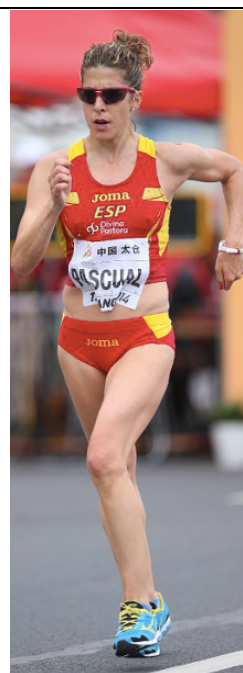


PASCUAL BEATRIZ

09 - 05 - 1982



Personal Best

5 km. (track)	20:45.11	Granollers	18.07.2012
5 km. (road)	21:47	Avilés	28.06.2008
10 km. (track)	42:35.69	Gijón	23.07.2016
10 km. (road)	43:22	Viladecans	24.01.2016
20 km. (road)	1h27:44	Beijing	21.08.2008

Ranking 10 km. (average = 43:28.45)

01	(t) 42:35.69	Gijón	23.07.2016
02	(t) 42:40.33	Avilés	17.07.2010
03	(t) 43:14.65	Tenerife	26.07.2008
04	(t) 43:18.97	Pamplona	25.08.2012
05	43:22	Viladecans	24.01.2016
06	43:25	Santa Eularia	15.03.2008
07	43:31	Ejea	29.03.2008
08	(t) 42:39.42	Alcobendas	27.07.2013
09	43:49	La Coruña	17.09.2011
10	43:54	ErDOS	14.09.2012

Ranking 20 km. (average = 1h28:55)

01	1h27:44	Beijing	21.08.2008
02	1h27:56	London	11.08.2012
03	1h28:05	La Coruña	19.06.2010
04	1h28:51	Rio Maior	09.04.2011
05	1h29:00	Moskva	13.08.2013
06	1h29:02	Zürich	14.08.2014
07	1h29:22	Taicang	03.05.2014
08	1h29:27	Motril	28.02.2016
09	1h29:52	Barcelona	28.07.2010
10	1h29:53	La Coruña	09.06.2012

Career Highlights

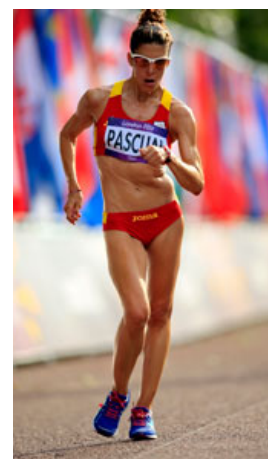
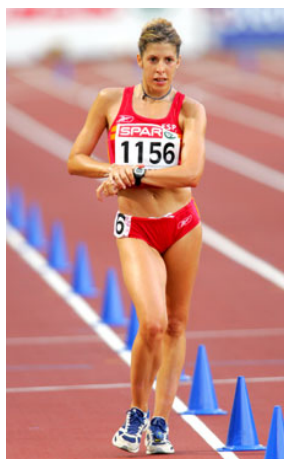
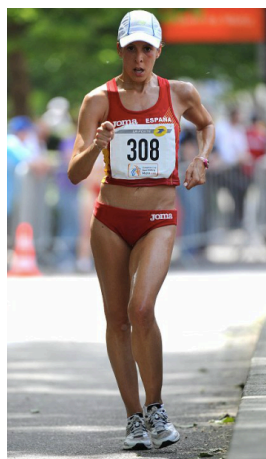
20 km.

Olympic Games	World Championships	World Cup	European Championships	European Cup	European U23 Championships
2008 = 6°	2007 = 13°	2002 = 19°	2002 = 12°	2000 = 6°	2003 = 4°
2012 = 7°	2009 = 5°	2004 = 18°	2006 = 20°	2003 = 26°	
2016 = 8°	2011 = 8°	2008 = 25°	2010 = 4°	2005 = 25°	
	2013 = 6°	2010 = 11°	2014 = 8°	2007 = 9°	
		2012 = 4°		2009 = 6°	
		2014 = 21°		2013 = 9°	
		2016 = Dnf.			

10 km.

World Junior Championships	European Junior Championships	World Youth Championships
2000 = 6°	2001 = 3°	1999 = 11°

* update at 31 August 2019



Others Results 20 km.

11	1h29:54	Sesto San Giovanni	01.05.2009	38	1h33:27	Badalona	19.01.2003
12	1h30:09	Castro Urdiales	17.02.2008	39	1h33:44	La Coruña	20.06.2009
13	1h30:16	Sesto San Giovanni	01.05.2011	40	1h33:50	La Coruña	16.03.2002
14	1h30:22	Naumburg	02.05.2004	41	1h33:52	La Coruña	04.06.2005
15	1h30:24	Rio de Janeiro	19.08.2016	42	1h33:55	Viladecans	22.01.2006
16	1h30:29	Pontevedra	04.03.2012	43	1h33:55	Cheboksary	11.05.2008
17	1h30:37	Lemington	20.05.2007	44	1h34:11	Cheboksary	18.05.2003
18	1h30:40	Berlin	16.08.2009	45	1h34:20	Badalona	12.02.2012
19	1h30:46	Benicassim	06.03.2011	46	1h34:22	San Pedro del Pinatar	01.03.2009
20	1h30:46	Saransk	13.05.2012	47	1h34:28	Turin	12.10.2002
21	1h31:03	Rio Maior	14.04.2012	48	1h34:53	Barcelona	04.02.2007
22	1h31:20	El Prat de Llobregat	27.01.2008	49	1h34:55	Zaragoza	08.02.2004
23	1h31:31	Ourense	16.02.2003	50	1h35:13	Osaka	31.08.2007
24	1h31:41	Rio Maior	10.04.2010	51	1h35:28	Metz	24.05.2009
25	1h31:46	Daegu	31.08.2011	52	1h36:03	Göteborg	09.08.2006
26	1h31:49	Rio Maior	06.04.2013	53	1h36:04	Chihuahua	14.03.2009
27	1h31:51	Igualada	07.02.2015	54	1h36:08	Chihuahua	15.05.2010
28	1h32:03	Badalona	13.01.2011	55	1h36:27	Almeria	30.06.2005
29	1h33:06	Murcia	16.02.2014	56	1h36:29	La Coruña	07.06.2003
30	1h32:09	La Coruña	01.06.2013	57	1h36:31	León	19.02.2006
31	1h32:17	La Coruña	31.05.2014	58	1h36:34	Badalona	31.01.2005
32	1h32:23	Badalona	07.02.2016	59	1h36:51	Santa Elària des Riu	04.03.2007
33	1h33:37	Badalona	02.02.2014	60	1h36:56	El Prat de Llobregat	08.02.2009
34	1h32:38	München	07.08.2002	61	1h37:19	Miskolc	21.05.2005
35	1h32:49	El Prat de Llobregat	27.02.2005	62	1h37:28	Bydgoszcz	18.07.2003
36	1h32:53	Dudince	19.05.2013	63	1h37:45	Rio Maior	02.04.2005
37	1h32:57	Podebrady	14.03.2007				

