetts recorded an excellent win and won the Hertfordshire title for the third time.

The event included Sussex County for the first time, there was a new winner, David Crane in 50:53.5, with other Sussex walkers Trevor Jones and Richard Emsley taking the minor medals.

Grazia Manzotti, had yet another ladies win and finishing third overall, while Melanie Peddle went under the hour yet again and improved on her 10km road time set at Gravesend.

Mixed 10,000m

Pos	Athlete	AG	Club	Perf.
1	David Annetts	M50	North Herts R.R./Herts	50:53.5
2	David Crane	M40	Surrey W.C./Sussex	55:36.9
3	Grazia Manzotti	W50	Tonbridge Athletic Club	58:56.4
4	Trevor Jones	M65	Steyning A.C./Sussex	59:00.7
5	Melanie Peddle	W50	Loughton Athletic Club	59:18.4
6	Richard Emsley	M65	Desborough R.R./Sussex	62:54.8
7	Maureen Noel	W60	Belgrave Hs/Surrey	64:25.4
8	Mark Culshaw	M55	Belgrave Hs/Middx	64:42.0
9	John Arthur	M60	Unattached	65:08.4
10	John Borgars	M75	Loughton A.C./Herts	68:47.8
11	Christopher Flint	M75	Surrey W.C./Surrey	79:06.7
12	Fiona Bishop	W60	Woking A.C./Surrey	83:58.3
	Ian Richards	M70	Steyning A.C./Sussex	DQ TR 54.7.3



David Annetts – Grazia Manzotti

Mixed 10,000m – Judged Under RWA B Rule

Pos	Athlete	AG	Club	Perf.
1	Roger Michell	M70	Surrey Walking Club	66:44.4
	Shaheda Arthur	W60	Unattached	DNF



Winners in the recent R.W.A 200 Club draws

	£25.00	£15.00	£10.00
Oct. 21	Yorkshire RWC	Pater Saunders	Noel Blatchford
Nov. 21	Pam Ficken	Stuart Elms	Julian Hopkins

It is £12 per number per year, so if you wish to join, please contact Mark Easton (rwatreasurer@yahoo.co.uk) for further details.

Domestic 'B' Judged Races

Guernsey Walk Results

Stuar Le Noury opened up the Bob Wright Handicap Series with a win over 5km. He caught second and third placed Kevin Le Noury and Mick Le Sauvage close to the finish. All the walkers managed to improve on their times of the previous week, when the same distance was walked in Delancey Park.

Sarnia WC Bob Wright Handicap Series #1, Saumarez Park, (Sun. 10th Oct.)

5km (B)

Pos	Athlete	AG	Club	Watch/Actual
1	Stuart Le Noury	M35	Sarnia Walking Club	40:37/26:37
2	Kevin Le Noury	M60	Sarnia Walking Club	40:50/35:50
3	Mick le Sauvage	M80	Sarnia Walking Club	41:18/39:18
4	Rob Elliott	M60	Sarnia Walking Club	41:47/35:47
5	Dave Dorey	M70	Sarnia Walking Club	42:14/42:14

Sarnia WC 5km Road Walk, Delancey Park, (Sun. 3rd Oct.)

Mixed 5km (B)

Pos	Athlete	AG	Club	Perf.
1	Stuart Le Noury	M35	Sarnia Walking Club	28:45
2	Donna Allan	W45	Sarnia Walking Club	32:11
3	Rob Elliott	M60	Sarnia Walking Club	36:38
4	Kevin Le Noury	M60	Sarnia Walking Club	36:52
5	Mick Le Sauvage	M80	Sarnia Walking Club	40:38
6	Dave Dorey	M70	Sarnia Walking Club	43:05

1st Midland Winter League, Stourport (Sun. 10th Oct.)

An unseasonal warm and sunny day but with a slight breeze greeted the start of the 1st Midland Winter League Series on the established cycle circuit at Stourport Sports Club, *reports Glyn Jones*. Sadly, it was a very low turnout and with only one younger age group walker.

It had to be accepted that we are still in uncertain times with Covid and together with the fuel situation at the time, thus all who supported the fixture were to be congratulated.

Both the 5km and 10km races are mixed throughout the series. In the 5km, Carolyn Derbyshire took the lead straight away which she maintained throughout to the finish. Mark Williams and Ian Torode then followed with Mark overtaking Ian with one lap to go and thus finishing first male in second place a good minute behind Carolyn.

In the 10km, newcomer to the League, Richard Emsley took the lead for the first four laps of eleven but was then overtaken on the 5th lap by Mark Williams who was doubling up two races on the day Mark then led to the finish with Richard maintaining his second place just under a minute behind Mark. Only one team closed in on the day in both distances.

The second race in the series takes place in Coventry on 21st November when it is hoped entries will increase and for the remainder of the series.

