



Campeonato Norte, Centroamérica y el Caribe de Atletismo

NACAC 2019

SUB-18 y SUB-23

Queretaro, Mexico

Femenil 5000 Metros Marcha Sub 18

Nombre		Year Team		Finales		Points Alternate	
1 Ramos R, Sofia Elizabeth		02 MEX		23:45,69			
55.03 (55.03)		2:44.55 (1:49.52)		4:38.72 (1:54.17)		6:32.19 (1:53.48)	
8:25.64 (1:53.45)		10:17.21 (1:51.57)		12:10.67 (1:53.46)		14:03.48 (1:52.82)	
15:59.53 (1:56.05)		17:57.52 (1:57.99)		19:54.31 (1:56.79)		21:50.23 (1:55.93)	
23:45.69 (1:55.47)							
2 Muñoz A, Mariana		02 CRC		24:18,64			
52.29 (52.29)		2:44.79 (1:52.50)		4:39.08 (1:54.30)		6:33.52 (1:54.44)	
8:30.21 (1:56.70)		10:28.46 (1:58.25)		12:27.20 (1:58.75)		14:26.45 (1:59.25)	
16:26.86 (2:00.41)		18:28.19 (2:01.34)		20:27.20 (1:59.01)		22:25.33 (1:58.14)	
24:18.64 (1:53.31)							
3 Mena G, Maria Camila		03 MEX		26:03,07			
55.56 (55.56)		2:53.44 (1:57.88)		4:59.78 (2:06.35)		7:03.51 (2:03.73)	
9:08.74 (2:05.23)		11:13.97 (2:05.24)		13:19.03 (2:05.06)		15:25.36 (2:06.33)	
17:32.44 (2:07.08)		19:37.43 (2:05.00)		21:46.11 (2:08.68)		23:53.39 (2:07.28)	
26:03.07 (2:09.69)							

Campeonato NACAC Sub18 y Sub23 2019 - 05/07/2019 to 07/07/2019**Pista de Atletismo Queretaro 2000****Resultados****....Femenil 5000 Metros Marcha Sub 18**

4	Lundman, Olivia	03	CAN	26:56,42				
	57.02 (57.02)	3:04.74	(2:07.72)	5:10.72 (2:05.99)	7:18.18 (2:07.46)			
	9:27.08 (2:08.91)	11:37.35 (2:10.27)		13:48.43 (2:11.08)	16:00.09 (2:11.66)			
	18:13.86 (2:13.77)	20:29.05 (2:15.19)		22:42.64 (2:13.59)	24:54.61 (2:11.98)			
	26:56.42 (2:01.81)							
5	Cardle, Cassidy	02	CAN	26:59,26				
	57.38 (57.38)	3:05.14 (2:07.77)		5:11.14 (2:06.00)	7:18.64 (2:07.51)			
	9:27.66 (2:09.03)	11:37.78 (2:10.12)		13:48.84 (2:11.06)	16:00.45 (2:11.61)			
	18:14.23 (2:13.79)	20:29.42 (2:15.19)		22:42.21 (2:12.79)	24:54.13 (2:11.93)			
	26:59.26 (2:05.14)							

Campeonato NACAC Sub18 y Sub23 2019 - 05/07/2019 to 07/07/2019**Pista de Atletismo Queretaro 2000****Resultados****Femenil 5000 Metros Marcha Sub 23**

Nombre		Year Team	Finales	Points	Alternate
1	Ortuño M, Valeria	98 MEX	23:05,08		
	51.72 (51.72)	2:38.21 (1:46.49)	4:28.35 (1:50.15)	6:19.50 (1:51.15)	
	8:11.13 (1:51.63)	10:02.75 (1:51.62)	11:55.25 (1:52.50)	13:48.18 (1:52.94)	
	15:39.56 (1:51.38)	17:31.32 (1:51.77)	19:23.28 (1:51.97)	21:13.69 (1:50.41)	
	23:05.08 (1:51.39)				
2	Melendez, Amberly	97 USA	23:25,50		
	53.53 (53.53)	2:45.13 (1:51.60)	4:39.22 (1:54.09)	6:31.55 (1:52.33)	
	8:24.96 (1:53.42)	10:15.33 (1:50.37)	12:05.97 (1:50.65)	13:54.86 (1:48.89)	
	15:45.70 (1:50.84)	17:39.66 (1:53.97)	19:35.52 (1:55.86)	21:32.17 (1:56.66)	
	23:25.50 (1:53.34)				
3	Miranda A, Diana Estefan	97 MEX	23:40,73		
	52.91 (52.91)	2:44.41 (1:51.51)	4:38.62 (1:54.21)	6:31.94 (1:53.32)	
	8:25.49 (1:53.56)	10:16.29 (1:50.81)	12:09.56 (1:53.27)	14:02.61 (1:53.06)	
	15:57.33 (1:54.72)	17:54.82 (1:57.49)	19:53.87 (1:59.06)	21:49.99 (1:56.12)	
	23:40.73 (1:50.74)				
4	Cisneros, Anali	97 USA	24:15,11		
	54.20 (54.20)	2:45.32 (1:51.13)	4:39.52 (1:54.20)	6:31.73 (1:52.22)	
	8:25.30 (1:53.58)	10:15.77 (1:50.47)	12:11.05 (1:55.28)	14:18.14 (2:07.10)	
	16:20.83 (2:02.69)	18:25.15 (2:04.33)	20:25.20 (2:00.06)	22:22.34 (1:57.14)	
	24:15.11 (1:52.77)				

