



## HEEL AND TOE ONLINE

The official organ of the Victorian Race Walking Club  
2020/2021 Number 30  
Tuesday 27 April 2021



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### TIM'S WALKER OF THE WEEK

My walker of the week this time around is W71 walker extraordinaire **Heather Carr**. Competing in the Victorian Masters T&F Championships at Doncaster last weekend, she won 3 golds and 2 silvers in her W70 age group. Of course she won the W70 walks in fantastic times, but she also won the W70 1500m Run in a pretty snappy 7:38.38 and won silvers in the W70 javelin and discus.

Sat	09:00am	Women 70-74 3000m Walk	18:09.73	1 <sup>st</sup>
Sat	10:20am	Women 70-74 1500m Run	7:38.38	1 <sup>st</sup>
Sat	12:15pm	Women 70-74 Javelin	11.56m	2 <sup>nd</sup>
Sun	11:25am	Women 70-74 Discus	10.94m	2 <sup>nd</sup>
Sun	01:00pm	Women 70-74 1500m Walk	8:46.65	1 <sup>st</sup>



*Heather throws the javelin in the Victorian Masters Championships last Saturday (photo VMA)*

### WHAT'S COMING UP

- Our VRWC winter season continues next **Sunday 2<sup>nd</sup> May** with a big meet at **Fawkner Park**. This meet had been scheduled initially at Middle Park but, due to the need of the fastest course possible for the A.A. races, Fawkner Park has been given the green light.



## IT'S AT FAWKNER PARK !!!

The meet will include Athletics Australian invitational events, along with VRWC and VMA Championships. Here's how it reads.

#### Sunday 2<sup>nd</sup> May 2021, Fawkner Park

**AA 20km Invitationals** – Entry via AA website. AA Entry Panel <https://www.athletics.com.au/events/98699/>. Entries will close today Tuesday 27<sup>th</sup> April at 5PM.

**AV 20km Championships** – Entry via AV Members Portal. Entries close at midday on Wednesday 28<sup>th</sup> April.

**VRWC 20km Championship Men** - Online entries via VRWC website. Entries close at 11:59pm on Wednesday 28<sup>th</sup> April. If you are a VRWC member and you enter either the AA or AV 20km, you are automatically entered into the VRWC Championship and do not need to do a separate VRWC entry.

**VMA 20km Championships** – Online entry or entry on the day. If entering online, entries close at 11:59pm on Wednesday 28<sup>th</sup> April. If entering on the day, entries close at 8.00am.

**VRWC non-championship races** - Online entry or entry on the day. If entering online, entries close at 11:59pm on Wednesday 28<sup>th</sup> April. If entering on the day, entries close for all events at 8.00am

8.30am	20km	AA Invitational Races	Open Men / Women
8.30am	20km	AV Championships	Open Men / Women
8.30am	20km	VMA Championships	Masters Men / Women
8.30am	20km	VRWC Championship - Alf Robinson Trophy	Open Men
8.30am	20km	Non points Race	Open
9.00am	10km	Non points Race	Open
9.20am	2km	Non points Race	Open
9.40am	5km	Non points Race	Open
10.45am		Presentations	

- Details for the **54<sup>th</sup> RWA Lake Burley Griffin Carnival** (now also to be known as the **Stromlo Carnival**) have been published. The carnival is confirmed for **Sunday 13<sup>th</sup> June** at the Stromlo Forest Park in Canberra. **Entries CLOSE at 5PM on Friday 28<sup>th</sup> May**. Late Entries cannot be accepted. Links as follows:

Main Carnival Link: <http://www.rwa.org.au/wp/2021/04/20/54th-annual-lbg-stromlo-walking-carnival/>

Entries: <https://tinyurl.com/4sanp3zs>

General Info: <http://www.rwa.org.au/wp/wp-content/uploads/2021/04/2021-LBG-Information-Sheet-Revised-19-April-FINAL.pdf>

#### VICTORIAN MASTERS CHAMPIONSHIPS, DONCASTER, 24-25 APRIL 2021

The Victorian Masters T&F Championships were contested last weekend at the Tom Kelly Athletics Track in Doncaster. The weekend weather was pretty good overall – overcast and cool and with only intermittent showers. The 3000m track walks were held on Saturday and the 1500m walks were held on Sunday.

