

KARLSTRÖM PERSEUS

02 - 05 - 1990



Personal Best

| | | | | |
|-------------------|-----------------|-------------------|------------------|------------|
| 5.000 mt. | <i>(indoor)</i> | 18:56.87 | Eskilstuna (Swe) | 17.04.2016 |
| 5.000 mt. | <i>(track)</i> | 18:32.56 | Melbourne (Aus) | 08.03.2019 |
| 10.000 mt. | <i>(track)</i> | 38:03.95 | Stockholm (Swe) | 24.08.2019 |
| 10 km. | <i>(road)</i> | 40:01 | Tibro (Swe) | 21.05.2016 |
| 20.000 mt. | <i>(track)</i> | 1:25:41.40 | Göteborg (Swe) | 09.08.2015 |
| 20 km. | <i>(road)</i> | 1:18:07 | La Coruña (Esp) | 08.06.2019 |
| 50 km. | <i>(road)</i> | 3:44:35 | Melbourne (Aus) | 17.12.2017 |

Ranking 10.000 Mt. track

(average = 39:15.70)

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|----|-----------------|-----------|------------|----|----------------|-----------|------------|
| 01 | 38:03.95 | Stockholm | 24.08.2019 | 01 | 1:18:07 | La Coruña | 08.06.2019 |
| 02 | 38:09.28 | Tampere | 01.09.2018 | 02 | 1:19:11 | Poděbrady | 09.04.2016 |
| 03 | 38:52.76 | Canberra | 09.01.2019 | 03 | 1:19:54 | Alytus | 19.05.2019 |
| 04 | 38:57.45 | Stockholm | 02.09.2017 | 04 | 1:20:05 | Adelaide | 10.02.2019 |
| 05 | 39:18.60 | Helsinki | 30.08.2014 | 05 | 1:20:20 | La Coruña | 03.06.2017 |
| 06 | 39:19.50 | Göteborg | 08.08.2015 | 06 | 1:20:30 | Adelaide | 11.02.2018 |
| 07 | 39:20.81 | Canberra | 28.01.2019 | 07 | 1:20:40 | Poděbrady | 21.05.2017 |
| 08 | 39:22.41 | Canberra | 14.01.2018 | 08 | 1:21:03 | Adelaide | 21.02.2016 |
| 09 | 40:32.00 | Stockholm | 07.09.2013 | 09 | 1:21:03 | Taicang | 23.04.2016 |
| 10 | 40:40.47 | Göteborg | 01.09.2012 | 10 | 1:21:45 | La Coruña | 28.05.2016 |

Ranking 20 km.

(average = 1:20:16)

Career Highlights

20 km.

| Olympic Games | World Championships | World Cup | European Championships | European Cup | University Games |
|---------------|---|--------------------------|--------------------------|---|------------------|
| 2016 = Dnf. | 2013 = 38° 2015 = Dnf. 2017 = 37° 2019 = 3° | 2010 = 42° 2012 = 56° | 2014 = 17° 2018 = 20° | 2011 = Dnf. 2013 = Dnf. 2015 = 8° 2017 = 3° 2019 = 1° | 2013 = 20° |

20 km.

50 km.

10 km.

| European Under 23 | World Cup | World Junior Championships | European Junior Championships | European Junior Cup | World Youth Championships |
|-------------------|--------------------------|----------------------------|-------------------------------|---------------------|---------------------------|
| 2011 = Dnf. | 2016 = Dnf. 2018 = 8° | 2008 = 30° | 2009 = 9° | 2009 = 20° | 2007 = 24° |

* update at 31 december 2019





OTHERS RESULTS 20 KM.

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|----|----------------|-----------------|------------|----|--------------------|---------------|------------|
| 11 | 1:21:54 | Poděbrady | 12.04.2014 | 27 | 1:25:32 | Poděbrady | 10.04.2010 |
| 12 | 1:21:55 | Rio Maior | 01.04.2017 | 28 | (t) 1:25:41 | Göteborg | 09.08.2015 |
| 13 | 1:22:25 | Växiö | 28.08.2016 | 29 | 1:25:50 | Suzhou | 24.09.2018 |
| 14 | 1:22:43 | Suzhou | 20.10.2019 | 30 | 1:25:54 | Ciudad Juárez | 12.03.2017 |
| 15 | 1:22:44 | Murcia | 17.05.2015 | 31 | 1:26:14 | Alytus | 17.06.2011 |
| 16 | 1:22:47 | Grottamare | 15.10.2017 | 32 | 1:26:14 | Monterrey | 24.02.2018 |
| 17 | 1:23:07 | Rio Maior | 07.04.2018 | 33 | 1:26:20 | Hobart | 19.02.2011 |
| 18 | 1:23:36 | London | 13.08.2017 | 34 | 1:27:00 | Doha | 04.10.2019 |
| 19 | 1:23:43 | Eskilstuna | 15.09.2012 | 35 | 1:27:14 | Saransk | 12.05.2012 |
| 20 | 1:23:44 | Lázaro Cárdenas | 20.04.2019 | 36 | 1:28:17 | Stockholm | 22.07.2012 |
| 21 | 1:24:41 | Zürich | 13.08.2014 | 37 | 1:28:20 | Moskva | 11.08.2013 |
| 22 | 1:24:41 | Monterrey | 17.06.2017 | 38 | (t) 1:29:39 | Glostrup | 13.09.2014 |
| 23 | 1:24:55 | Tukums | 21.09.2013 | 39 | 1:29:52 | Poděbrady | 09.04.2011 |
| 24 | 1:25:13 | Chihuahua | 07.03.2015 | 40 | 1:30:19 | Kazan | 08.07.2013 |
| 25 | 1:25:15 | Växiö | 01.09.2015 | 41 | 1:30:49 | Chihuahua | 16.05.2010 |
| 26 | 1:25:16 | Berlin | 11.08.2018 | | | | |

RESULTS 50 KM.

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|----|----------------|------------|------------|----|----------------|------------|------------|
| 01 | 3:44:35 | Melbourne | 17.12.2017 | 04 | 4:06:33 | Eskilstuna | 01.10.2016 |
| 02 | 3:48:54 | Taicang | 05.05.2018 | 05 | 4:20:42 | Eskilstuna | 07.10.2017 |
| 03 | 3:52:43 | Eskilstuna | 05.10.2013 | | | | |