Varonil 10000 Metros Marcha Sub 18

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Nombre		Year Team		Finales		Points Alternate		
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1	Cordova F, Cesar		02 MEX		43:09,45			
	1:40.018	(1:40.018)	3:18.751	(1:38.733)	4:59.936	(1:41.185)	6:42.582	(1:42.646)
	8:24.649	(1:42.068)	10:06.311	(1:41.662)	11:49.343	(1:43.032)	13:32.090	(1:42.747)
	15:14.673	(1:42.584)	16:56.136	(1:41.463)	18:37.843	(1:41.708)	20:19.407	(1:41.564)
	22:00.908	(1:41.501)	23:40.542	(1:39.634)	25:22.707	(1:42.165)	27:03.551	(1:40.844)
	28:44.733	(1:41.182)	30:27.771	(1:43.038)	32:10.647	(1:42.876)	33:51.997	(1:41.350)
	35:31.711	(1:39.714)	37:12.602	(1:40.891)	38:51.700	(1:39.099)	40:32.583	(1:40.883)
	42:09.450	(1:36.867)						
2	Juarez L, Cristhian Dono		02 MEX		44:43,75			
	1:42.458	(1:42.458)	3:24.845	(1:42.387)	5:10.211	(1:45.366)	6:59.726	(1:49.516)
	8:47.809	(1:48.083)	10:34.616	(1:46.808)	12:24.973	(1:50.357)	14:12.233	(1:47.260)
	15:58.921	(1:46.689)	17:45.807	(1:46.886)	19:34.800	(1:48.994)	21:23.409	(1:48.609)
	23:13.172	(1:49.764)	25:03.280	(1:50.108)	26:51.654	(1:48.374)	27:03.551	(11.897)
	28:40.163	(1:36.612)	30:28.784	(1:48.622)	32:18.119	(1:49.335)	34:07.847	(1:49.728)
	35:54.767	(1:46.920)	37:39.119	(1:44.353)	39:27.666	(1:48.547)	41:15.732	(1:48.066)
	44:43.745	(3:28.014)						
3	Arias V, Eduard		02 CRC		45:49,24			
	1:43.745	(1:43.745)	3:26.118	(1:42.373)	5:11.061	(1:44.943)	7:00.420	(1:49.359)
	8:49.066	(1:48.647)	10:36.654	(1:47.588)	12:25.486	(1:48.832)	14:14.717	(1:49.231)
	16:04.342	(1:49.625)	17:53.808	(1:49.466)	19:42.405	(1:48.597)	21:32.516	(1:50.111)
	23:21.640	(1:49.125)	25:11.571	(1:49.931)	27:03.253	(1:51.682)	28:53.034	(1:49.781)
	30:44.389	(1:51.356)	32:35.511	(1:51.122)	34:27.419	(1:51.909)	36:20.547	(1:53.128)
	38:13.692	(1:53.145)	40:06.390	(1:52.698)	42:00.588	(1:54.199)	43:55.392	(1:54.804)
	45:49.240	(1:53.849)						
4	Méndez L, Brayan Estiven		03 ESA		50:05,62			
	1:43.802	(1:43.802)	3:25.762	(1:41.960)	5:10.692	(1:44.930)	7:00.055	(1:49.363)
	8:48.682	(1:48.627)	10:37.277	(1:48.595)	12:26.174	(1:48.897)	14:16.947	(1:50.773)
	16:11.404	(1:54.457)	18:07.118	(1:55.715)	20:06.192	(1:59.074)	22:09.102	(2:02.911)
	24:11.213	(2:02.111)	26:15.856	(2:04.643)	28:21.239	(2:05.383)	30:30.127	(2:08.889)
	32:37.573	(2:07.446)	34:47.708	(2:10.135)	37:02.366	(2:14.658)	39:14.839	(2:12.474)
	41:27.449	(2:12.610)	43:39.455	(2:12.006)	45:50.522	(2:11.068)	48:01.031	(2:10.509)
	50:05.615	(2:04.584)						

Varonil 10000 Metros Marcha Sub 23

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NACAC U23: R 30:16,03 08/07/2006 JOHN MOORE, USA

