

Women's 20 Kilometres Walk

46 Entrants Starts: Sunday, Sep 29 (23:30)

2019 World Best: 1:24:31 Yelena Lashmanova RUS
Championship Record: 1:25:41 Olimpiada Ivanova RUS

Sochi Helsinki 18 Feb 19 7 Aug 05



= IAAF invitee



	Age	(Days)	Born	SB	PB
133 SMERDOVA Yana ANA Russian national; the IAAF Doping Review Board approved her application to compete internationally in 2019 as a neutral athlete on January 21, 2019 1 ECP junior 10K 2017; 1 EJC 10,000 2017; 26 WTCh 20K 2018; dq ECH 20K 2018; 3 under-23 ECH 20K 2019 In 2019: 6 Russian winter 20K; 19 ECP 20K; 10 Russian 20K; 3 under-23 ECH 20K; 4 Voronovo 5K	21y	231d	1998	1:32:22	1:31:57 -18
199 HAYWARD Katie AUS In 2019 became World Student Games Champion before her 19th birthday dq WTCh junior 10K 2018; 5 WJC 10,000 2018; 2 Oceanian 10,000/20K 2019; 1 WSG 20K 2019. 1 Australian under-17 5000 2016; 1 Australian Schools 5000 2016; 1 Australian 10,000 2017/2019. In 2017 at age 17, become the youngest ever senior Australian 10,000m race walk champion. Student of Occupational Therapy at Griffith University, Gold Coast. Coach-Steve Langley In 2019: 3 Australian Capital Territory 10,000; 3 Canberra Classic 10,000; 2 Oceanian 20K; 2 Brisbane Classic 3000; 1 Australian 10,000; 1 Brisbane 10K; 2 Oceanian 10,000; 1 WSG 20K	19y	64d	2000	1:29:25	1:29:25 -19
205 MONTAG Jemima AUS 2018 Commonwealth Games Champion // At WCP 10K: 2014-12J; 11 World youth 5000 2015; 4 Oceanian junior 10K 2016; 2 Oceanian 20K 2018 (2019-3); 1 COM 20K 2018; dq WTCh 20K 2018; 2 WSG 20K 2019. 1 Australian 20K 2018. Student of Science at the University of Melbourne. Born-East Melbourne, coach-Brent Vallance In 2019: 2 Australian Capital Territory 10,000; 2 Canberra Classic 10,000; 3 Oceanian 20K; 1 Victoria State 5000; 5 Nomi 20K (Asian Championship race, she was a guest); 2 Australian 10,000; 5 Pan-Am Cup 20K; 1 Melbourne 10K (May 26); 1 Melbourne 20K (Jun 23); 1 Oceanian 10,000; 1 Melbourne 10K (Jul 13)	21y	223d	1998	1:30:51	1:30:51 -19
296 PALUEKTAVA Daryia BLR (Née Balkunets) // 5 under-23 ECH 20K 2013/2015; 61 WCP 20K 2014; 7 ECP 20K 2019 (2013-22, 2015-24) In 2019: 1 Brest 20K; 7 ECP 20K	26y	206d	1993	1:32:01	1:32:01 -19
302 CASTRO Angela BOL Bolivian record holder. Silvers at the past two South American Championships 9 WJC 10,000 2012; 63 WCP 20K 2014; 17 WTCh 20K 2016; 18 OLY 20K 2016; 2 South American 20,000 2017/2019 (2013-4); 23 WCH 20K 2017 (2013-47); 5 Pan-Am Games 20K 2019. She was the Bolivian flag bearer at the opening ceremony in Rio 2016 In 2019: 18 Pan-Am Cup 20K; 1 Tarija 20,000; 2 South American 20,000; 36 La Coruña 20K; 5 Pan-Am Games 20K	26y	217d	1993	1:32:15	1:30:33 -16 NR
346 DE SENA Erica BRA Full name-Erica Rocha de Seña Third at 2016 World Team Championships, fourth at 2017 Worlds Track 20,000 pb: 1:35:29.6 -11. dnf WSG 20K 2011; 6 South American 20,000 2011; 35 WCP 20K 2012 (2014-37); 2 Pan-Am Games 20K 2015 (2011-dq); 3 WTCh 20K 2016; 1 Ibero-American 10,000 2016 (2014-2); 7 OLY 20K 2016; 4 WCH 20K 2017 (2015-6); 1 South American 20K 2018; 4 WTCh 20K 2017; 3 Pan-Am Games 20K 2019. 1 Brazilian 20,000 2011 & 20K 2013/2016/2017. Partner-Andres Chocho ECU (2015 Pan-American Games Champion at 50K walk), she lives in Ecuador In 2019: dnf Dudince 50K; 6 Rio Maior 20K; 1 Pan-Am Cup 20K; 5 La Coruña 20K; 3 Pan-Am Games 20K	34y	146d	1985	1:27:38	1:26:59 -17 NR
348 LYRA Viviane BRA 50K pb: 4:22:46 -19. 12 South American 20K 2018; 4 Pan-Am Games 50K 2019. 1 Brazilian 50K 2018 In 2019: 1 Bragança Paulista 50K; 4 Pan-Am Cup 50K; 24 La Coruña 20K; 4 Pan-Am Games 50K; 2 Brazilian 20K	26y	59d	1993	1:33:09	1:33:09 -19
439 SEAMAN Rachel CAN (Née Lavallée) New North American record holder at 20K, now better than ever after maternity 1 Pan-Am Cup junior 10K 2005; 8 WSG 20K 2009; 43 WCP 20K 2012 (2006-66, 2007-74, 2014-31); 48 OLY 20K 2012; 6 Pan-Am Games 20K 2015; 13 WCH 20K 2015 (2009/2011-34). 1 Canadian 20K 2007/2008/2009 & 20,000 2010/2011. Husband/coach is multi-US walks champion Tim Seaman, their daughter Isabella Marie born April 26, 2013. Her mother Christine Lavalée held the Canadian marathon best with 2:42:50 in 1980 In 2019: 2 New York Millrose; 1 US 20K; 26 Pan-Am Cup 20K; 1 Canadian 20K	33y	255d	1986	1:33:10	1:29:54 -15
494 LIU Hong CHN World record holder at both 20K & 50K. Olympic Champion. Twice World Champion 50K pb: 3:59:15 -19. 1 WJC 10,000 2006; 1 Asian Games 2006/2010; dnf Asian Champs 2009; 1 WCH 2011/2015 (2007-19, 2009/2013-2); 2 WCP 2014 (2006-6, 2010 -13); dq WTCh 2016; 1 OLY 20K 2016 (2008-4, 2012-3). From-Guangdong Province. She was ninth in the 2015 Beijing Marathon (after the end of the walking season) in 2:51:23 Following the retrospective disqualification of Olga Kaniskina RUS, her 2011 World Championship silver is upgraded to gold and her 2012 Olympic fourth place has turned into a bronze medal In 2016 she herself tested positive of a herbal agent after winning at the World Team Championships; she was stripped of that title and banned for a month across June & July 2016 In 2019: 1 Hong Kong 20K; 1 Japanese 20K; 1 Huangshan 50K (world record 3:59:15 – quicker than any man had walked 50K before 1965); 3 Taicang 20K; 3 La Coruña 20K	32y	137d	1987	1:25:56	1:24:38 -15 WR
507 QIEYANG Shenjie CHN Upgraded medals galore – she is the rightful Daegu World Championship bronze medallist (after the disqualification of Anisya Kirdyapkina RUS), London Olympic silver medallist (after the disqualification of Olga Kaniskina RUS). And the rightful runner -up at the 2016 World Team Championships (after the disqualification of Liu Hong CHN) 3 WCH 20K 2011 (2013-14); 12 WCP 20K 2012; 2 OLY 20K 2012 (2016-5); 2 WTCh 20K 2016/2018; 2 Asian Games 20K 2018. 2 Chinese National Games 20K 2017 (2013-4). From-Qinghai Province In 2019: 1 Huangshan 20K; 1 Rio Maior 20K; 1 Taicang 20K; 1 Mondovi 5000; 4 La Coruña 20K	28y	319d	1990	1:25:37	1:25:16 -12
516 YANG Jiayu CHN DEFENDING WORLD CHAMPION 2017 World Champion (after vying with compatriot Lu Xiuzhi who was disqualified in the last 100m) 2 WCP junior 10K 2014; 1 WCH 20K 2017; 3 WTCh 20K 2018 (2016-7); 1 Asian Games 20K 2018. 1 Chinese Junior Games 10,000 2015; 1 Chinese National Games 20K 2017 In 2019: dnf Huangshan 20K; 2 Taicang 20K; 2 La Coruña 20K; 1 Qujing 20K	23y	220d	1996	1:25:34	1:25:34 -19