First to the 3000m walks, 14 men and 14 women faced the starter's gun. **Sarah Brennan** (W45 15:31.49) and **Mark Blackwood** (13:22.41) took fastest times. Other performances of note included **Alison Thompson** (W65 17:42.04), **Heather Carr** (W70 18:09.73), **Kevin Cassidy** (M60 15:13.89) and **Andrew Jamieson** (M70 17:30.98). Special mention to **Pramesh Prasad** who came out only a week after his centurion 100 mile walk at Coburg, winning the M45 with 15:52.33.

#### VMA 3000m Walk Women

W40	1	Laura McLennan	DAC	18:12.97
W45	1	Sarah Brennan (F/T)	BYC	15:31.49
	2	Kylie Irshad	VMA	16:59.74
	3	Marnie Grace	VMA	19:40.77
W50	1	Hsien Chiam	VMA	21:54.38
	2	Kim Peak	DAC	24:59.16
W55	1	Carolyn Rosenbrock	VMA	17:52.60
	2	Dee Holohan	SAN	18:00.58
	3	Merilyn Thompson	MPA	20:42.54
	4	Debbie Voogd	RWD	22:40.30
W60	1	Donna-Marie Elms	PTN	18:16.57
W65	1	Alison Thompson	VMA	17:42.04
W70	1	Heather Carr	GHY	18:09.73
W75	1	Gwen Steed	GHY	21:20.95

### VMA 3000m Walk Men

M40	1	Mark Blackwood (F/T)	KNA	13:22.41
M45	1	Pramesh Prasad	VMA	15:52.33
M50	1	David Smyth	VMA	17:25.95
M60	1	Kevin Cassidy	VMA	15:13.89
	2	Brian Anderson	ESS	18:20.15
	3	Paul Moritz	VMA	20:05.36
	4	Stephen Murphy	ESS	20:22.10
	-	David Sommers	VMA	DQ
	-	Albin Hess	VMA	DQ
M65	-	Ian Handasyde	OSC	DQ
	-	Geza Benke	OLM	DQ
M70	1	Andrew Jamieson	OSC	17:30.98
	2	Geoffrey Barrow	MEN	21:32.14
M80	1	Gunther Ilgoutz	VMA	22:33.88



*And one photo to show the Saturday action: Pramesh Prasad in the steeple (photo VMA)*

To Sunday for the 1500m walks, which saw 12 women and 14 men in action. Once again, **Sarah Brennan** (W45 7:23.88) and **Mark Blackwood** (M40 6:18.09) took fastest times. Others of note included **Heather Carr** (W70 8:46.65), **Alison Thompson** (W65 8:25.97), **Gunther Ilgoutz** (M80 10:08.23), **Kevin Cassidy** (M60 7:15.44) and **Pramesh Prasad** (M45 7:15.27)

### VMA 1500m Walk Women

W70	1	Heather Carr	GHY	8:46.65
W65	1	Alison Thompson	VMA	8:25.97
W60	1	Donna-Marie Elms	PTN	8:42.12
W55	1	Kerryn Walshe	KSB	8:25.11
	2	Dee Holohan	SAN	8:42.79
	3	Merilyn Thompson	MPA	10:04.08
	4	Debbie Voogd	RWD	10:57.48
W50	1	Kim Peak	DAC	11:22.73
W45	1	Sarah Brennan (F/T)	BYC	7:23.88
	2	Kylie Irshad	VMA	7:52.62
	3	Marnie Grace	VMA	9:19.13
W40	1	Laura McLennan	DAC	8:23.85

### VMA 1500m Walk Men

M80	1	Gunther Ilgoutz	VMA	10:08.23
M70	1	Geoffrey Barrow	MEN	10:06.72
M65	1	Frank Prowse	VMA	10:20.50
	-	Geza Benke	OLM	DQ
M60	1	Kevin Cassidy	VMA	7:15.44
	2	David Sommers	VMA	9:05.45
	3	Albin Hess	VMA	9:36.15
	4	Paul Moritz	VMA	9:40.28
	5	Stephen Murphy	ESS	9:46.92
	6	Christopher Worsnop	OLX	14:05.28

	-	Noel Fairburn	VMA	DQ
M50	1	David Smyth	VMA	8:41.28
M45	1	Pramesh Prasad	VMA	7:15.27
M40	1	Mark Blackwood (F/T)	KNA	6:18.09

#### QRWC ROADWALKS, KALINGA PARK, BRISBANE, SATURDAY 24 APRIL 2021

Thanks to Robyn Wales for this week's results from Queensland. They raced on Saturday as Sunday was Anzac Day. Once again, walks were non-judged..

