

NAVA HORACIO

20 - 01 - 1982



<i>Personal Best</i>					
10 km.	<i>(road)</i>	40:34	Monterrey		04.07.2004
10 km.	<i>(track)</i>	44:41.89	Bydgoszcz		18.07.1999
20 km.	<i>(track)</i>	1:23:01.00	Xalapa		31.08.2014
20 km.	<i>(road)</i>	1:20:56	Naumburg		22.05.2016
50 km.	<i>(road)</i>	3:42:51	Cheboksary		07.06.2014
<i>Ranking 20 km.</i> (average = 1:22:32)			<i>Ranking 50 km.</i> (average = 3:46:43)		
01	1:20:56	Naumburg	22.05.2016	01	3:42:51 Cheboksary 07.06.2014
02	1:22:04	Rio Maior	14.04.2012	02	3:45:21 Beijing 22.08.2008
03	1:22:13	Podebrady	07.04.2018	03	3:45:29 Saransk 12.06.2011
04	1:22:15	Rio Maior	09.04.2011	04	3:45:41 Arica 10.05.2015
05	1:22:38	Chihuahua	03.03.2012	05	3:46:59 London 11.08.2012
06	1:22:50	Ciudad Juárez	12.03.2017	06	3:47:44 Dudince 19.03.2016
07	1:22:52	Tijuana	20.03.2004	07	3:47:53 London 13.08.2017
08	<i>(t)</i> 1:23:01	Xalapa	31.08.2014	08	3:47:55 Cheboksary 11.05.2008
09	1:23:08	Shenzen	24.03.2007	09	3:48:22 La Coruña 22.05.2006
10	1:23:21	Lima	13.05.2017	10	3:48:58 Guadalajara 29.10.2011

Career Highlights

<i>50 km.</i>				
Olympic Games	World Championships	World Cup	Pan American Games	Pan American Cup
2008 = 6° 2012 = 13° 2016 = 13°	2005 = 9° 2007 = 9° 2009 = 18° 2013 = 32° 2017 = 16°	2006 = 7° 2008 = 6° 2010 = 2° 2012 = 9°	2007 = 2° 2011 = 1° 2015 = 3°	2005 = 2° 2013 = 2° 2015 = 1°
<i>20 km.</i>				<i>10 km.</i>
World Championships	World Cup	University Games	Pan American Cup	World Youth Championships
2011 = 16° 2015 = 28°	2018 = 33°	2003 = 8°	2017 = 5°	1999 = 5°

* updated at 31 december 2018



OTHERS RESULTS 20 KM.

11	1:23:32	Ciudad Juárez	06.03.2016	20	1:26:24	Daegu	25.08.2003
12	1:23:54	La Coruña	28.05.2016	21	1:26:28	Ciudad Victoria	09.06.2006
13	1:24:15	Daegu	28.08.2011	22	1:26:51	Taicang	06.05.2018
14	1:24:40	Beijing	23.08.2015	23	1:27:15	Sesto San Giovanni	01.05.2006
15	1:25:05	Veracruz	23.11.2014	24	1:27:25	La Coruña	31.05.2014
16	(t) 1:25:24	Zapopan	23.06.2013	25	1:27:45	Murcia	21.09.2008
17	1:25:06	Monterrey	19.03.2017	26	1:28:32	Naucalpan	10.03.2007
18	1:25:45	Chihuahua	08.03.2008	27	1:33:29	Sherbrooke	01.08.2004
19	1:26:13	Chihuahua	14.03.2009	28	1:35:23	Chihuahua	02.04.2004



OTHERS RESULTS 50 KM.

11	3:50:53	Rio de Janeiro	19.08.2016	20	3:57:28	Toronto	26.07.2015
12	3:51:23	Saransk	13.05.2012	21	3:58:00	Guatemala City	26.05.2013
13	3:52:35	Rio de Janeiro	28.07.2007	22	3:58:09	Moskva	14.08.2013
14	3:53:51	Chihuahua	22.02.2014	23	3:58:17	Osaka	01.09.2007
15	3:53:57	Helsinki	12.08.2005	24	3:59:26	Lima	08.05.2005
16	3:54:16	Chihuahua	15.05.2010	25	3:59:45	Dolores Hidalgo	27.02.2010
17	3:54:34	Chihuahua	05.03.2011	26	3:59:57	Tlanepantla	26.03.2006
18	3:56:26	Berlin	21.08.2009	27	4:02:28	Monterrey	25.02.2018
19	3:56:45	Mayagüez	29.07.2010	28	4:14:28	Tijuana	20.05.2005