517	YANG Liujing CHN	21y	35d	1998	1:27:15	1:27:15 -19
Team gold at 2018 World Team Championships // 10K pb: 43:40 -17. 40 WTCh 20K 2018. 3 Chinese 20K 2018. From-Shaanxi province In 2019: 2 Huangshan 20K; 4 Taicang 20K; 3 Qujing 20K; 2 Leshan 20K (dnf 50K)						
540	ARENAS Sandra COL	26y	9d	1993	1:28:03	1:28:03 -19 NR
Full name-Sandra Lorena Arenas 2019 Pan-American Games Champion // 1 South American junior 10K 2012; 1 WCP junior 10K 2012; 3 WJC 10,000 2012; 30 OLY 20K 2012 (2016-32); 1 South American 20,000 2013/2015; 1 South American Games 20,000 2014; 25 WCP 2014; 10 WTCh 20K 2016 (2018-15); 5 WCH 20K 2017 (2013-20, 2015-19); 1 Ibero-American 10,000 2018; 1 Pan-Am Games 20K 2019 (2015-4). Coach-Marcelino Pastrana In 2019: 1 Australian Capital Territory 10,000; 1 Canberra Classic 10,000; 1 Oceanian 20K; 3 Rio Maior 20K; 1 Pan-Am Games 20K						
550	VARGAS Noelia CRC	19y	161d	2000	1:33:09	1:33:09 -19 NR
International at both walking and running // 15 World Youth 5000 2017; 1 Central American Junior 10K 2018; 7 WTCh junior 10K 2018; 9 WJC 10,000 2018; 1 Central American Champs 10,000 2019; 3 Pan-Am Junior 10,000 2019; 6 Pan-Am Games 20K 2019. 5 North/Central American & Caribbean junior XC running 2019. Her older sister Andrea is the 2019 Pan-American Games Champion at 100m Hurdles In 2019: 5 North/Central American & Caribbean junior XC; 1 Guatemala City 10K; 10 Rio Maior 20K; 26 La Coruña 20K; 1 Central American Champs 10,000; 3 Pan-Am Junior 10,000; 6 Pan-Am Games 20K						
593	DRAHOTOVA Anežka CZE	24y	66d	1995	1:34:37	1:26:53 -15 NR
Medals from the 2014 & 2018 European Championships // Half Mar pb: 74:25 -14. 5000 pb: 16:03.18 -15. 3000SC pb: 10:10.45 -14. 6 World youth 5000 2011; 6 WJC 10,000 2012; 7 World Junior Mountain Running Champs 2012; 1 EJC 10,000 2013 (2011-13); 9 EJC 3000SC 2013; 6 WCH 20K 2013 (2015-8, 2017-dnf); 1 WCP junior 10K 2014; 1 WJC 10,000 2014; 1 under-23 ECH 20K 2015 (12 5000 run!); 7 under-23 ECH 20K 2017; 6 WTCh 20K 2018 (2016-19); 2 ECH 20K 2018 (2014-3); 3 WSG 20K 2019. Placed 19th in the junior women's road race at the 2013 World Cycling Championships in Florence. Her twin sister Eliška was third when Anežka won the European Junior title in Rieti 2013 In 2019: 3 Lugano 20K; 5 Dudince 20K; 15 Poděbrady 20K; 3 Šamorín 3000; 3 WSG 20K; 1 Czech Clubs 5000						
629	JARAMILLO Karla ECU	22y	248d	1997	1:33:35	1:33:35 -19
Multiple South American Champion through the age groups // 1 South American Youth 5K 2012; 11 World Youth 5000 2013; 1 South American under-17 Games 2013; 1 South American junior 10,000 2013; 1 South American junior 10K 2014; 17 WCP junior 10K 2014; 17 WJC 10,000 2014; 7 Youth Olympic Games 5000 2014; 8 WTCh junior 10K 2016; 1 South American 20,000 2019; 8 Pan-Am Games 20K 2019 In 2019: 7 Pan-Am Cup 20K; 1 South American 20,000; 8 Pan-Am Games 20K						
630	MOREJON Glenda Estefania ECU	19y	118d	2000	1:25:29	1:25:29 -19 AR
2017 World Youth Champion at 5000m, now she's the fastest ever South American woman at 20K 5000 pb: 22:25.16 -17. 3 Pan-American Junior Cup 10K 2017; 1 World Youth 5000 2017; 2 WTCh junior 10K 2018; 3 WJC 10,000 2018; 3 Ibero-American 10,000 2018. Born-Guayaquil. Coach-Giovan Delgado In 2019: 1 Ecuadorian 10K; 1 Pan-Am Junior Cup 10K; 1 La Coruña 20K (in her first ever 20K, set a world junior best 1:25:29, also a senior South American record); 1 Pan-Am Junior 10,000						
676	GARCIA-CARO Laura ESP	24y	163d	1995	1:28:40	1:28:15 -18
