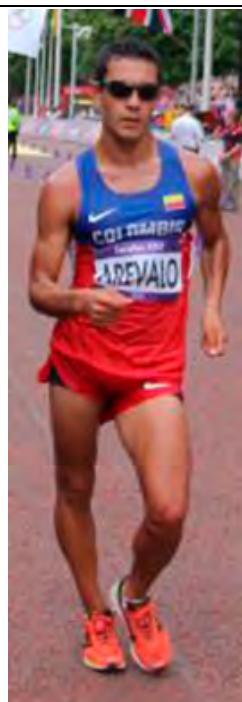


ARÉVALO EIDER

09 - 03 - 1993



Personal Best

5.000 mt.	<i>(track)</i>	21:47.14	Puebla (Mex)	25.10.2009
10.000 mt.	<i>(track)</i>	39:56.01	Medellín (Col)	24.09.2011
10 km.	<i>(road)</i>	40:11	Valley Cottage (Usa)	14.09.2014
20.000 mt.	<i>(track)</i>	1:22:11.10	Santiago de Chile (Chi)	15.03.2014
20 km.	<i>(road)</i>	1:18:53	London (Gbr)	13.08.2017

Results 10.000 Mt. Track

01	39:56.91	Medellín	24.09.2011
02	40:09.74	Barcelona	13.07.2012
03	40:22.95	Santiago de C.	10.10.2010
04	41:04.03	Canberra	09.01.2019
05	41:19.30	Medellín	28.08.2011
06	41:29.81	Hollywood FL.	24.07.2011
07	42:23.82	Uberlandia	04.04.2010
08	42:59.86	Canberra	28.01.2019
09	43:46.57	Cali	30.05.2009

Ranking 20 km.

(average = 1:20:30)

01	1:18:53	London	13.08.2017
02	1:19:14	La Coruña	02.06.2018
03	1:19:45	Poděbrady	13.04.2013
04	1:20:40	Rio Maior	01.04.2017
05	1:20:41	Rio Maior	18.04.2015
06	1:20:47	La Coruña	28.05.2016
07	1:21:01	Lima	13.05.2017
08	1:21:13	Beijing	23.08.2015
09	1:21:15	Rio Maior	06.04.2019
10	1:21:28	La Coruña	31.05.2014

Career Highlights

20 km.

Olympic Games	World Championships	World Cup	Pan American Games	Pan American Cup
2012 = 20° 2016 = 15°	2013 = Dnf. 2015 = 7° 2017 = 1°	2014 = Dq. 2016 = Dnf. 2018 = 12°	2015 = 5° 2019 = Dnf.	2017 = 1°

10.000 Mt. / 10 km.

World Championships Under 20	World Cup Under 20	Pan American Games Under 20	World Championships Under 18
2012 = 1°	2010 = 1° 2012 = 1°	2011 = 1°	2010 = Dq.

* Update at 31 december 2019





OTHERS RESULTS 20 KM.

11	1:21:49	Eugene	01.04.2012	20	(t) 1:24:36	Cartagena	06.07.2013
12	1:21:36	Rio de Janeiro	12.08.2016	21	1:23:46	Taicang	06.05.2018
13	1:21:36	Adelaide	10.02.2019	22	1:24:44	Pitalito	18.02.2018
14	1:22:00	London	04.08.2012	23	1:25:00	Santander de Quilic.	15.11.2012
15	(t) 1:22:11	Santiago de Chile	15.03.2014	24	1:25:00	Castilla la Nueva	17.03.2013
16	1:22:13	Dudince	24.04.2018	25	1:25:50	Toronto	19.07.2015
17	1:22:29	Ciudad Juárez	12.03.2017	26	1:26:03	Veracruz	23.11.2014
18	1:23:07	Chihuahua	22.02.2014	27	1:26:42	Barranquilla	01.08.2018
19	1:23:23	Suzhou	24.09.2018	28	1:27:47	Santa Marta	22.11.2017