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Nombre	Year	Team	Finales	Points	Alternate
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1	Solis A, Gustavo	Israel	98	MEX	42:09,49				
	1:38.230	(1:38.230)	3:16.119	(1:37.889)	4:54.106	(1:37.988)	6:34.193	(1:40.087)	
	8:13.968	(1:39.775)	9:55.623	(1:41.656)	11:35.770	(1:40.147)	13:16.657	(1:40.887)	
	14:59.214	(1:42.557)	16:42.200	(1:42.986)	18:24.620	(1:42.421)	20:06.026	(1:41.406)	
	21:48.317	(1:42.291)	23:32.718	(1:44.401)	25:11.792	(1:39.074)	26:51.891	(1:40.100)	
	28:33.723	(1:41.832)	30:17.852	(1:44.129)	32:02.365	(1:44.514)	33:47.534	(1:45.169)	
	35:31.743	(1:44.210)	37:13.000	(1:41.257)	38:52.337	(1:39.338)	40:32.136	(1:39.799)	
	42:09.484	(1:37.348)							
2	Calel S, Jose	Oswaldo	98	GUA	42:55,27				
	1:38.045	(1:38.045)	3:15.980	(1:37.935)	4:53.678	(1:37.698)	6:34.501	(1:40.823)	
	8:13.727	(1:39.226)	9:55.342	(1:41.615)	11:35.547	(1:40.206)	13:16.415	(1:40.868)	
	14:59.094	(1:42.680)	16:42.494	(1:43.400)	18:25.018	(1:42.524)	20:06.340	(1:41.323)	
	21:48.060	(1:41.720)	23:33.021	(1:44.961)	25:12.383	(1:39.362)	27:00.771	(1:48.389)	
	28:47.919	(1:47.148)	30:33.923	(1:46.004)	32:17.560	(1:43.637)	34:04.249	(1:46.690)	
	35:49.946	(1:45.697)	37:36.492	(1:46.546)	39:24.996	(1:48.505)	41:12.496	(1:47.500)	
	42:55.266	(1:42.771)							
3	Mena G, Saul		01	MEX	44:03,54				
	1:45.257	(1:45.257)	3:29.452	(1:44.195)	5:18.645	(1:49.194)	7:07.536	(1:48.891)	
	8:53.828	(1:46.293)	10:37.977	(1:44.149)	12:24.820	(1:46.844)	14:11.931	(1:47.111)	
	15:58.599	(1:46.669)	17:43.547	(1:44.948)	19:27.647	(1:44.100)	21:10.745	(1:43.099)	
	22:54.649	(1:43.904)	24:39.445	(1:44.796)	26:25.847	(1:46.402)	28:10.556	(1:44.709)	
	29:57.350	(1:46.794)	31:45.939	(1:48.589)	33:33.215	(1:47.276)	35:22.544	(1:49.330)	
	37:07.475	(1:44.931)	38:51.612	(1:44.137)	40:33.561	(1:41.949)	42:20.013	(1:46.453)	
	44:03.535	(1:43.522)							
4	Smith, Steven		98	USA	44:37,07				
	1:43.342	(1:43.342)	3:26.445	(1:43.103)	5:12.210	(1:45.765)	7:00.773	(1:48.563)	
	8:49.475	(1:48.702)	10:37.693	(1:48.218)	12:26.351	(1:48.659)	14:15.841	(1:49.490)	
	16:03.523	(1:47.682)	17:53.306	(1:49.783)	19:41.970	(1:48.664)	21:31.806	(1:49.836)	
	23:20.017	(1:48.212)	25:07.104	(1:47.087)	26:51.252	(1:44.148)	28:35.728	(1:44.476)	
	30:23.243	(1:47.515)	32:11.927	(1:48.684)	33:59.804	(1:47.877)	35:51.070	(1:51.267)	
	37:39.640	(1:48.570)	39:27.505	(1:47.866)	41:16.019	(1:48.514)	42:58.851	(1:42.832)	
	44:37.070	(1:38.220)							
5	Gruttadauro, Anthony		97	USA	46:43,83				
	1:41.848	(1:41.848)	3:25.484	(1:43.636)	5:12.085	(1:46.601)	7:00.823	(1:48.738)	
	8:49.977	(1:49.154)	10:37.315	(1:47.338)	12:27.370	(1:50.056)	14:16.222	(1:48.852)	
	16:03.504	(1:47.282)	17:53.250	(1:49.746)	19:41.648	(1:48.398)	21:32.142	(1:50.495)	
	23:21.186	(1:49.044)	25:50.847	(2:29.662)	27:03.551	(1:12.704)	29:27.653	(2:24.102)	
	31:21.701	(1:54.048)	33:17.205	(1:55.504)	35:14.716	(1:57.511)	37:07.899	(1:53.183)	
	39:01.171	(1:53.273)	41:02.023	(2:00.852)	42:59.202	(1:57.179)	44:53.030	(1:53.829)	
	46:43.826	(1:50.796)							
--	Liang, Alger		98	CAN	DQ	RULE 230.7 C			
	1:41.238	(1:41.238)	3:24.531	(1:43.293)	5:11.324	(1:46.793)	7:00.179	(1:48.855)	
	8:49.277	(1:49.098)	10:37.520	(1:48.244)	12:27.634	(1:50.114)	14:17.765	(1:50.131)	
	16:07.644	(1:49.879)	17:57.275	(1:49.631)	19:45.834	(1:48.560)	21:38.388	(1:52.554)	
	23:32.312	(1:53.924)	25:26.091	(1:53.779)	28:17.832	(2:51.741)	30:06.154	(1:48.323)	
	31:57.859	(1:51.705)							