Third & second at the past two European Cups // 6 ECP junior 10K 2013; 5 EJC 10,000 2013; 4 WCP junior 10K 2014; 4 WJC 10,000 2014; 4 under-23 ECH 20K 2015 (2017-dq); 9 WCH 20K 2017 (2015-32); 14 WTCh 20K 2018; 6 ECH 20K 2018; 2 ECP 20K 2019 (2015-10, 2017-3). Coach-José Antonio Quintana In 2019: 3 Spanish 20K; 5 Rio Maior 20K; 2 ECP 20K; 9 La Coruña 20K; 3 Pamplona 5000; 3 Spanish 10,000						
677	GONZALEZ Raquel ESP	29y	314d	1989	1:30:17	1:28:36 -14
Third in 2019 European Cup // 50K pb: 4:11:01 -19. 16 ECP junior 10K 2005 (2007-17); 26 WCP junior 10K 2006; 11 EJC 10,000 2007; 21 WJC 10,000 2008; 8 under-23 ECH 20K 2009 (2011-14); 13 WCP 20K 2014; 10 ECH 20K 2014 (2018-12); 14 WCH 20K 2015; 9 WTCh 20K 2016 (2018-19); 20 OLY 20K 2016; 3 ECP 20K 2019 (2015 -11, 2013-16). Coach-Valentí Massana (1 WCH 20K 93). 1 Spanish 20K 2015/2019 & 10,000 2016/2018 In 2019: 1 Badalona 20K; 1 Spanish 50K; 2 Spanish 20K; 4 Rio Maior 20K; 2 Spanish Universities 5000; 1 San Sebastián 5000; 22 La Coruña 20K; 4 Spanish Clubs 5000; 2 Pamplona 5000; 2 Spanish 10,000						
681	PEREZ María ESP	23y	149d	1996	1:30:55	1:26:36 -18 NR
2018 European Champion, setting a Spanish record and a championship in the process 29 WCP junior 10K 2012; 7 World Youth 5000 2013; 9 WCP junior 10K 2014; 5 WJC 10,000 2014; 3 ECP junior 10K 2015 (2013-12); 4 EJC 10,000 2015; 2 Ibero-American 10,000 2016; 6 ECP 20K 2017 (2019-11); 2 under-23 ECH 20K 2017; 10 WCH 20K 2017; 7 WTCh 20K 2018; 1 ECH 20K 2018. 1 Spanish 20K 2018/2019 & 10,000 2019. Coach-Daniel Jacinto Garzón In 2019: 1 Spanish 20K; 1 Spanish Universities 5000; 1 Valencia 5000; 11 ECP 20K; 3 Spanish Clubs 5000; 1 Spanish 10,000						
716	BELETEW Yehualeye ETH	21y	57d	1998	1:33:02	1:31:47 -18 NR
Full name-Yehualeye Beletew Mitiku Medals at African Games & Championships 1 African junior 5000 2015; 2 African Champs 20K 2016 (2014-5); 3 WJC 10,000 2016; dq OLY 20K 2016; 46 WTCh 20K 2018* 3 African Games 20K. 1 Ethiopian 20K 2017 & 10,000 2019 In 2019: 7 Rio Maior 20K; 1 Ethiopian 10,000; 3 African Games 20K						
938	FEIGE Saskia GER	22y	44d	1997	1:30:40	1:30:40 -19
28 WTCh junior 10K 2016; 15 under-23 ECH 20K 2017; 32 WTCh 20K 2018; 16 ECH 20K 2018; dnf ECP 20K 2019 In 2019: 7 Poděbrady 20K; 1 German 20K; dnf ECP 20K						
993	DRISBIOTI Antigoni GRE	35y	188d	1984	1:33:22	1:30:56 -16
3 Mediterranean Games 2013; 39 WTCh 20K 2016; 15 OLY 2016; 24 WCH 20K 2017 (2013-29)p; 13 ECH 20K 2018 (2014-14); 9 ECP 20K 2019 (2013-26, 2015-27, 2017-dnf). 1 Greek 2013-2015. Coach-Athanasios Deliyiannis. She works at family-owned local speciality restaurant in her hometown of Karditsa In 2019: dnf Lugano 20K; dnf Balkan 20K; 9 ECP 20K						
1008	ORTIZ Mirna GUA	32y	210d	1987	1:30:35	1:28:31 -13 NR
Full name-Mirna Sucely Ortiz Flores Eleventh at 2017 World Championships. 2019 Pan-American silver at 50K 50K pb: 4:13:56 -19. 3 Central American Cup 10K 2009; 2 Pan-Am Games 20K 2011 (2015-dq); dq WCH 20K 2013; 26 WCP 20K 2014 (2012-dq); 30 OLY 20K 2016 (2012-dq); 11 WCH 20K 2017; 39 WTCh 20K 2018; 2 North/Central American & Caribbean 20K 2018; 2 Pan-Am Games 50K 2019 In 2019: 2 Slovak indoor 3000; 1 Guatemala City 50K; 3 Poděbrady 20K; 6 Pan-Am Cup 20K; 15 La Coruña 20K; 2 Pan-Am Games 50K						
1009	HERRERA Mayra Carolina GUA	30y	279d	1988	1:33:00	1:30:41 -14
Full name-Mayra Carolina Herrera Pérez South American record holder at 50K 50K pb: 4:28:30 -18 (4:30:52 -19). 22 WCP 20K 2012 (2014-28); 44 OLY 20K 2012 (2016-dq); 13 WCH 20K 2013 (2015-39); 14 WTCh 50K 2018; 6 Pan-Am Games 50K 2019. Third of six children. Son José Ángel born 2010 In 2019: 2 Guatemala City 50K; 12 Pan-Am Cup 20K; 23 La Coruña 20K; 6 Pan-Am Games 50K						

