

# USATF National 5k Race Walk Open, U-20 & Masters Championships

New Jersey Race Walk Series

USATF-NJ 5k Race Walk Championship

Hosted by The Freehold Area Running Club

Harry Wright Lake, Whiting, NJ

9/25/2022 65-70°, Overcast with 5 mph wind

## 5k Women

				Final	USA Open	U-20	Masters	NJ Assoc.
1:	Maria Michta-Coffee	36 NY	Oiselle/Walk USA	5:34 11:20 17:06 22:45	1			
2:	Robyn Stevens	38 CA	Wolfpack RC	5:35 11:21 17:14 23:00 ~	2			
3:	Angelica Harris	17 IL	Elgin SharksTC	5:54 12:00 18:14 24:19	3	1		
4:	Diselets Dubois	16 NY	---	6:21 13:40 20:52 27:46	4	2		
5:	Ashlyn Poulin	18 ME	Maine R/Wers	6:25 13:46 21:07 28:21	5	3		
6:	Ruby Ray	18 NY	---	6:45 13:59 21:22 28:34	6	4		
7:	Siobhan Sharpsteen	46 NY	---	7:23 14:55 22:22 29:46	7		1 45-49	
8:	Katherine Moston	25 PA	---	7:17 14:55 22:30 30:23	8			
9:	Maryanne Daniel	64 CT	Connecticut R/Wers	7:33 15:19 23:38 31:46	9		1 60-64	
10:	Fiona Levey	52 MA	---	7:45 15:50 23:44 32:00	10		1 50-54	
11:	Rebecca Garson	58 VA	Raleigh Walkers	9:11 18:26 27:34 36:28	11		1 55-59	
12:	Katherine Keg Good	65 VA	Potomac Valley TC	9:56 19:57 30:07 40:16	12		1 65-69	
13:	Panseluta Geer	75 NJ	Shore AC	10:30 20:48 31:07 41:21	13		1 75-79	1
14:	Alice Harrington	76 FL	So. Florida R/Wers	10:26 20:47 31:08 41:21 >>	14		2 75-79	
15:	Elizabeth Hancock	69 VA	Philadelphia Masters	10:28 21:28 32:28 43:34	15		2 65-69	
16:	Aysha Miraz	41 NJ	---	13:46 28:03 41:40 54:56 >>	16		1 40-44	2
	Jessica Willis	41 CT	Manchester Running Co.	DNS				

## 5k Men

1:	Jason Cherng	22 MA	NewEngland Walkers	5:20 10:55 16:41 22:19	1			
2:	Carson Johnson	21 KY	Cumberland College	5:15 11:04 17:06 22:59	2			
3:	Dmitry Babenko	49 NY	Guest – Canada	5:54 11:47 17:36 23:18			1 45-49	(New Canadian Age Group Record)
4:	Clayton Stoil	17 VA	---	5:38 11:38 17:42 23:41	3	1		
5:	Michael Mannozi	36 OH	US Air Force	5:56 12:02 18:03 23:56	4			1
6:	Ryan Allen	18 NJ	---	5:47 12:00 18:28 24:49	5	2		2
7:	Colin Graham	17 NJ	New Jersey Striders	5:51 12:23 18:55 25:21	6	3		3
8:	Lucien Beardsley	18 ME	---	5:55 12:22 19:01 25:22	7	4		

9: David Swarts	50 MI	Pegasus AC	6:11 12:42 19:20 25:52	8	1 55-59	
10: Alexander Price	43 NY	Walk USA	7:11 14:12 21:18 28:15	9	1 40-44	
11: Douglas Johnson	62 KY	Pegasus AC	7:15 14:58 22:40 30:16	10	1 60-64	
12: John Soucheck	49 NJ	Shore AC	7:34 15:25 23:15 31:02	11	2 55-59	4
13: Christopher Renn	18 NJ	Freehold Area RC	6:42 14:58 23:21 32:46	12	5	5
14: Emesh Fernando	39 NJ	US Air Force	7:56 16:32 25:10 33:41	13		6
15: Bruce Logan	57 NY	---	8:43 17:11 25:51 34:49 >	14	3 55-59	
16: John Gersh	75 MD	Potomac Valley TC	8:46 17:41 26:47 35:52	15	1 75-79	
17: John Morrison	73 MD	Potomac Valley TC	8:42 17:41 26:39 35:53	16	1 70-74	
18: John Fredericks	74 NJ	Freehold Area RC	8:45 17:39 27:13 36:29 >>	17	2 70-74	7
19: Fred Linkhart	70 NJ	Freehold Area RC	8:54 18:03 27:48 36:36	18	3 70-74	8
20: Ross Miano	73 NJ	Freehold Area RC	9:56 20:25 31:12 41:56 >	19	4 70-74	9
Luis Alberto Campos	60 NJ	---	6:46 14:37 22:42 DQ >>>>			
Jeff Van Denbussche	58 NJ	Freehold Area RC	9:02 18:41 - DQ >>>			
Timothy Chelius						

Open Team Champions: Freehold Area Running Club (Renn – Fredericks – Linkhart 1:45:50)

Masters Team Champions: Freehold Area Running Club (Fredericks – Linkhart – Miano 1:55:01)

Race/Series Director: Ron Salvio (FARC) 609-758-5454, [salvio17@comcast.net](mailto:salvio17@comcast.net)

Next Events: 2022 New Jersey Race Walk Series with USATF-NJ Championship 20k on 10/23 and 15K on 11/13, both at 10 am, Harry Wright Lake, Whiting, NJ

Judges: Reggie Weissglas, Chief, IAAF/WA  
Jeff Salvage, IAAF/WA  
Solomiya Login, IAAF/WA  
Marcia Shapiro, Master  
Avram Shapiro, Master  
Wayne Baker, National  
Michael Renn, Association

Ron Daniel, Master – Recorder  
Ann Gartner, Association – DQ Board

Starters: Davis Friedman, USATF-NJ  
Phyllis Smith- Livingston, USATF-NJ

Timers: Ron Salvio, Chief, USATF-NJ  
Isabel Lewis, FARC  
Thomas Wendel, FARC

Clock: Janet Bergum, FARC

Course Bikers: Michael Bergum, FARC  
Tina Duda, Ocean Running Club

Hydration: Walt Rutsky, FARC

Bellman: William Lewis, FARC

Lap Scorers: Janet Bergum, Chief, FARC  
Rhonda Rimpel, USATF-NJ  
William Strain, USATF-NJ  
Rita Christopher, USATF-NJ  
Chris Gross, FARC  
James Bergum, FARC  
Andy Stevenson, FARC  
Jason Chaiken, FARC  
Mark Guberman, FARC  
Rick Bessette, FARC  
John Donoghue, FARC  
Sandy Risley  
Ron Kulik

Medical: EMT by Manchester Twp. First Aid

Massage: NJ Chapter, American Massage Therapy Association

Hospitality: Banquet - Robin Miano, FARC  
Delivery - Rick Bessette, FARC  
- Dorit Attias, Walk USA

Course Set-Up: Davis Friedman, USATF-NJ

Course Tear-Down: A host of volunteers

My sincerest appreciation to the huge number of volunteers and USATF officials who made this event happen for our athletes and my apologies for the omission of anyone – I am truly grateful for your assistance. Thank you, Ron

...run with perseverance the race marked out for us.  
(Hebrews 12:1 NIV)