##### A Grade 10km

1.	Iggy Jimenez	M	55.41
2.	Argenis Guevara	M	1.02.39
3.	Peter Bennett	M	1.03.53
4.	Jasmine-Rose McRoberts	F	1.07.04
5.	Noela McKinven	F	1.27.15

##### B Grade 5km

1.	Alex Bradley	M	26.20
2.	Camryn Novinetz	F	26.55
3.	Anika Clarke	F	28.18
4.	Brenda Gannon	F	29.23
5.	Summer Millard	F	30.03
6.	Korey Brady	F	34.09
7.	Patrick Sela	M	43.32

##### C Grade 3km

1.	Makenna Clarke	F	16.52
2.	Destinee Pickvance	F	18.59

##### E Grade 1.5km

1.	Hunter Sibenaler	M	10.32
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##### F Grade 1km

1.	Katya Martin	F	5.07
2.	Kiara Waterman	F	6.42

#### SARWC ROADWALKS, ADELAIDE, SATURDAY 24 APRIL 2021

Thanks to Kim Mottrom for this week's results from Adelaide. He reported: **Greg Metha** did a 12km PB, **Cooper Rech** and **Daisy Braithwaite** both finished their longest ever races- 6km. **Sebastian Richards** and **Archie Braithwaite** both did PBs over 4km and **Orlando Grantham** did a 2km PB.

##### 4km Walk

1.	Sebastian Richards	20:04
2.	Archie Braithwaite	25:59
3.	Liz Downs	29:39
4.	Stephen Downs	30:27
5.	Johanna Saltis	33:59
	Katie De Ruvo	DNF

##### 12km Walk

1.	Peter Crump	1:15:06
2.	Greg Metha	1:17:38
	Alix Harlington	DNF

##### 8km Walk

1.	Bill Starr	1:05:53
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##### 2km Walk

1.	Orlando Grantham	11:45
2.	Elizabeth Rieger	15:22

##### 6km Walk

1.	Daisy Braithwaite	36:24
2.	Cooper Rech	41:08

#### TWRC ROADWALKS, MONTROSE BAY, HOBART, SATURDAY 24 APRIL 2021

Dave Moore reports from Tasmania: Only a small field in breezy, cool conditions at Montrose Bay today. An excellent walk from **Wayne Fletcher** in the 3km, showing that he has recovered from injury which dogged him during the track season. **Ron Foster** did the 5k and looked comfortable with a quicker time than last week's race.

##### 3km Walk

1.	Wayne Fletcher	23:35
2.	Dave Moore	31:08

##### 5km Walk

1.	Ron Foster	37:48
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#### ACTRWC ROADWALKS, LAKE TUGGERNONG, CANBERRA, SATURDAY 24 APRIL 2021

Thanks to Val Chesterton for this week's results from Canberra.

##### 7km Walk

1.	Kodi Clarkson	39:07
2.	Sue Archer	54:17
3.	Doug Fitzgerald	57:08

##### 2km Walk

1.	Hannah Manning	11:34
2.	Julia Grocott	12:25
3.	Jim White	14:35

4.	Pat Fisher	57:11
5.	Jennifer Gilchrist	57:27
6.	Jane Bates	59:27
7.	Geoff Barker	59:36
8.	Val Chesterton	62:28

#### 1km Walk

1.	Tim Fraser	03:38
2.	Jaki Fraser	09:41

### NSWRWC ROADWALKS, CHIPPING NORTON, SATURDAY 17 APRIL 2021

Finally, back a week for NSW results. A good field of 30 walkers.