Under 13 2km (B)

Pos	Athlete	AG	Club	Perf.
1	Aimee Thursfield	U13G	Wolverhampton & Bilston A.C.	16:36

Mixed 5km (B)

Pos	Athlete	AG	Club	Perf.
1	Carolyn Derbyshire	W40	Nuneaton Harriers	28:34
2	Mark Williams	M55	Birchfield Harriers	29:36
3	Ian Torode	M65	South West Veterans A.C.	29:47
4	Wendy Kane	W50	Nuneaton Harriers	31:43
5	Hardeep Minhas	M60	Leicester Walking Club	32:11
6	Colin Vesty	M55	Leicester Walking Club	32:23
7	Stuart Edgar	M50	Dudley & Stourbridge Hs	32:55
8	Roger Michell	M70	Midland Masters A.C.	33:44
9	Isabel Knowles	U17W	Halesowen Athletic Club	39:16
10	Karen Williams	W65	Birchfield Harriers	39:31
11	David Fall	M75	Birchfield Harriers	39:49

Mixed 10km (B)

Pos	Athlete	AG	Club	Perf.
1	Mark Williams	M55	Birchfield Harriers	63:24
2	Richard Emsley	M65	Desborough Runners	64:16
3	Colin Vesty	M55	Leicester Walking Club	68:00
4	Hardeep Minhas	M60	Leicester Walking Club	68:24
5	Parminder Bhatti	M65	Unattached	69:33
6	David Fall	M75	Birchfield Harriers	83:27
7	Julian Barnett	M55	Birchfield Harriers	83:27
	Carolyn Derbyshire	W40	Nuneaton Harriers	DNF

Enfield Race Walking League #13, 1 Hour Track Race, Queen Elizabeth Stadium, Enfield (Sat. 16th Oct.)

A huge vote of thanks to Tracey Wilkinson, John Hall and all the other people who pitched in when event organiser Ron Wallwork was unable to be at the race, *reports Ron Wallwork*. Nineteen year old George Wilkinson showing complete disregard for the unpleasant weather conditions and the need to frequently walk out in lane two as he lapped the field, nevertheless bettered the 8 mile barrier finishing with a distance of 13.198m (8m356y).

The women's victor was Jacqueline Benson who finished third overall, improving on her 2019 performance by 442 metres and who en route set a 10km track PB of 57:03..

Congratulations to Mark Culshaw on qualifying as a coach and his influence on the Belgrave ladies squad is already beginning to show results.

There were seven new badge winners: 8 miles George Wilkinson, 6 miles David Walsh, 5 miles John Arthur, Jonathan Ellerton, Nico Strydom, Francesca Dell 'Oro and Amalia Christina Silva.

Mixed 1 Hour Track (B)

Pos	Athlete	AG	Club	Perf.
1	George Wilkinson	U20M	Enfield & Haringey AC	13.198
2	David Annetts	M55	North Herts Road Runners	12.022
3	David Walsh	M55	Enfield & Haringey AC	10.748
4	Jacqueline Benson	U23W	Ashford Athletic Club	10.548
5	Melanie Peddle	W50	Loughton Athletic Club	10.146
6	Francisco Reis	M60	Surrey Walking Club/POR	9.877
7	Steve Uttley	M60	Ilford Athletic Club	9.873
8	Silvana Alves	W45	Barnet & District AC	9.772
9	Christopher Hobbs	M65	Ashford Athletic Club	9.732
10	Helen Middleton	W55	Enfield & Haringey AC	9.563
11	Maureen Noel	W55	Belgrave Harriers	9.462
12	John Arthur	M60	Unattached	9.133
13	Jonathan Ellerton	U17M	Blackheath & Bromley HAC	9.113
14	Stuart Bennett	M60	Ilford Athletic Club	9.087
15	John Ralph	M60	Enfield & Haringey AC	9.039
16	Nico Strydom	M45	Loughton Athletic Club	9.028
17	Francesca Dell 'Oro	SENW	Belgrave Harriers	8.794
18	John Borgars	M75	Loughton Athletic Club	8.567
19	Amalia Christina Silva	W55	Barnet & District AC	8.559
20	Tony Wilkinson	M55	Unattached	8.111
21	David Hoben	M65	Surrey Walking Club	7.623
22	Elini Panayittou	W35	Belgrave Harriers	7.597
23	Ann Marie Strydom	W70	Loughton Athletic Club	6.772
24	Shaheda Arthur	W60	Unattached	5.339

Upcoming Events

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November

Sat. 6 th	B	Lancashire WC 5km	Simister
Sat. 6 th	B	Steyning Open 10km	Steyning
Sat. 13 th	B	Enfield Open 7 Mile	Enfield
Sun. 14 th	B	Sarnia WC Handicap 1 Mile	Footes Lane
Sat. 20 th	A	Surrey Walking Club Track Races	Tonbridge
Sun. 21 st	B	Midland Winter League 2	T. B. C
Sun. 28 th	B	Sarnia WC Handicap 5k	Footes Lane