

3000W SM (6 Jan)

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	11:54.83	i Cameron Corbishley	SB U23	M	Andi Drake	Medway & Maidstone	11:54.83	11:19.10	✉
2	12:41.34	i Christopher Snook	SB U20	M	Verity Snook	Aldershot, Farnham & District	12:41.34	12:03.14	✉
3	12:52.25	i Tom Partington	SB U23	M	Steve Partington	Manx	12:52.25	12:31.56	✉
4	13:41.80	i Luc Legon	U23	M	Noel Carmody	Bexley/Cambridge H	13:41.47	12:58.61	✉
5	14:50.32	i Matthew Crane	U20	M	Denise Peeney	Bexley	14:16.88	14:16.88	✉
-	DQ	i Ollie Hopkins	U20	M		Lewes		14:44.75	✉
-	DQ	i Timothy Snook	U23	M	Verity Snook	Aldershot, Farnham & District/Leeds Beckett Uni		13:17.1	✉

3000W SW (6 Jan)

Pos	Perf	Name	AG	Year	Coach	Club	SB	PB	
1	14:49.57	i Madeline Shott	SB SEN	W		Belgrave	14:49.57	14:43.33	✉
2	16:15.98	i Pagen Spooner	SB U20	W	Andi Drake	Hyde Park Harriers	16:15.98	16:01.80	✉
3	16:23.43	i Carolyn Derbyshire	PB V40	W		Nuneaton/Midland Masters	16:23.43	16:23.43	✉
4	17:50.63	i Beatrice Fury	U20	W	Peter William Selby	Medway & Maidstone	17:09.28	17:09.28	✉
5	18:39.64	i Wendy Kane	SB V50	W	Trevor Muxlow	Notts/Midland Masters	18:39.64	17:43.67	✉
6	19:54.19	i Lara MacColl	SB U17	W	Brian Adams	Sheffield & Dearne	19:54.19	19:11.56	✉
-	DQ	i Ana Garcia	U20	W	Mark Wall	Sheffield & Dearne		14:26.43	✉