#### Open 10km Walk

1.	Travis Barendregt	63.26
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#### Open 8km Walk

1.	Antoinette Woodward	55.38
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#### Open 4km walk

1.	Zsofia Varga-Strike	26.40
2.	Isabelle Nilon	28.15
3.	Chelsey Torrens	29.35
4.	Nicolle Challinor	35.52

#### U16 3km Walk

1.	Max Mayhew	17.27
2.	Jai Horton	17.47
3.	Amelia Crocker	27.13
4.	Sarah Challinor	27.18

#### U14 3km Walk

1.	Thomas Varga-Strike	16.26
2.	Matilda Webb	17.02
3.	Jessica Loring	17.18
4.	Jaxson Horton	17.19
5.	Danelia Samuel	17.30
6.	Christopher Nilon	21.01

#### U12 2km Walk

1.	Ruby Kernaghan	11.31
2.	Sophie Polkinghorne	11.34
3.	Alexia Mathieson	11.38
4.	Michael Mathieson	12.17
5.	Ashleigh Farrugia	12.21
6.	Emma Hoskins	12.31
7.	Cacia Charles	12.38
8.	Lilly Twigden	12.52
9.	Bryson Samuel	14.47
10.	Maverick Andrews	16.23
11.	Luke Challinor	16.47

#### U10 1km Walk

1.	Alexis Kernaghan	6.29
2.	Luca Barakat	9.03
3.	Zoe Zantiotis	9.56

### NCRWF OPEN ROAD WALKS, UNIVERSITY OF LEEDS, LEEDS, SATURDAY 24 APRIL 2021

Some good walks at the NCRWF (National Centre for Race Walking Foundation) meet at the Brownlee Centre Cycle Circuit in Leeds last Saturday morning.

#### 3km Walk

1.	Shannon Thomas	Swansea Harriers /Leeds Beckett University	U23W	17:38
2.	Georgia Parkinson	Menai Track and Field	U20W	17:53

#### 5km Walk

1.	Akash Nandwani	UAVA Vecindario-Aguimes/University of Leeds/ESP	U20M	24:31
2.	Erika Pontarollo	Hyde Park Harriers/Liverpool John Moores University/ ITA	U23W	26:16
3.	Lisa Kehler	W&B	F50	27:01
4.	Carolyn Derbyshire	Nuneaton Harriers	F40	29:12
5.	Daniel McKerlich	Cardiff AC	SM	29:13

#### 10km Walk

1.	Tom Bosworth	Tonbridge AC	SM	40:46
2.	Cameron Corbishley	Medway & Maidstone	SM	43:23
3.	Tom Partington	Manx Harriers	U23M	44:50
4.	George Wilkinson	Enfield & Haringey	U20M	46:41
5.	Agata Kowalska	Hyde Park Harriers/Leeds Beckett University/POL	U23W	50:53
6.	Bethan Davies	Cardiff AC	SW	DNF
7.	Jasmine Nicholls	Leicester Walking Club	SW	DNF

#### 20km Walk

1.	Daniel King	Colchester Harriers Athletics Club	M35	1:31:41
2.	Gemma Bridge	Oxford City	SW	DQ

## MARCIADALMONDO AND OMARCHADOR ROUNDUP

It is great to see so many major racewalk meets kicking into life once again. Marciadalmondo has 12 reports from around the world.

- Sun 25 Apr - Guayaquil (ECU): May 5th will see the Pan-American Walking Championships  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=4064](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=4064)
- Sat 24 Apr - Milan (ITA): Eleonora Giorgi and Federico Tontodonati win the walks at Walk and Middle Distance Night  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=4063](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=4063)
- Sat 24 Apr - Eaton, Ohio USA: Rivers State Conference Championships  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=4062](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=4062)
- Sat 24 Apr - Columbia, SC (USA): The Appalachian Athletics Conference Outdoor Athletics Championships  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=4061](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=4061)
- Fri 23 Apr - Banska Bystrica (SVK); results of the traditional race walking meeting  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=4060](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=4060)
- Thu 22 Apr - Brest (BLR): Belarus race walking cup  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=4059](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=4059)
- Wed 21 Apr - "Chuso" García Bragado completes Spain's preselection for the European Team Walking Championships  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=4058](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=4058)
- Tue 20 Apr - Pamplona (ESP): 2nd Grand Prix "Ciudadela de Pamplona"  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=4057](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=4057)
- Tue 20 Apr - Biological passport irregularity notified to Anežka Drahotová  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=4056](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=4056)
- Mon 19 Apr - Eltham (GBR): George Wilkinson (GBR) and Abigail Jennings (GBR) win 3999m walks  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=4055](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=4055)
- Mon 19 Apr - Espoo (FIN): Finnish National Championships  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=4054](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=4054)
- Mon 19 Apr - Sentjur (SLO): The Slovenian track walking championships  
[http://www.marciadalmondo.com/eng/dettagli\\_news.aspx?id=4053](http://www.marciadalmondo.com/eng/dettagli_news.aspx?id=4053)

