



3.000 Metros Marcha

(Fem)

Final 1

1 ^a	1 Ana Cabecinha	C ORIENTAL PECHÃO	1984-04-29	V35	1 3 1 9,21	8,0
2 ^a	2 Edna Barros	C ORIENTAL PECHÃO	1996-12-18	Sen	1 3 1 9,26	7,0
3 ^a	301 Anabela Moreira	C ORIENTAL PECHÃO	1970-08-19	V45	1 6 2 5,66	6,0
4 ^a	615 Mariana Mestre	C ORIENTAL PECHÃO	2004-07-16	Juv	1 6 5 1,24	5,0
5 ^a	364 Verónica Fernandes	C R D SANTALUZIENSE	1977-04-18	V40	1 7 4 2,67	4,0
6 ^a	635 Daniela Gonçalves	C ATLETISMO TUNES	2003-10-22	Juv	1 8 5 9,86	3,0
7 ^a	132 Filipa Godinho	CASA BENFICA FARO	1999-08-26	S23	1 9 0 5,27	2,0
8 ^a	339 Helena Rodrigues	C ATLETISMO TUNES	1960-07-23	V55	2 0 3 7,49	1,0
9 ^a	246 Cidália Alves	C ATLETISMO TUNES	1976-11-18	V40	2 2 5 2,61	
10 ^a	270 Sónia Neves	C ATLETISMO TUNES	1975-05-06	V40	2 3 1 5,00	
11 ^a	310 Graça Costa	C ATLETISMO TUNES	1968-10-10	V50	2 3 2 9,34	
12 ^a	358 Sandra Pereira	C R D SANTALUZIENSE	1979-06-14	V40	2 6 3 3,25	



5.000 Metros Marcha

(Fem)

Final 1

1 ^a	2 Edna Barros	C ORIENTAL PECHÃO	1996-12-18	Sen	2 1 5 3,86	
2 ^a	1 Ana Cabecinha	C ORIENTAL PECHÃO	1984-04-29	V35	2 1 5 4,48	



5.000 Metros Marcha

(Masc)

Final 1

1 ^o	655 Pedro Dias	C ORIENTAL PECHÃO	2003-02-21	Juv	2 1 5 5,48	8,0
2 ^o	646 Tiago Ramos	C ATLETISMO TUNES	2003-06-05	Juv	2 2 0 3,40	7,0
3 ^o	223 Ludovino Dias	C ORIENTAL PECHÃO	1980-07-24	V35	2 7 1 8,26	6,0
4 ^o	535 Gonçalo Duarte	A ACAD BELA VISTA	2002-09-13	Jun	2 8 5 8,26	5,0
5 ^o	340 João Rodrigues	C ATLETISMO TUNES	1959-11-27	V60	3 0 0 7,55	4,0
6 ^o	282 Daniel Cabrita	C ATLETISMO TUNES	1973-05-16	V45	3 0 2 9,35	3,0
7 ^o	4 Artur X Domingos	C DESP QUARTEIRA	1997-03-09	Sen	3 1 3 9,80	2,0
8 ^o	19 Bruno Marques	CASA BENFICA FARO	1992-04-30	Sen	3 3 5 9,67	1,0
9 ^o	637 Igor Inácio	C DESP QUARTEIRA	2003-10-11	Juv	3 4 2 2,41	