1017	CHING NGA Jessica HKG	32y	227d	1987	1:32:30	1:32:30 -19	NR
Hong Kong Chinese record holder // 78 WCP 20K 2012; 6 Asian Champs 20K 2013/2014 (2012-7, 2016-17, 2017-13, 2018/2019-11); 13 WSG 20K 2013 (2015-16); 6 Asian Games 20K 2014; 35 WCH 20K 2017; 47 WTCh 20K 2018 (2016-69) In 2019: 6 Japanese 20K; 11 Asian Champs 20K; 2 Hungarian 20K							
1029	MADARASZ Viktória HUN	34y	137d	1985	1:31:48	1:30:05 -17	NR
Twelfth at 2017 World Championships // ht WJC 3000SC 2004; 68 WCP 20K 2006 (2008-dnf, 2012-77); 19 under-23 ECH 20K 2007; 39 OLY 20K 2012; 33 ECP 20K 2013 (2011-39); 12 ECH 20K 2014; 12 WCH 20K 2017 (2011-dq, 2013-34). 1 Hungarian 20K 2009/2010/2014/2015/2016. Coach-Sandor Racz (also competing in Rio 2016) In 2019: 1 Banská Bystrica 3000; 1 Hungarian 20K; 18 La Coruña 20K; 2 Šamorín 3000; 1 Budapest 5000							
1140	PALMISANO Antonella ITA	28y	51d	1991	-	1:26:36 -17	
Fourth at 2016 Olympics (then was heading for another fourth place in London 2017 before the late disqualification of Lu Xiuzhi CHN elevated her to third place) 5 World Youth 5000 2007; 9 WJC 10,000 2008; 3 ECP junior 10K 2009; 2 EJC 10,000 2009; 1 WCP junior 10K 2010 (2008-22); 4 WJC 10,000 2010; 2 under-23 ECH 20K 2013 (2011-4); 9 WCP 20K 2014 (2012-52); 4 OLY 20K 2016; 1 ECP 20K 2017 (2011-27, 2013/2019-dnf); 3 WCH 20K 2017 (2013-12, 2015-5); 17 WTCh 20K 2018; 3 ECH 20K 2018 (201407). 1 Italian indoor 3000 2013/2015/2017 & 20K 2014. Former volleyball player. Coach-Patrizio Parcesepe In 2019: dnf ECP 20K							
1142	TRAPLETTI Valentina ITA	34y	76d	1985	1:32:49	1:29:57 -18	
Seventh at 2017 European Cup // 11 WJC 10,000 2004; 11 under-23 ECH 20K 2007; 27 WCP 20K 2008 (2014-56); 6 WSG 20K 2009; 7 ECP 20K 2017 (2015-20); 15 WCH 20K 2017 (2009-16); 16 WTCh 20K 2018 (2016-23); 9 ECH 20K 2018. 1 Italian 20K 2017/2018. Coached in Milan by Enzo Fiorillo In 2019: 8 ECP 20K; 1 Florence 5000; 1 Bergamo 10,000							
1246	FUJII Nanako JPN	20y	142d	1999	1:28:58	1:28:58 -19	
3 WTCh junior 10K 2018; 2 Asian Junior 10,000 2018; 4 WJC 10,000 2018 In 2019: 3 Japanese 20K; 12 La Coruña 20K; 1 Kitami 5000; 1 Abashiri 10,000							
1254	OKADA Kumiko JPN	27y	344d	1991	1:27:41	1:27:41 -19	NR
Japanese record holder // 10,000 pb: 43:26.13 -15. 3 Asian junior 10,000 2008; 2 WJC 10,000 2010 (2008-8); 16 WSG 20K 2011; 54 WCP 20K 2014; 2 Asian Champs 20K 2015 (2017-5); 16 OLY 20K 2016; 18 WCH 20K 2017 (2017-18); 22 WTCh 20K 2018; 3 Asian Games 20K 2018. 1 Japanese 20K 2015/2016/2017/2018 In 2019: 1 Tokyo 10K; 2 Japanese 20K; 1 Kumagaya 5000; 6 La Coruña 20K							
1313	NJUE Grace KEN	40y	259d	1979	1:34:57	1:30:43 -16	AR
Full name-Grace Njue Wanjiru African record holder and multiple African Champion. 2010 Commonwealth Games bronze 1 African Champs 20K 2004/2008/2010/2012/2014/2016; 3 COM 20K 2010 (2018-8); 35 WCH 20K 2011 (2017-37); 42 OLY 20K 2016; 1 African Games 20K 2015 (2019 -2); 2 African Champs 20K 2018. She serves in Kenya's Defence Forces (rank: Sergeant) In 2019: 2 Kenyan 20K; 2 Kenyan Armed Forces 20K; 2 Kenyan 10,000; 2 African Games 20K							
1364	VAICIUKEVICIUTE Zivilė LTU	23y	175d	1996	1:29:48	1:28:07 -18	
(Pronounced like "Vee-Koo Kevvy Cheetay") Twin sister of Monika Vaiciukevičiūtė, and their older sister is Gintare Vaiciukevičiūtė, all three are international walkers 16 World Youth 5000 2013; 19 WCP junior 10K 2014; 12 WJC 10,000 2014; 7 ECP junior 10K 2015 (2013-19); 8 EJC 10,000 2015; 53 WTCh 20K 2016; 56 OLY 20K 2016; 3 under-23 ECH 20K 2017; 19 WCH 20K 2017; 5 ECH 20K 2018; 1 ECP 20K 2019 (2017-11) In 2019: 3 Dudince 20K; 4 Podėbrady 20K; 1 ECP 20K; 1 Lithuanian 20K							
1401	GUERRERO Ilse MEX	26y	186d	1993	1:30:54	1:30:54 -19	
Full name-Ilse Ariadna Guerrero // 6 World Youth 5000 2009; 4 Pan-Am Games 20K 2019. 1 Mexican 10,000 2019 In 2019: 13 Pan-Am Cup 20K; 1 Mexican 10,000; 4 Pan-Am Games 20K							
1403	ORTUNO Valeria MEX	21y	122d	1998	1:32:42	1:31:48 -17	
Third in junior race at 2016 World Team Championships // 10,000 pb: 45:44.33 -16. 14 WCP junior 10K 2014; 2 Youth Olympic Games 5000 2014; 2 Pan-Am Cup junior 10K 2015; 5 World Youth 5000 2015; 3 WTCh junior 10K 2016; 61 WTCh 20K 2018; 1 North/Central American & Caribbean under-23 5000 2019 In 2019: dnf Podėbrady 20K; 4 Mexican 10,000; 21 La Coruña 20K; 1 North/Central American & Caribbean under-23 5000							
1505	BARBER Alana NZL	32y	80d	1987	1:33:01	1:31:32 -18	NR
2018 Commonwealth Games silver // 4 Oceanian 20K 2015/2017/2018 (2016-5); 18 WCH 20K 2015; 35 OLY 20K 2016; 2 COM 20K 2018; 23 WTCh 20K 2018 (2016-25). She took up race walking because of a persistent knee injury. Mother-Shirley Somervell-Barber was 7th in 1974 Commonwealth Games 800m. Partner-Quentin Rew was 10th in 2015 World Championship 50K. Lives-Auckland In 2019: 5 Australian Capital Territory 10,000; 7 Canberra Classic 10,000; 6 Oceanian 20K; 1 New Zealand 10,000; 8 Nomi 20K (Asian Championship race, she was a guest)							
1518	GUERRA Leidy PER	20y	364d	1998	1:30:01	1:30:01 -19	
2017 South American bronze (at track 20,000m) // 4 South American junior 10,000 2015; 13 World Youth 5000 2015; 13 WTCh junior 10K 2016; 12 WJC 10,000 2016; 73 WTCh 20K 2018; 1 South American under-23 20,000 2018; 3 South American 20,000 2019 In 2019: 2 Arequipa 20K; 8 Pan-Am Cup 20K; 3 South American 20,000							
1564	ZDZIEBŁO Katarzyna POL	22y	301d	1996	1:32:03	1:32:03 -19	
8 World Youth 5000 2013; 11 WJC 10,000 2014; 5 ECP junior 10K 2015; 10 EJC 10,000 2015; 41 WTCh 20K 2017 (2016-48); 14 ECP 20K 2019; 8 WSG 20K 2019 In 2019: 3 Polish indoor 3000; 1 Zaniemysl 20K; 14 ECP 20K; 8 WSG 20K; 1 Polish 5000							
1577	CABECINHA Ana POR	35y	149d	1984	1:31:12	1:27:46 -08	NR
Fourth at 2015 Worlds, sixth at 2016 Olympics // 10 World Youth 5000 2001; 12 WJC 10,000 2002; 14 ECP junior 10K 2003; 3 EJC 10,000 2003; 4 under-23 ECH 20K 2005; 1 Ibero-American 10,000 2006/2010; 7 WCP 2012 (2006-12, 2008-11, 2010/2014-8); 6 ECH 20K 2014 (2010-7, 2018-8); 4 WCH 20K 2015 (2011-5, 2013-7, 2017 -6); 6 WTCh 20K 2016 (2018-18); 6 OLY 20K 2016 (2008-8, 2012-7); 2 ECP 20K 2017 (2007-dnf, 2011-13, 2009-13, 2013-4, 2015-9, 2019-5). 1 Portuguese 10,000 2005/2008/2010/2014/2015/2016/2017. Coach-Paulo Murta In 2019: 1 Portuguese indoor 3000; 1 Ourém 20K; 8 Rio Maior 20K; 4 Pan-Am Cup 20K; 5 ECP 20K; dnf La Coruña 20K							