and Omarchador was just as busy with 14 press releases about recent races

- Mon 26 Apr - Program released for 2022 Athletics World Championships in Oregon  
<https://omarchador.blogspot.com/2021/04/mundiais-de-atletismo-oregon-2022-com.html>
- Mon 26 Apr - Caio Bonfim breaks South American record  
<https://omarchador.blogspot.com/2021/04/caio-bonfim-bate-recorde-sul-americano.html>
- Mon 26 Apr - Tom Bosworth wins 10 km in Leeds  
<https://omarchador.blogspot.com/2021/04/tom-bosworth-vence-10-km-em-leeds.html>
- Sun 25 Apr - CA Tunes and CF Oliveira do Douro win 2021 Portuguese Walking Cup  
<https://omarchador.blogspot.com/2021/04/ca-tunes-e-cf-oliveira-do-douro-vence.html>
- Sun 25 Apr - WMD-NIGHT 2021 with victories by Giorgi and Tontodonati  
<https://omarchador.blogspot.com/2021/04/wmd-night-2021-com-vitorias-de-giorgi-e.html>
- Sat 24 Apr - Bruno Erent and Ivana Renic win Croatian championships with national 10,000m walk records  
<https://omarchador.blogspot.com/2021/04/bruno-erent-e-ivana-renic-vence.html>
- Fri 23 Apr - Francesco Fortunato won the 10,000m walk in Rome with 39:42.7  
<https://omarchador.blogspot.com/2021/04/francesco-fortunato-venceu-os-10000.html>
- Thu 22 Apr - Results of the Belarusian March Cup in Brest  
<https://omarchador.blogspot.com/2021/04/taca-de-marcha-da-bielorrussia-2021-em.html>

- Thu 22 Apr - Niedzialek and Zdziebło win in 2 km in Békéscsaba. Helebrandt and Kovács Hungarian champions  
<https://omarchador.blogspot.com/2021/04/niedzialek-e-zdzieblo-vencem-em-20-km.html>
- Wed 21 Apr - Results of the Slovenian Track Walking Championships in Šentjur  
<https://omarchador.blogspot.com/2021/04/campeonatos-de-marcha-em-pista-da.html>
- Wed 21 Apr - Aleksí Ojala and Elisa Neuvonen win Finnish 20km Championships  
<https://omarchador.blogspot.com/2021/04/aleksi-ojala-e-elisa-neuvonen-sagraram.html>
- Wed 21 Apr - Miguel Ángel López, world leader in the 10,000m walk from Cartagena, Spain  
<https://omarchador.blogspot.com/2021/04/miguel-angel-lopez-lider-mundial-nos.html>
- Tue 20 Apr - Filtisikou and Tsamoudakis win Greek 20km championships  
<https://omarchador.blogspot.com/2021/04/filtisikou-e-tsamoudakis-sagraram-se.html>
- Tue 20 Apr - Wayne Snyman and Zeldá Schultz win South African 20km walks  
<https://omarchador.blogspot.com/2021/04/wayne-snyman-e-zelda-schultz-campeoes.html>

#### OUT AND ABOUT

- You may be familiar with the wonderful Australian Athletics historical website maintained by Peter Hamilton, David Tarbottom, Paul Jenes and Fletcher McEwen. See <http://athletics.possumbility.com/>. Peter Hamilton has been busy adding all the Australian racewalk championship results, a long project that is finally now complete. Check it out at [http://athletics.possumbility.com/aust\\_walk/index.htm](http://athletics.possumbility.com/aust_walk/index.htm)
- I must point readers to a wonderful little TV news piece on Ballarat junior walkers **Alanna Peart** and **Fraser Saunder**, two of our most promising young Australian walkers. Ballarat certainly fights above its weight in terms of talent. Check it out at <https://www.facebook.com/9NewsWesternVictoria/videos/852141302040031>.

