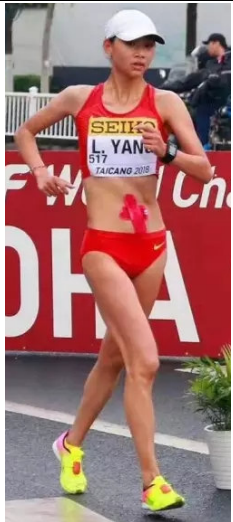


# YANG LIUJING

22 - 08 - 1998

	<b>Personal Best</b>						
	<b>5 km.</b>	(road)		<b>22:31</b>		Beijing	20.03.2015
	<b>10.000 Mt.</b>	(track)		<b>46:25.37</b>		Fuzhou (Chn)	24.10.2015
	<b>10 km.</b>	(road)		<b>43:40</b>		Huangshan	04.03.2017
	<b>20 km.</b>	(road)		<b>1:25:59</b>		Huangshan	20.03.2021
<b>Results 20 km.</b> (average = 1h29:10)							
01	<b>1:25:59</b>	Hungshan	20.03.2021	06	<b>1:29:54</b>	Taicang	08.05.2021
02	<b>1:27:15</b>	Huangshan	10.03.2019	07	<b>1:29:56</b>	Huangshan	03.03.2018
03	<b>1:27:47</b>	Xi'an	24.09.2021	08	<b>1:30:11</b>	Leshan	06.09.2019
04	<b>1:29:30</b>	Taicang	11.05.2019	09	<b>1:30:35</b>	Xi'an	20.09.2021
05	<b>1:29:31</b>	X'ian	07.09.2018	10	<b>1:31:00</b>	Tai'an	20.09.2020
<b>Career Highlights</b>							
20 km.							
<b>World Championships</b>				<b>World Cup</b>			
2019 = <b>3<sup>o</sup></b>				2018 = 40 <sup>o</sup>			

\* update at 31 December 2021

## Others Results 20 km.

11	<b>1:33:17</b>	Doha	29.09.2019		<b>1:34:15</b>	Taicang	05.05.2018
12	<b>1:34:10</b>	Changbaishan	20.07.2019				

