

# FUJII NANA KO

17 - 05 - 1999



### Personal Best

<b>5.000</b> (track)	<b>21:24:40</b>	Fukui (Jpn)	08.10.2018
<b>5 km.</b> (road)	<b>22:33</b>	Tokio (Jpn)	01.01.2018
<b>10.000</b> (track)	<b>44:13.37</b>	Osaka (Jpn)	22.09.2018
<b>10 km.</b> (road)	<b>44:40</b>	Wajima (Jpn)	13.04.2019
<b>20 km.</b> (road)	<b>1:28:58</b>	La Coruña	08.06.2019

### The 5 best results on the 10.000 Mt. track

01	<b>44:13.37</b>	Osaka	22.09.2018
02	<b>45:04.59</b>	Abashiri	22.07.2019
03	<b>45:08.68</b>	Tampere	14.07.2018
04	<b>45:24.35</b>	Gifu	07.06.2018
05	<b>47:46.97</b>	Nakasaka	11.12.2016

### The 8 best results on the 20 km.

01	<b>1:28:58</b>	La Coruña	08.06.2019
02	<b>1:29:55</b>	Kobe	17.02.2019
03	<b>1:30:45</b>	Kobe	21.02.2021
04	<b>1:31:55</b>	Sapporo	06.08.2021
05	<b>1:33:20</b>	Nomi	15.03.2020
06	<b>1:33:27</b>	Takahata	28.10.2018
07	<b>1:34:50</b>	Doha	29.09.2019
08	<b>1:43:28</b>	Kobe	18.02.2018

### Career Highlights

20 km.		10.000 Mt.		10 km.	
<b>Olympic Games</b>	<b>World Championships</b>	<b>World Championships Under 20</b>	<b>World Cup Under 20</b>		
2021 = 13°	2019 = 7°	2018 = 4°	2018 = 3°		

\* update at 31 December 2019