And now to the Olympics related news.

- Australian divers Anabelle Smith and Maddison Keeney have been denied the chance to defend their Olympic bronze medal after FINA opted to push ahead with a qualifying event in Tokyo despite Australia's withdrawal. Diving Australia decided to pull out of the May 1-6 World Cup for safety reasons after a spike in COVID-19 cases in Tokyo. See <https://au.sports.yahoo.com/tokyo-olympics-2021-aussie-divers-devastating-furore-043430945.html>.
- Tokyo 2020 President Seiko Hashimoto has conceded a decision on whether Japanese fans can attend the rescheduled Olympic and Paralympic Games might not be made until June amid a spike in COVID-19 cases in the host country. Organisers had hoped to decide on spectator capacity would be permitted by the end of this month - fans from overseas have already been banned - but a rise in coronavirus cases in Tokyo and several other areas of Japan has forced a delay. See <https://www.insidethegames.biz/articles/1106943/tokyo-2020-decision-on-fans-june-covid>.
- A positive coronavirus case has been linked to the Tokyo 2020 Olympic Torch Relay for the first time as organisers continue to face challenges in holding the event against the backdrop of a pandemic. According to Japanese media, Tokyo 2020 officials have confirmed an unnamed man in his 30s tested positive for COVID-19 after taking part in the Torch Relay. See <https://www.insidethegames.biz/articles/1106964/first-coronavirus-cases-torch-relay>.

#### REMEMBERING THE GREAT NORMAN WISDOM

I start with a trivia question: Have any feature films ever featured racewalking pieces? The answer is definitely yes.

One of the best known was the 1966 Hollywood film *Walk Don't Run*<sup>1</sup>, which was set during the 1964 Olympics in Tokyo and featured Carey Grant (in his final role) as a matchmaker, trying to flame the fires of romance between an expatriate English girl with one of the US Olympic team competitors. You don't find out till late in the film that the American athlete in question is a 50km walker, and the film features a wonderful segment in which Grant strips down to his boxer shorts and a T-shirt so he can pretend to be a fellow competitor and talk to the American during the Olympic 50km walk and try to heal the breach between the young lovers. It's well worth a watch.

But you can go further back to one of my favourite film sequences, set in the 1955 English film *One Good Turn*<sup>2</sup>, starring the famous **Norman Wisdom**<sup>3</sup>. Norman plans a train trip to Brighton, as he has never seen the sea. Alas, he loses his trousers on the train. On leaving the train, he disguises his appearance by stripping down to his boxer shorts and white t-shirt (identical to what Carey Grant

1 See [https://en.wikipedia.org/wiki/Walk,\\_Don%27t\\_Run](https://en.wikipedia.org/wiki/Walk,_Don%27t_Run)

2 See [https://en.wikipedia.org/wiki/One\\_Good\\_Turn\\_\(1955\\_film\)](https://en.wikipedia.org/wiki/One_Good_Turn_(1955_film))

3 See [https://en.wikipedia.org/wiki/Norman\\_Wisdom](https://en.wikipedia.org/wiki/Norman_Wisdom)

did 11 years later in his movie) and joins the final stage of the London to Brighton walking race. Due to his advantage in joining so late, he wins. I remember seeing the film as a boy and I still remember the sequence so well.

Check out the movie at <https://www.youtube.com/watch?v=-P08ficdoFI>. Forward to the 35 minute mark and start watching. I still love it.



I grew up in the 1950s going to the local picture theatre every weekend and watching many of the classic movies of the time. English comedies featured highly on the menu and Norman Wisdom was at the peak of his comedic talent at that time. Wisdom, who had been born in London in 1915, often played the part of the hapless onscreen character Norman Pitkin. This was one of those occasions.

Wisdom's career revived in the 1990s, helped by the young comedian Lee Evans, whose act was often compared to Wisdom's work. His films for Rank were playing to new audiences via television screenings, with young fans in the United Kingdom and abroad. The high point of this new popularity was the knighthood he was awarded, for services to entertainment, in the 2000 New Year's honours list. During the ceremony, once he had received his knighthood, he walked away and again performed his trademark trip, at which the Queen smiled and laughed.

