

Alf Palmer Memorial Walking Races [External Results](#)

Horsham

11 Dec 21

[3000W](#) [5000W](#)

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3000W SX

Pos	Perf	Name	AG	Coach	Club	SB	PB	
1	18:47.6	Lewis Burr	U15	M	Tonbridge	18:29.12	18:29.12	
2	33:28.1	Shaheda Arthur	V60	W	Unattached	31:11.24	31:11.24	

5000W SX

Pos	Perf	Name	AG	Coach	Club	SB	PB		
1	25:07.7	Luc Legon	SEN	M	Noel Carmody	Bexley/Cambridge H	21:47.20	21:47.20	
2	25:08.4	Hannah Hopper	PB U20	W	Noel Carmody	Cambridge H	25:08.4	25:08.4	
3	28:43.6	Katie Stringer	PB U20	W	Christopher Hobbs	Medway & Maidstone	28:43.6	28:43.6	
4	29:55.4	Jonathan Ellerton	PB U17	M		Blackheath & Bromley	29:55.4	29:55.4	
5	31:01.8	Lola-Mae Billingham	PB U17	W		Aldershot, Farnham & District	31:01.8	31:01.8	
6	32:34.1	John Arthur	PB V60	M		Thurrock	32:34.1	32:34.1	
7	33:49.3	Stuart Maidment	SB V70	M		Steyning	33:49.3	32:45.8	
8	34:06.9	John Killick	SB V75	M		Steyning	34:06.9	32:31.2	
9	34:41.5	Paul Gaston	SB V70	M		Surrey WC	34:41.5	31:21.9	
10	35:28.5	Ron Penfold	SB V80	M		Steyning/Veterans	35:28.5	28:24	
11	37:24.5	David Hoben	V65	M		Surrey WC/Veterans/Striders of Croydon	36:50.24	34:20.0	