1579	HENRIQUES Inês POR	39y	147d	1980	1:38:16	1:29:00 -16
DEFENDING WORLD CHAMPION World & European Champion at 50K // 50K pb: 4:05:56 -17 (4:13:57 -19). 22 WJC 5000 96 (98-24); 12 EJC 5000 99 (97-21); 10 under-23 ECH 10K 2001; 7 ECP 20K 2007/2013 (2001-25, 2005-17, 2009/2017-dq, 2011-11, 2015-16); 7 WCH 20K 2007 (2001-dq, 2005-27, 2009-10, 2011-8, 2013-10, 2015-23); 3 WCP 20K 2010 (2002-23, 2004-34, 2006-13, 2008-19, 2012-8, 2014-22); 8 ECH 20K 2010 (2002-15, 2006-12, 2014-13); 8 WTCh 20K 2016; 12 OLY 20K 2016 (2004-25, 2012-13); 1 WCH 50K 2017; dnf WTCh 50K 2018 (the first time she's dropped out of a race); 1 ECH 50K 2018; 3 ECP 50K 2019. 1 Portuguese 10,000 2006/2009/2013 & 20K 2011/2016. Coach-Jorge Miguel "For me, the 50Km came at the right moment, because after the Olympics I considered finishing my career," she told iaaf.org in 2018 In 2019: 12 Rio Maior 20K; 3 ECP 50K; 2 Portuguese 10,000; She has led a group of walkers in an appeal to the Court of Arbitration for Sport for this 50Km walk event to be included in the programme of the Tokyo Olympic Games						
1769	NASRI Chahineze TUN	23y	114d	1996	1:36:28	1:32:20 -18 NR
2016 African Championships bronze // dq World Youth 5000 2013; 10 WCP junior 10K 2014; 6 African Games 20K 2015; 2 Mediterranean under-23 10,000 2016; 3 African Champs 20K 2016 (2014-4); 60 OLY 20K 2016; 39 WCH 20K 2017; 24 WTCh 20K 2018 (2016-58); 4 African Games 20K 2019 In 2019: 2 Arab 10K; 40 La Coruña 20K; 2 French 10K; 4 African Games 20K						
1783	BEKMEZ Meryem TUR	19y	56d	2000	1:29:36	1:29:36 -19 NR
New European Junior Champion and already senior Turkish record holder at 20K 10,000 pb: 44:17.69 -18. 2 ECP junior 10K 2017; 2 World Youth 5000 2017; 3 EJC 10,000 2017; 2 WJC 10,000 2018; 11 ECH 20K 2018; 1 ECP junior 10K 2019; 1 EJC 10,000 2019 (2017-3) In 2019: 1 Turkish junior 10K; 1 Konya 5K; 1 ECP junior 10K; 1 Ankara 5000; 13 La Coruña 20K; 1 EJC 10,000						
1788	TEKDAL Ayşe TUR	20y	176d	1999	1:32:01	1:32:01 -19
2019 European under-23 Champion // 6 World Youth 5000 2015; 2 European Youth 5000 2016; 19 ECP Junior 10K 2017; dq EJC 10,000 2017; 1 Balkan Junior 10K 2018; 22 ECP 20K 2019; 1 under-23 ECH 20K 2019 In 2019: 1 Turkish 20K; 5 Poděbrady 20K; 2 Konya 5K; 22 ECP 20K; 2 Ankara 5000; 1 under-23 ECH 20K; 1 Turkish 10,000; 1 Eskişehir 10,000						
1827	BOROVSKA Nadiya UKR	38y	213d	1981	-	1:29:22 -18
(Née Prokopuk) // 11 WSG 20K 2005; 14 OLY 20K 2012 (2008-33); 11 WCH 20K 2015 (2011-21, 2017-dq). At WCP 20K: 2004-43, 2006-43, 2008-dq, 2012-29. At ECP 20K: 2005-32, 2007-32, 2011-6, 2017-5; 11 WTCh 20K 2018 (2016-20). 1 Ukrainian winter 20K 2007/2011/2012/2015/2016. Coach-Mykola Kalytka						
1830	KASHYNA Inna UKR	27y	364d	1991	1:29:30	1:28:58 -18
2017 World Student Games Champion // 8 under-23 ECH 20K 2013; 33 WCP 20K 2014; 21 OLY 20K 2016; 4 ECP 20K 2017/2019 (2013-28, 2015-17); 20 WCH 20K 2017; 1 WSG 20K 2017 (2015-6); 9 WTCh 20K 2018 (2016-18); 7 ECH 20K 2018 (2014-23). 1 Ukrainian 20K 2013/2014. Coaches-Tetiana & Mykola Kryvokhyzha In 2019: 1 Ivano-Frankivsk 20K; 2 Rio Maior 20K; 4 ECP 20K; 14 La Coruña 20K; 1 Spanish Clubs 5000 (she's a member of the Spanish Club Nerja de Atletismo)						
1987	MICHTA-COFFEY Maria USA	33y	95d	1986	-	1:30:49 -14/16 NR
US record holder // 20,000 pb: 1:34:53.33 -12. 10 World Youth 5000 2003; 29 WCP junior 10K 2004; 30 WCP 20K 2014 (2008-66); 7 Pan-Am Games 20K 2015; 20 WCH 20K 2015 (2011-27, 2013-31, 2017-25); 22 OLY 20K 2016 (2012-27); 29 WTCh 20K 2018 (2016-dnf). 1 US 20,000 2010/2012/2013 & 20K 2011/2014/2015 & 20K 2016/2017; 1 US indoor 3000 2010/2011/2013/2014. Her younger sister Katie is also an international walker. Coach-Tim Seaman In 2019: 6 New York Millrose One Mile; 4 US indoor 3000						