Somewhat surprisingly, Wisdom features on the cover of the August 1998 edition of the prestigious Race Walking Record <sup>4</sup>, one of the few occasions when a non-walker has featured. The occasion was the 1998 Parish Walk on the Isle of Man and Wisdom was amongst the starters.



4 See <http://racewalkingassociation.com/Archive/ViewArchive.asp?mm=August&yy=1998&m=670&p=1&t=16>



The article reads like this:

*A record 595 entrants, including competitors from as far away as Australia, Netherlands, Denmark, US and Isle Man, of whom some 525 actually came under starters orders, made the 1998 Parish Walk, sponsored by Clerical Medical, the best ever.*

*Its popularity ensured the participation of local celebrities, Noel Cringle, Speaker of the House of Keys and Manx Hs President, Robin Oake the chief Constable, and Norman Wisdom.*

*The first two covered the veterans distance of 32.3 miles, from Douglas to Keel. Norman. whose team was called the Grimdsdales, was seen at some point en route, but officially, he just vanished.*

Wisdom was a local, having lived for many years on the Isle of Man. When he died in 2010, aged 95, he was buried in Kirk Bride Churchyard in Bride, Isle of Man. It is worth reading the excellent Guardian newspaper obituary.<sup>5</sup>

#### DATES...DATES...DATES

As usual, I finish with a list of upcoming events on the local, national and international fronts. Let me know of any errors/omissions. It continues to change quickly as a result of COVID-19 issues.

#### Victorian Key Dates –2021

May 2 (Sun), 2021 VRWC Winter roadwalk season continues (**CHANGE FROM MIDDLE PARK TO FAWKNER PARK**)  
Jun 13 (Sun), 2021 LBG Stromlo Carnival, Mt Stromlo Forest Park Canberra, ACT

#### 2021 World Athletics Race Walk Challenge

June 6 (Sat), 2021 Gran Premio Cantones de La Coruña, La Coruna, ESP  
Aug, 2021 Olympic Games, Sapporo, JAP  
Oct 9 (Sat), 2021 RW Challenge Meet, Mexico City, MEX  
Oct 16 (Sat), 2021 Invitational Race Walking Meeting, Coatzacoalcos, MEX

#### Other International Dates

May 16 (Sun), 2021 European Race Walking Team Championships, Podebrady, CZE  
July 23 – Aug 8, 2021 **32<sup>nd</sup> Olympic Games, Tokyo and Sapporo**  
Aug 8-19, 2021 **World University Summer Games**, Chengdu, China (POSTPONED TILL 2022)  
Aug 20-21, 2021 **18<sup>th</sup> World Athletics U20 T&F Championships**, Nairobi, Kenya (POSTPONED FROM 2020)  
Nov 5-14, 2021 **Pan Pacific Masters Games**, Gold Coast, QLD (<https://mastersgames.com.au/ppmg/>)

Jan 2022 **Oceania Masters Championships**, Norfolk Island (CANCELLED)  
TBA, 2022 **9<sup>th</sup> World Masters Indoor T&F Championships**, Edmonton, Canada  
Jun 29 – Jul 10, 2022 **23<sup>rd</sup> World Masters T&F Championships**, Tampere, Finland  
Apr 23-24, 2022 **29<sup>th</sup> World Athletics Race Walking Team Championships**, Minsk, Belarus  
July 15-24, 2022 **18<sup>th</sup> World Athletics Championships**, Eugene, USA  
July 27 - Aug 7, 2022 **XXII Commonwealth Games**, Birmingham, GBR  
Aug 11-21, 2022 **European Athletics Championships**, Munich, GER  
TBA, 2022 **19<sup>th</sup> World Athletics U20 T&F Championships**, Cali, Colombia

TBA, 2023 **24<sup>th</sup> World Masters T&F Championships**, Gothenburg Sweden  
Aug 2023 (TBC) **19<sup>th</sup> World Athletics Championships**, Budapest, Hungary

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Copies of recent newsletters are kept on the VRWC website (<http://www.vrwc.org.au>)

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5 See <https://www.theguardian.com/film/2010/oct/04/norman-wisdom-dies-aged-95>