



ENGLAND ATHLETICS
INDOOR RACE WALKING CHAMPIONSHIPS
@ EIS, SHEFFIELD 5th JANUARY 2020

WALKS

<u>3K Walk</u>	<u>Senior Men</u>			
Posn	Bib	Athlete	Club	Perf
1	202	Tom BOSWORTH	Tonbridge AC	11:18.00
2	207	Tom PARTINGTON	Manx Harriers	13:00.32
3	206	Luc LEGON	Bexley AC	13:04.74
4	203	Matthew CRANE	Bexley AC	13:36.27
5	205	Christian HOPPER	Cambridge Harriers	16:12.75
DQ	204	Trevor HERRING	Kettering Town Harriers	230.7a

<u>3K Walk</u>	<u>Senior Women</u>			
Posn	Bib	Athlete	Club	Perf
1	217	Pagen SPOONER	Hyde Park Harriers	15:10.67
2	213	Natalie MYERS	2Dash	15:11.26
3	210	Carolyn DERBYSHIRE	Nuneaton Harriers	15:44.95
4	212	Hannah HOPPER	Cambridge Harriers	16:25.92
5	215	Erika PONTAROLLO	Hyde Park Harriers	16:37.16
6	216	Abigail SMITH	Blackheath & Bromley Harriers AC	17:07.53
DQ	214	Val NIX	Kettering Town Harriers	230.7a