WORLD ALL-TIME LIST	2019 WORLD LIST
1.....1:23:39....Yelena Lashmanova RUS.....2018	1.....1:24:31....Yelena Lashmanova RUS
2.....1:24:38....Liu Hong CHN.....2015	2.....1:25:29....Glenda Estefanía Morejón ECU
3.....1:24:47....Elmira Alembekova RUS.....2015	3.....1:25:34....Yang Jiayu CHN
4.....1:24:50....Olimpiada Ivanova RUS.....2001	4.....1:25:37....Qieyang Shenjie CHN
5.....1:24:56....Olga Kaniskina RUS.....2009	5.....1:25:56....Liu Hong CHN
6.....1:25:03....Marina Pandakova RUS.....2015	6.....1:27:15....Yang Liujing CHN
7.....1:25:04....Svetlana Vasilyeva RUS.....2015	7.....1:27:24....Wu Quanming CHN
8.....1:25:08....Vera Sokolova RUS.....2011	8.....1:27:38....Erica de Sena BRA
9.....1:25:09....Anisya Kiryapkina RUS.....2011	9.....1:27:41....Kumiko Okada JPN
10...1:25:12....Lu Xiuzhi CHN.....2015	10...1:27:46....Eleonora Giorgi ITA

Women's 50 Kilometres Walk

24 Entrants Starts: Saturday, Sep 28 (23:30)

2019 World Best: 3:57:08 Klavdiya Afanasyeva RUS
Championship Record: 4:05:56 Inês Henriques PORCheboksary 16 Jun 19
London 13 Aug 17

