

# BIRD-SMITH DANE ALEX

15 - 07 - 1992



<i>Personal Best</i>							
<b>5.000 Mt.</b> (track)		<b>18:38.97</b>		Melbourne		05.03.2016	
<b>5 km.</b> (road)		<b>22:11</b>		Brisbane		29.10.2017	
<b>10.000 Mt.</b> (track)		<b>38:30.61</b>		Sydney		05.04.2019	
<b>10 km.</b> (road)		<b>40:32</b>		ErDOS		14.09.2012	
<b>20 km.</b> (road)		<b>1:19:28</b>		London		13.08.2017	
<i>Ranking 10.000 Mt. Track</i> (average = 39:48.50)				<i>Ranking 20 km.</i> (average = 1:20:02)			
01	<b>38:30.61</b>	Sydney	05.04.2019	01	<b>1:19:28</b>	London	13.08.2017
02	<b>38:34.23</b>	Sydney	31.03.2017	02	<b>1:19:34</b>	Gold Coast	08.04.2018
03	<b>38:44.61</b>	Sydney	01.04.2016	03	<b>1:19:37</b>	Rio de Janeiro	12.08.2016
04	<b>38:57.16</b>	Melbourne	04.04.2014	04	<b>1:19:37</b>	Adelaide	19.02.2017
05	<b>39:48.63</b>	Bedford	22.06.2014	05	<b>1:19:38</b>	Rome	07.05.2016
06	<b>39:53.89</b>	Brisbane	27.03.2015	06	<b>1:20:04</b>	Adelaide	21.02.2016
07	<b>40:21.00</b>	Cairns	29.06.2012	07	<b>1:20:05</b>	La Coruña	06.06.2015
08	<b>40:40.61</b>	Brisbane	04.02.2012	08	<b>1:20:27</b>	Taicang	04.05.2014
09	<b>41:02.18</b>	Sydney	12.03.2011	09	<b>1:20:52</b>	Adelaide	10.02.2019
10	<b>41:32.36</b>	Moncton	23.07.2010	10	<b>1:21:01</b>	Nomi	16.03.2014

### Career Highlights

20 km.

Olympic Games	World Championships	World Cup	Commonwealth Games	University Games
2016 = <b>3°</b>	2013 = 11° 2015 = 8° 2017 = 6° 2019 = 15°	2012 = 42° 2014 = 14° 2016 = 4° 2018 = Dnf.	2018 = <b>1°</b>	2014 = <b>1°</b>

10.000 Mt.

World Junior Championships	World Junior Cup	World Youth Championships
2010 = 5°	2010 = Dq.	2009 = 8°

\* update at 31 december 2019





OTHERS RESULTS 20 KM.

11	<b>1:21:30</b>	Gwangju	09.07.2015	21	<b>1:23:15</b>	Taicang	30.03.2012
12	<b>1:21:37</b>	Beijing	23.08.2015	22	<b>1:23:18</b>	Sesto San Giovanni	01.05.2013
13	<b>1:21:40</b>	La Coruña	08.06.2019	23	<b>1:23:28</b>	Adelaide	26.08.2012
14	<b>1:21:42</b>	La Coruña	31.05.2014	24	<b>1:24:22</b>	Suzhou	24.09.2017
15	<b>1:22:03</b>	La Coruña	01.06.2013	25	<b>1:25:01</b>	Lázaro Cárdenas	20.04.2019
16	<b>1:22:12</b>	Taicang	01.05.2015	26	<b>1:25:41</b>	Saransk	12.05.2012
17	<b>1:22:18</b>	Adelaide	11.02.2018	27	<b>1:25:13</b>	Suzhou	24.09.2018
18	<b>1:22:27</b>	Hobart	24.02.2013	28	<b>1:26:38</b>	Melbourne	11.12.2011
19	<b>1:22:39</b>	Hobart	02.02.2014	29	<b>1:28:12</b>	Hobart	25.02.2012
20	<b>1:23:06</b>	Moskva	11.08.2013	30	<b>1:32:11</b>	Doha	04.10.2019

