

# LÓPEZ MIGUEL ANGEL

03 - 07 - 1988



<i>Personal Best</i>			
<b>5.000 mt.</b>	<i>(track)</i>	<b>18:46.95</b>	Murcia (Esp) 26.06.2016
<b>10.000 mt.</b>	<i>(track)</i>	<b>38:06.28</b>	Gijón (Esp) 24.07.2016
<b>10 km.</b>	<i>(road)</i>	<b>40:18</b>	Burjassot (Esp) 12.01.2019
<b>20.000 mt.</b>	<i>(track)</i>	<b>1:24:52:51</b>	Iquique (Chi) 15.06.2008
<b>20 km.</b>	<i>(road)</i>	<b>1:19:14</b>	Beijing (Chn) 23.08.2015
<b>50 km.</b>	<i>(road)</i>	<b>3:53:52</b>	Motril (Esp) 28.02.2016

<i>Ranking 10 km. track</i> (average = 39:20.20)				<i>Ranking 20 km.</i> (average = 1:19:53)			
01	<b>38:06.28</b>	Gijón	24.07.2016	01	<b>1:19:14</b>	Beijing	23.08.2015
02	<b>38:53.42</b>	Cartagena	29.04.2015	02	<b>1:19:21</b>	Taicang	04.05.2014
03	<b>38:54.87</b>	Alcobendas	27.07.2014	03	<b>1:19:44</b>	Zürich	13.08.2014
04	<b>39:07.58</b>	Alcobendas	28.07.2013	04	<b>1:19:49</b>	London	04.08.2012
05	<b>39:15.61</b>	Castellón	02.08.2015	05	<b>1:19:52</b>	Renteria	22.03.2015
06	<b>39:23.71</b>	Cartagena	25.04.2014	06	<b>1:19:52</b>	Murcia	17.05.2015
07	<b>39:35.03</b>	La Nucia	31.06.2019	07	<b>1:19:57</b>	London	13.08.2017
08	<b>39:51.64</b>	Cartagena	06.05.2017	08	<b>1:20:04</b>	La Coruña	06.06.2015
09	<b>39:58.65</b>	Agullas	02.06.2012	09	<b>1:20:21</b>	Poděbrady	21.05.2017
10	<b>40:15.07</b>	Barcelona	23.07.2017	10	<b>1:20:34</b>	La Coruña	28.05.2016

## Career Highlights

20 km.

Olympic Games	World Championships	World Cup	European Championships	European Cup	European Under 23 Championships
2012 = 5° 2016 = 11°	2011 = 13° 2013 = 3° 2015 = 1° 2017 = 10° 2019 = 26°	2008 = 36° 2010 = 13° 2012 = 41° 2014 = 5° 2016 = 33° 2018 = 19°	2010 = 13° 2014 = 1° 2018 = 6°	2009 = 13° 2011 = 5° 2013 = 2° 2015 = 1° 2017 = 2° 2019 = 6°	2009 = 1°

50 km.

10.000 Mt. / 10 km.

Olympic Games	World Junior Championships	European Junior Championships	World Junior Cup	European Junior Cup	World Youth Championships
2016 = Dnf.	2006 = 14°	2005 = 9° 2007 = 8°	2006 = 2°	2005 = 11° 2007 = 2°	2005 = 6°

\* Update at 31 december 2019





### OTHERS RESULTS 20 KM.

11	<b>1:20:54</b>	La Coruña	02.06.2018	28	<b>1:23:08</b>	Santa Eulària	07.03.2010
12	<b>1:20:58</b>	Rio de Janeiro	12.08.2016	29	<b>1:23:41</b>	Daegu	28.08.2011
13	<b>1:20:59</b>	La Coruña	09.06.2012	30	<b>1:23:44</b>	Cheboksary	10.05.2008
14	<b>1:21:00</b>	Alytus	19.05.2019	31	<b>1:24:08</b>	Taicang	06.05.2018
15	<b>1:21:21</b>	Moskva	11.08.2013	32	<b>1:24:10</b>	Santa Eulària	28.03.2009
15	<b>1:21:21</b>	Oropesa del Mar	17.03.2019	33	<b>1:24:28</b>	Barcelona	27.07.2010
16	<b>1:21:27</b>	Berlin	11.08.2018	34	<b>1:24:32</b>	Chihuahua	16.05.2010
17	<b>1:21:41</b>	Dublin	26.06.2011	35	<b>1:24:37</b>	Olhão	21.05.2011
18	<b>1:21:48</b>	Dudince	19.05.2011	36	<b>1:25:31</b>	Saransk	12.05.2012
19	<b>1:21:51</b>	Castellón	18.03.2018	37	<b>1:25:49</b>	Benicassim	06.03.2011
20	<b>1:21:52</b>	Lugano	18.03.2012	38	<b>1:26:24</b>	Santa Eulària	15.03.2008
21	<b>1:22:01</b>	Lugano	19.03.2017	39	<b>1:26:34</b>	San Pedro del Pin.	01.03.2009
22	<b>1:22:04</b>	La Coruña	03.06.2017	40	<b>1:29:23</b>	Metz	24.05.2019
23	<b>1:22:19</b>	Mérida	02.04.2017	41	<b>1:31:12</b>	Monterrey	24.02.2018
24	<b>1:22:23</b>	Kaunas	18.07.2009	42	<b>1:33:27</b>	Lloret de Mar	10.04.2005
25	<b>1:22:26</b>	La Coruña	31.05.2014	43	<b>1:33:32</b>	Zaragoza	23.07.2006
26	<b>1:22:40</b>	Murcia	03.03.2013	44	<b>1:35:00</b>	Doha	04.10.2019
27	<b>1:22:46</b>	Rome	07.08.2016				