= IAAF invitee



	Age	(Days)	Born	SB	PB
285 DARAZHUK Nadzeya BLR	29y	246d	1990	4:17:29	4:17:29 -19
Tenth at 2018 World Team Championships 50K // 20K pb: 1:34:41 -17. 20 World Youth 5000 2007; 9 World Cup junior 10K 2008; 17 WJC 10,000 2008; 14 ECP junior 10K 2009; 27 ECP 20K 2017; 10 WTCh 50K 2018; 11 ECH 50K 2018; 7 ECP 50K 2019. 1 Belarusian indoor 5000 2008 In 2019: 2 Belarusian indoor 5000 (3 10,000); 2 Brest 35K; 7 ECP 50K					
300 YATSEVICH Nastassia BLR	34y	251d	1985	4:16:39	4:16:39 -19
Seventeenth in Rio Olympic 20K // 20K pb: 1:29:30 -11. 6 under-23 ECH 20K 2005 (2007-dq); 13 ECH 20K 2010; 16 WCH 20K 2011 (2013-22, 2017-26); 51 WCP 20K 2012 (2014-dnf); 10 ECP 20K 2013 (2007/2009-dnf, 2011-15); 35 WTCh 20K 2016; 17 OLY 20K 2016 (2012-45); 9 WTCh 50K 2018; dnf ECH 50K 2018; 5 ECP 50K 2019 In 2019: 1 Belarusian indoor 5000/10,000; 1 Brest 35K; 5 ECP 50K					
352 PEREIRA Elianay BRA	35y	137d	1984	4:29:33	4:29:33 -19
Full name-Elianay Santana da Silva Pereira // 20K pb: 1:37:14 -19. 5 South American 20,000 2013 (2016-6); 11 South American 20K 2014/2018; 5 Pan-Am Games 50K 2019 In 2019: 2 US 50K (guest); 6 Dudince 50K; 11 Rio Maior 20K; 30 Pan-Am Cup 20K; dnf Taicang 20K; 59 La Coruña 20K; 5 Pan-Am Games 50K					
491 LI Maocuo CHN	26y	340d	1992	4:03:51	4:03:51 -19
(Maocuo pronounced like Mao-sue-o) // 20K pb: 1:30:15 -18 (1:30:53 -19). 7 WTCh 50K 2018. 7 Chinese National Games 20K 2017. From Qinghai province In 2019: 2 Huangshan 50K; 8 Taicang 20K; dnf La Coruña 20K; 4 Qujing 20K					
492 LIANG Rui CHN	25y	100d	1994	4:19:34	4:04:36 -18
2018 World Team 50K Champion in world record 4:04:36 (since bettered by Liu Hong) 20K pb: 1:28:43 -16 (1:28:49 -19). 2 Asian Champs 20K 2016; 1 WTCh 50K 2018. 1 Chinese Universities 10,000 2016; 3 Chinese National Games 20K 2017; 1 Chinese 50K 2018 In 2019: 7 Huangshan 50K; 25 Taicang 20K; 11 La Coruña 20K; 7 Qujing 20K					
499 MA Faying CHN	26y	27d	1993	4:07:30	4:07:30 -19
Fifth at 2018 World Team Championships // 20K pb: 1:31:36 -17 (1:36:35 -19). 5 WTCh 50K 2018. 12 Chinese National Games Teams 20K 2017 In 2019: 3 Huangshan 50K; dq Chifeng 20K; 11 Changbaishan 20K; 9 Qujing 20K					
556 RENIC Ivana CRO	23y	35d	1996	4:20:17	4:20:17 -19 NR
Croat record holder at 20K & 50K // 20K pb: 1:36:23 -19. 28 World Youth 5000 2013; 21 under-23 ECH 20K 2017; 12 ECH 50K 2018; 31 ECP 20K 2019. 1 Croat 10K/20K 2018; 1 Croat indoor 3000 2019 In 2019: 1 Croat indoor 3000; 2 Dudince 50K; 1 Zagreb 5000; 2 Balkan 20K; 31 ECP 20K; 2 Budapest 5000					
627 BONILLA Magaly ECU	27y	230d	1992	4:33:52	4:19:04 -18
20K pb: 1:31:53 -19. 6 South American 20,000 2013; 52 WCP 20K 2014 (2012-71); 43 WTCh 20K 2016; 27 OLY 20K 2016; 1 South American 50K 2017; 11 WTCh 50K 2018. Coach-Julio Chuqui In 2019: 1 Ecuadorian 35K; 2 Cuenca 10,000; 3 Pan-Am Cup 50K; 19 La Coruña 20K; dq Pan-Am Games 20K					
631 PEREZ Paola ECU	29y	279d	1989	4:16:54	4:12:56 -18
Full name-Paola Viviana Pérez Saquipay Bronze medals from the last two Pan-American Games 20K pb: 1:29:06 -17 (1:38:46 -19). 45 WCP 20K 2012 (2010-dq, 2014-60); 6 WSG 20K 2013; 3 Pan-Am Games 20K 2015 (2011-dq); 32 WTCh 20K 2016; 24 OLY 20K 2016 (2012-47); 1 South American 20,000 2017; 13 WCH 20K 2017 (2013-25, 2015-16); 2 South American 20K 2018; 4 WTCh 50K 2018; 4 South American Games 20,000 2018; 3 Pan-Am Games 50K 2019 In 2019: 2 Ecuadorian 20K; 1 Cuenca 10,000; 3 Pan-Am Games 50K					
679 JUAREZ Mar ESP	25y	364d	1993	4:24:35	4:24:35 -19
Full name-Mar Juarez Gallardo // 20K pb: 1:34:45 -19. 10 under-23 ECH 20K 2015 (2013-dq); 17 WTCh 50K 2018; 8 ECH 50K 2018; 10 ECP 50K 2019. 1 Spanish under -23 10,000 2013 (2014/2015-2). Coach-Valenti Massana (1 WCH 20K 93) In 2019: 2 Badalona 20K; 5 Spanish 20K; 2 L'Hospitalet de Llobregat 5000; 10 ECP 50K; 1 Barcelona 5000					
685 TAKACS Júlia ESP	30y	89d	1989	4:05:46	4:05:46 -19 NR
Allegiance transferee from Hungary – obtained Spanish citizenship on June 20, 2008 and officially cleared to compete for Spain one week later (as she had never competed internationally for Hungary) 2018 European 50K bronze 20K pb: 1:27:58 -18 (1:34:24 -19). 16 WJC 10,000 2008; 2 Ibero-American 10,000 2010/2014; 9 ECP 2011 (2009-11, 2013-21); 3 under-23 ECH 2011 (2009-5); 1 WSG 20K 2011; 9 WCP 20K 2012 (2010-26, 2014-29); 8 WCH 20K 2013; 13 WTCh 20K 2016; 33 OLY 20K 2016; 8 WTCh 50K 2018; 3 ECH 50K 2018; 2 ECP 50K 2019. 1 Spanish 50K 2018, 20K 2013/2015 & 10,000 2014/2015/2017. Former rhythmic gymnast. Coach-Montserrat Pastor (same as Jesús Angel García) In 2019: 6 Spanish 20K; 9 Rio Maior 20K; 2 ECP 50K; dnf La Coruña 20K; 2 Spanish Clubs 5000					
747 KUIKKA Tiia FIN	24y	300d	1994	4:29:25	4:29:25 -19 NR
20K pb: 1:39:12 -18. 20 under-23 ECH 20K 2015; 1 Nordic under-23 10K 2016; 18 WTCh 50K 2018; 13 ECH 50K 2018; 14 ECP 50K 2019 In 2019: 3 Finnish indoor 3000; dnf Dudince 50K; 14 ECP 50K; 2 Finnish 20K; dnf WSG 20K					
995 MAKRI Aggelikí GRE	41y	1d	1978	4:29:15	4:29:15 -19
20K pb: 1:33:27 -03 (1:41:27 -19). 31 ECP 20K 2003; 13 ECP 50K 2019. 1 Swiss 20K 2003; 1 Greek 50K 2019 In 2019: 1 Marathónas 50K; 2 Mégara 20K; 4 Balkan 20K; 1 Pátra 10,000 (May 4); 13 ECP 50K; 1 Pátra 20K (May 19)					
1116 BECCHETTI Mariavittoria ITA	24y	288d	1994	4:26:10	4:26:10 -19
Tenth at 2018 European Championships, 11th at 2019 European Cup // 20K pb: 1:34:01 -16. 31 ECP junior 10K 2013; 14 EJC 10,000 2013; 7 under-23 ECH 20K 2015; 22 WTCh 50K 2018; 10 ECH 50K 2018; 11 ECP 50K 2019. 1 Italian under-23 10,000 2015 In 2019: 11 ECP 50K; 1 Sassari 5000; 1 Imola 5000; dnf WSG 20K					

1121	COLOMBI Nicole ITA	23y	271d	1995	4:27:38	4:27:38 -19
20K pb: 1:32:28 -19. 16 WCP junior 10K 2014; 14 WJC 10,000 2014; 10 under-23 ECH 20K 2015 (2017-dq); 26 ECP 20K 2017; 42 WTCh 20K 2018 (2016-58). Coached in Bergamo by Renato Cortinovis In 2019: 1 Gioiosa Marea 50K; 6 Podébrady 20K; 1 Mariano Comense 5000; 13 ECP 20K; 3 Florence 5000; 2 Bergamo 3000; 2 Italian 10K						
1126	GIORGI Eleonora ITA	30y	12d	1989	4:04:50	4:04:50 -19 AR
2019 European Cup winner at 50K, with a European record // 20K pb: 1:26:17 -15 (1:27:46 -19). 27 WCP junior 10K 2008; 18 WJC 10,000 2008; 5 under-23 ECH 20K 2011 (2009-11); 12 OLY 20K 2012 (2016-dq); 1 Mediterranean Games 20K 2013; 9 WCH 20K 2013 (2015-dq, 2017-14); 5 WCP 20K 2014 (2012-11); 5 ECH 20K 2014 (2018-dq); 2 ECP 20K 2015 (2011-25, 2013-5); 5 WTCh 20K 2018 (2016-dq when in medal contention); 1 ECP 50K 2019 In 2019: 1 Gioiosa Marea 35K; 1 Lugano 20K; 1 Scanzorosciate 10K; 1 Podébrady 20K; 1 ECP 50K (in 4:04:50 to break the European and former world record of Inês Henriques); 1 Italian 10K						
1245	FUCHISE Masumi JPN	33y	24d	1986	4:19:56	4:19:56 -19 NR
Twice Asian Champion at 20K. Japanese record holder at 50K // 20K pb: 1:28:03 -09 (1:32:23 -19). 1 Asian Champs 20K 2009/2010 (2008-3); 2 WSG 20K 2009; 6 WCH 20K 2009 (2007-27, 2013-26); 24 WCP 20K 2010; 9 OLY 20K 2012; 73 WTCh 20K 2016. 1 Japanese 20K 2007/2009 In 2019: 5 Japanese 20K; 1 Wajima 50K						
1579	HENRIQUES Inês POR	39y	147d	1980	4:13:57	4:05:56 -17 NR
DEFENDING WORLD CHAMPION World & European Champion at 50K // 20K pb: 1:29:00 -16 (1:38:16 -19). 22 WJC 5000 96 (98-24); 12 EJC 5000 99 (97-21); 10 under-23 ECH 10K 2001; 7 ECP 20K 2007/2013 (2001-25, 2005-17, 2009/2017-dq, 2011-11, 2015-16); 7 WCH 20K 2007 (2001-dq, 2005-27, 2009-10, 2011-8, 2013-10, 2015-23); 3 WCP 20K 2010 (2002-23, 2004-34, 2006-13, 2008-19, 2012-8, 2014-22); 8 ECH 20K 2010 (2002-15, 2006-12, 2014-13); 8 WTCh 20K 2016; 12 OLY 20K 2016 (2004-25, 2012-13); 1 WCH 50K 2017; dnf WTCh 50K 2018 (the first time she's dropped out of a race); 1 ECH 50K 2018; 3 ECP 50K 2019. 1 Portuguese 10,000 2006/2009/2013 & 20K 2011/2016. Coach-Jorge Miguel "For me, the 50Km came at the right moment, because after the Olympics I considered finishing my career," she told iaaf.org in 2018 In 2019: 12 Rio Maior 20K; 3 ECP 50K; 2 Portuguese 10,000; She has led a group of walkers in an appeal to the Court of Arbitration for Sport for this 50Km walk event to be included in the programme of the Tokyo Olympic Games						
1581	RIBEIRO Mara POR	24y	138d	1995	4:27:14	4:27:14 -19
20K pb: 1:35:45 -17. 38 WCP junior 10K 2012; 33 WJC 10,000 2012; 14 ECP junior 10K 2013; 16 EJC 10,000 2013; 26 WCP junior 10K 2014; 11 under-23 ECH 20K 2015 (2017-14); 5 WSG 20K 2017; 72 WTCh 20K 2018; 12 ECP 20K 2019 (2017-18) In 2019: 1 Pombal 3000; 12 ECP 50K; 2 Leiria 3000						
1702	CZAKOVA Mária SVK	30y	358d	1988	4:16:33	4:14:25 -18 NR
Sixth at 2018 European 50K // 20K pb: 1:31:03 -18 (1:34:30 -19). 18 WCP junior 10K 2006; 19 ECP junior 10K 2007; 10 EJC 10,000 2007; 14 under-23 ECH 20K 2009; 29 WCH 20K 2011 (2013-48, 2015-30, 2017-36); 51 WCP 20K 2014 (2008-63, 2010-dnf, 2012-64); 25 ECH 20K 2014; 8 WSG 20K 2015 (2011-13, 2013-9); 48 OLY 20K 2016 (2012-49); 20 WTCh 20K 2018 (2016-46); 6 ECH 50K 2018; 12 ECP 20K 2019 (2009-31, 2011-38, 2013-31, 2015-30). Coach-Matej Spisiak In 2019: 1 Slovak indoor 3000; 1 Dudince 50K; 10 Podébrady 20K; 12 ECP 20K; 1 Dubnica nad Váhom 10K; 1 Šamorín 3000						
1837	MYRONCHUK Valentyna UKR	25y	47d	1994	4:15:50	4:15:50 -19
Fourth at 2019 European Cup 50K // 20K pb: 1:32:38 -18 (1:40:34 -19). 44 WCP junior 10K 2012; 15 ECP junior 10K 2013; 12 under-23 ECH 20K 2015; 46 OLY 20K 2016; 35 ECP 20K 2017; 32 WCH 20K 2017; 9 WSG 20K 2017/2019; 4 ECP 50K 2019. 1 Ukrainian junior 10,000 2013. Coach-Volodymyr Yalovyk In 2019: 2 Ivano-Frankivsk 35K; 4 ECP 50K; 4 Lutsk 10K; 9 WSG 20K						
1846	SOBCHUK Olena UKR	23y	307d	1995	4:17:07	4:17:07 -19
(Née Mizernyuk) // 20K pb: 1:33:25 -16 (1:38:40 -19). 28 ECP 20K 2017; 6 ECP 50K 2019; 6 WSG 20K 2019 In 2019: 1 Ivano-Frankivsk 35K; 6 ECP 50K; 3 Lutsk 10K; 6 WSG 20K						
1853	YUDKINA Khrystyna UKR	34y	295d	1984	4:19:57	4:19:57 -19
Ukrainian record holder at 50K. Fourth at 2018 European Championships 20K pb: 1:32:44 -18 (1:36:25 -19). 12 WTCh 50K 2018; 4 ECH 50K 2018; 8 ECP 50K 2019 In 2019: 8 ECP 50K; 2 Sumy 20K						
1954	BURNETT Katie USA	31y	77d	1988	4:50:27	4:21:51 -17 NR
Fourth at the 2017 World Championships and North American record holder at 50K 20K pb: 1:37:24 -18 (1:38:57 -19). 72 WCP 20K 2012 (2014-78); 84 WTCh 20K 2016; 4 WCH 50K 2017; dnf WTCh 50K; dnf Pan-Am Games 50K 2019. 1 US 50K 2017/2018 In 2019: dnf US 50K; 3 New York Millrose; 2 US indoor 3000; 4 US 20K; 1 Vancouver 5000; 7 Pan-Am Cup 50K; 1 San Diego 50,000 (in a world track best of 4:29:45.56, but it won't be recognised as a world record because a minimum standard of 4:20:00 has been set by the IAAF); 1 US 10,000; dnf Pan-Am Games 50K						

WORLD ALL-TIME LIST	2019 WORLD LIST
1.....3:57:08.....Klavdiya Afanasyeva RUS..... 2019	1.....3:57:08.....Klavdiya Afanasyeva RUS
2.....3:59:15.....Liu Hong CHN..... 2019	2.....3:59:15.....Liu Hong CHN
3.....4:03:51.....Li Maocuo CHN..... 2019	3.....4:03:51.....Li Maocuo CHN
4.....4:04:36.....Liang Rui CHN..... 2018	4.....4:04:50.....Eleonora Giorgi ITA
5.....4:04:50.....Eleonora Giorgi ITA..... 2019	5.....4:05:46.....Julia Takács ESP
6.....4:05:46.....Julia Takacs ESP..... 2019	6.....4:05:58.....Margarita Nikiforova RUS
7.....4:05:56.....Inês Henriques POR..... 2017	7.....4:07:30.....Ma Faying CHN
8.....4:05:58.....Margarita Nikiforova RUS..... 2019	8.....4:11:01.....Raquel González ESP
9.....4:07:30.....Ma Faying CHN..... 2019	9.....4:11:12.....Johana Ordóñez ECU
10...4:08:58.....Yin Hang CHN..... 2017	10...4:12:44.....Claire Woods AUS